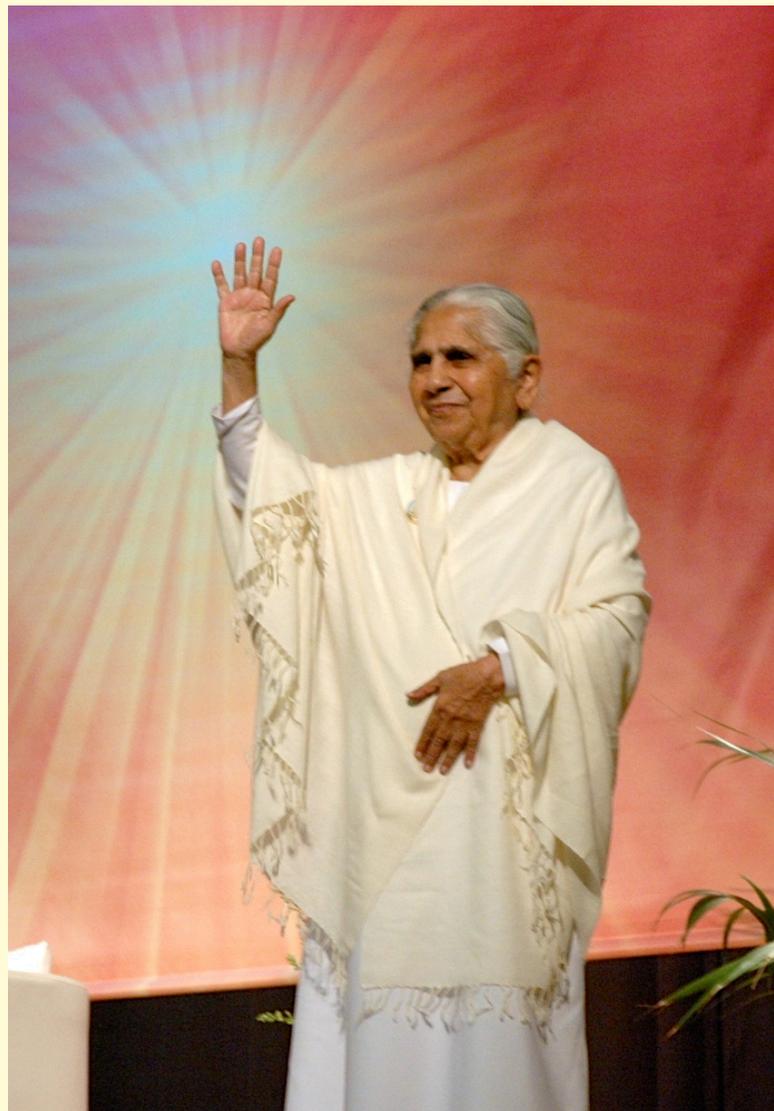




## Brahma Kumaris - Dadi Magazine - May 2014

### In this issue

- 2 *The more love, the more power*
- 2 *It takes faith to explain*
- 3 *He has taught me how to create my fortune*
- 4 *No need to think*
- 4 *Free the self from fear*
- 5 *Shrimat, Directions, Timetable and Maryadas*
- 6 *The entire knowledge in a few words*
- 6 *What do I need to do now?*
- 7 *Add a zero to become multimillionfold fortunate*
- 8 *Quieting the mind to receive light and might.*
- 8 *Remain happy in the new year*
- 9 *This is true happiness...*
- 10 *The Creator is so beautiful...*
- 10 *Where does benefit lie?*
- 11 *It is time to remain in silence and prepare to go home*
- 12 *We have received light*
- 12 *Pay attention to the self, Baba and time*
- 13 *With Inner Peace, Inner Power Retreat Guests*
- 14 *Dadi Janki – Q & A*
- 14 *Baba's love is unique...*
- 15 *The treasure of a merciful heart*
- 16 *The beads of a rosary are close but not attached...*



## Dadi Janki - The Purifier Ganges is flowing knowledge



Today Baba said the lokik father gives you an inheritance, but we also receive an inheritance from the Parlokik father, which is imperishable. He tells us that He has a lot of treasures for us. And, the more we experience these treasures the easier it is to give them to others. We have to dive deeply into the Ocean of Knowledge. There are no teachers here; all are the Ganges of knowledge. The Ganges is called the purifier. In bhakti, they light dipaks and float them on the Ganges. People sing that they are without virtue and call out to the Purifier whereas I need to see if there are any vices in me. There should be no bad habits, or we will never become worship worthy. We may do good service and become praiseworthy, and our transformation should be such that we at least become praiseworthy.

Tiredness should never be visible on your face. It does come at amrit vela, but I must keep my presence in front of Baba and the world. Baba once told me that wherever amrit vela takes place in the world, I would be present. We only have to promise Baba that I will follow the rules, and

there is a lot of benefit in this. If I miss amrit vela, I will be upset throughout the day, so I should be attentive to it. Who doesn't miss amrit vela, and who is accurate in amrit vela? No matter what happens, even if you are about to leave your body, you should never miss amrit vela.

If my intellect is not diverted anywhere, it becomes easy to send vibrations. Wherever I may be, vibrations will do the work. For this, there should be no feelings of hatred or jealousy. We have to be very honest with ourselves. Such a soul cannot influence anyone with knowledge or yoga; this is the suffering of karma. It is wrong to try to prove anything. Let anything be and it is good. Then, my drishti will have the habit of seeing the goodness in others. If I have this habit, any wrong impressions will be removed and there will be a good impression. If I have this gift from Baba to see the goodness in others, it will not be hidden. There should be incognito transformation.

**Om shanti.**

Welcome to the online Dadi Magazine. We also have a Tablet, iPhone or Android mobile phone edition.

For more information or to subscribe to either magazine e-mail us at: [dadimagazine@gmail.com](mailto:dadimagazine@gmail.com)

## DADI JANKI – 1 FEBRUARY 2014 – SHANTIVAN

# THE MORE LOVE, THE MORE POWER



Love and peace are very important in life. One who remains absorbed in the experience of peace and love receives a great deal of power. Such an experience is wonderful. When one remains in the experience of peace and love the questions 'why' and 'what' don't arise. There is an acceptance of everything as it is, and a deep understanding that everything happens for benefit. Internally, the soul will feel that everything is good...

Ask yourself; have I finished the five vices within? Many have finished off the other vices but jealousy continues to eat them up inside. One sister was very good but she had jealousy when she saw others moving forward. Finally, that jealousy ate away at her in such a way that she went back to her home. She could not stay in the gathering. She did not get married but she left the opportunity of staying with Baba. So check yourself; does jealousy still lurk within me? In order to become a conqueror of maya, one definitely needs to become a conqueror of the vices and that includes subtle vices such as jealousy.

I have to see my own self; am I performing any type of wrong action by coming under the influence of my own mind? Am I under the influence of any vice? I have to take power from Baba and move away from the influence of vices. I have to actually conquer the vices. If you want to conquer the five vices then the first step is to take control of your senses and keep them peaceful. Perform elevated actions. This will help you move away from the vices. Think good and peaceful thoughts in order to keep your mind peaceful. If your mind is not peaceful, if it is wandering and fluctuating then the intellect cannot connect with Baba. The intellect then cannot inculcate Baba's knowledge either.

Each one of us is a child of Baba. Baba is incorporeal and my task it

to develop and maintain love for Him. The more love there is, the more power one receives from Baba. Then comes service... The more you develop feelings for Baba, the more you will be inspired for service. Baba is an ultraistic server. He has selfless feelings... One who has true feelings for Baba, who has only Baba in their heart and mind, will not worry about anything. Remember that there is no need to prove what is true. Truth will eventually finish all falsehood. Dadi feels mercy for some souls; they don't seem to realize the importance of being truthful.

Three or four times yesterday Baba spoke about 'suddenly'. Anything can happen at any time and before that I should do what Baba says. I also need to think about what service I need to do. Baba once told us that we have to give power through the mind, give knowledge through the mouth and donate knowledge through our actions. We are karma yogis; we are instruments to establish the golden aged world. Our actions reveal what we will become in the future. Thus, we need to pay

a great deal of attention to performing elevated actions. Included in this is to have elevated thoughts and good wishes for the self and all others. Never think about what others are doing or saying. Never try to prove yourself to be right. There is automatically power in truth. To become a child of God means to become truthful. It is not necessary to try to show yourself to be true or to be right. Remember that everything here is incognito but everything is also revealed at its accurate moment.

