

### *Table of Contents/Index*

1.	Self respect is elevated pride.....	13
2.	An embodiment of experience in all four subjects.....	13
3.	Children said: “Baba is mine” and what did the Father say? I am yours.....	13
4.	There is the difference of day and night in listening to the murli there and coming to Madhuban.....	13
5.	I am an elevated soul who is a resident of the supreme abode.....	14
6.	Whilst doing ordinary work, this one is like an image that grants visions... ..	14
7.	Can anyone say “mine” for the holy offering? .....	14
8.	You have a lot of treasures in your mind; Now, put this into your actions.....	14
9.	Put wings of courage on those souls... ..	15
10.	What is the sign of checking your account... ..	15
11.	Key to increase your account of accumulation.....	15
12.	That to become equal means to first of all not have the slightest feeling of “I”... ..	15
13.	Drill; One moment, be a master and the next moment, become a child.....	16
14.	Doing the service of giving an experience... ..	16
15.	Merge it within you with the power to accommodate... ..	16
16.	Mike means.....	16
17.	BapDada doesn’t want cards, He wants a record.....	16
18.	Praise of 18th January.....	17
19.	Order in the right way with the authority of a master... ..	17
20.	Powerful souls, give all souls power... ..	17
21.	When you become images of success, souls will attain the success of being fully satisfied.....	18
22.	Drill: Like father become those with avyakt form... ..	18
23.	Let both service and the self be combined.....	18
24.	You are ancestors, and also worthy of worship... ..	18
25.	All souls of the world need sakaash from you.....	18
26.	Easiest method to free from obstacle... ..	19
27.	The opposition that will enable to reach the position.....	19
28.	Drill: give all souls everywhere in the world, light, sakaash and powers... ..	20
29.	What is the- consciousness of “I” the deep.....	20
30.	This dying is living in God’s lap... ..	20
31.	How Bap dada sees the gathering of children.....	20
32.	It is the wonder of a point... ..	21

33.	I am a world server.....	21
34.	But definitely give each one dil-khush toli.....	21
35.	Being serious too much is not good be smile.....	21
36.	The Father loves honesty the best of all.....	22
37.	Can you have the cremation of old sanskars?.....	22
38.	So, change your sanskars and the world will be changed.....	23
39.	Speciality of Madhuban Niwasis.....	23
40.	Speciality of big heart .....	23
41.	The wealth of knowledge means to perform actions whilst sensible and trikaldarshi.....	23
42.	So you have the responsibility of opening the gate... ..	23
43.	Transformation in the Brahmin family through self-transformation... ..	24
44.	There isn't concentration and determination in your thoughts.....	24
45.	Good effort for a long time.....	25
46.	Importance of forgiveness.....	25
47.	BapDada's love for every child is more than that for the next.....	25
48.	In order to finish the waste... ..	26
49.	Transform others with worthy method.....	26
50.	All powers says, "Ji hazir" (Yes, I am present) to every order... ..	26
51.	Give respect means.....	26
52.	How a big programme has to give good result.....	27
53.	Drill; "I am an angel and becoming a deity!" .....	27
54.	The puppet show of Maya... ..	27
55.	Procedure to do seva in madhuban as bring as much benefit... ..	28
56.	The sign of a carefree emperor... ..	28
57.	If someone gives you bad wishes, what will you do?.....	29
58.	BapDada's desire is that every child should continue to give good wishes. ....	29
59.	Brahma bhojan of the yagya means to serve Brahmin souls... ..	29
60.	Show an example of making someone who is always fighting become very peaceful... ..	29
61.	The Father cannot bear to see or hear the sorrow and distress of the children.....	30
62.	What is intense effort? .....	30
63.	Importance of good wishes and pure feelings... ..	31
64.	True trustees, then BapDada can never let you go hungry... ..	31
65.	Do not write long letters.....	31
66.	The golden key to all Godly treasures... ..	31

