



# Exploring the Depth of Brahma Kumaris Gyan

Brahma Kumaris Murli

**Q/A November 2012**

**Question: Dear brother, Can you explain me the different laws that are working for creating our destiny ?**

Thank you for your question!

Dear soul, here is a reading for you, just out of the "oven"... If you have questions on this, we could go into it...

<http://wp.me/p2fovD-ZD>

Best wishes!

**Question: Dear brother, As I am practicing the soul conscious/awareness of the point stage , I find thoughts are what create the discomfort or pain at the mental level, I understand**

**that is due to karmic settlement process. My question is if a thought is coming to create pain or discomfort, If I am at the conscious level (awareness of the point), where I could easily eliminate the thought that is creating the pain, does that mean the karmic account related to that thought is settled? Or will it come back at a later point in my life?**

Thank you for your question! 😊

A thought becomes repetitive if you give that thought some sort of value. Otherwise, that thought will not repeat or if it comes up you will not feel concerned about it.

Therefore, the karmic account is not related at the thought level but at the sanskara level.

Let us say that I think about this person on a continuous basis. That person just triggers a sanskara in me. It may be that I see that person as charming, beautiful, etc. The sanskara of “falling in love” appears; which shows neediness, something which hasn’t been fulfilled.

Therefore, what is usually known as “healing the heart,” is a temporary patch with a particular person, which we call “karmic account.” But the culprit of it, is a sanskara. Once that sanskara is submerged through the experience of yoga while in the practice of “the point,” even if the thought about that person emerges, it will not cause you sorrow anymore and at that point, that thought will start to vanish. You could apply this to any situation which is causing you mental sorrow.

A thought causes sorrow once we dwell on it and create an internal movie in “automatic pilot.” Then we add feelings which will make that thought stronger and therefore, we give that thought “life” to reappear at any time, even if we can get rid of it temporarily. However, we need to submerge the sanskara to completely heal the “weakness” to answer your question. That process takes “time” but as BapDada points out, the intensity of our practice could “speed things up.” (Tapasya.)

Best wishes!

**Question: Dear brother, Can you please explain me about karmic law,I mean how does it work like on energy basis,like the energy which I am sending out to the other**

**person will be energy I will be getting in return and also one more thing that in this birth with whom ever I am in relation with that's also based on karmic accounts only.**

Thank you for your question!

The law of karma is basically how the Drama (the plot of humanity or the history of humanity) unfolds through every "actor," every soul. The best way to view it is to imagine the story of how something beautiful transforms into something ugly (duality) Now, picture how every second of beauty changes little by little into that which is ugly. Every actor (soul) has that role "inside." Every action has a repercussion whether we are aware of it or not.

"Energy" (spiritually speaking) is based on our thoughts and feelings. Even though they are not considered to be "actions," in reality they have a consequence as well. There is a return to it.

If you have good feelings for a person, there will be a return felt on it. If you "fall in love" with a person; you may think that your energy is "good;" but it could be felt as "bad" by that person if there is no retribution, correspondence. However, love is a "good energy," universally speaking but "falling in love" is not necessarily for it could be disturbing for another. That is why soul consciousness is important, because that energy is "good for all."

As for your second question, the answer is yes. Your parents are there due to karmic accounts. The web of interactions have already been made in the roles of all the souls that you will be knowing in a lifetime. That is the wonder and beauty of this synchronization, or perfection in destiny.

Best wishes! 😊

**Question: Hi dear brother,  
Can you please explain me  
the meaning of rosary of  
Shiva,the beads of the  
8,108&16108 which is written  
in the murli most of the times  
and what is the significance  
of it. Thanks**

Thank you for your question.

That question was already answered here: 😊

<http://bkgyan.com/2012/10/10/question-om-shanti-divine-soul-its-a-great-new-service-of-clearing-the-doubts-of-bks-regarding-gyan-i-have-been-regularly-reading-and-taking-benefits-of-qun-and-answer-one-of-the/>

Best wishes!

**Question: Dear brother,  
Please clarify this point as it  
is not clear to me , When we**

# **become concentrated, “awareness of the point”, feeling the self; how is it possible to remember god as remembrance would mean thoughts, unless I am doing it wrong?**

Great question, thank you!

There are many types of remembrance. The ones in the Sakar Murli are based usually on thinking as you mentioned. Remember the beloved and the inheritance. Remember the cycle; remember home; etc.

Avyakt Murlis on the other hand, introduces remembrance as an experience of the self; that is soul consciousness.

The Murli from April 17, 1969 is an example of that.

Last month in the avyakt Murlis, BapDada explained through a group of “seniors,” that to love the supreme in such a way as what the world considers to be “merged” in love with the one being loved, means to become in the same form as the Father. In other words, “To be merged in the Father means to become the same form as the Father.” (October 28, 2012)

Just last Sunday (November 25th, 2012) BapDada mentioned that in order to have all relationships with the Father, we need to become “detached observers,” first. You cannot become “truly” a detached observer unless you are soul conscious. That is the meaning of having all relationships with the Father.

Moreover, I have written several articles already when I am demonstrating that in soul consciousness there is no separation; between “you and me.” That is body consciousness.

In my experience, experiencing the self, the soul and its qualities of pure bliss is in a way remembering the Father. The same qualities are there. A loving thought about the Father could bring this feeling, but ultimately thoughts are not the “objective,” but a tool to get us to feel what soul consciousness is all about.

We need to remember that Baba has mentioned that in order to remember the Father accurately, we need to remember the self first (be in soul consciousness first...) 😊 Those who can listen....

and here another article about the topic: <http://bkgyan.com/2012/10/29/experience-and-question-on-awareness-by-reader/>

Therefore, to answer to your question, the thought merely starts the awareness. It is our job to maintain that through feelings and awareness... (in my experience so far.)

Best wishes!

**Question: Om Shanti, Dear Brother, Shiv Baba says that wake up at least by 4 am and do yoga. My question is : Can some one wake up 3 am and do yoga at 3:15 or 3:30? Is there any difference between doing at 4:00 and 3:15 or**

**3:30? Why I'm asking this question is I prefer to do it 3:15 am and from 4:00 to 6:00 am I'm planning to study as I'm a student and go to Murli class at 7:00 am.**



Thank you for your question.

Dear soul,

By all means your timing is fine. Please plan accordingly to have enough sleep. Amrit Vela times are between 1:00 AM and 5:00 AM. Any time in between should do it.

Please keep in mind that going to bed early enough to rest becomes very, very important to have a good amrit vela. I know of BKs who will retire at 9 PM. Others will do it later. Yet others, will need to take a nap to be able to "function" properly. Be cognizant of this and make your schedule accordingly.

The early hours of the morning are definitely of great benefit for spiritual studies as well as worldly ones. It is a good time to be acquainted with a peaceful atmosphere and to feel

outer silence which will bring inner silence, for the atmosphere has an influence in us up to a point.

Best wishes!

**Question: Hi brother soul, I want to ask you, now as it is clear to me that everything that is happening to us is based on karmic accounts so the body that the soul get in a birth is also based on karmic accounts only ,is this true? And if so,then what about eunuchs,the body that they get is also based on karmic accounts only?And one of**

**your answer states,if you remember where you mentioned about the male body and female body that the soul gets birthwise but then in that case what about eunuch body who are considered neither as a man or a woman body,I am asking this point only body wise as I now when understanding soul everyone is equal .  
Thanks dear soul.**

Thank you for your question.

I believe rather than eunuch, who is usually referred to males who have been castrated; you are referring to "homosexuality."

Anyhow, even though the body is of a male or female what matters is the gender that person identifies with. That identification could be an issue and that is where a karmic

account resides.

A soul in a male body could actually feel like a female trapped in a male body. This obviously will bring suffering.

One of the concepts to understand when we deal with duality is that in body consciousness, there will be a longing, neediness for a “complement.” That complement is an “opposite.” That perception of opposite is not determined by the type of body that a soul receives but what this soul thinks about himself/herself to be.

Still the rule of “a maximum of 2 births in the same gender” holds true; however, that is “physical gender,” and not psychological. (what a person feels to be.)

Best wishes!

**Question:: Dear brother, Is it possible for a non bk soul to experience soul conscious even though the will not be familiar with that term? and if so, will it be after settling their karmic accounts?**

Thank you for your question!

Yes, it is certainly possible. As a matter of fact, there are some non-BK souls who have that experience and they do not need to settle their karmic accounts to have it.

There are different “degrees” of soul consciousness, because as we are aware; we are “numberwise.” A “newer” soul maybe able to experience soul consciousness but the degree

is not the same as a Brahmin soul; for their experience of duality are not the same. A Brahmin soul has greater experience of duality.

Through yoga, a Brahmin soul will emerge sanskaras which are from the Golden/Silver ages, because that is what his role entails. Therefore, that experience of soul consciousness will emerge such sanskaras. This is what BapDada calls “following the Godly method” or to experience “Divine virtues.” On the other hand a soul who has not experienced the Golden or Silver ages, does not have those sanskaras from the Golden and Silver ages; even in his experience of soul consciousness.

Best wishes!

## **Question:: Did bapdada come in dadi gulzar’s body on 25/11/2012?**

Thank you for your question!

No, that I am aware of... 😊

**Question:: Dear Brother, My question is related to dealing with situations in life. I was staying with one girl for last 1 year with house agreement on both names (Me and her) and i should add that before this period, I supported her with the set up at my apartment. For the whole time, she was very good with me as a roommate and the time came when I had to shift to another city to complete my studies and for this I had**

**to stay for one more month but the house agreement was renewed on her name.**

**Suddenly, She says me that Within 2 days, you have to shift from this house on the basis of authority that the house agreement is on her name. My trust was broken and I have decided to pack my stuff the very next day and stayed at my friend's house. But Now, everybody is blaming me that I should not have done like that and I**

**have acted as a fool while I  
have done it because I didn't  
want any quarrel and wanted  
to settle the karmic account if  
any remaining by forgiving  
that soul and I moved silently.  
Was this a right decision  
according to gyan?**

Thank you for your question!