Our final thoughts lead us to our destination. My final thoughts should be only of Baba. We have to prepare for this now. Who do I belong to? Whose child am I?

In his last moments Baba spoke about becoming incorporeal, egoless and viceless. We have to create this stage now. Look at your own self. Don't just remain busy in service... We have to keep creating our internal stage. This is what it means to make spiritual effort...

*Om Shanti*

---

## DADI JANKI - 24 JANUARY 2014 - GCH

# IT TAKES FAITH TO EXPLAIN

Where are you sitting? We used to say that at amrit vela, Baba is the Father; at murli He is the Teacher. The significance of amrit vela is in my heart a great deal. At amrit vela, Baba shakes my bed; He doesn't let me sleep. The best experience of Baba is at amrit vela. Then, when you listen to the murli, there is the realization of Who is teaching you and what He is teaching. There will be a lot of love so that you do not want to miss one word. Thus, you will be the student who fulfills the love and hopes of the teacher, and you will be able to explain to others, as Baba so frequently asks us to do. Baba once said to me that if you are

making notes while listening to the murli, you will be thinking about what points to send to others. It is better to listen with attention, let the points be absorbed in your heart and then you have the whole day to become the embodiment of them. You will feel that you are following the elevated directions of the Satguru. Go deep into remembrance. There are so many benefits in remembrance, and you won't remember anything else. Follow Baba's methods and there will be success. There are so many ways to remember Baba. For instance, when bathing, I become Baba's child. Baba

*Continued bottom next page*

# DADI JANKI – 30 JANUARY 2013 – SHANTIVAN

## HE HAS TAUGHT ME HOW TO CREATE MY FORTUNE

I have to now pay attention to two aspects. Firstly, keeping Shrimat on my head and secondly, maintaining the practice of being bodiless. We have been given blessings by Baba of being bodiless and of remaining as trustees.

Baba is the Truth and whatever He speaks is true. Thus, I need to pay attention to following each word of His. Baba is the Bestower of Fortune and He has taught me how to create my fortune. He has opened up the treasure store of fortune for me. Baba is the Mother and Father and has made me belong to Him. My return for this is to keep smiling. He has made us light by giving us knowledge of the soul. The soul has become light... Light means no burden. There is darkness in the world because people are in darkness; they don't have the light of knowledge. They don't have the third eye with which to recognize the truth. I have been shown by Baba how to open my third eye and so I have to pay attention to being light and remaining light, no matter what happens.

### *It takes Faith to Explain*

is present at every moment, so you cannot think how to do something. The child has the courage to come in front of the Father. When would a child lack courage? When there isn't faith. As I am, what I am, I will do what Baba likes. I would never have the courage to do what others would like me to do. To do what Baba likes is a sign of regard for Baba. My mind, words and actions should make Baba pleased. Perform such actions that you will maintain your honour for 21 births.

If you don't know how to have the balance of remembrance and service, how will you be able to do business? When you have faith in yourself, and faith in Baba, then others will have faith in you. It's

Having been told the truth by Baba we don't need to stumble any more. If one keeps stumbling whilst on this path then it is due to lust, greed or attachment. Think about this... If you perform any sinful action then everything goes to waste. Now leave all traces of lust, anger, greed, attachment, ego and anger. Pay attention to remaining away from the vices. If you do perform a wrong action then don't do it again. Karma philosophy is very deep. With the strength and power received from Baba all past negative actions are destroyed. Baba has now taught us what actions to do and what not to do. My task is to pay attention to doing what Baba tells me to... and not doing what He tells me not to do. The right hand is for performing charitable actions. I have to pay attention to my eyes; not to look at anything with the vision of greed.

Baba is very merciful. He doesn't see anyone's weaknesses. If you make a mistake but tell Baba honestly, He forgives... There is mercy, blessings and forgiveness in remembrance of Baba. We have to pay attention to remaining in the awareness of being ancestors and worship worthy souls. We have been given the power of the

such a big thing for Baba to have faith in me. He will have faith in me when I have total faith in Him. It is said when there is conflict that it takes two hands to clap. The same is required with having faith in each other. There is Alpha and beta. If you don't know alpha how can you know beta? A is for atma, B is for Baba, C is for the children and D is for drama. Questions stop you. There is no honour in having questions; so just understand A, B, C and D. If someone has questions, they will not come into the kingdom.

Studying and sharing knowledge is my interest. I don't want Baba to call me a householder. I used to go by myself and do service. The point of saying this is that Baba knows everything. Baba has faith that whatever

Supreme Soul in order to allow us to remain soul conscious. Whatever Baba teaches has to be inculcated into our lives. The things Baba says touch our hearts. He teaches us with a great deal of love. He tells us that we are His sweet beloved children. We have met Him after so long... We are moving along with God's love; with the sakash of that love. God's love allows us to forget everything else.

Being completely truthful is a great help in following Baba. We take one step and Baba gives a thousand fold help. We take another step and Baba again gives help. It is the duty of a son to reveal who is father is. Whatever happens is for the good and it happens according to the drama. God is on one side, drama is on another side and fortune is on yet another side. I am in the middle. Baba is the One who does. He gets everything done through us. When the child says 'Yes' to Baba, then Baba remains present with the child. I should now not become upset in any situation because to become upset means to also be absent.

*Om Shanti*

I explain to the child, the child will explain to others. Who makes this effort of going to explain to others?

Today's blessing is: Remain beyond the consciousness of the body, and be bodiless. To be free from the body, bodiless, is to be karmateet. Put Baba's great words into practice and there is benefit. Maintain faith in the self, in Baba, in the murli, in each other. You all make plans, while I don't have time. I just think: What do I have to do now? With your mind, give that power so that others are attracted. In the future, we will give the bhavna and others will say the words.

Dadi's effort is that in her final moment, she will just be quick, gone!

*Om Shanti.*

## DADI JANKI - 23 JANUARY 2014 - GCH SEMINAR ROOM NO NEED TO THINK



God, the Supreme, the Father, is asochta, abhogta and akarta. He is the One who does everything without the consciousness of I, and He is the One who acts yet without experiencing the consequences of action.

When I came here, I came with no plan and didn't know what would happen, so it was as if I had done nothing, but the One up above did everything. I didn't miss any of the comforts or facilities of India, and didn't even think about these things because on the subtle level, there was no wanting the fruit of any experience, with no thought at all about receiving any return.

The foundation of Gyan tells us what we need to think about, and to have no other thought. Baba tells us every day what we have to do. On one level it is not a big thing to think about these things, yet let each one experience this stage: No awareness that I have done anything. You don't need to think: I have done this, or, what am I going to do?

On the one side, there is time, then there is thought and on the other side there is Baba. Who has priority? According to time, Baba gives you the thought, and thirdly it becomes your thought. From the moment of birth, Baba has given us this as an inheritance: No need to think.

There are three words for thought: soch, sankalp and vichar. Soch implies a repetitive thought, whereas sankalp is a single thought of quality. The One who lives in Paramdham had a sankalp to come, and we saw Him in the body of Brahma. Then there is vichar when we churn knowledge. Whenever we would talk to Baba about something, he would never say: Okay, let me think about it. When you churn knowledge, the thoughts that arise are of high quality. They are determined, powerful thoughts, so you don't need to spend time ponder-

ing on something. If there are many thoughts coming, it shows a lack of faith. If I say that I will think about something, it means I don't have the courage to do it. As Baba said today: If you have courage, Baba will give you help. It's simple. So, who is it that will say: Let me think about it? When God was giving knowledge to Arjuna, He said: The ones who have a dull intellect don't recognize Me. If you spend time pondering over what Baba has said, it shows a dull intellect.

This whole subject is difficult to catch in words. If you go into the depth of it, as Baba said today, this knowledge will make you very entertaining. So, when you stop thinking and go beyond wanting to experience the consequences of things, you will become entertaining; with no confusion, never upset and considering

whatever comes in front of you to be a game. People go to see films and plays for entertainment. Because people feel they need to be entertained, they go here and there to see things. However, on seeing Baba's part, your own part and everyone's part there is entertainment.