67.	Experience the pleasure of the stage of liberation-in-life.....	32
68.	A lotus as the seat of Brahma.....	32
69.	To become master bestowers of liberation and liberation-in-life.....	32
70.	Importance of accumulation of account.....	32
71.	The attitude of being unlimited is lessened in service.....	33
72.	But (lekin) means.....	34
73.	BapDada wants is your rubbish Just give away the rubbish.....	34
74.	If you change yourself, the other person will also change.....	34
75.	The lines of fortune of all the children.....	34
76.	Full points in the final moment that is to come.....	34
77.	To keep this fast means to make your attitude elevated.....	35
78.	Prasad (holy offering) is never anyone's personal possession.....	35
79.	BapDada has come to liberate every child from laboring.....	35
80.	Any work to do that requires labour, then say from your heart, "Baba, my Baba!" .....	36
81.	Importance of holi.....	36
82.	Why has Father Shiva come from Paramdham? .....	36
83.	Make the fruit of service that has emerged strong.....	37
84.	Stop and stock.....	37
85.	Become a master sun and spread the rays of experience. ....	37
86.	The double-foreigners send long e-mails.....	37
87.	The Father, ( the Lord ), becomes present.....	38
88.	A method for let go the weakness to Baba.....	38
89.	Courage.....	38
90.	Drishti.....	38
91.	An angel means.....	39
92.	"I" and "mine".....	39
93.	Being an instrument with humility and good wishes.....	39
94.	Whenever you speak to anyone, and then always definitely smile.....	39
95.	Students sustened through centres.....	40
96.	Make a promise; in order to take the benefit.....	40
97.	Use in a worthwhile way. Be successful.....	40
98.	Use everything in a worthwhile way.....	41
99.	Do not make "Yours" become "mine".....	41
100.	Sing the song of "Wah, wah" .....	42

101.	Have you given away the burdens to BapDada.....	42
102.	The old sanskars.....	42
103.	The fire of yoga.....	43
104.	A programme to have an experience.....	43
105.	You are the ancestors.....	43
106.	Drill: give rays of the powers to the souls of the world.....	44
107.	Accumulation of 100 marks in service.....	44
108.	There is a difference between the understanding and the taking it into yourself.....	44
109.	Special love of paramatma.....	44
110.	All the time, be a great donor and a constant donor.....	45
111.	Free from obstacle; problems and laboring.....	45
112.	Whenever you have a big programme, they should go away with an experience too.....	46
113.	What is a problem? It is just a fly or a mosquito.....	46
114.	The opposition makes you increase your position.....	46
115.	Drill: the most auspicious confluence-aged elevated Brahmin soul.....	46
116.	The first self-respect of children.....	47
117.	You are not ordinary.....	47
118.	The further progress you make, the more carelessness there is:.....	47
119.	Checking of account of accumulation and key for its improvement.....	47
120.	Now burn this tail of "I".....	48
121.	The four pilgrimage places in Pandav Bhavan.....	48
122.	Difference in understanding and experiencing.....	49
123.	An embodiment of experience means.....	49
124.	Use the power of transformation in one second.....	49
125.	Drill: Seat concentration in one second.....	50
126.	Always first have mercy for yourself. Then have mercy for the Brahmin family.....	50
127.	Learn through the dadis.....	51
128.	My sweet baba  (Mera baba).....	51
129.	BapDada also has a question: How much longer?.....	51
130.	You are the ones who have to do it.....	52
131.	Now a new invention was created.....	52
132.	Have accumulated in account or not.....	52
133.	A method for constant remembrance.....	53
134.	Drill: become a master of the mind in one second and stable in the awareness.....	53

135.	The situation will finish anyway, but your happiness has to go with you.....	53
136.	God, the Father, and the Godly children have so much love.....	53
137.	Children games of carelessness, laziness and giving excuses. ....	53
138.	So let the falsehood remain false. Why do you increase it? .....	54
139.	Put on these two almighty locks. Not of Godrej, but of God. ....	55
140.	Speciality of Dadiji.....	55
141.	Have to finish giving excuses, laziness and carelessness.....	55
142.	The colour of God’s company.....	55
143.	That God doesn’t like any other place than my heart.....	56
144.	Never say “mine” even by mistake.....	56
145.	Never forget this courage. What will happen then? .....	56
146.	Why the response is less in a practical form.when service done through the mind.....	57
147.	The easiest method for service.....	57
148.	Something is wrong when it is wrong.....	58
149.	Do not keep anything negative in your mind... ..	58
150.	To bring about world transformation; So, what will you remember? .....	58
151.	Be serious, but let it be internally, and externally, let your face be smiling... ..	58
152.	You go into the depths and don` t become afraid.....	59
153.	Drill; So, in 5 minutes, exercise with these five forms.....	59
154.	The lines of fortune of the children.....	59
155.	The basis of the attainment over a long period of time.....	59
156.	Need to increase the account of blessings and the account of charity.....	60
157.	Specialities of Dadi’s; beyond the limited consciousness of “I” and “mine” .....	60
158.	Take a chance on a ready-made stage.....	61
159.	First perform the drill , and then go to sleep.....	61
160.	Drill; in one second, if you are able to be seated on the seat of self-sovereignty .....	61
161.	whoever wants peace, courage, zeal and enthusiasm, they should come to your address. ....	61
162.	Let go and you will become free! .....	62
163.	Use the point of knowledge while in the point form and you will find a solution... ..	62
164.	Keep the aim to give blessings and to receive blessings. No matter what others give you.....	62
165.	Give any defect, any weakness to the Father. Why have you kept it?.....	63
166.	The sanskars of the middle period made them “mine” .....	63
167.	You are the garland (haar) around Baba’s neck... ..	64
168.	Whoever comes should go back with something.....	64