Dear soul, according to "pure gyan" what you have done is the "right thing," because it is already done, over.

There is no going back and hopefully, you have truly forgotten that soul. Now, if the Drama brings a situation similar to that one in your life, perhaps the Drama is letting you know that something else may need to be done.

Life is not something that we can "pick right or wrong answers." Life is not a "straight forward path" where we can discard everything that comes in our way because I have a written paragraph which I call "truth," which I need to follow to the "dot." One of the lessons that I have learned in life is that 2 similar situations may not have the same answer; for answers vary according to time (situation, circumstances.)

Many people love to take sides and by doing that, showing you that you are right or wrong and act like they know better. As soon as you share something where you put yourself in a "weak position," you will find people jumping at you telling you what you need to do. This is the typical Guru style.

There are a couple of American idioms which expresses that: “Kick a dog while it’s down,” and “to be a Monday morning quarterback” (Typically, American Football is played on Sundays, and everyone becomes a “quarterback” -a player- who knows exactly what to do on a Monday morning, when the game is over.) 😊

Finally, there is another saying: “Learn to choose your battles.” This “battle” may not have been worthwhile for you to fight. Others may tell you that you should have done it. But, “they are not you.” As long as you have that clear, you should be alright.

Best wishes!

**Question: Dear brother we often use the term “detached observer”, however this true detachment can only be experimented when we are going thru tests, such as somebody close to me passes away and the**

# **detachment of the real attachment can be experimented then. My question is, is there a way to practice this way before the tests come?**

Thank you for your question!

As you mentioned, the “test paper,” is “test” time.

The way to get ready for it in my experience is by practicing the “a-temporal” stage or the point. (please note the avyakt Murlī from April 17, 1969)

<http://bkgyan.com/2012/10/25/spiritual-efforts-all-knowledge-is-merged-in-the-awareness-of-the-point/>

I am giving this advice by experience. A “Test” is a karmic account. The easy way to settle karmic accounts is through yoga, but this particular type of yoga has the ability to submerge “old sanskaras” and emerge the “natural” satopradhan sanskaras without any other effort. That experience on a continuous basis will make a difference in your stage.

When faced with something that could “shake” your stage, you will see that your response is non-emotional, with equanimity and balanced.

Best wishes!

**Question: Thanks for the services you are providing to all the souls including me, here is my question, is it so that every soul's time to be in a body for one birth decided on the basis of breaths he takes and gives out and if it is true then what about sportsmen who breathe very fast while playing games so do they have short span of lifetime in one particular birth?**

Thank you for your question!

It is generally believed that species who take less breaths, live longer. A breath is an outcome of other things going on in a bodily system.

For instance, an athlete in general needs to have certain anaerobic and aerobic training to perform in its activity. Anaerobic training is the most demanding and puts greater stress in the body. The outcome of that training is generally that your pulse rate will be slower and it is believed that this is an indication of less workload for the cardiovascular system. That relates to a more efficient oxygen intake. (less breaths)

So that is the paradox, to train to have a more efficient cardiovascular system. However if you do strenuous physical activities once in a while, that lack of training could be detrimental for your health.

At the end of the day, it is not the number of breaths what matters, but the quality of your life.

Best wishes!

**Question: Hi, my question is as now i know that all animals are animal souls, but i want to know as human souls population are increading day by day but why animal souls are**

# decreasing day by day n where thay come from?

Thank you for your question!

Dear soul,

You are generalizing. There is a decrease in population of certain animal species, but certainly there is an overpopulation on others. Human beings and their activities certainly affect this outcome.

Certainly animal souls balance out at the end.

For more information:

[http://en.wikipedia.org/wiki/Animal\\_population\\_control](http://en.wikipedia.org/wiki/Animal_population_control)

[http://www.naturalnews.com/032236\\_animal\\_populations\\_decline.html](http://www.naturalnews.com/032236_animal_populations_decline.html)

<http://www.telegraph.co.uk/earth/wildlife/6590566/Kashmir-animal-population-increases-as-violence-drives-poachers-away.html>

Best wishes!

**Question: Om Shanti. Dear Brother, In Satya Yug ,it is mentioned that we are complete with 16 Kalas. But**

**in Treta Yug, we have 14 Kalas. My questions is : Does all those in the Treta Yug have the same 14 Kalas out of 16 Kalas or does it vary from one soul to the other? The question can be extended to the remaining 2 Yugas.**



Thank you for your very good question! 😊

The way to understand this, is simply by observing how night time changes into daylight. You will observe that change is never “uniform,” but change is happening nevertheless. In the Golden age we have “status” which is nothing else but the expression of being

“numberwise.” Is the “16 kalas” (celestial degrees) of Narayan equal to the 16 kalas of a “cremator”? Obviously not.

Equality is a mirage. The term “16 celestial degrees complete” means completeness as far as being “full in your own capacity.” Your capacity is different than anyone else’s.

Brahma Baba explained this concept of “gradual degradation” (entropy) using the metaphor of a full moon (16 celestial degrees) and how it degrades to a lesser extension (quarter, new moon, etc.) In his example, He has chosen to arbitrarily use “14 degrees” for the full “silver age,” when now we can see that this is not so; for things degrade in the Silver age as well. See?

Therefore, those “kalas” are merely a way to explain gradual degradation in time.

Best wishes!

**Question: Dear brother, As I am getting more into this wonderful knowledge and yoga, I have decided to become celibate, however as I am married and my partner is not in gyan, I am sure this is going to cause problems**

# with my partner. Can you share how I can handle this easily so that it will work out for me?

Thank you for your very good question! 😊

I have to say that I have experience in that as well...

Let me mention “my mistakes” first:

- 1) I thought that once I made “my decision” my partner would go along with it. After all I was the “guy.”
- 2) I thought that I was “right” because Baba mentions in the Sakar Murlis to remain celibate and there are clear distinctions between “Storks and Swans.”
- 3) I became upset if my partner would not understand me by not accepting this knowledge and my experience with God. She did not have it, even though she is one of the sweetest souls I have met.

As a consequence, I gave “suffering” to another soul, for she thought that I was “rejecting her.” That soul didn’t develop good feelings for BK knowledge and the BK institution as well. Needless to say, I paid dearly for those mistakes.

Looking back, I would have sat down with her and explained to her my feelings, and would have asked her if she was willing to accept such a change.

I wouldn’t have used what “Baba says in the Sakar Murlis” to “prove” self-righteousness. For that soul a sexual life was “normal” and “healthy.” That was the gap.

At the end, I have seen couples specially from India, where celibacy is not a “huge deal” as it is for a westerner. For Bharatwasis (India) when one partner wants to be celibate, the other usually will go along when in love; due to the way sex is viewed there and the pressures of being divorced.

That wasn't my case. Divorce was the way to resolve this issue. She asked for it; with the disclosure that I have prompted it.

However, due to being a Brahmin soul, both of us remained on a friendly basis. Even though she moved on with relationships like a "normal" person (which were tests for me) She developed greater endearment with me because she saw and understood that I did not rejected her to be with another person. Even her family has good thoughts about me to this day.

Now, I see that we couldn't go back together. We are from 2 different worlds; but care and good feelings are still there. That is a huge difference between a "normal divorce" and being a Brahmin soul. The karmic account has been settled.

On that, I hope that I answered your question. I cannot tell you "how to handle this easily so it will work out for you," but I hope that you will learn through my mistakes.

One final note: If you had a deep insight through an experience with Baba or this knowledge and you have the aim of finding your true self by recognizing those weaknesses; then you will be capable of going through the tests. It will not be easy but that is your own personal call as far as how much you want to go into this path.

There is no one to blame after you have made a decision. No one. Be honest with your call in life and follow it. Part of living life is to learn to listen to it.

Best wishes!

**Question: BABA's student asked me today how would**

**she or I know if she had taken  
the Raja Yoga Course in her  
last birth. I said I don't know.  
Your comments please.  
Thank you.**

Thank you for your question! 😊

I can answer that question for sure.. 😊

Once I took gyan for the second time through my “double sister,” in the comfort of my home; I started going to the center.

In my first class as a “new Brahmin,” the sister was talking about this life being about “settling karmic accounts,” then I mentioned: “until you become karmateet.” 😊

Obviously that made them wonder, for I was just a “baby BK” in their eyes. From that point on, I was eager to know everything about gyan and my mind was in “ecstasy,” when I realized a new point in gyan.

Therefore:

First “sign:” You will get this knowledge “right away.”

Second sign: The quality of your questions. That quality depends on how deep you have churned. A second timer, usually has greater depth.

Just in case you were wondering, I am a “second timer.” 😊

**Question: A particular soul keeps coming to my mind. In this life i have a good relationship with that soul. Our relationship is quite formal. I have tried sending good wishes, i have even once or twice cancelled appointments so that I don't have to meet that soul. I have even used the tip given by a BK whereby I have discredited the soul over a very minor, minor matter which that soul was probably**

**not aware of. The discrediting technique I heard in a talk given by a BK. This soul is particularly not overly nice to me nor sweet talks me.**

**Although he does not say much I feel uncomfortable (I am not sure if uncomfortable is the right word to use).**

**When I first met this soul I used to feel quite comfortable but now I feel uncomfortable. I feel I cannot be my natural self. A very nice soul, polite but there is a change in the**

**energy. In the beginning I used to feel light but now I don't. I know it is a bit of Karma. I don't think that soul sends me negative energy. Please don't tell me it is attachment . THANK YOU IN ADVANCE FOR YOUR TIME & ENERGY.**

Thank you for your good question! 😊

No, I will not tell you that it is attachment, because is not.. 😊

It is "just" a karmic account "starting" to unfold. I had similar experience as well. There are some souls who have the "task" of becoming "instruments" so we can discover our own weaknesses. We never know how the other soul feels, so we cannot assume anything about another soul.