(After offering bhog). This system has continued throughout bhakti: to give regard to elevated souls. This body is the temple of the divine activities of Baba. When you remember the divine activities of God, your own character is uplifted. Baba is without an image. We cannot take a photo of ShivBaba sitting in the forehead of Brahma. When they take photos of me, I think they are not taking photos of me, but of God's divine activities.

*Om Shanti*

---

## DADI JANKI – 17 MARCH 2013 – GYAN SAROVAR FREE THE SELF FROM FEAR

What does Baba want from us? He wants us to become complete and perfect. For this, I first have to become complete with all virtues. When the soul is complete with all virtues it can become perfect.

Baba has told us that there should be attention and checking with regard to the self. Don't check anyone else. God has come to destroy irreligiosity and to establish the religion of truth. Only when the true religion is established can falsehood be finished. So look at the self, Baba and time. Baba takes us beyond religion, colour, creed, language... and once I am beyond these things then I can give others good vibrations of peace and love. The world today is bankrupt of truth and love.

In the world people have a great deal of fear. In fact, when I make mistakes

I experience fear. The main mistake is to have negative thoughts for others. When there is freedom from hatred then there is freedom from fear. Good wishes dispel fear. I have to become my own friend in this aspect. Baba is helping us in everything. He has taught us how to care, share and inspire. Service happens through our mind, words and actions. And it happens in a wonderful way when my thoughts are clean and elevated. One who makes their thoughts such is wise. They feel that Baba is getting His work done through them. If you try to tell others what to do without having done it yourself, then it won't work. Purity means there should not even be any impure thoughts. If there are any impure thoughts then there is fear.

To purify myself, I first have to become introverted and then my

*Continued bottom next page*

# DADI JANKI - 17 JANUARY 2014 - TEACHERS CLASS

## SHRIMAT, DIRECTIONS, TIMETABLE AND MARYADAS

Let no one other than Baba be visible in our heart, mind, intellect and attitude. Say: "Sweet Baba, Lovely Baba, Thanks Baba." Who surrendered first: Baba to us or us to Baba? Baba surrendered Himself to us first. He found us from all over. I am not a teacher. I will be a student as long as I live. I like this study so much. We are not able to teach as much as we study. First is to do and then to speak of it. What do we need to do? We need to pay attention. It requires the attention of being tension free. Baba gives us four things for our practical life just as He gives us four subjects: Shrimat, directions (in order to follow shrimat), a timetable and maryadas. Shrimat is on our forehead. The directions are so accurate that there is no need to become confused or ask questions. If you are not able to remain alert in class it means there is something on a subtle level that needs to be dealt with. Baba has given us a timetable and directions. We must be sensible enough to arrive in good time and bring what we need. There is no need to ask for blessings or directions,

you are teachers. Others follow the directions of the teachers. Let your behaviour and the way you move and speak be such that this also becomes easy for others. They should neither become confused nor perplexed, nor ask questions, nor become fearful. Those who have shrimat on their forehead will never become confused, perplexed, ask questions or become fearful. Is there anyone like this? It is because they follow the timetable and maryadas accurately.

If someone speaks to you angrily, there is no need either to speak back in anger or to ask them not to speak like that. This is a very subtle thing. The time now is such that you need to describe what it is like to become a resident of the subtle region. People will not now accept this unless they see it. Create such an atmosphere that no one can do anything even slightly outside the timetable. Perform actions in the way that Baba would make you perform them. Baba is getting it done. Perform actions with the bhavna that the One who has taught us should be revealed. No

act should be against what He has taught us. To have love for the One who teaches us means to follow His teachings, such as not to yawn or doze off as this affects those sitting next to you. To pay attention means not to make such mistakes. Only then can you pass in all four subjects.

Someone may say that they want to focus only on yoga, but they won't be able to have yoga if they renounce actions or company. There would be something wrong somewhere. There is both service and remembrance through company. Once, we used to live with a few hundred, then thousands and now hundreds of thousands. Let others be coloured by your company, but do not allow yourself to be influenced by others' company. We just need to stay in the company of the Truth and be true. There is power in truth. Where there is truth, any kind of service becomes a dance. My heart wishes to see that in any kind of service no one has any complaints about anyone else. Can such a group be prepared?

Remain light, draw might and do the work of a lighthouse. No need to come too much into sound. When you remain light, you receive might. You receive such power that you become like a lighthouse. The world is very big and many lighthouses are needed. Let your light be equal to Baba's so that people ask whose light this is. You are the stars of the earth. The full moon is very beautiful. We are beyond the earth and the sky, in the subtle region where there is neither darkness nor light. In the subtle region all three are together, the Sun of Knowledge, the Moon of knowledge and we lucky sparkling stars. Some stars are such that they remove bad omens and others are such that they bring bad omens. Which kind of star are you? Are you a shining star? Remain in this awareness. The basis of everything is your thoughts and the quality of your thoughts.

### *Free the self from fear*

mind can go up above. When I go up above then I know what I have to do. Purity means to have good wishes for everyone. To have more love for someone than another is not purity. To prefer one to another is not purity. To consider someone to be your friend and another one to be your enemy is not purity. To be like this is to go far away from God. Remember; God is the Ocean of Love and I have to become the same. He is the Ocean of Knowledge and the Ocean of Peace. I have to become the same.

Free yourself from rubbish now. Think what you should listen to and what you should speak. Don't let any rubbish inside. I have to recognise time. Time is making me complete

and perfect. It is time to hear no evil, speak no evil and see no evil. It is time to think no evil. Free the self from evil, that is from what is wrong, and you will become free from fear. If you are free from fear then you will also be free from tears.

Power comes from yoga and dharna. Don't just be happy with the service you are doing. People should experience something from you. This is why we first have to put our minds right using the medicine of gyan and yoga. If you don't set your mind right then you will experience difficulties with your mind, health, wealth and relationships. Set your mind right using the methods Baba has given and you will find everything easy...

*Om Shanti*

*Om Shanti.*

## DADI JANKI - 16 JANUARY 2014 - SHANTIVAN THE ENTIRE KNOWLEDGE IN A FEW WORDS



The entire knowledge can be told in two words, three words or four words. The entire knowledge in two words is: Manmanabhav and madhyajibhav.

The entire knowledge in three words is: I am a soul, Baba is my Father and the Drama is accurate. The experience of "I" changes, we experience who is Baba and that Drama is wonderful. The creation is so beautiful, so how must be the Creator! It is a wonder of the Drama that it is good from the beginning through the middle and the end, and this applies to the yagya too. We have known, understood, recognized and experienced this. We have seen it with these eyes. In fact, it is not that we have just seen, but we have found, we have known the innocent Lord Shiva, as in the song. To the extent that Baba is innocent, He is loveful and lawful. Baba sees each one's actions. He loves each one and gives signals. It touched my heart when Baba said: Whatever action you perform, you cause your own suffering. When we perform wrong actions, how will Baba's face be? I have seen this in practical. Nowadays, these three words touch everyone's heart: asochta, abhogta and akarta. Who sitting here can say that they are free from thinking, experiencing and doing? We should not think. There is no necessity to think anything. Internally we spread vibrations, create an atmosphere and send love and power.

God's acts are unlimited and unique. In Bharat, we speak about Allah, Ishwar, Bhagwan, the Supreme Soul and the Bestower of Fortune. Some have the fortune of knowing how to create their own fortune, whereas there are others who don't know how to create their fortune, so cannot help others to create their fortune. These are the acts of God. For one who has love for Baba's bhandara (treasure store), the treasure store of their intellect will be fine. If no chapatti is

given to the bhandara of the intellect, how will the intellect be? While it is ShivBaba's treasure store, it is also the wonder of Brahma Baba that he gives us Brahma Bhojan and speaks everything through the mouth.

The entire knowledge is also in four words: body, mind, wealth and relationships. These are not mine. We have to remain as detached observers and watch everything. While taking care of the body, mind, wealth and relationships we should have the feeling to do service accurately, and remain detached as a trustee. The fruit of remaining detached from everything is that we receive blessings and are not tired. I will never say that I will not go somewhere as Baba has made me an instrument. This body is not mine, it is for service. So, in these four aspects, we have to add: I am a detached observer, Baba is my Companion and I am playing my part.