169.	The practical fruit of service...	64
170.	Before you begin to perform any action...	64
171.	To say Ravan sanskar is my sanskar is wrong...	65
172.	Constant connection with those who come into contact.....	65
173.	Drill ; become stable in the stage of being the authority.....	65
174.	A method through which the atmosphere everywhere can become powerful.....	65
175.	When you don't have so much courage, you don't experience the Father's help either.....	66
176.	All Brahmins should have the feeling of belonging to one another.....	66
177.	Special qualifications of fast effort makers .....	66
178.	Now serve with mind.....	66
179.	Very sweet silence stage.....	67
180.	Use those treasures in a worthwhile way.....	67
181.	Give the gift of virtues... ..	67
182.	I became that, I am that and I will continue to become that again and again.....	68
183.	Love from the heart... ..	68
184.	The Father has told you: Hand over your burdens to Me... ..	68
185.	The stage of the spiritual pleasures of the confluence age.....	69
186.	Pandavas have always been the companions of the Father of the Pandavas.....	69
187.	Become Bap Dadas free from obstacle helpers.....	69
188.	Throughout the whole cycle, the royalty of you pure souls.....	70
189.	Attitude, vision and actions. Purity means.....	70
190.	Take sorrow from any means... ..	70
191.	Do not consider the closeness of time to be something common.....	71
192.	Sakaash means.....	71
193.	In order to make the blessings from BapDada immortal... ..	71
194.	I am eternal points of light.....	72
195.	Practise concentrating your mind and intellect. Do not treat this lightly... ..	72
196.	The power of silence.....	72
197.	At the top (peak) of a place... ..	72
198.	Sign of allowing Maya to stay is that when Maya comes.....	73
199.	In order to be victorious at that time, it is essential to have.....	73
200.	At this time to accumulate the power of silence.....	73
201.	Something that belongs to Ravan that you are not.....	74
202.	Do not test Baba and think: I will see if Baba is helping me or not.....	74

203.	Drill of the Bap Dada; the power of silence.....	74
204.	Three types of accumulation of accounts.....	74
205.	Change the one word “reason”.....	75
206.	Drill ; with a crown, a throne and a tilak.....	75
207.	Drill; “Mera Baba, sweet Baba, lovely Baba”.....	75
208.	Important of contentment.....	76
209.	The method to make the seed of blessings in to fruitful.....	76
210.	To become embodiment of experience... ..	76
211.	Drill; In any situation, are you able to remain stable... ..	77
212.	Importance of power of contentment .....	77
213.	Easy method to one who follow father... ..	77
214.	The method of constantly detached from discontent of others... ..	77
215.	Can one wrong put another wrong right?.....	78
216.	If they made a mistake, they are wrong making them understand to very good.....	78
217.	BapDada guarantees that He will make you into a bead of the rosary.....	78
218.	Necessary to practise being in a bodiless.....	78
219.	Detached in the bodiless stage while being in the body and also be loving to the Father.....	79
220.	The times that are to come will be of great distress... ..	79
221.	Love the altruistic imperishable love of the Father.....	79
222.	“BapDada is Karavanhar”.....	79
223.	In one second make your mind and intellect concentrate on Paramdham... ..	80
224.	Pure souls receive three special blessings.....	80
225.	Importance putting a full-stop in one second... ..	80
226.	Purity is said to be personality, reality and royalty... ..	80
227.	They are never going to change.” Do not curse them in that way.....	81
228.	Not be able to come out of your homes.....	81
229.	Bhatthi of applying a full stop be in every centre.....	81
230.	Time for making effort has now passed... ..	81
231.	Carelessness and royal laziness... ..	81
232.	Know what law is and what order is.....	82
233.	Suddenly, ever-ready and long period.....	82
234.	One is “ge, ge” and the other is “toh, toh”, (giving reasons and excuses) - Remove these words.....	82
235.	Become introverted and find five minutes every now and then.....	83
236.	Impure vision would not able to see and they would only see light.....	83