Avoiding a person is not the answer. It will make you think more about that person and that may change your feelings.

Avoidance could be used when you do not feel adequate at a particular time and rather than making mistakes, you want to "postpone" situations which you know may happen.

Remember that attraction is the same thing as repulsion just different polarity. As a matter of fact, one feeling may take you to experience the opposite as well. 😊

Through my experience what I suggest is to avoid “bowing down” to the energy that we feel from someone.

If you feel repulsion, uncomfortable, “not yourself,” sooner or later you may “bow down” as being submissive while in contact with that person. If that feeling develops into attraction, you will definitively “bow down” and will lose your self respect.

I wouldn't use a “trick” like discrediting, for a trick is only tricking your own mind for a temporary time.

If you want to see real changes practice the “a-temporal” stage as shared here or what Baba calls the stage of the point (Avyakt Murli April 19, 1969) and have always good wishes for that soul, even when your interaction may be harsh or sweet. Maintain equanimity, that is self respect.

Become aware of your “freedom,” value it and when the thought arises about a particular soul, be aware of it and choose “not to go into it,” that is “remain free,” and determined.

Finally, those things are common. They will go away as long as you maintain your self respect, meaning not “bowing down.” There are souls who will put a “fight,” and when the other energy is too strong, they will bow down. There is no need to “put a fight,” just to maintain your self respect.

Just be aware and do not let the “seed” of a weak thought enter your mind. Always respond maintaining your self respect, your freedom.

Best wishes!

**Question: Dear brother, one of my friends is suffering**

**from Blood  
cancer(LEUKEMIA). How can  
i help him through Raja Yoga  
meditation? can meditation  
be helpful in curing or  
preventing cancer in  
individual life? please let me  
know how can we help  
people suffering from cancer.  
Thanking you in anticipation**

Thank you for your question!

You can help by sending good wishes and pure feelings, that is it and it is plenty. The power of blessings is able to help souls.

We need to remember that we are eternal beings. We need to remember that our “idea” that “this one has to survive, please God help him;” is purely devotional. Perhaps the Drama has a “new body,” for that soul already in store. Perhaps that soul needed this experience to be “free” from a karmic account in this birth. We do not know.

All we know is that, this soul is eternal and cannot perish, but this soul will go on into another role if that is the way the Drama has it. Otherwise, that soul will stay here whether with physical suffering or perhaps even “cured,” but still as we know the time will come to “depart,” (for 5000 years) therefore; let us keep this “unlimited awareness” in our mind and

we can help that soul by sending those pure feelings; that means without feeling sorry or pity or even “mercy,” but just to wish them the very best that is stored in our hearts for that being by blessing that souls to go through those difficult moments so the feeling of the “crucifix is transformed into a pinch of a thorn.”

Best wishes! 😊

**Question: Om Shanti  
respected divine brother Ji,  
So grateful for ‘Avyakt7’ !!  
Eversince i joined the  
Victoriousjewels group, it has  
personally helped me, and  
helped me help others with  
their queries. Looking  
forward to your apt replies  
that you tirelessly offer.**

**Thanking you IBY – Could i request you to help me with this question by a new soul presently doing the course? – Why it is said everything is written? Why it is said we all a part of drama which is scripted? How can this be possible? How can we be puppet of God hands, as god loves all humans as his children? If God love us, than do he use us as puppet and play with our emotions? Who**

# has written this script?

## Thanking you,

Dear divine sister,

I appreciate your kind words of encouragement. Glad to know that you are experiencing benefit, for that makes a difference and makes this blog an useful resource. Thank you and blessings to you from the heart! 😊

On your question. That is a very difficult question to answer to someone who does not have a previous exposure to gyan nor an experience of what “Gyany predestination” means rather than simple “predestination.” I have written many articles from different angles, but this time, the light bulb went on in a different direction, so here the role goes...

My answer has 3 parts. First the “brainy answer,” for those who are not into childish vocabulary.

Second, the “easy answer,” for those who are into childish vocabulary and ... then the answers to the questions you made.

This Drama of life “moves” in what we perceive as “time” through duality. That is the seemingly opposite forces which are complementary. That is “day” moves into “night.” However, night is simply “lack of light” and day “presence of light.” Therefore light can be seen with different “grades,” that is what we could understand as “entropy” or “coming down the ladder.”

Therefore, when this refers to a human soul, we will have a virtuous being who in turn needs to become “un-virtuous” or with vices. See this? There is nothing personal in this, it is just the way the physical world must be experienced through duality. Without duality, this would be similar to “Parandham,” just a constant stage where nothing can change.

Thus, a human soul who “comes down” full of virtues according to capacity will diminish that “light” to go into “darkness.” Remember that without this change, there wouldn’t be a “Drama.” That change occurs gradually, almost imperceptible for us, unless we understand the knowledge. Then we can make sense of what people usually say: “The past is better than the present.” With gyan, it is no better, but “different.”

One of the main issues with devotional understanding of gyan, is that we put God for everything “good “ that can happen to us; but when we realize that “bad” things (our perception of “bad”) has to happen, then of course, we ask: WHY?.. Isn’t God our loving Father? Why our Father would like something bad to happen to us? Etc. Those are very valid questions which devotional minds are unable to answer.

God has nothing to do with the way the Drama works. As a matter of fact, this knowledge that we know through Him, should help us realize the rules of the “game.”

It is a game because “nothing can happen to us.” We are eternal, therefore; every moment that we are living is eternal as well; that is why there MUST be repetition.

These things may or may not be easy to understand, but please review them and ask further questions if needed, for it is very important to “get it.”

Therefore, the issue with repetition or the issue with considering ourselves to be “puppets of destiny” is only known when we know gyan; at other times, we were happily living with our safe “ignorance.” 😊

The issue that very few souls realize is that the moment that you are aware of how “destiny” plays through the rails of duality, is the minute that we can be free from that, if we become “soul conscious.” That is, we could become “detached observers” so the physical movie will not affect us.

Now, the simple explanation:

The Drama is like watching a “soap opera” on TV. You will cry and laugh, you will get into the roles of the actors, unless you are aware that it is just a TV program and those actors are merely acting. It is not “real.” If we are not aware of that, we think that life is to cry and laugh, to be angry and calm, to love and lust, etc. because we believe that the “movie” which is playing is the real thing. The paradox is that “it is perceived as real,” but it is just a movie, a soap opera, a TV program playing eternally.

Baba’s knowledge is meant so we awaken and see the reality that as souls we are just comfortably watching the TV program.

When we perceive the TV program as being different than us, then we are no longer “puppets of destiny,” we become “detached TV observers.” 😊

Therefore, because God loves us, He is giving us this knowledge so we can understand what is going on. He cannot do anything about the TV channel playing the soap opera, but He is trying to wake us up so we see that it is just a TV show.

Your questions:

**Why it is said everything is written? Why it is said we all a part of drama which is scripted? How can this be possible?**

It is repetitive because we are eternal and everything else in this world is eternal. Everything. That is why, it is said to be “written” because there is repetition. For that reason, we talk about a “script,” but as explained in the “brainy answer” duality is the way the physical world works, so it is only a “script” when we are aware of “repetition. “otherwise, we wouldn’t even notice.

**How can we be puppet of God hands, as god loves all humans as his children? If God love us, than do he use us as puppet and play with our emotions? Who has written this script?**

😊 Devotional lines. God has nothing to do with this. Who has written the script? 😊 We have.

The roles playing in all souls are the Drama. Those roles represent our capacity to withstand duality. Every role is interwoven with another role. There is synchronicity ; that is why, even though we appear to be many; it is also just ONE...one thing, one Drama, one script “written” by many actors who paradoxically do not realize that they have written it, for they haven’t done...at the same time.... 😊 Enough.

Best wishes!

**Question: Dear brother, I’ve been in gyan for many years. I hardly miss the murli and I meditate regularly too,**

**however the drama and the role have not provided me a chance to visit Madhuban. I feel less fortunate, please share how significant is the visit when I truly experience Baba's love and blessings in my life thru yoga?**

Thank you for your very good question!

Dear soul,

I recall one time in a class, this BK who just came from Madhuban recently, was explaining to the class that even though Baba wasn't there physically; they were experiencing Baba in a subtle way and some in the subtle region. So, they didn't miss anything after all.

A new student with a sharp intellect then asked: "If you can experience Baba in the subtle region, then what is the need for you to travel that far to see Him?" 😊

Obviously, the experience of Madhuban changes among BK souls. For me, the primary and only thing are those Godly experiences. I do not have the ability to go the subtle region, however; I have felt Baba in a subtle way while In Madhuban. I had other "physical" experiences as well which I never thought would be possible, like receiving toli from BapDada along with my "double sister," (after all is just me, a simple BK who does not have ties with the hierarchy) or even when my world was crumbling apart in my second time in

Madhuban and I was very sad but not showing it at that moment, BapDada smiled at me , with a smile from “ear to ear.” 😊

Those experiences were very important for me, for BK life is not easy at all. Also, you have there the different experiences with the BK family as well and to be able to enjoy a beautiful “spiritual vacation” in that environment.

However, to get there and if you are coming from a “1st world country” you may have to tolerate many inconveniences. That is a small price to pay but it could be challenging as you get older.

With all of this, I gather in your question that you would like to go (for you mentioned that you feel less fortunate) and I would encourage you to do so at least once. In my experience, many times we need to settle karmic accounts before that happens. I have seen souls without money, all of the sudden, getting a job that would allow them to go, or even with serious health problems. It all depends “how bad you want it” and what you are able to do spiritually (settling karmic accounts, practicing all the maryadas) to get that going.

Obviously, if you feel fulfilled with your current situation, then that is OK for you and your Drama as well; do not feel “less fortunate,” for that is wasteful since you are a BK soul, there is no such a thing as “lesser fortune.”