The body, mind, wealth and relationship are the same, but when Baba is my Companion and I am a detached observer, then we can whisper this knowledge to others and make them like ourselves. The soul is alone, but

Baba says: You cannot move alone without me. If we don't keep Baba with us there will be some attachment, or some other danger. If you are alone, no matter how much you say I am a soul, you will definitely have attachment to the body. I have seen how sometimes Maya draws someone's attention to the body, they develop body consciousness and then have to make a lot of effort to overcome this. If I become attached to mine or someone else's body, or if someone else is attached to my body, the blame is on me. I will have come down from Baba's heart.

We have to give our heart to the Comforter of Hearts, who is sitting very peacefully. We have to glorify His name. Why is our heart connected to Him? Because we have to maintain courage. One step of our courage earns a thousand steps of help from the Father. He is always content and pleased with the children. I always want to see Baba's face, never the face of Dharamraj. There are many who don't have any fear of Dharamraj. I don't know how you are moving along... We should not be afraid but we should also not care.

*Om Shanti.*

---

## DADI JANKI - 27 DECEMBER 2013 - SHANTIVAN WHAT DO I NEED TO DO NOW?

Baba speaks to us every day about happiness. He has given us a great deal of happiness and that happiness should be visible on our faces. My face should reveal my happiness; if there is happiness internally it will be revealed through my shining, smiling, cheerful face. Whatever we are thinking does not stay inside us, it is revealed through the face.

We have to keep a balance of remembrance and service. Only then can we be successful. Shiv Baba has come in the body of Brahma and the easy

method to make effort is to remember Shiv Baba and follow Brahma. I have to give priority to remembrance. Keep stabilising yourself in remembrance and then come into action. Service will be automatic if you use this method. You will earn a lot of income and it won't take effort. Your remembrance will automatically pull others to remember God. When we stay in remembrance our thoughts become powerful because they receive the strength of yoga power. Our attention should now be on 'what I

*Continued bottom next page*

# DADI JANKI - 17 JANUARY 2014 - SHANTIVAN

## ADD A ZERO TO BECOME MULTIMILLIONFOLD FORTUNATE

While sitting here put a dot. What will happen after you put a dot? It works only when prefixed with a one. We remember Baba and it becomes ten. The point of Drama makes it a hundred, and if you perform elevated actions it becomes a thousand. So, who are we? We are the multimillionfold fortunate souls. Do you consider yourself multimillionfold fortunate?

It is Baba's wonder that he is Bhagirathi, the fortunate chariot of Shiv-Baba. I used to know Baba previously, and would go to listen to him reading the Gita, sitting quietly. God says: Remember Me and remain quiet. Renounce the body and bodily relations and remember Me alone. I used to feel this to be very right.

I also heard that if any customer went to Baba's shop, afterwards they would never go to any other shop. When a few of us would go to meet him in the shop he would ask us where we were going to stay, and would then invite us all to stay in his home. He had such a true, broad

heart. I used to feel very good meeting Baba. I didn't used to perform any bhakti, but would invite my father for a walk in the hope of meeting Baba walking. I always had the desire to meet God, and once internally the voice came, and I understood everything. I asked my lokik father if he too experienced anything when seeing Baba, but he didn't.

Baba told us, finally, that we should be incorporeal, egoless and viceless, yet he had these qualities even before he came to knowledge. Until the end he maintained this stage. He had no arrogance. I saw Baba when I was eight to ten years of age; I am so multimillionfold fortunate. To become this, just continue to add the point and add a zero by looking at how Baba is.

When we came with Baba from Karachi, we had no difficulty. And even now Baba's love is enabling me to move. After Baba became avyakt, service of the whole world has been taking place. I was so happy to listen to the true story of Narayan being

related by Narayan himself. We should be lost in such experiences. Don't think negatively or wastefully. Throw all other rubbish out. I am Baba's, and Baba is mine. Remain in this happiness: While moving along, I have found Someone.

My heart says that each one of you should become a Rajrishi, a true yogi, Baba's beloved, long-lost and now-found child. You will be beloved when you become sweet. Even by mistake don't speak bitter words. It is a very big mistake to speak bossy words and make others quiet. Sometimes people have to prove that they said something right. Brothers and sisters, whatever you have to do, do it now, because we haven't seen tomorrow.

Baba once asked me: Do you give sorrow to anyone? From that day to this, I haven't given sorrow or taken sorrow from anyone. No one should be hurt by me. No one is to be blamed. Baba says to make the one who insults you your friend. Baba's teachings are wonderful. They are given with love and are our sustenance.

---

### *What do I need to do now?*

have to do'. What internal effort do I personally need to make now? Spend time in silence and ask yourself this question. It is time to focus on self-transformation because my transformation automatically does service. Baba has made us instruments to do service. We don't have to be influenced by the nature and sanskaras of others. Don't let your nature and sanskaras be complicated - let them be simple. We are now moving towards the subtle world. Someone is pulling us with the string of love. Baba gives love and teaches us how to give love. Baba's love is totally unique; it is totally different from worldly love. That type of love is difficult to describe; it can only be felt. We have to now become the embodiment of knowledge, power, love and bliss... We fill ourselves with God's

love and become full of love. Baba fills us with love in such a way that it becomes easy to attain perfection.

If there is even a little arrogance one cannot remain content. It is virtues that make us complete. I have to become a good person. Goodness takes us towards completion. By imbibing Godly virtues our weaknesses are removed. We have to keep good company because company has a lot of influence. Good company takes us across while bad company drowns us. We need to be careful of our conversations; don't go into any type of 'looseness of familiarity' or negativity when we speak with others. Whoever comes in my company should be coloured by God's truth. My character and activity should glorify God's name.

One day Baba called me to his room. Dadi, Didi, Dadi Gulzar and many others were there. Baba said: You have to go overseas for service. I said, "What will I do there? I don't want to go abroad." Baba said, "You have to go for service." Since that day in 1974, I have never again questioned Baba, and Baba has performed many wonders on me. He makes his children instruments, does everything and enables us to do the work. What can God do alone? Why would God come? And what will He do on this earth? Brahma Baba has done everything himself and shown us what we have to do. We have seen everything with these eyes. No corner of the world is left where there are no children of Baba. Before destruction, you have to think: Baba is mine.

*Om Shanti*

*Om Shanti.*

## DADI JANKI - 10 JANUARY 2014 - SHANTIVAN QUIETENING THE MIND TO RECEIVE LIGHT AND MIGHT.

What did Baba say today? We should have bhai-bhai drishti (brotherly vision) This brings great happiness. We are souls and then brothers and sisters. As souls, naturally and automatically, we remember Baba and the Home. We are on a pilgrimage going Home to Baba from where we have come. We are taking drishti from Brahma Baba. Shiv Baba has come and He is sitting in the middle of the forehead of Baba. Once Baba said that Baba is so tiny, a jyoti lingam, yet if anyone could take a photo they would see only light upon light in the middle of the forehead. Both Shiv Baba and Brahma Baba are sitting together. Both can be seen together. When these things are churned over in the mind, we have great happiness. There is a difference between happiness and enjoying. Where are we sitting? In front of Whom are we sitting? Who has come from the foreign land? These moments of the Confluence Age are very great.

In the beginning, when Jagdish Bhai came, he used to ask a lot of questions. I told him to make his mind peaceful. I said, "If you want to experience the Father, you have to quieten your mind." Instantly he became peaceful, so I wrote to Baba saying that this one is very good. I used to believe there should be one such sensible child who can write everything. Most of us can say what we want to, but few can write it. When he met Baba, he experienced who Baba is. He understands that words are not enough; one has to receive power by quietening the mind. Then we can become a lighthouse and mighthouse showing the path to everyone. Light means to remain light and receive might, and might make us become light. Light pulls might. Baba uses many beautiful words. This kind of churning makes our thoughts pure and elevated. We shouldn't think much about anything or listen much to anything. We should follow some method.

My heart says that when Baba sees anyone's face, it should reveal a heart that is happy. Baba tells us to give hospitality, and in this we have to give happiness because happiness is nourishment. In the olden days, we used to give a lot of hospitality to guests. Whoever came to our home would receive at least a glass of water. In Sindh, before I had begun to give the course, I would show hospitality. We used to feel that whoever came belonged to Baba. We would create a powerful atmosphere and feed them. As a result, we saw someone who was angry completely change and cool down, and we saw someone who was very much against the yagya marvel at the love he received and become one who belonged to Baba.