237.	Blessings of the power of transformation...	84
238.	Say it with your heart through “Mybaba” ...	84
239.	Give your burden to the father.....	84
240.	Determination is the key to success... ..	84
241.	Whenever you face any difficulty, then, order from your heart, “My Baba” .....	85
242.	Why do not have experience of bap?.....	85
243.	Dadi’s speciality; a clean heart, all desires are fulfilled.....	85
244.	Return of avyakt sustence... ..	86
245.	Angle means.... ..	86
246.	Sweet bodiless stage.....	87
247.	To harmonise the sanskars means to become an angel.....	87
248.	What is the awareness of the body? .....	87
249.	Attention needs to be paid on balance of service and dharana.....	88
250.	Never become disheartened... ..	88
251.	Becoming Maya’s followers.....	88
252.	Children not only allow Maya to come, but they also offer her hospitality.....	89
253.	Make 90% intense effort from today till the end, then BapDada will increase it by 10%... ..	89
254.	To remain constantly happy... ..	89
255.	The Father promises to feed you dal and roti... ..	90
256.	The old sanskars are my sanskar means Maya’s cleverness.....	90
257.	Clever children remind the Father of who He is and tell Him... ..	91
258.	Every now and then throughout the day, change into your angelic dress.....	91
259.	Words of Mama didi and dadi... ..	91
260.	Do not give them knowledge first, but invite them to learn meditation to have experience... ..	91
261.	You say “My Baba”, and what do you do? .....	92
262.	Accumulate the treasures means to use them in any adverse situation that comes up... ..	92
263.	Give ten minutes time at amrit vela for the progress of the family and activities of the yagya.....	93
264.	Now, unlimited disinterest is needed.....	93
265.	Prepare a very firm atheist into a theist.....	94
266.	The importance of the time of the confluence age... ..	94
267.	Visible sprituality through your face and activity... ..	94
268.	By telling Baba about whatever happens every day and that awareness helps you... ..	95
269.	Signal Maya to get out and to experience yourself to be in a guest house... ..	95
270.	Check whether your effort at the present time is accurate? .....	95



271.	You are not having any worry in your minds, but you have instead Prabhu chintan.....	96
272.	Happiness is a gift from the eternal Father... ..	96
273.	The Father wants to see each child playing the part of being merciful... ..	96
274.	Newness of BapDada's task are women, the mothers.....	96
275.	BapDada specially distributes power to all the children every day at amrit vela... ..	97
276.	The basis of contentment is all attainments... ..	97
277.	Make blessing fruitful... ..	97
278.	Now time to make intense effort... ..	97
279.	Home work of bap dada for next 15 days.....	98
280.	The faith in father together with in the self... ..	98
281.	Faith in the drama. is also necessary... ..	99
282.	The procedure how to move family... ..	99
283.	The ones who become number one in the number one division?.....	99
284.	Everyone would be a king: who would then be the subjects? .....	100
285.	Both Maya and nature are ready.....	100
286.	Become an angel 12 times and stay in the incorporeal stage 12 times... ..	100
287.	Father Brahma attracted all of you by serving through the mind.....	101
288.	Karavanhar (One who inspires others) is making him do everything and himself is karanhar (one who is doing).....	101
289.	BapDada gave homework of ten minutes for a total of 24 times... ..	102
290.	Stay in the authority of the self-respect of who you are ; given by Bap Dada... ..	102
291.	If any such useless situations come up then hand it over to BapDada... ..	103
292.	The signs of heirs... ..	103
293.	While performing action, remain seated on your seat of being karavanhar, the master.....	103
294.	Power you need at that time to obey your order.....	104
295.	While doing this particular work, what would the self-respect... ..	104
296.	Instead of a course, give them a course of force.....	104
297.	Nobody can shake someone who is experienced.....	105
298.	Effort becoming labour due to lack of an embodiment of experience... ..	105
299.	Ever-ready means... ..	106
300.	Gyan; yoga; dharana and seva means.... ..	106
301.	An act of charity to uplift someone who has fallen.....	106
302.	The sanskar of anyone's weakness should not reduce the good wishes.....	106
303.	No matter what he is like, he is Mine.....	107