But again make up your mind and have the thought that you want to go, even tell Baba in your meditations that you want to go, from the heart, and see the magic....

Best wishes!

**Question: Not sure why my question is not posted..**

**request you to please post it. I appreciate it need to get an answer Is it true that souls who are not maintaining purity is not allowed to enter diamond hall to sit and also meet Baba. How ever you see so many VIP's, film stars and politicians allowed to enter the hall and even meet Baba personally I had to undergo this and was completely shattered.. Your thoughts..**

 Your question was answered here.

<http://wp.me/p2fovD-UH>

Sorry for the delay, work gets in between sometimes.. 

**Question: is it true – if you are not maintaining purity you are not allowed to meet baba in madhuban – but you see lot of vip’s politicians, film stars being allowed to meet him personally on stage?**

Thank you for your question!

Typically, I am not interested in other things but knowledge. This blog is not meant to be a justification nor clarification on how other BKs wish to behave. Please bear that in mind.

Your question is not complete. Let me complete it:” Is it true that if you are a BRAHMIN soul and you are not maintaining purity you are not allowed to meet Baba in Madhuban?

That is true. There are many who may call themselves Brahmins but if they do not practice that particular maryada; to my knowledge; they are not allowed to meet Baba “physically” in Madhuban.

HOWEVER, as you mentioned there are many VIPs who are allowed to meet Baba; that is because BapDada has given the instructions to do so. Want proof? 😊

You can read this recent avyakt

Murli <http://bkgyan.files.wordpress.com/2012/10/avyakt101412-3of3.png> which is actually from 1975.

Here clearly BapDada mentions the reason why as well as the disclosure that “it will require an unlimited intellect” in our part to understand that these souls will not be “regular Godly students” but still they can be instruments for service through their own experience while still obtaining what they wish to attain. Through them is how regular “followers” will understand about God and this knowledge... without understanding.. 😊

Best wishes!

## **Question: name in detail the 16 kalas often mentioned in brahmakumaris discourses.**



Wow! I am getting tested here... Can I look those up on the internet? Is this an “open book” test? 😊

Translating your question, you are referring to what in English is known as “16 celestial degrees complete” which refer to a list of divine virtues.

There may be different versions of those virtues according to time and author.

Here is one list which was published at one time in one BK list that I belong to:

1. The art of friendship – the art of making others one's own – the art of winning the heart of others.
2. The art of dealing with others – the art of divine behavior – the art of dealings and divine behavior.
3. The art of reforming – the art of transformation – the art of transformation
4. The art of refreshing – the art of being carefree – the art of relaxing
5. The art of developing – the art of learning – the art of learning
6. The art of remaining happy and content – the art of progressing – the art of marching ahead
7. The art of keeping others happy/ healthy – the art of staying healthy – the art of staying healthy
8. The art of organizing – the art of writing – the art of writing
9. The art of leadership – the art of leadership – the art of leadership
10. The art of administration – the art of ruling – the art of administration
11. The art of learning and teaching – the art of teaching – the art of learning
12. The art of enjoying work and leisure – The art of making people smile – entertaining
13. The art of speech – giving a speech – sweet talking
14. The art of thinking – making best out of waste – changing waste into best
15. The art of social service and spiritual welfare – giving sustenance – sustenance
16. The art of concealing and revealing – accommodation – absorbance

**Question: Dear brother' i would be much grateful to you if you could send me the dates of avyakta bapdada meeting for season 2012 to 2013. looking forward for a reply**



Thank you for your question!

Below the remaining dates as it was announced a few months back.

Best wishes!

November 30th, 2012  
December 15th, 2012  
December 31st, 2012  
January 18th, 2013  
February 2nd, 2013  
February 20th, 2013  
March 3rd, 2013  
March 22nd, 2013  
April 5th, 2013

**Question: Dear Brother, It is very nice to see you take time to answer many questions here even with your busy life. Lots of blessings. Can you share how a timetable for the day should be for a yogi who works 8-10 hours ?**

Thank you for your question! and I appreciate your kind words.. Yes, it takes time to answer questions and publish writings made from “scratch,” like bread recently taken out of the oven... It is worthwhile, because I love the smell of it.. 😊 and others too!

Your time table is basically remembrance at any time that you remember, even at work; While you are driving to work, while you are driving back from work, while you take a break from work, etc.

That is depending on your circumstances.

As a Brahmin soul, Amrit vela is mandatory. You will make lots of progress if you stick with this and night meditation as well. Try to fit it at anytime you can after work. Finally, before retiring for the day, a few minutes of remembrance and to look introspectively at your day and to write down in your chart main aspects of your day with the remembrance you had.

Best wishes!

**Question: Dear Brother, Can you explain in words what is the difference between concentration, contemplation and meditation? Thanks**



Thank you for your question!

I will explain from the “dictionary” of my experience. Meditation is to heal the self by complete awareness of the being. This meditation is not just to sit down, but it can be done, “while walking and moving around.”

When we are learning the “feel” of meditation, we can perceive thoughts, feelings and bodily sensations coming in the way. Through concentration, we can be “single pointedly” in our purpose, which is to “feel” the self. Then, the rest becomes background noise as long as you can hold that concentration or when that concentration becomes “contemplation,” that is the awareness and experience of the blissful self. Those “stages,” could be just summarized on consciousness of the being, the self; that is soul consciousness. That brings healing, changes and that is self-transformation in itself.

Best wishes!

**Question: There are some people in one’s life who has the capacity to press your red**

**buttons...A rarely found ones and have a close karmic with them. If you remain silent, they would play their repetitive button, insisting you to answer, and if you answer you know that it would lead to further disturbances. You have to face them anyway. How shall one handle such papers, because under such situations either one find the self in trouble or in guilty??**

Thank you for your very good question! 😊

I know exactly what you are saying.

As you mentioned, that is a signal of karmic accounts which need to be settled. It may not

be with those particular souls, but as BapDada has mentioned in the avyakt Murlis , “those souls become instruments” so you can experience those karmic accounts. The goal is just one: Whatever they do, whatever they say, whatever they feel; none of that should affect you. That is all. Once you experience that without making any effort; you have passed the ‘test.’

In my experience there are 2 things which have been working for me:

- 1) The experience of the “a-temporal,” the “point” or the soul on a repetitive basis through meditation. That creates an stage by itself, without you making any effort on “doing things.” Actually, it is a way to settle karmic accounts.
- 2) Good feelings and pure wishes. If you do not have those, you will have waste thoughts which will not allow you to experience the “a-temporal” stage, yoga, the stage of the point, etc.

I could add the following as well: Check to see if you have any expectations out of those individuals. Check to see if you have any sort of dependency on them. if you do, those expectations and dependencies (psychologically by getting their approval) of any kind are the source of the karmic account, which is really emerging some of your weaknesses. That is all. Once those weaknesses are taken care of, you are good to go... 😊

In this particular case, if you respond with a ‘good stage’ with good feelings and still your response is taken adversely, then see if that is affecting you. At that point is important to excuse yourself and leave. Your stage is the important item. How you feel during the test will create the impact on those souls.

Finally feeling “guilty’ is wasteful.

If it could be “repaired,” then there is no need to feel guilty but to have the desire to learn from the situation and improve with determination.

If it cannot be repaired, then there is no reason to feel guilty for something which cannot be otherwise. Many times this just takes acceptance of things as they are, rather than having hope and wishing for something which is not reality. Move on with life.

Best wishes!

**Question: Dear brother,  
Happy Diwali and Om shanti,  
We all talk about golden age  
and how 100% happiness  
and purity are there too, but  
can you share some of your  
knowledge as to how the  
kingdom will look like in  
terms of government,  
technology, language, and  
finally the educations (if that  
is needed)?**

Thank you for your question and happy Diwali to you too!

As far as a description on how things will “be,” you could find those in the Brahma Kumaris publication from 1996, “Visions of the Future,” which are excerpts of Sakar murlis were

Baba talked about that.

As far as “my” knowledge, I could offer some “churnings. ” based on “pure gyan.”

To start, “happiness” is not something that will be recognized there. That will be the “normal” state and since there is no duality; the state known as happiness cannot exist there for otherwise, “sorrow,” will need to be known and as we know, it is not. The state there is of spiritual bliss, for there is no duality when the soul expresses.

That expression has been called something like “the arts,” but it is just a word which appears similar to what we know here (artists.) Rather than a world of “artists,” it will be a world of beings expressing ‘**creativity**,’ meaning inner expression without influences. Here in this world, you may have artists without creativity but just “followers” and non-artists with lots of creativity... 😊

I wouldn't like to add more to this for I have not experienced or seen in “visions,” none of that, so pardon me if I don't answer this question thoroughly.

Best wishes!

**Question: QUERY OF Dhvani  
– I don't believe when they  
say that the atma that goes  
into the body of a human will  
go only into a human during**

**every birth. whichever yug it was, it was always been the human being that has lived the most prestigious lives. and humans are the dominant species. in what way are these souls superior or inferior than the other souls that only we get to be born as humans? if all the souls are god's children, then we should be treated equally and we must all experience all forms of life – which means we must perhaps take**

**turns or something..why is a dog soul different from a human soul and why can't it enter the world taking the form of a human in its next birth? the sister who taught me told me that it is because of its sanskars and explained that the dog has certain exclusive habits like lifting its leg for urinating, shaking its tail for some reasons etc..and it will tend to do the same things even if it is born as a human and so it is always**

**born as a dog. i do not understand why i should believe this.. as far as i know, these attributes are only physical..and the atma as such is a point of light which does not carry these attributes with it. so going by the very theories told by brahmakumaris, it doesn't make sense to me. can u pls explain this?**

Thank you for your very good question!

Note that you are using comparative terms (superior, inferior species.) In Gyan, we understand that comparisons are meant only to understand concepts, but "comparisons" are not real, for every soul is numberwise.