Today Baba said we should sit in front of the picture of Lakshmi and Narayan. They represent our aim and objective. When I was in Pune, I was thinking that I should have a big picture so that I could do service. The big picture that is now in Om Shanti Bhawan was sent to me. A

big gathering was called. Baba had written that this was the picture that would open everyone's eyes. He wrote it in Sindhi, and we explained it. When the trimurti picture was made in Bombay, Baba explained the significance of their sitting and standing, and filled me with a lot of power. Day and night I used to have this thought, I am God's child and I have to become this. Shankar is not wearing clothes and is sitting like Brahma. Baba used to ask us: Can't you explain these things?

Let us not waste our mind and intellect in many matters. If someone listens to a little knowledge they believe they can explain more, but they should be accurate in explaining. I used to feed brothers Atam Prakash and Om Prakash, and his whole family became Baba's children. Knowledge and yoga are very easy. However, for this, anything spicy has to be removed from the intellect. Baba becomes very happy on seeing the one who remains quiet, peaceful, in supersensuous joy and blissful.

*Om Shanti.*

## DADI JANKI - 28 DECEMBER - GYAN SAROVAR REMAIN HAPPY IN THE NEW YEAR

We are invoking the New Year. We are bringing newness in ourselves in such a way that no trace of anything old remains. Now place the stamp of "Happy New Year" within in order to remain happy.

In life, the different issues that come to us always go away. However, the happiness that Baba has given us cannot leave us. If someone asks how you remain cheerful tell them that you don't see anyone except Baba and that if you see anyone you see them in the way that Baba would see them. When Dadi looks at us she only sees that we are Baba's children.

At the Confluence Age we remember our original home and not which country we are from. Baba is the Teacher, the Father and the Satguru. As the Friend, Baba has given us a lot of company, which makes it easy to remember Him. At Amrit vela sit in accurate silence and churn the ocean of knowledge.

To bow down means to have the awareness "you are right". When we ask if it is always I who has to change - yes, I have to change. To be able to die, bow down and learn is easy. Baba is always in front of us and Baba tells us that if we make

*Continued bottom next page*

# DADI JANKI 30 DECEMBER 2013 – SHANTIVAN THIS IS TRUE HAPPINESS...



Wonderful Baba, wonderful Drama. Are you sitting in Diamond Hall or the Land of Peace? How many thousands are here! So many of Baba's children are here and everyone has been accommodated (in tents too). Is everyone happy and content?

Ask yourself, am I happy? There is only happiness and happiness. When we experience happiness it runs from the top of the head to the tip of the toes. The soul is so tiny and yet with the intellect's yoga there is such internal happiness that works through the body. Ask again: Who am I and to whom do I belong? This brings great happiness.

2013 will end tomorrow and Baba is coming. Baba is so wonderful and brings so much happiness and we are all here to meet Him. We are sitting here to make each moment valuable. Wonderful Baba, wonderful kitchen and wonderful servers. We can all celebrate happiness. Will you take care of this happiness and dance? How will we dance in the golden age. We will meet and greet with true happiness.

## *Remain happy in the new year*

a mistake we should realise it, tell Baba and then remain involved in service so that the conscience doesn't bite. Dadi has this bhavna for all of Baba's children.

If a weakness comes for any reason you need power to make it go away. Become a master almighty authority at that time. I am a maharathi and this is the battlefield. We are not horse riders. The maharathi - the mahavir doesn't have to pull the reins of the horse or whip it.

Hanuman is praised a great deal. It is Hanuman's tail that is revered. His yoga and spiritual attitude went around the world giving Baba's introduction. This is how a maharti is - this how Hanuman is. Be so courageous.

To come to Baba in Madhuban brings such benefit and wherever we stay Baba alone is making us move along. If anyone asks you 'How are you'? You can tell them you have Baba's blessing on you. What is this...? God is my companion and I am His. Living in the household we hold a spiritual attitude, which is so beautiful and makes everything easy. It is not necessary to chant the beads of the rosary on this path. Internally just remember the Father with deep recognition and hold the faith.

Whoever comes to meet Baba is a fortunate soul due to recognition and understanding. Baba, the Bestower, is bestowing. There is no need to get tired and if you have this illness finish it today, forever. There is a simple medicine to take. Become free of thinking. Whatever scenes are passing by, they are in the drama. When we sit on this seat of drama we enjoy ourselves and can see the scenes and understand that drama is very good. When we are tired remind the self that drama is very good and the tiredness will lift. Practise Om

***'Baba is our  
companion  
and we are  
the detached  
observers'***

Have this feeling and experience. Experiences are useful for the self and for one's companions.

The main study is that no bodily relationships should come to mind. Neither the body nor relationships of the body should keep coming in my mind. Baba is mine and I am Baba's.

***Om Shanti***

Shanti 3 times also. Remember Baba, Drama, the Confluence Age, the time (to return Home) and also the Yagya, the sacrificial fire. Now we are preparing to go Home and to Heaven.

According to the Drama Plan, Baba has created this yagya and there has been such huge expansion. In the beginning many would have visions sitting at home. Many were in bondage...I would be asked whether I was reading the Gita or the knowledge from Dada Lekraj and I would say the Gita for namesake.

People should now wonder who are we and what we are doing. Is everyone coming for the first time happy? When we have courage Baba gives help. For every step we follow Baba's shrimat, zeros will be added.

We don't say that we 'have' to put a point...we just follow Baba's directions and the point automatically happens. Question marks create great difficulty. The song says: Oh bird fly now for this is a foreign land - Baba once called me a wondering yogi - we are ones who churn the Ocean of Knowledge and create happiness. I never had the thought of worrying for anything. The whole day I don't do anything. I am an instrument for actions. I remember how Baba used to do everything and simply follow this. Shiv Baba speaks through the mouth of Brahma and as this touches our heart we don't remember anything else. Make the past the past and don't see this old world as living...it is changing all the time.

I have seen only the plays of Krishna. I have never been to the cinema. Baba gives very good directions and as we follow these we receive blessings and others follow us. We need to pay a lot of attention on what we think and say...there should be Baba in our thoughts and words and power in our actions.

***Om Shanti***

## DADI JANKI – 25 NOVEMBER 2013 – SHANTIVAN

# THE CREATOR IS SO BEAUTIFUL...



Throughout the day we need to keep five things in our awareness: I am a soul, Baba is mine, this is the Confluence Age, we are in the unlimited Yagya, this is our huge and great Brahmin family.

The creation is so beautiful; how then would the Creator be? This is such a wonderful song. The creator comes and gives us the knowledge of the beginning, middle and end of the drama. He talks about these things in the Murlis and so we need to pay great attention to studying the Murlis. Baba comes when there is irreligiosity and unrighteousness. People become affected by eating and drinking impure items. They go to the extremes in fashion... At such a time, the Father comes to give the introduction of the true religion. He tells us, if you remain pure, you can remain peaceful. If you go into the depths of purity then all falsehood in you will be destroyed.

Baba has asked us to be like moths who surrender to the flame. What does this mean? It means that we die now... To surrender means to leave and forget the past. To surrender means to go so close to the Flame so that all old sins are burnt away. This is Baba's mercy. He tells us that He will forgive all old sins of this and past births if we remember Him. He gives us the power to perform elevated actions when we remember Him.

If I make Baba belong to me then others will feel that vibration of Baba from me. They will get the vibration and they will be inspired to belong to Baba. This is why Baba says that we have to first imbibe the knowledge and then others will listen to what we have to say. There is dharna of the knowledge and dharna of yoga... only if we have dharna ourselves will true seva happen. The proof of me having yoga and knowledge is my dharna.

I should not be visible as being ordinary. By looking at others one

becomes ordinary oneself. I have to keep regard for everyone but not be affected by anyone or anything. I have to now stop all waste. We have many examples in front of us and we ourselves have to become examples.

If you have any subtle ego then it will affect everything you do. Rather than accumulate in your account of charity, you will then accumulate in the account of sin. If you think that you are performing charitable actions and you have arrogance of that, then it goes into your account of sinful actions. If you think that you are in a certain position then you will have arrogance and you will also not be free. So now finish all subtle arrogance. I have to stabilize myself in a very subtle soul conscious stage. We have to sit in silence and think deeply about this. What is an elevated action? What is a charitable action? How should my consciousness be in order to perform the highest elevated actions? Think about this for your own self. Baba is teaching us how to perform elevated actions but it is me who actually has to make subtle effort on myself and then carry out those actions.

