



Serving as a Way of Being
Brahma Kumaris Teachings



Serving with **Accuracy**

- Accurate service is to receive attainments and feel a sense of accomplishment from every action.
- Accurate service makes you light and free.

Servicing with **Attitude**

- The atmosphere is created through your attitude and attitude influences matter.
- With your pure attitude create a powerful atmosphere of belonging.



Serving with **Benevolence**

- Always see the other as your brother or sister with the elevated vision of a spiritual relationship.
- Do not keep a person's defect or weakness in your mind.



Serving with **Common Sense**

- Serving with common sense is to know the difference between being sensible and being sensitive.
- Understand with your heart but do not have feelings of hurt, pain or anger.



Serving with Compassion

- First have mercy for yourself, then you can have compassion for others.
- Do not let the intoxication of arrogance influence your intellect; affect your duty; or fill you with a false sense of pride.





Serving with **Courage**

- Strengthen your courage to such an extent that everything else may be shaking but your courage remains undeterred.
- Why? The courage to create one thought in God's remembrance, gives you the right to 1000 steps of help from God.

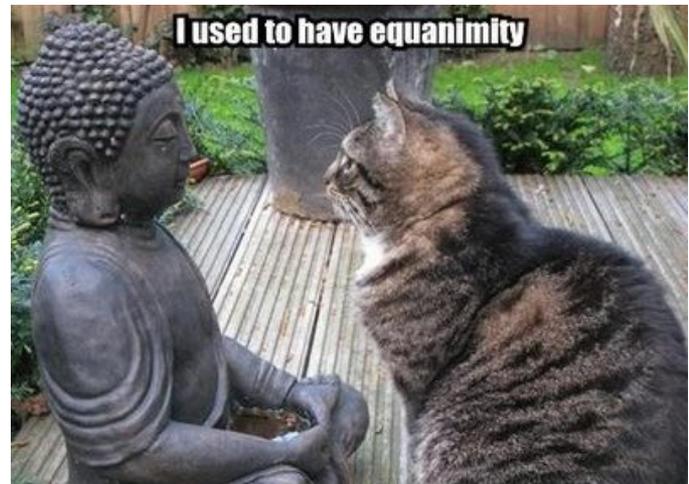
Serving with **Drishti**

- You, the soul, have been coloured with the colour of God's company.
- With the sprinkler of your drishti (spiritual vision) sprinkle others with the colours of happiness, peace, love and bliss.



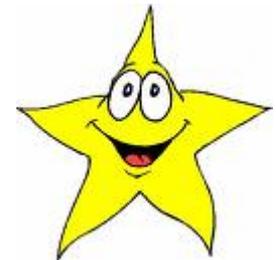
Serving with **Equanimity**

- When you maintain equanimity in praise and defamation, in respect and insult, benefit and loss, you are said to be a yogi soul.



Serving with your **Features**

- Just as there is a variety of pictures in a museum, in the same way, you are the world's mobile museum.
- You serve through your features your eyes, your forehead, your smiling lips and your cheerful face.



Serving with Generosity

- Liberating those who are experiencing sorrow from their pain and give them the gift of an experience of peace for even one second.
- Be big-hearted and ignite the spark of true love in the hearts of others.
- Give the gifts of your virtues generously.



Serving with **Humility**

- Have the consciousness of being a humble instrument.
- It will help end, the 'I' of arrogance and the 'mine' of possessiveness.



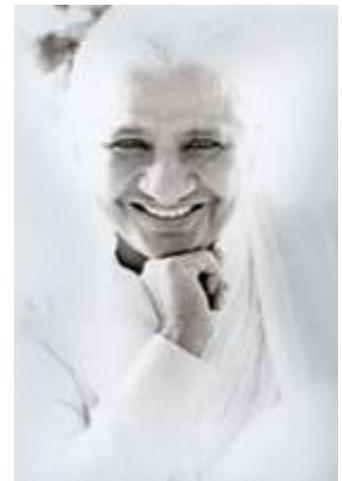


Serving as an **Instrument**

- Be an instrument for greater good.
- Always have altruistic feelings and selfless motives in your attitude.
- Be detached and loving in your relations and interactions.
- These specialties are natural nature of a world-server instrument.

Serving with Joy

- People are thirsty for pure, peaceful and joyful vibrations.
- Radiate these vibrations through your angelic form and celebrate the greatness in souls.



Serving a Lotus

- A lotus blooms in muddy water and is detached from the dirt around it.
- In the same way the soul flourishes when it is stable in its immortality while living in the material world of uncertainty.



Serving with **Love**

- Spiritual love is not ordinary love; it is soul-consciousness love; it is true love; it is altruistic love. It is love from God.
- This love gives power to the soul to use its spiritual treasure for world benefit.



Serving with **Maturity**

- Serve with the specialty of maturity and always think of the consequences of your actions.
- Perform such elevated actions that you would have no regrets or repentance.





Serving with **Mercy**

- The method to have mercy is to have good wishes & pure feelings.
- Mercy, like charity begins at home with your family.
- The impact on your family will create an impact on the community, and this in turn will create an impact on the country and ultimately on the world.

Serving with **Newness**

- Let every moment be an opportunity to create newness.
- Let every breath bring forth a new possibility.



Serving with Respect

- Self respect and the respect of others are related to one another.
- The meaning of respect for the self is to give respect to everyone.
- If you become humble, then others give respect.



Serving with **Self Respect**

- The highest honour of all is self-respect.
- By serving with self respect you sow the seeds of timeless attainments that bear the fruits of elevated fortune.



Serving with a **Smile**

- Whenever you look at someone, always smile.
- With your smile, half the sorrow of the person is removed.
- Speak with a smile and your words will radiate the fragrance of a spiritual rose.



Serving with **Sustenance**

- Growth in service happens when there is sustenance while serving.
- To bring novelty to the lives of others and to encourage their participation is to sustain them and restore their trust.



Serving with the **Third Eye**

- With you third eye, the eye of the divine intellect of recognition, you are able to see the past, present and future.
- With divine insight take others on a journey beyond their dark past, to the magical present, and into the wonderful future.



Serving with **Victory**

- Whenever a vice comes recognise it as the absence of a virtue and do not be defeated.
- Victory is to replace the vice with a virtue.



Serving with **Wisdom**

- Wisdom is far-reaching.
- It accumulates as elevated fortune in the form of an imperishable account for the future.



Serving with Zeal & Enthusiasm

- Zeal and enthusiasm make you into destroyers of obstacles.
- When any obstacle comes, do not be afraid. Do not think “What is happening? Why is it happening?” No!
- Obstacles should be seen as motivators to increase your zeal and enthusiasm.