There are no 2 souls alike, therefore; there is no basis for comparison.

I used to read the “Aesop’s fables,” when I was a child, and your question brought to my mind the fable of “The man and a lion.”

Here it goes:

“The Man and the Lion (Translated by George Fyler Townsend.)

A MAN and a Lion traveled together through the forest. They soon began to boast of their respective superiority to each other in strength and prowess. As they were disputing, they passed a statue carved in stone, which represented “a Lion strangled by a Man.” The traveler pointed to it and said: “See there! How strong we are, and how we prevail over even the king of beasts.” The Lion replied: “This statue was made by one of you men. If we Lions knew how to erect statues, you would see the Man placed under the paw of the Lion.”

This story pretty much explains your concern about animals “inferiority.” That is not so. It is merely a perception based on your human experience.

Humans abusing animals is a different story, not based on “superiority” but based on ignorance (do not understand/ignore the law of karma) and lack of sensitivity to some one else’s suffering.

As far as your statement: *“if all the souls are god’s children, then we should be treated equally and we must all experience all forms of life – which means we must perhaps take turns or something.”*

As mentioned above, “equality” is utopia. It is non-existent, for we are numberwise. Being “God’s children,” is a “relationship” based to create endearment with God so we can remember Him. Animals do not need to remember God. Humans do, to rectify their deeds. Strictly speaking, God is the “Supreme soul,” just because He does not experience duality like the rest of the souls, but God is not a “Father” for He does not create souls.

In your questions: *“why is a dog soul different from a human soul and why can’t it enter the world taking the form of a human in its next birth?”*

According to BK gyan, the role of a soul is already “recorded,” and everything is “cause and effect,” and there is a maximum of 84 lives that could be lived in the kalpa. Also a soul experiences “entropy” (degradation) in every reincarnation.

Let me ask you: What types of activities will allow for a soul in the body of a dog to become a human being when considering the above? How is it possible for a non-reasoning soul to acquire reason? 😊

The main “difference” is that human beings have the ability to reason, the ability to process ideas, the ability to deal with abstractions, which are required for spiritual “learning.”

Animals do not have those “sanskaras.” As I said before, it doesn’t mean that they are “inferior,” but just “different” as the Aesop fable explained.

Therefore, a human soul can only take rebirth in a human species, for the sanskara of “intellectual abilities” is inherent in a human soul only.

Best wishes!

**Question: In gyan for some time – repeatedly fail in purity – living in lot of guilt. please help.**

Thank you for your question!

In your question you do not specify in which way you are “failing” in purity. So, I will give a general assumption to your question.

I will assume that it is sexuality or something that deals with it.

Therefore,

- 1) You may be engaged in sexual activities
- 2) You may be having sexual dreams which will result in nocturnal discharges
- 3) You may be indulging in onanism
- 4) You may be attacked by “impure thoughts.”

For #1 through #4, practicing the code of conduct is mandatory. That is amrit vela, daily murli class, satvic food cooked by yourself (no onions or garlic and avoid hot-chilly items as well,) celibacy (stopping any behavior that could drive you into this, especially if you have

not gained inner control yet.), daily meditation, keeping your chart. Those are the pillars and must be followed; otherwise, you will be suffering for not being able to fully follow this Brahmin path.

For this you need to be honest with yourself. It is your “choice,” after all. If you have the determination to explore and conquer sex-lust, you will be facing many obstacles; but it can be done especially, if you are a Brahmin soul.

For #1 above then, I recommend for you to be away from any “temptations,” until you grow stronger. This takes time, but you will know the right time.

For#2 above, that depends on many factors. Age is one of them. If you are in your 20' or 30's and you have been sexually active in any way before, those episodes will occur. However, they will diminish gradually as your body becomes older AND you are following the code of conduct.

Patience is needed. You may lose a battle but no the war.

For#3, that needs to stop altogether. A way to do that is by opening your feelings, and here is when the experience of yoga will help. Hopefully you have experienced Baba and felt that in your heart. Also, to be in Nature and to be taken by its beauty, to be sensitive to it, will be of great help while keeping your urges (just a sanskara) down. Determination is needed along with feelings. Work on the heart chakra and on balancing your male/female energies. If you are a male; by doing some activities which are typically given to females and if you are a female, the opposite.

For#4, those are part of the tests. You will have plenty of those while in the first stages of practicing celibacy. Just keep unmoved and continue on despite those thoughts. Once your heart chakra is open (find more information on that) things will start changing in your life and the quality of your celibacy as well.

Sex-lust is the inability to express through the energies of the heart. At that point, the first 3 chakras is all what is available for us and sex is the energy which we will not able to transform into good wishes and pure feelings but rather that energy will be wasted for we are unable to direct it nor control it, when we only are aware of the 3 first chakras, which is how the majority of the people function.

Finally, you will need lots of practice with meditation/yoga and to have lovefull yoga with God. That is how your heart chakra will open, the Brahmin way. I would strongly recommend this experience to counteract the corporeal feelings of sex lust.

Keep your mind busy. Be involved in worthwhile things.  
This is a new life style.

If you are firm on this and you are not slacking off but giving it 100%, there is no need to feel guilty. That is just waste at that point. As I said before, the battle may be lost but not the war. Just keep that in mind, and despite the setbacks continue on while looking at your chart to see what may have caused the issue. Check and Change. Experiment. Try new things.

You are experimenting with yourself. You are experiencing new ways.  
You will not give up, if this is your call in life.

Best wishes!

**Question: Dear brother, at the end of this confluence age, is it right for a kumar, who is doing laukik job, to pursue a PhD course. Being a kumar at a physical age of 43 and where the work is demanding**

**i am not able to decide to choose between pursuing laukik studies or spending my time fully in spirituality. After attaining such a precious godly knowledge i am afraid if it will be a waste of time to further studies because baba says each second of this age should be spent in a worthwhile way; Please guide me for sure what i have to do, that is whether to further my studies or not.**

Thank you for your question!

Dear brother, I believe that you described your question in a way that it is evident that you realize about this “precious Godly knowledge.”

It is my policy that I will not give my opinion, for i have no right to that; thus influencing anyone in making their own decisions in life. However, I can share some of my experiences. 😊

1) Having time is not the issue. The issue is to know how to manage our time. I could have all the time in the world and the “good intention” to use it in spiritual matters, but I could procrastinate and waste time easily. I could have a tight schedule but I could manage to add things which are important to fit in “first.” The Drama will be helpful as well.

2) Many times in life we make ourselves to be in a “hellish” situation when we say: “It is black or white.” I have always been able to fit “exercises” of the physical body in my schedule; even if it is a 30 minute walk, because it is important for me. So the question of, “it is either work and spirituality or doing exercises, does not arise in my mind.

3) Perhaps it will help you to find out the “Why do you want to pursue a Ph.D degree now?” Once you get the answer to that question, i am sure you will know what to do...

Whatever you choose it will be good, as long as you listen to your heart.

Best wishes!

**Question: Dear brother, In your article “Signing up for Brahmin life” you talk about “final moments”, Can you please explain that in detail**

# as to how this will be for a Brahmin soul at the end?

Dear soul,

I remember that Avyakt BapDada explained exactly what Brahma Baba went through while leaving the body. He mentioned something like: "On one hand it was the power of yoga pulling and on the other the last karmic accounts.." I wasn't able to find that particular avyakt Murli, but it will be appreciated if a reader would like to share it.

However I found this excerpt from November 17, 196, which explains the "issue" in a very easy to follow language:

*"Do you know which is the last rung you have to come down? To renounce the awareness of your body. When you remove the clothes from your body, you remove them so easily. In the same way you should be able to remove the costume of this body easily, and also be able to adopt it easily at the right time. Some of you still have to learn this practice fully. Why are some of you not able to break your body consciousness. Those who have tight clothes are not able to take them off. This is the same. If this costume, which is the body, is stuck to any sanskar, that is if it is tight, it does not come off. Otherwise it is easy to come down and to go up. That is, to shed the costume and to put it on again is very easy, just as it is easy to take off and put on physical clothes. You have to see which sanskar the costume of the body is attached to. When you become detached from all sanskars your stage will become unique. This is why BapDada explains many times: "remain easy in everything". When you remain easy in everything, all tasks become easy. When you make yourself tight, there is tightness in the task also."*

Therefore, that "test" will be the one experienced in the "our final moments," if we cannot take the consciousness of the body "off," there will be suffering.

Best wishes!

# Question: Baba says – have all relations only with him.. Your thoughts on it.. how can you experience different relationships..

Thank you for your question!

In today's Murli (11-8-12) Baba mentioned: "When you forget to be a soul, you believe yourself to be a body. Then, you have relationships with bodies. While in bondage remember this relationship."

Further he mentioned his concept of relationship: ("there is sorrow in bondage and happiness in a relationship,") by saying: "A relationship with ONE means a stable mind which does not wonder."

**That is the meaning of having all relationships with the Father, an intellect which is single pointedly in the experience of the soul.** This is supported by the statement in the Avyakt Murli dated October 28, 2012. "To be merged in the Father means to become the same form as the Father." that is to "become combined and become One."

To believe that we can be the father and for God to be the child or that we could be the wife and God the husband, the bride and the bridegroom, the lover and the beloved, etc, etc. is a preliminary understanding based on corporeal feelings of the experience of the soul. We need to understand that those "relationships" are still in the realm of physicality; and God is incorporeal; nevertheless; we need to learn how to walk before we can attempt to run.

Best wishes!

**Question: Dear Brother ,In our relationships though good ,still we find we are at times made to feel unworthy indirectly, the other persons praises themselves in such a way that the message is sent to us. Though I understand that its their ego or more of thier own bodyconsciousness but i find same is come into me bcoz after some time i get into negative thinking ,no good feelings for that soul.**

**sometimes resentment and sometimes distancing. This is going on like a war. Please share some good tips to handle these situations .How much and what particular effort is required .**

Thank you for your good question!