Baba is showing us how to insure our body, mind and wealth. We are doing everything directly in the name

of God. If I don't do service then what will my condition be? Purity, truthfulness, patience, humility and sweetness; these are the five qualities I need to use whilst doing service. Go into the depths of these qualities and experience them. You may have surrendered your life but you need to actually bring qualities into your personality and then do service. My drishti and attitude have to be very royal; let there not be any slight arrogance of any type.

When we actually bring the knowledge into our lives we feel the intoxication of it. When we do service with an honest heart we feel the fruit of that service immediately. When someone does service with an honest heart they don't get tired. They don't become rough, tough or bossy. If others experience any type of 'roughness' from you when you are doing service then you cannot call what you are doing service. If you help someone in his/her time of need not only will you feel happy but they will also feel happy.

Baba is the World Benefactor and He is making us the same. He makes so much effort on us. He not only wants us to benefit but He wants the whole world to benefit.

*Om Shanti*

---

## DADI JANKI - 18 JUNE 2013 - SHANTIVAN

# WHERE DOES BENEFIT LIE?

Baba has enabled us to understand a great deal. We listen to Him in the morning and then our work is to remember what He said during the day and to bring that into our lives. He has given us the method to remain always happy. See yourself; am I always happy? Do you have any burden that would bring you down again and again? We came into this world empty handed and we have to go back empty handed.

The Father has taken all our burdens from us. We don't need to keep picking them up and taking them back again. It is the time to both be a light and to be light. Day and night experience being a light. If you remain light then you can take light from the Father and you will become powerful. You will become a lighthouse that shows the way to those who are in darkness.

*Continued bottom next page*

# DADI JANKI - 25 DECEMBER 2013 - SHANTIVAN

## IT IS TIME TO REMAIN IN SILENCE AND PREPARE TO GO HOME

The whole world is celebrating Christmas. What gift do we have to give the people of the world? We have been given a great deal of happiness by Baba and we simply have to give that happiness to others. We have the good wishes for people to experience happiness and peace and we have these gifts, which were given to us by Baba, to give them. We came from the land of peace down into the world of happiness. We are now going back to the world of peace and will then come down into the world without sorrow.

What are we all celebrating? We are very fortunate; we are Baba's children. In fact, the 'land' of the confluence age is the land without sorrow and worry. We have learned how to celebrate the true celebration of a life without sorrow. We simply celebrate the path we have found and that fact that we are travelling with God and His family on that path.

At the time of destruction everyone has to go back home. God has come to take everyone back. The world of sorrow and corruption has to finish. There is so much sorrow and violence here. When there is even a little violence there is sorrow. We have received peace from Baba so we should not give any sorrow now.

### *Where does benefit lie?*

It is time to go back home – to the land of peace. We are here in the physical world yet we desire to remain in silence. This was how Mama and Baba were. Baba has come as the Guide and is taking us back. There is a guarantee that we will go back with Baba. One who has Baba's hand on their head will always be happy. He is showing us the path to go home and my responsibility is to prepare myself for that journey. One who is being taken on a journey will not ask how to travel.

There are five more days left for Baba to come. Whatever weaknesses you still have, finish them now. Now only listen to the things Baba is telling you. Close your ears to anything else. If anyone tries to tell you something negative just keep silent. Let it in one ear and out the other.

***'Sit in solitude  
sometimes and  
ask yourself who  
is mine...'***

The awareness of who is yours will then show on your face. What is the face of a Brahmin like? What is the face of an angel like? See Baba's face; there is natural happiness. Baba is avyakt but he is still giving the feeling of the sakar time. How is Baba? Think about this.

In the golden age there will be no place like Madhuban. Some come for just one day and then go back. They appreciate their time here a great deal.

Ask yourself what service you are doing. To be Manmanabhav is also service. My mind should be free; not caught up in money or relationships.

The path of life is long so let me travel with happiness.

Remember that death has no calendar. It can come at any time. Even if we were to ask Baba the date of destruction, He would not give it. Rather, He would tell us to be soul conscious and remember Him as there is benefit only in this. Now remember: I am the child of the Supreme Father. He is very, very sweet!

To focus the mind on Baba is the main lesson. There is then automatically the state of madyajibhav. Remember the four-armed image - the balance of Laxmi and Narayan. We have to become that right now.

When my yoga is with Baba then service happens automatically. There are then pure, divine and high quality thoughts. I need to have pure, peaceful, elevated and determined thoughts. The key to having these types of thoughts has been given to us by Baba Himself. Baba's duty as a teacher is to help us understand.

We have to now become completely viceless, to become 16 celestial degrees complete, to be in our avyakt form. This drama is about to finish. This is why Baba tells us to remain quiet and to remember Him and the home. The New Year is coming. It is the time to become viceless and full of divine virtues. Stop now looking at the weaknesses of others because if you look at them, think about them or speak about them, they will become yours. We have to merge everything else and we have to become full of divine virtues. There are still many good people in the world who never give sorrow or take sorrow.

We are the family of the Supreme Soul. So ask yourself how your character and behavior are. We are learning Raja Yoga to claim the kingdom. Baba has showered us with blessings and we still have the blessings of our ancestors with us. I simply have to follow the same path as Baba. It is Baba's duty to make me move and I simply have to move.

Remain in silence and remember that it is time to go back home. Each child of Baba's is a diamond. Simply remember I am a diamond who follows Baba at every step. It is now time for me to remain in silence and to prepare to go home.

## DADI JANKI – 19 NOVEMBER 2013 – GYAN SAROVAR

# WE HAVE RECEIVED LIGHT



When we receive power from Baba we are able to smile no matter what is happening. If there is peace internally then there is power and if there is power inside you then your face will smile in a very natural way. The special sign of a knowledgeable soul is that they continually smile.

We are sitting in our parent's home. It is also a university and we study from the Supreme Being. We are all students of the Supreme Soul. This is also a hospital to make one ever healthy, wealth and happy. It is a very great pilgrimage place. You get food, clothes and a way of speaking that is very pure and elevated. The knowledge says simply, 'I the soul am a child of the Supreme Being'. It is this simple but we need to realize it. We need real eyes to see ourselves.

There is a huge difference between soul consciousness and body consciousness. Make effort to remain soul conscious and you will be able to draw power and keep the connection. On this path of knowledge God purifies the intellect. As much as you churn and absorb the knowledge, you will realize and attain. When you then speak, such words will emerge that people will listen.

When a doctor does an operation he gives an injection to stop the pain. God gives us an injection to make us bodiless. In that stage all the vices, defects and weaknesses are removed with God's help. The main five have been renounced but there are other secret vices that support the main ones. One is jealousy. It is very negative; this one has this, I should also have the same. This goes into the sanskaras. Jealousy creates doubt and stops one becoming sweet. Carelessness is also a subtle vice; it makes one waste time... Making excuses is also a type of vice. You will give reasons why you can't do something. Through soul consciousness one can see and realize these things. We can

finish them. In soul consciousness one can have connection with the Almighty and draw power. Then all the negativity can be finished. However, one needs to be determined to fill the self with virtue and finish all defects.

So the first things I need are happiness, peace and love. If you have these three then other people's defects will not be visible to you. You will see their qualities. You will see their positive traits. You will see them as souls, as children of the Supreme Being. We are all children of the Supreme and we just came here to play our parts. All of us did this. The world is changing; the Golden Age is coming. This world is filled with dishonesty, falsehood and violence. Each one of us has to develop truthfulness and non-violence and use these things in our lives. My life should be such that it gives light to others.

The lives of some change completely when they come here because they receive light. When there is light, life becomes good. When someone receives light they want others to receive it. Someone who removes their own defects can be called good. If I see other's weaknesses then they won't be able to see my qualities. If I see your defects will my own qualities be visible to you? This is a subtle aspect. Only see goodness in others and they will also see your goodness. In this way there is transformation. We need to have such powerful remembrance of God that we don't remember the past or see the defects of others. It is time to become obedient and give the proof to God. All I have to do is to see the Father and following the father. In this way you can become a sample. So listen to these things, know them and... do not forget them.