304.	On Shiv Ratri, distribute this sweet of sharing the message...	107
305.	Give the gift of anger to the Bap Dada on his birthday...	107
306.	The reason for anger is long queue with this word “kyu?”	108
307.	To raise your hands means that you have given anger to the Father...	108
308.	BapDada wants to see each and every child like a rose in blossom...	109
309.	Varities of “I”	109
310.	Do not lose your fortune by chasing after something that is going to go away...	109
311.	Stabilise your mind and intellect at that time of adverse situations...	109
312.	The happiness of the confluence age is a Godly gift...	110
313.	When someone asks you where God is...	110
314.	Waste thought of arrogance or insult...	110
315.	Souls now need extra sakaash...	110
316.	The experience that God is giving the inheritance to souls...	111
317.	Have to bring the time for completion to close, and for that have to finish the waste...	111
318.	Let your merciful, compassionate and a bestower of happiness emerge...	111
319.	You think that you have accumulated , but it is not accumulated...	111
320.	Although the names of the zones are different, but belong to One and will remain to On...	112
321.	If you wilt, what would be the condition of the world?	112
322.	Have the intoxication of being the ancestors who give sakaash to all souls.	112
323.	Do three types of service at the same time:	113
324.	Three things in particular for success in service...	113
325.	Look at one another in the form of a soul...	113
326.	Do not accept their bad wishes because you are the one who takes...	113
327.	Homework for today; obstacles that come, which do not allow...	114
328.	Any situation comes up not able to do it, give that to the Father...	114
329.	Any situation that arises; happiness should not disappear...	114
330.	Different ideas, but to unite those ideas is in your own hands...	115
331.	You are also instruments for service...	115
332.	The mind is constantly a carefree emperor...	115
333.	Medicine that become care free	115
334.	For the Brahma Kumars and Kumaris, nothing is a big deal!	115
335.	Importance of the power of contentment...	116
336.	New Year gift. Of BapDada...	116
337.	If any problem arises – then just come to Madhuban through your mind...	116

338.	In remembrance remain in remembrance...	116
339.	This love means to make you bodiless.	116
340.	Control mind and also become a conqueror it...	117
341.	Sharing happiness through your face to the world...	117
342.	What will do when happy decreases some time?	117
343.	Carry out that task with success.	118
344.	What BapDada wants from every child ?	118
345.	On birthday what gift does BapDada want to take?	118
346.	Father Brahma, is especially giving everyone a diamond gift...	118
347.	BapDada is saying good morning and good night to each one.	118
348.	Drill; have to practice being bodiless	119
349.	Dilaram sleeping with you in the tents,	119
350.	Whenever any wasteful situation arises ; never lose your happiness.	119
351.	Bring the newness.	119
352.	Wah children! Wah!	120
353.	Your faces will make them happy.	120
354.	Make a firm promise to remain happy.	120
355.	BapDada is also pleased to see the children	120
356.	Never be afraid!	121
357.	What Bap dada desires to carry out two tasks...	121
358.	Bring it back with enthusiasm in effort.	121
359.	Which service is necessary at the present moment?	121
360.	What to do when you are worried?	122
361.	Method to give up weakness and take extra help from Baba.	122
362.	Method for not taking back things given to the Father	122
363.	Never allow your happiness to be lost	123
364.	Always remember, "I am a Wah, Wah child"	123
365.	Father and you, that's all.	123
366.	Brahma Father's Special teaching	123
367.	Our Father came and we did not come to know.	124
368.	Not even a small area should be left out	124
369.	Don't become tired in making efforts	125
370.	Prepare yourself to face anything suddenly.	125
371.	If there is any obstacle or upheaval, share it.	125