Dear soul, At this time is very difficult to have a relationship with a human being at the "same level." What you will find is that one person "pursues" the other and will do anything to keep that person content or happy even lowering their own self respect. On the other hand, the other person will play the "critic" part: You are not good enough. Something is missing. Something needs to change. You are not making him/her happy.etc.

It is this basic "set up," in relationships nowadays that make our lives difficult. Therefore, there are 2 "yukties" (methods) which BapDada has already given us.

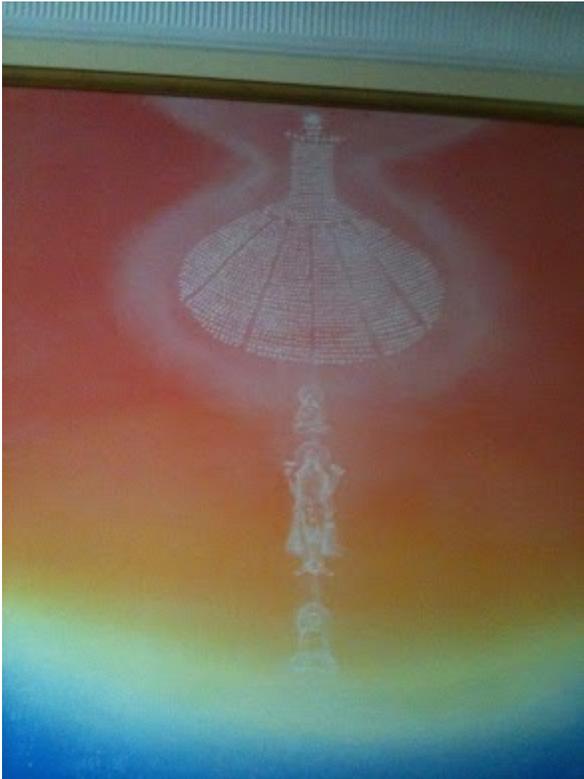
1) **Tolerance:** This is from last Sunday avyakt Murlis (11-4-12) where BapDada asked us to tolerate because He is asking that as our "normal" behavior from us. However, that should be to tolerate out of love for BapDada. This also goes nicely with today's Baba's definition on a relationship with God: "A relationship with One means a stable mind which does not wander." In the case that you are explaining, the "wandering" are the "feelings" that you experience. Along with this comes "self-respect." Your value as a human being does not depend on whatever someone says or thinks about you. This is why BapDada continually praises us. Our self respect needs a "boost," but that is based on knowledge.

2) The practical tip is to see everyone as you would see a 5 year old child. That is "**change your vision.**" When that 5 year old tells you something or even kicks you, you will not be

hurt by those activities. When you change that vision then you will not feel affected. Changing this vision is not “visualizing,” but it is understanding about the ego needs of the soul and limited spiritual awakening. This is not meant for you to feel “superior,” but to feel at ease with an expected and typical behavior of a person at this time. They just behave like spoiled children sometimes... 😊  
Best wishes! 😊

**Question: Om Shanti, Also need some further churning on this please, you have mentioned that “it all depends on on your awareness” and awareness might vary between one to another, however, truth is one and cannot change according to the perspective**

**of the viewers. could you please elaborate further.**



Thank you for your follow up question.

It is a good question and I will explain to the best of my ability having gyan as the supporting block.

Note the picture of the inverted tree and the 3 worlds above. That picture is not meant to be taken *literally* for it has many mistakes according to "pure" gyan. It is just a representation to express what otherwise will be hard to explain.

The picture of "The inverted tree" in Parandham, shows the "location" of the souls in Parandham according to the time that a soul "comes down," and according to their original religion.

The above is the standard explanation on a Raja Yoga course. Is the above explanation the truth? 😊

If you are a Brahmin soul, you will say YES. It is the truth, because God has said so. Right?

However, as explained in the article about the subtle bodies; in a region where time does not exist; there is no location as we know it. Neither a “soul comes down.” there is no place to come down. That is “bhakti.” So, I can “refine” the understanding of something which we have repeated for years without full understanding.

The picture of the “inverted tree” is not there to show us “location” and place of every soul. It is there to explain to us that our understanding is referential to our number. A soul who originally belongs to Christianity it is set to understand whatever Christianity teaches as being “right.” These souls will not understand what you perceive as the “truth.” (Baba’s gyan)

It is like the old saying: “If a tree falls in a forest and no one is around to hear it, does it make a sound?” this ‘truth’ is something which many individuals have not understood yet. A Christian soul is not meant to understand a “Brahmin soul’s truth” just because that Christian soul does not have the experience of the Golden and Silver ages. However, we like to refer to those who do not understand gyan as “stone intellects.” Nothing further from the truth. See?

What is the truth?

i would like for anyone to tell me one “truth” and i will make sure to show you that it is not by using someone else’s ideology or philosophy which they found to be true...

Yes, we say ‘God is the truth.’ Let me ask you: What does that actually mean? 😊

God never changes. That is the “truth.” Right?

Wrong. BK gyan is the perfect example of something that has been changing in time... and if it comes from God, then it should never change right? 😊

See that things are explained according to the understanding of some. Otherwise, there will not be understanding.

I am allowing this role to go deeper this time, so bear with me.

A good friend of mine, explained to me that the “truth” is like a growing “llanten” plant. (Plant found in Peru, used for medicinal purposes. It has medicinal properties when it becomes an “adult” plant.) Some will see the baby plant and will find that it does not have any health related properties and will call the Llantén as an “useless plant.” Others will see the plant in a particular growing stage and describe the plant in that stage as the “truth.” Yet some others will find the plant medicinal properties, when the plant is fully grown and they will “debate to death,” with those who “defame” the plant as “not having any medicinal related properties.”

See the teaching? I can say *the “truth” is like a growing plant*; but I cannot say that *“the truth is a growing plant.”*

To say: *“This is the truth,”* is to lack depth in the teachings which gyan is giving us.” Note that I am not saying that without depth, whatever you say is false. Just a different understanding, a different view of the plant from a different perspective; that is why Baba talks about the unlimited, for here we see the plant growing, rather than being stuck in a particular stage of the plant growth. That is why I mentioned that the truth is like a movie rather than a picture. (In an article here sometime ago.)

This is why I say that the ‘truth is a paradox.’ Sure, I am saying this is “it” (thus contradicting what I just said – I like that- 😊 ) BUT, a paradox is like a movie as well, many scenes that we can come up with according to our understanding. According to our **awareness**. Those “scenes” defy any logic, any analysis, any reason... Paradoxically; here is where the depth in Gyan resides.

Moreover, Baba says that the truth “does not need to be proven.”

You know why? 😊

Because those who are meant to understand, will do it.. BUT in a “numberwise” way. Isn’t that what gyan teaches us about the Drama?

Best wishes!

**Question: A soul is going through some hard times in his relationship told me that he still cannot end the**

**relationship. He said if drama is pre destined, the relationship will only end at that destined time. Either party will call it quits and until then both of them will give and take sorrow. I said to the soul you have a choice to end the relationship tomorrow and if you do it, it will be said that it was pre destined to end tomorrow (7.11.12). So it is the souls choice if the relationship/karmic account**

**ends on 7.11.12 or whether to  
prolong the karmic account  
to a later date. Your  
comments please.  
Thank you.**

Thank you for your question!

Short answer: It is both at the same time. Predestination is the same thing as “choosing.” 😊 Just words, simple intellectual concepts. Sometimes, those concepts will be seen as “opposite,” at other times as “complementary,” and yet as other times as “the same thing.” What do you think? Is it possible for something called “A” to be equal to “B” but at the same time “A” is the opposite of “B,” is that possible? 😊 I know Aristotle wouldn’t like that...

If you feel hungry, is that “your choice,” or it is predestined? 😊 Would you wait for hunger to disappear, if it is “predestined” to do so? or would you “choose” to eat something to make hunger disappear? Or would hunger “make” you eat? 😊 Tough question, huh?

Only when EGO exists, the issue of “choosing” between predestination or “free will/choosing” arises. Without ego, there is only “being.” When there is being, knowing is there... then concepts are gone. You are free...

For further reading: [“The boiling frog story of free will vs predestination.”](#)

Here a little video for you: <http://youtu.be/4sgXI7n3n4>

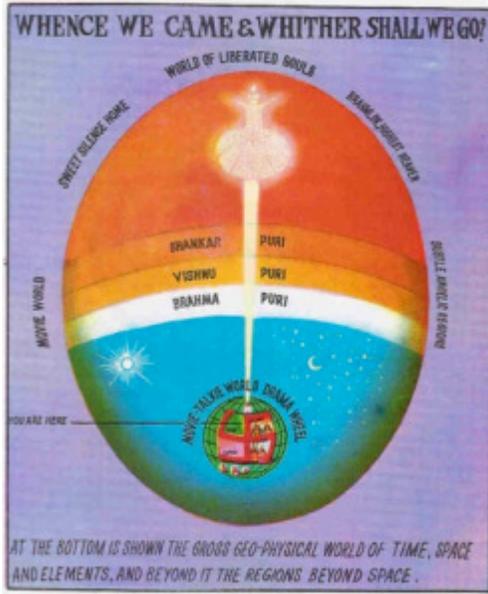
**Question: Dear brother,  
When giving Baba's  
introduction to new souls,  
some souls tend to argue  
about the knowledge, can  
you share you experience as  
to how this should  
be handled?**

Thank you for your question!

Here is the short answer: Let the students express their thoughts. Listen to them. Acknowledge their viewpoint. They will only listen to you, if you listen to them first. Answer their questions afterwards if you are able to; otherwise, note them down.. and learn from them... you could ask them here too! 😊

Best wishes!