*Om Shanti*

---

## DADI JANKI – 2 OCTOBER 2013 – GYAN SAROVAR

# PAY ATTENTION TO THE SELF, BABA AND TIME

Baba wants us to make very good efforts. If Baba is telling me to make effort yet I don't, then what can He do? Baba wishes us to have a love for the study. To have love for the study I have to realise how great the study is. When there is love for study one enjoys studying. Dadi really enjoys studying and thus never feels that she is making effort.

Without liberation there cannot be any liberation in life. On coming to Baba we have become liberated from everything. I am not holding onto anything or anyone nor is anyone or anything holding me. Courage from the child brings help from the Father. When there is courage we automatically receive a great deal of help.

We have insured everything for the future. By surrendering everything

the soul becomes free. Nowadays people even look at the phone when they are walking. What is this? Keep yourself free... Let go of everything; don't let yourself develop limited desires. Baba is taking us into the unlimited world; we are going to the unlimited kingdom. Don't get caught up in the limited. Don't look at what others are doing and compare. Now, pay attention on Baba, the self and time.

However, I have to become free from ego. For this, I have to maintain a soul conscious stage. When I am soul conscious, I can remain with Baba. If I have even a few thoughts of others or thoughts of the past it means I am still body conscious. I don't have to see others; rather I have to see what I have to do. My task is to colour others with my company. For this,

*Continued bottom next page*

# DADI JANKI – 18 NOVEMBER 2013 – GYAN SAROVAR WITH INNER PEACE, INNER POWER RETREAT GUESTS

What we learn here is all about the inner self. How can the soul gain the power to stay in peace? We feel peace in Gyan Sarovar but in the rest of the world peace has been broken into pieces. In the company we receive here, in this place of spirituality, we feel peace.

People from all over the world have come to sit here. There is a connection between peace and love. The mind wants peace while the heart wants love. The love and light we receive from the Supreme Being makes us victorious. Love is a gift from the Supreme Being which one keeps in the heart.

The differences between people have been removed from our hearts. We are one and when human beings feel we are all one there is a great deal of love amongst them. Everyone, young and old, wants love. Both sick and healthy people want love. Sickness can be removed through love. When there is love you forget your illness.

---

## *Pay attention to the self, Baba and time*

I have to be true gold myself. Only then can I make others true gold – valuable jewels. Only if you keep the aim can you develop these qualifications. My aim should be to pass with honour in this study.

If I wish to experience Baba's love then I need to attend meditation sessions at amrit vela and in the evening. The Master becomes happy with one who has a true heart. One who has true heart simply has the wish to keep his master heart.

One who is like this with Baba will receive help to absolve his or her past sins. The more detached you are, the more love will you will receive from Baba. When there is the experience of love then there is also the experience of bliss. Baba's love makes the soul move.

However, if you remember any negative situation then you will start to feel sorrow in your heart.

## *'I have to learn to love everything from the heart'*

Love is natural. Whilst the soul is in the body there is the love of relationships with people but when one goes beyond the body one receives such pure and unlimited love from the Supreme. He finishes all our defects and weaknesses through His love. He is the Almighty, the Purifier, from whom the soul can receive light and might. As much as you recognize Him from your heart, you can receive attainments. Through your intellect you can then 'feel' Him.

Dadi says 'Om Shanti' three times. Firstly, I am a soul. Secondly, the one who belongs to me is up above. Third-

ly, He has given us wisdom, power and such a knowledge of karma that we cannot do anything wrong.

In soul consciousness everything can be resolved. In soul consciousness our fingers points inwards and up above. We should not point our fingers at others any more. This one is like this, that one is like that, I want this thing. No. This should stop now. I should put my finger over my mouth now and be quiet.

Your mind may be in so many places – with your body, relationships, money etc. and this is why God has told us to focus on Him alone. Only in this is there benefit. We have to develop divine virtues and bring them into our practical lives. If you are not truthful you cannot be loving. The soul needs both peace and happiness but before I can experience these I have to become true. God gives true knowledge and He makes us true.

We are souls in the body and we have five senses. Our eyes, ears, mouth, nose etc. have to be brought into order. We should not come under the influences of anger or attachment. If someone gets a little angry just say, 'I am a peaceful soul'. Lust is a great enemy and through it the intellect becomes corrupt. If there is attachment there is a pull in relationships. If you come under the influence of greed you will keep wanting this and that. There is no one who can say that they don't have any type of arrogance. . All the vices are connected.

Here we study how to become holy and Raja Yogi. There is a difference of day and night between soul consciousness and body consciousness. When you are soul conscious your face is bright and smiling. When you are body conscious your face wilts.

Baba has told us in blessings that we belong to everyone and everyone belongs to us. Do you have this feeling? Baba is the Remover of Sorrow and the Bestower of Happiness. I have to become the same. Whatever Baba has is mine... All that was old in me before has finished. There may be exams in life but with faith I can pass easily. Time is passing and I have to make sure that I pass.

This birth is as precious as a diamond. Do you feel this? Such a birth occurs only once in a cycle so use your time wisely. Everyone should get what Baba is giving.

It doesn't matter which land one is living in; our path is one, our land is one and our Baba is one.

*Om Shanti*

*Om Shanti*



## DADI JANKI – Q & A - 26 SEPTEMBER 2013

**Q: What is the difference between being virtuous (guni) and having the highest qualities (being satoguni)? How is this world that is so full of competition, jealousy and envy, going to become a garden of flowers?**

To be virtuous is nothing out of the ordinary. To be satoguni means to be one in whom ONLY virtues are visible. My inner feelings of love and of compassion should reach the whole world. Others will be coloured by the company of such souls. Such souls don't see or speak of anyone's lack of virtues or defects. This is why Baba says imbibe Godly virtues, not even deity virtues. One level is to have good human virtues. However a deity is worthy of worship. No matter how virtuous a human being may be, they are not called worthy of worship. God is the One who makes worshippers into those who are worthy of worship. What are we becoming now? I remember many times that this is my final birth. Although I did a lot of bhakti, I never rotated a rosary, however inside I had a lot of attention that whatever I do, I should do in remembrance of God. I did not know who God was at that time. I searched for God in this final birth. I never asked any mahatma to bless me. I knew that blessings would come from performing good actions but still it is my duty to have regard for the seniors.

There are four things to avoid in this final birth; telling lies, deceiving, stealing and to criticising. These are big defects. There is fear of telling the truth and of having to tolerate the response, so people tell lies. This is weakness. One who is truthful does not have to prove it or be stubborn about it. To steal becomes a habit. The worst habit is to criticise. Baba has told us that those who criticise us are our best friends. Yet one who criticise others cannot sleep peacefully.

Ask yourself whether you are paying attention to the four subjects of gyan, yoga, dharna and service. Am I taking full marks? One is Baba's Shrimat. The other is Baba's directions, then are Baba's laws and maryadas. Shrimat is received through the Murli. Do not be influenced or oppressed by the dictates of your own mind. There is either influence or dislike. Follow accurately Baba's directions that we have received for this Brahmin life. We have laws from amrit vela until nighttime. The evening time is the time for transformation. If I don't make my amrit vela powerful and listen to the Murli, in what way will my day go by? The time is such. There is no need to get into wasteful things.

Do not get trapped in anyone's name and form, or trap anyone in yours. If this illness strikes you, you won't even realize it whilst moving along. Those who stay within the maryadas, those

who follow Shrimat, those who follow the laws are Baba's beloved children.

**Q: Baba says, 'I am the Supreme Surgeon'. Why does He not say that He is the Supreme Doctor?**

What kind of surgeon is Baba? Surgeons are not so visibly present in front. They do their work and stay in the background. Baba, my Surgeon does not show Himself, but He does the work.

**Q: How can we make our amrit vela powerful?**

Sit with Baba at Amrit vela. Baba cannot stay without the children. We children sometimes separate ourselves from Him but Baba does not do this. Children need to be present in front of the Father, they need to be companions. Follow Baba's instructions with love.