372.	Don't hide any mistake within yourself .....	125
373.	The specialty of God's love .....	125
374.	BapDada's Wish: Every child should become like the Father .....	126
375.	Make your companions and the atmosphere around you obstacle-free .....	126
376.	Small work given by BapDada .....	126
377.	When does BapDada enjoy? .....	127
378.	What preparations are needed for going to our kingdom? .....	127
379.	Fix your time for staying obstacle-free .....	127
380.	The Influence of atmosphere should not become an obstacle in bringing good thoughts in the mind.....	127
381.	BapDada wants the gift of finishing waste thoughts.....	128
382.	What is to be done if any adverse situation comes?.....	128
383.	The method to turn any failure in to success .....	128
384.	It is Baba's heart-felt Love that is making children move forward.....	129
385.	Never become tired and never get frightened.....	129
386.	Never come under the influence of any type of atmosphere .....	129
387.	What co-operation you need to give to each other for making efforts? .....	129
388.	Don't come under the influence of any atmosphere .....	129
389.	Become brave and make others brave.....	130
390.	Become an intense effort- maker with courage; by losing courage, you lose everything .....	130

## Mera Baba (Treasure of knowledge for spiritual endeavour)

Avyakt BapDada-30.11.2003

### 1. Self respect is elevated pride...

Self-respect finishes arrogance because self-respect is elevated pride. So the elevated pride finishes the different types of impure body consciousness. When you *switch on* the *light*, darkness goes away in a *second*. Darkness is not made to go away. You don't need to make effort to remove the darkness, but you just *switch on* the light and darkness automatically ends. In the same way, *switch on* your *switch* of the awareness of self-respect and you won't have to make effort to end the different types of body consciousness. You do have to make effort while you don't have the awareness of being an embodiment of self-respect. BapDada sees the games of the children. You speak about self-respect in your heart: I am seated on BapDada's heart-throne. You say this, you think this, but then you don't remain *set* (seated) on the *seat* of experience. It is essential to experience whatever you think because the most elevated *authority* is the *authority* of experience. So, BapDada sees that you listen to everything very well, you think very well too, but hearing and thinking about it is something different. To become an embodiment of experience is the elevated *authority* of Brahmin life. This is the difference between devotion and knowledge. In devotion too, they become very intoxicated listening. They even think, but they are unable to have an experience. Gyan means being a gyani soul, that is, being experienced in every type of self-respect. The experienced form gives you spiritual intoxication. Experience in life can never be forgotten. Whatever you have heard or thought about can be forgotten. However, the *authority* of experience never decreases.

### 2. An embodiment of experience in all four subjects...

To listen to knowledge and to relate it is easy. However, to become an embodiment of knowledge... When you put knowledge into practice, your every action will automatically be *knowledge-full*, that is, every action will be filled with the *light* and *might* of *knowledge*. Knowledge is said to be *light* and *might*. In the same way, the yogi form is a yog-yukt, yukti-yukt form. An embodiment of dharna means that your every action, every physical organ and every virtue will be an embodiment of dharna. An experienced image of service means a constant and natural server. Whether it is through your thoughts, words, deeds, connections or relations, service should continue to happen *naturally* through your every action. This is called being an embodiment of experience in all four *subjects*.

### 3. Children said: "Baba is mine" and what did the Father say? I am yours...

BapDada sees that mothers and Pandavas love BapDada in all relationships, but He also sees which ones especially love which relationship. Some children very much like making God their Friend. This is why there is the story of Khuda-Dost (God, the Friend). Baba says: At any time, whichever relationship you need, you can make God belong to you in that relationship. You can fulfil all relationships with Him. Children said: "Baba is mine" and what did the Father say? I am yours.

### 4. There is the difference of day and night in listening to the murli there and coming to Madhuban...

So Madhuban is Madhuban. People are listening to Baba abroad too. However, there is the difference of day and night in listening to the murli there and coming to Madhuban. BapDada gives love and remembrance to those who are listening and watching through the facilities anyway. Some children even listen to the murli staying awake at night. It is definitely better than not listening to it at all, but the best of all is lovely Madhuban. Do you enjoy coming to Madhuban or do you feel that you can hear the murli sitting there? What do you like? You will hear the murli there

too, will you not? Here too, sitting at the back you see everything on the TV anyway. So, those who feel that it is good to come to Madhuban, raise your hands! (Everyone raised their hands). Achcha. Nevertheless, what is the praise in bhakti? The murlis are played in Madhuban. It isn't that the murlis are played in London. No matter where you are, to know the importance of the praise of Madhuban means to make yourself great

#### **5. I am an elevated soul who is a resident of the supreme abode...**

So, now, all of you, in a *second*, put *on* the *switch* of the awareness: I am an elevated soul who is a resident of the supreme abode. Put *on* the *switch* of this awareness, let there be the awareness of nothing else. Let there not be any upheaval in your intellect. Unshakeable. (BapDada conducted drill.) Achcha.