**Question: Further to yesterday murli, there exist two form of each bramhin i.e. one sakar one subtle body of light. My question is that, since soul is only one i.e. in the sakar body. Is it that the subtle body of light do not require soul to be activated or perform the functions?**



Thank you for your great question! 😊

In spirituality, everything is about consciousness, awareness. As your awareness, so your experience. From the physical perspective we are taught to separate things, to believe that “analysis” is the way to know and to understand and we perceive things in that way.

Consider this:

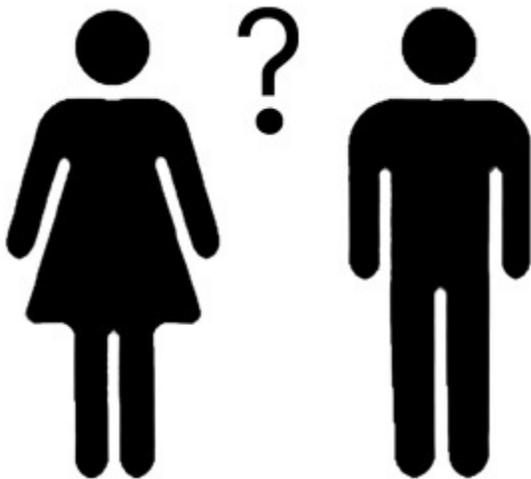
In the subtle realm, time does not exist. Therefore, distance does not exist, but there is movement. 😊 The same thing happens when we talk about the soul being “located” in the middle of the forehead. We talk about location when the soul is immaterial. “Location” is non-existent for a soul. When we say “here” the reference point is our physicality. We are trapped in that.

Because the soul always exists; the subtle body always exists as well, so there is a relationship BUT THERE IS NO DISTANCE. NO SEPARATION. We only “see” distance when trapped in the physical realm, in the world of analysis and intellectual limitations. So to answer your question is a “yes” the body of light requires the soul to be active... and a “no.” the body of light does not require the soul to be active. 😊 All we need to understand is that there is no separation between them, no distance unless we want to “see that.” 😊

As you can “see,” all depends on your awareness and understanding.

Best wishes!

**Question: Dear brother, If a soul plays a role of a male in the final birth, does it means it will be playing a male role throughout the kalpa? How does that work?**



Thank you for your question!

Not necessarily. According to gyan, a soul can take birth in the same gender form up to 2 consecutive births; otherwise it just switches from “male” to “female.” In other words, you could be “male” now and either “female,” or “male” in your next birth. If you become “male” again, then your following birth (3rd in this example) will be that of a “female” necessarily.

Best wishes!

# **Question: Dear brother, Is it possible the ritual of visiting Mecca for purification for Muslim might have been from the origin of visiting baba at maduban?**

Thank you for your question! 😊

Gyan mentions that we are “ancestor souls,” therefore; under this vision our current activities will be followed later on by other souls. This is what is known as a “memorial.” Under that vision, yes we can say that visiting Mecca or any other holy pilgrimage place had its origin in our current practice of visiting Madhuban. However, i would like to remind everyone that the cycle of time is a circle and because of that it can be viewed from different “viewpoints,” according to a “point of reference,” meaning that from the viewpoint of a Muslim soul, our “pilgrimage” to Madhuban is just copying what they do; because for a Muslim; their religion existed way before Brahma Kumaris in their “view of time,” according to their religious views.

This paradox of time and timing is something which needs to be understood and looked at from different perspectives to understand that the “truth” is a paradox.

Best wishes!

**Question: Om Shanti The comments and the Answer you give to many question are very beneficial to us all. I refer to Murli of 2nd Nov, I always have these question in my mind. first Baba always says that you receive the inheritance for 21 births in golden and silver age but when you give the course you say 8 births of GA and 12**

**births of SA. Also the average age of 150 years in GA do not add to 1250 years (1200) similarly average age of 120 or 125 for 12 births do not add to 1250. Also please let me know your churning if the Maharathi who left their bodies (Dadiji Jagdishbhai etc) if their next birth is the 1st birth or 84th birth? The Advance party will be responsible to give births to Krishna and Radha so would golden age and confluence**

**age will run Parerral for some time? Also so many times you answer that Brahma Vishnu and Shanker, apart from Brahma Shanker and Vishnu do not exist. Behind the throne of Laxmi and Narayan, there is the picture of Vishnu. How come that picture appears there, some kind of memory of Bhakti?**

Thank you for your thought out question and kind words!

As far as your first question, the “churned” answer was given here:

<http://bkgyan.com/2012/08/18/starting-point-of-the-golden-age-and-the-mystery-of-the-21-births-resolved/>

As far as your computation on “averages,” it does not mean that  $8 \times 150 = 1200$  so 50 years are missing. The Sakar Murli just relates Brahma Baba’s soul going through the cycle of time as the “model” for explanations. Only Brahma Baba’s life through time has been disclosed with referential points. Brahma Baba takes the full 84 births and when he left his body (1969,) that was his last birth in this “cycle.” Brahma Baba takes 8 births in the Golden

age. BUT his second “birth” (name change) is when the Golden age “starts officially.” (When his name changes from Krishna into Narayan 1st -see articles above.) In those 8 births, Brahma Baba could have been 200 years old in one of his births, 145 in another, etc. The word “average” means that we take all values for every birth and add them up and then divide them by 8. That is all. It doesn’t mean that every birth has to be 150 years and also, it does not mean that everyone has to take 8 births of 150 years. Consider Dadi Janki’s age for an “Iron age” average of life expectancy.

Also bear in mind that the “cycle of time” is not a “static line” dividing a circle in 4 equal parts. That is just an easy explanation. The cycle moves continuously without a break and just like you cannot tell when the day starts at dawn, similarly with the ages in the cycle of time. That is the way of Nature, not the way of how an artist would like to paint a picture. 😊

Consequently, we do not know which “birth number,” Dadi Ji is in or Jagdish bhai. We will start counting again when they experience their first birth after “destruction,” and that could be just like Brahma Baba, before the “official Golden age” or after. That hasn’t been disclosed.

As far as you question of the “advanced party;” the advanced party will allow the “Golden age” to exist. The “Confluence age” is only for Brahmin souls, not for Advance party souls. The confluence age finishes when Brahma Baba takes birth as Krishna. A “new” point to churn is to note that “advanced party” souls are neither in the “confluence age,” nor in the “Iron age.” 😊

In your last question: Laxmi and Narayan signify Vishu. Also the Sakar Murli, mentions that “Brahma becomes Vishnu,” meaning that Brahma will be a resident of the Golden age. “Brahma Baba” is the name of a role of a soul. Vishnu is just a mythical name which represents something (sustenance, golden age, the perfect couple, the in-laws, etc) Same with Shankar (destruction, bodiless stage, etc.)

Best wishes!

# Question: Is sex a sin? If not reproduction, souls cannot come down and play a part. In a way a part of drama, isn't this a huge part to be played?

Thank you for your very good question!

Since we have knowledge, gyan; I can speak about this topic with greater confidence than explaining my answer to someone who is trapped in the duality of words and "black or white morality/understanding."

Let me explain myself:

For most you have either "good," or "bad." "Hell or heaven," "black or white," "sin or virtue."

Here is my first point to explain your question:

*There is nothing sinful in the Drama. In the Drama everything that happens is just necessary. For it repeats, eternally. The value of those acts, change in time.*

Note that I am not making up stuff here, but just logically going with lines of "pure" gyan.

We experience the full range of experiences.

However, **"timing" is the difference. That timing differs from every soul.**

Since we are out of touch with our original state of spiritual bliss, we had to come up with "morality," to maintain some control and order in our society. Therefore government with rules and regulations and religions with dogma and commandments. Then, the words "sin" and "virtue" came up to divide things.

Because we do not recognize this state of spiritual bliss, we have to be treated like "little children," and told what is "good and what is bad." A typical sakar Murli will go into those aspects, until we spiritually "grow up."

Therefore, is sex a sin? NO. It is a virtue? NO. It is just what it is. Sex.

In gyan, we recognize that everything that we perform has an effect- Law of karma. This Drama is “cause and effect.” Therefore, sex has an effect. That effect we can call “good or bad” according to those consequences: happiness or suffering.

Is unwanted pregnancy good or bad? Are sexual transmitted diseases, good or bad? Is sexual addiction good or bad? Is pornography good or bad? Is child bearing without parental values, good or bad? and finally (even though my list could go on) Is “sex-lust,” good or bad?

That is for you to “decide.” I am just giving you the logical facts **“at this time.”** Therefore, some people choose to remain celibate and avoid “playing with consequences,” others, on the other hand; want to experience sex lust and are OK with the consequences. That is how the world gets populated as you rightly mentioned. That is their role.

However, for a Brahmin soul, the objective of this life is to become soul conscious and God conscious. That is it.

Definitively “playing with sex lust,” will not get you there.

***A human being with vices (lust,) cannot make sex a vice-less “act;” thus sex-lust.***

It is all cause and effect. You “choose.” You live with those consequences.

Best wishes!

**Question: Dear Brother  
thanks to your logical  
reasoning. May I suggest the  
forum of BKGyan to initiate**

**service regarding who is the “God of Geeta” Very important as per as Baba’s guidelines. Bro. could you please explain any plan regarding the same? One of the plan is to write the contrast about “Shiva” and ” Krishna” and send it to lawyers and Judges and take their opinion and signs on this issue?**

Dear soul,

Everyone of us has a particular part and task. If you feel a call to write something about it and would like to use this “blog” for that, you are very welcome to do so. In that way, you could point to individuals a website with updates via email.