*Om Shanti*

---

## DADI JANKI – 26 NOVEMBER 2013 – SHANTIVAN BABA'S LOVE IS UNIQUE...

Nobody can love souls in the way Baba loves souls. No human being's love is of the same quality as Baba's. Baba gives us so much love that we have enough love to give others. He tells us everything very clearly and asks us to explain to other people with a great deal of love. If I take Baba's love I will never be dry. If I take Baba's love the words I speak when I explain will never be dry, rather they will be full of life and entertainment.

We study all the four subjects in one hour in the morning. Baba gives us the knowledge of the three worlds and the three aspects of time so that we are able to spin the cycle. Hum so, so hum... I am becoming that which I was. I am becoming how I was. He has given me the third eye

of divinity... to see my own self. No one else throughout time has been able to do this.

The more we inculcate Baba's knowledge, the more we become great souls. On the path of bhakti, we used to sing that we were without virtues and asked God to have mercy on us. We never thought we would have the chance to get to know Him, to study from Him and to be able to inculcate His virtues. He has taught us to recognize that it is the five vices which bring us down from the highest to the lowest level. Baba comes to uplift everyone so ask yourself what you are doing now. Baba wants every child of His to become 16 celestial degrees complete. For this I first have to remove all the vices from within myself.

*Continued bottom next page*

# DADI JANKI – 20TH JULY 2013 – SHANTIVAN THE TREASURE OF A MERCIFUL HEART



Make it firm and natural never to become disappointed or lose hope in any situation. When one has a clean heart, all one's wishes are fulfilled and when one has a merciful heart they become a world benefactor. Firstly we have to have mercy for ourselves; only then can we be merciful towards others.

To have a merciful heart for the self means to do what Baba tells me to do and not to follow the influence of my own opinion or the opinion of others. To have mercy for the self means not even to come under the influence of other people. It means to maintain courage, to have patience and to keep the hand of elevated directions on my head. This is what is needed now in our lives.

Keep courage in every situation, at every moment of your life and you will see how the days of happiness come and the days of sorrow pass. It is fixed

that whatever comes will go, whether it is connected to relationships or to health etc. Take one step of courage and Baba will give a thousand times help. We receive so much from Baba.

Keep checking that you have a clean and true heart - that there is nothing negative about anyone in your heart and that you are also not impressed or subservient to anyone. To be merciful means never to have any kind of ill feeling for any soul. However anyone is, they are a child of God. My good wishes will reach them. Become tireless and never be hard hearted towards anyone. Maintain friendly feelings towards everyone and never let negative words emerge from your mouth.

Never give sorrow to anyone. This is a subtle aspect because if you give sorrow to anyone you will also take sorrow. When sorrow comes from the inside then it sits in the heart and affects the mind. You will brood over

what someone said to you and then it will come into your words and spoil your relationships. Rather than giving and taking sorrow we should be giving and taking blessings. We are world benefactors and blessings make us move. Each one is Baba's child and should remain ever happy and ever faithful.... This attitude is true – it is filled with love and faith. It works. It is true love - subtle affection.

Pay attention not to hurt anyone or try to prove yourself right. Baba gets everything done and is the Master. He knows what is in each one's hearts. We have the feeling that we belong to Baba and Baba belongs to us. According to Baba's rules we all have to smile.

The way we speak – our use of language matters a lot. There is a natural benefit in everything. We should not question why this happened or why that happened because it changes our way of speaking. We should be always happy and we should walk and talk like angels.

*Baba's love is unique...*

***'Knowledge gives light. Knowledge gives wealth. Knowledge gives happiness'***

It is faith and intoxication which make one move. If one has faith and intoxication there will never be any fear. Faith makes one fearless. Faith makes one firm on the fact that everything in the drama happens for the best. This faith makes us strong. I have to keep faith because faith will make my stage unshakeable and immovable. If you are confused you will not be able to decide what to do. You will need to ask many questions. It is time to consider the self as a trustee

of everything. I am a trustee of my body. Use this method to finish attachment. If you are in a household, consider yourself as a trustee. Pay attention to this. Place an 'a' before tension. Tension is the cause of many types of problem.

Use the Murli in your life because the Murli contains magic. The Murli gives extreme happiness. The Murli gives bliss. It is through the Murli Baba teaches us how to be blissful.

Look at the picture of the ladder and see how Baba is giving you a lift... It is now that we imbibe the qualities of Laxmi and Narayan.

Don't keep anything in your heart. However you are, however your body is, you are Baba's. I am Baba's and Baba is mine.

In the workplace and on the field of service there should not be any trace of body consciousness either in our attitude or in our vibration. We have to pay attention to this. In the workplace we have to be detached. If you allow yourself to slip into body consciousness, even slightly, this will affect your mood and the atmosphere. The atmosphere will not then remain spiritual.

One who is merciful forgives in every situation. Being their own friend will keep their heart truthful. Look at Baba and meet Baba as a friend. He is your Companion and Teacher and your support. With Baba as your support how will your heart be? This is what it is to have mercy for the self. We are not ordinary. We belong to Baba and should have all relationships with the Father.

*Om Shanti*

*Om Shanti*

# Dadi Janki - 24th December 2013 - Shantivan

## The beads of a rosary are close but not attached...

What are we all celebrating? We are very fortunate; we are Baba's children. Some instantly belong to Baba, saying, "I am yours and you are mine". They don't remember anything else. The world, as it is now, is not ours.

God resides beyond the sun, Moon and stars. We are in the drama down here on Earth. The more we go deep into knowledge the more we can extract jewels. God has come to make our lives elevated and for that He tells us very elevated things.

There is a song, 'Oh God, let me think only of You'. The one who thinks only of God will not have any worries. So, ask yourself whether you have any worries... If you remember Baba constantly, you will be able to stop having waste thoughts. When one stays in silence one can have realisations. When there is realisation one's inner world changes; one's mind, intellect and sanskaras change. We are moving towards the New Year so there should be no trace of anything old. We are moving towards the new age, so everything old has to be left behind.

Baba has made us belong to Him. He then took us into His lap and He is now taking us back home on His eyelashes. He has made us the garland around His neck. The beads of a rosary are close but they are not attached to each other. There is a space between each bead.

On one side we are receiving the inheritance. That inheritance is liberation and liberation in life. Shrimat is on our heads and a true child of Baba is obedient, loyal and faithful. Their hearts are clean and their heads cool. Their words are simple. Some souls have such a nature and sanskaras that they don't keep the aim to change. Even if they receive a signal, they think that they are right. So now we have to sit together and make our minds completely clean. Let us clean our hearts. Let the Father be pleased with us.

In the beginning many had visions and Baba has said that the same thing will happen at the end. At the beginning many had visions through Baba. Now, many will have visions through we children. The New Year is coming. Let me check myself. Let me remove any weaknesses and deficiencies I have. Do this and you will sing

praise of your own fortune and of God. It is the time to have disinterest, to renounce and to do tapasya. This is the time... Let me not have any attachment; no attachment to human beings and no attachment to material things. I am a sevadhari; I am God's helper - helping Him with His task. Think like this. This is what is called the art of living. If you want to live a good life, then maintain this attitude. Live a good life and your death will also be good. In the whole cycle we will not receive another life like this one. We have to die now. Then in our final moments there will only be Baba in our minds, the knowledge of drama and the goodness of this family will also be there. The soul will then be able to fly - to fly to Baba.

Baba has given us the gift of a lift. From here we will go straight to the supreme abode. We came from up above into this world drama cycle and now it is time to go back. Before explaining this to anyone, explain it to yourself. We are now sitting with Baba below the tree, at the roots of the tree, doing tapasya.

Baba used to tell us to go and sit in front of the pictures in the History Hall. If you go into the History Hall you will not remember anything except for knowledge; all the pictures are there. The picture of Laxmi and Narayan there was made by Baba himself. We go to Pandav Bhavan to visit all four pilgrimage places. When Dadi goes to Baba's Hut she remembers some poses of Baba; Baba is sitting, Baba is writing a letter...

It is the time now; let me move more and more into the remembrance of Baba. Let me sit with Him, eat with Him, speak only to Him. I drink water slowly and gently in Baba's company. Do this and your mind and intellect will not fluctuate. You won't need to think about what the food is or what other people are doing. Let me take a pledge for the New Year to remain only in Baba's company. By walking step by step in Baba's footsteps, with Him as your companion, you will earn multi millions at every step. I am never alone; I am with Baba and Baba is always with me.

**Om Shanti**