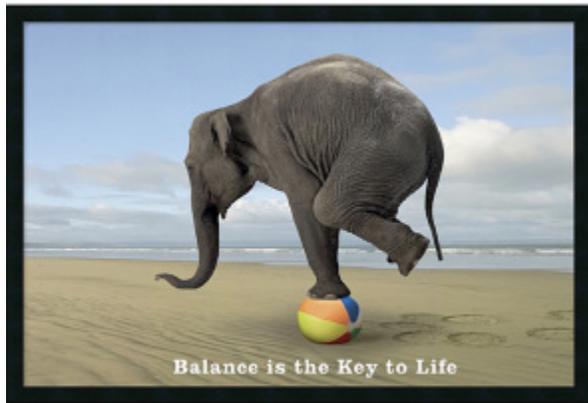
Please submit your writing.

If you prefer to write letters the “old but proven” way, that is fine as well.

As far as this role is concerned, the role does what comes as inspiration.

Best wishes!

**Question: Dear Brother, It is sometimes hard even after years of yoga and knowledge churning, to respond to situations or people rather than react. What is your formula for that?**



Thank you for your great question!

In my experience, there are 2 things that need to be done. Yes, it is a “must do it.” 1) Minimize activities so greater time is spent in solitude. 2) Practice the “a-temporal stage.”

Please review these 2 articles:

<http://bkgyan.com/2012/10/25/spiritual-efforts-all-knowledge-is-merged-in-the-awareness-of-the-point/>

<http://bkgyan.com/2012/08/07/spiritual-efforts-eureka-the-avyakt-stage-baby-steps/>

the practice of being “a-temporal” or as BapDada calls it “the point,” is what will give you fullness and fulfillment so nothing from the outside and what “normal” people consider valuable, will have the same value to you. To experience solitude is of paramount importance to be comfortable with living with yourself. It sounds paradoxical “living with yourself,” but most “normal” people will not dare to be alone and to do activities alone so they can observe their thoughts and feelings. Solitude will allow you to do that.

From that point it is easy to note when you are going “out of balance,” and easy to shift back to “spiritual reality.” You will not “react” when in balance.

Best wishes,

# Question: What do you mean in “light of pure gyan”?

Thank you for your question! 😊

I am “coining” my own vocabulary to refer to some recurrent items.

For instance, when I say “Santa Claus explanation,” it refers to the explanation we give to little children so they can do what we would like them to do without giving them the “true facts,” for they may not understand.

Similarly, when I say “PURE GYAN,” I am referring to churning knowledge based on specific pieces of knowledge which are the “columns” of gyan. What are those? The soul, the Supreme Soul, Karma, Drama, repetition, predestination, entropy, 3 worlds, reincarnation, eternity, eternal return, numberwise.

Once we understand all of that and how those concepts are related and interwoven, how the pieces come together to solve the “puzzle of life,” then there is no devotional talk or “Santa Claus” explanation that could fool us. That is how regardless of the popular “Baba says that He creates the Drama” is mentioned, once we understand those concepts which Baba Himself has explained many times with different depth, then there is no way that we could “buy” the Santa “trick.” For that we need depth of understanding and for that, we need to churn gyan without “fear” of not conforming with a dogmatic view. A churning has the support of those “columns” mentioned above to be considered valid, otherwise it is just plain “manmat.”

If you have fear of any kind and your aim is to conform rather than find truth, then you are not churning gyan, you are just “repeating” old lines.

Best wishes!

# Question: what does baba means when he says – spin the discus of self realization – how do you do that all the time — your thoughts

Thank you for your question!

That question has already been answered here:

<http://bkgyan.com/2012/08/04/spiritual-efforts-spinning-the-discuss-of-self-realization/>

<http://bkgyan.com/2012/10/29/comments-on-sakar-murli-october-29-2012/>

<http://bkgyan.com/2012/09/10/question-please-could-you-explain-the-significance-of-the-four-ornaments-vishnu-is-holding-i-e-mace-chakra-lotus-flower-conch-shell-baba-has-mentioned-it-in-the-murlis-but-i-appreciate-you/>

If you do a search in the “search articles with keywords” in the main page and type: “spin discus” or other words related such as “self realization,” you will find more articles about it.

In a nutshell, any time that your mind is stuck in a thought which may cause sorrow, we need to move our thoughts, to “get out,” that is basically what spinning the discuss does. You can experience this “drill” while cooking your meals, your yoga is connected while thoughts are moving due to your attention in cooking while connected. That is the idea. “Spinning the discus” is called physical remembrance. If you are thinking all the time, you can “choose” what to think of, that is “spinning the discus” to cut the devil’s head... 😊

Best wishes!

**Question: “karma yoga: a state of divinity where actions are performed using spiritual power and divine virtues” quote from Didi Sudesh.**

**Brother could you give your churnings on this? For example I am teaching; in what way do I use spiritual power in that? I think: by studying and churning and meditating I am influencing my way of thinking and so this penetrates in my actions, also in my teaching. But**

# **“performing actions using ...” seems more active, more explicit to me. So how would that look like?**

Thank you for your question!

Short answer: Soul conscious state.

Long answer: It doesn't matter the activity being performed. It could be teaching, cooking or just walking around. What matters is the state of being. You are right, whatever you do so you can “be” the original self, will definitely influence to emerge that original being. Virtues come automatically in that without thinking about “powers or virtues.” Soul consciousness entails a higher self and higher awareness. Once it is experienced you know what Didi is talking about. Without experience then there is a need to describe the state. That description needs to be very “specific and elevated” so as to avoid misunderstanding. For example if I say that soul consciousness is a “natural state,” and in that state “doing becomes natural, without thinking,” some people will “invent” their soul consciousness and do mischievous activities and say that “they did what was natural to them, therefore; soul consciousness.” 😊

That is why to use the words “using powers and virtues,” becomes a “disclaimer.” 😊

Best wishes!

## **Question: Baba says he is the creator of drama then**

# why so many bad scenes.. I understand karma effects is making these souls suffer and be in bad scenes. Since baba is the lord of mercy, why not forgive them and not make them suffer

Great question!

News for you, dear soul: **Baba (God) hasn't created anything.** Sometimes I feel like writing 108 times in an article nothing, but **GOD DOES NOT CREATE A THING.**

When listening to the Murli, I am surprised how still BKs go along with that devotional talk despite "knowing" gyan. 😊

The Sakar murli says: "Baba is the creator of the Drama." But yet we know that **nothing can be created for everything has always existed.** However, we do not remember the Sakar murlis when Baba says that "He is in bondage of the Drama," or when He says that "The Drama is more powerful than God."

*None of that is to be taken literally.* Please, let us remember this....alright??

Scenes in the Drama are just that, scenes. What you call "bad" may have a hidden benefit in it, for we know in "pure gyan," that **"everything is beneficial."**

Everything that happens is meant to make us experience the full range of life, that is duality, at this time. Brahmin souls become soul conscious, so Brahmin souls can experience a world without duality as well. A Brahmin soul experiences happiness in greater intensity than any other soul, but also the most sorrow than any other soul. There is no 'free lunch' here.

Life is to experience. We are imperishable. Nothing lasts forever, but...everything repeats forever! 😊

Therefore, there is no need for Baba the “lord of mercy” to do anything, but Brahma Baba is doing lots of things for Brahmin souls “up there.”

Best wishes!

**Question: If a soul in spite of coming into gyan fails repeatedly with the effects of Maya. Does it make them a sinful soul and baba discards them as if they are not his son.. (have read murli to this effect). Your thoughts?**

Thank you for your question!

As mentioned before, we cannot take things literally in the Mulri until we *use the “light” of “pure gyan,”* to decipher the meaning of it. Specially Sakar Murlis.

Why? Because Sakar Murlis were shared for a particular type of intellect. Non educated individuals, full of devotion and with heavy Hindu traditions but with great courage. Baba speaks to them as “little children.” BapDada does the same even now, but not always.(i.e master/child)

Obviously the motive that Baba has is understood when you don’t want your little child to make the same mistake twice. then words such as “unworthy child” are typically used.

However, with greater maturity and in light of “pure gyan,” we understand the Drama, we understand parts or roles and we can see that God is a detached observer of all of this, for those performed roles repeated before and they will repeat again. God’s love has nothing to do with performing a role whether we consider that role “sinful” or “charitable,” for all roles are needed as they are. However, we will experience the consequence of those actions... 😊

Baba does not discard anyone.

Best wishes!

**Question: Dear brother, It was Halloween yesterday, does this event have any spiritual significance in terms of Gyan?**



Thank you for your question!

Here is a good website with the significance of [Halloween](#).

Basically in gyan we have the concept of duality, which has been expressed as “day and night.” Halloween represents the “night.” Today in many Christian traditions is the “day of all Saints.” which represents the “day.” Similarly, “Deepavali- Diwali” (festival of lights) represents the “day” (victory of God over evil) which will be celebrated this month.

Best wishes!

**Question: Dear Brother,  
Could you share if the soul of  
Christ is currently in  
BK Gyan?**



Thank you for your question!

According to the Sakar Murli, the “Christ soul” will take knowledge at some point. According to the Sakar Murli, “If someone listen to even a little knowledge , he will go to heaven.” (SM 10/9/12)

We know that the Christ soul will be a “new” soul when coming for the first time. Therefore, according to that “reasoning” *if we take things literally* (danger! danger!); If Christ takes knowledge, Christ should experience “heaven.” See that? 😊

However, there is the knowledge of the “special roies” of the religious founders including Brahma Baba. Those souls (including Christ) will take knowledge up to what their roles require when founding a religion. That knowledge is needed. That is how we see the differences in religious thoughts around the world. Christians have the knowledge of God and souls and karma, but not about the cycle of time and the Drama. Buddhists know about the cycle of time, karma, meditation, soul; but their understanding of the Supreme Soul is not there. Taoists, have good grasp on the Drama and karma, but not much about God. A religious founder has to take this knowledge at sometime for their knowledge does not appear “out of thin air,” and that is when this knowledge is available. (Now)

None of those religions have the knowledge of the subtle region, for that is a special part that only Brahma Baba has “now” and it is known by Brahmin souls only.

Best wishes!