### **Avyakt BapDada-15.12.2003**

#### **6. Whilst doing ordinary work, this one is like an image that grants visions...**

BapDada now wants to see the *number one stage* in your behaviour and on your face. Now, according to the time, those who say that they are *number one* should be seen as images that grant visions through their every activity. Your face should show that you are an image that grants visions. Even in the last birth and in the final period, your non-living images are experienced as images that grant visions. Therefore, in the living form too, you saw Father Brahma in the corporeal form. He became an angel later, but even whilst he was in the corporeal form, what were all of you able to see? Did he appear to be ordinary? In his last, 84<sup>th</sup> birth, in his old age, when he was even older than 60 years, from the beginning to the end, you saw him as an image that granted visions. You experienced this, did you not? You experienced this in the corporeal form, did you not? It has to be the same for those who raised their hands for being *number one*. You have recorded this on the TV, have you not? BapDada will look at your *file*. Baba has a *file*, does He not? So, from now on, from your every activity, this should be experienced. All though it may be an ordinary activity, no matter what you are doing, whether you are doing *business* or anything else, whether you are working as a doctor or lawyer, whatever you may be doing, wherever you come into contact or relationship with others, they should feel through your behaviour that you are different and unique. Or do you think that you are ordinary, that "even lokik people are like that." It is not the speciality of the work, but the speciality of your *practical life*. It is a very good *business*, he is a very good lawyer, he is a very good *director*. There are many like that. There is a *book* in which they have the names of special souls. The names of so many people are mentioned in that. There are many of them. This one did this special thing, that one did that special thing, and so his name was mentioned. However, those of you who raised your hands and, in fact, all of you should have raised them, but those who did raise them, and you have to raise them, people should see a change in your *practical* behaviour. This sound has not yet emerged. Whether you are in *industry* or wherever you may be working, every soul should say: Whilst doing ordinary work, this one is like an image that grants visions.

#### **7. Can anyone say "mine" for the holy offering?**

Ordinary words don't seem right in front of the fortune you have. The reason is "I". This "I", the consciousness of "I" - whatever "I" thought, whatever "I" said, whatever "I" am doing, that alone is right! Because of this consciousness of "I", there is arrogance and also anger. Both do their own work. It is the Father's holy offering, so where did "I" come from? Can anyone say "mine" for the holy offering? If you have an intellect, if you have a skill or a speciality, BapDada gives thanks for the speciality and the intellect, but you shouldn't have the feeling of "I". Now, end this consciousness of "I". This consciousness of "I" is subtle. In alokik life, this consciousness of "I" doesn't allow you to become an image that grants visions

#### **8. You have a lot of treasures in your mind; Now, put this into your actions...**

Your mind has been filled with a lot. BapDada also has a TV to see what is in your mind. Here, this TV only shows the external face, but BapDada has an instrument to see the state of your mind at every moment. So, a lot is

visible in your mind. When He sees the TV of your mind, He is very pleased. You have a lot of treasures and a lot of powers. However, it becomes according to capacity in actions. Now, put this into your actions, into your words, on your face and in your behaviour. Only then will everyone say, just as you have the song that the Shaktis have come, that all of you are the Shaktis of Shiva. Pandavas are also Shaktis. Then the Shaktis will reveal Father Shiva. Now finish all the little games. Now let your stage of retirement *emerge*. So, at this time, BapDada is seeing all of you children as the stars of hope who fulfil BapDada's hope. When any situation arises, remember this slogan: Transformation! Transformation! Transformation!

### **Avyakt BapDada-31.12.2003**

#### **9. Put wings of courage on those souls...**

Nowadays, on the one hand, people want some attainment for themselves, but they lack courage. They don't have courage. They want to hear everything, but they don't have the courage to become that. In order to transform such souls, first of all, put wings of courage on those souls. The basis of the wings of courage is experience. Give them an experience. Experience is such that when they receive even a drop and experience something, then, whether you call it the wings of experience or the feet of experience, they will be able to move forward with courage through that. For this, especially this year, you have to become endless, constant great donors; endless.

Make them into the embodiments of power through your mind. Become a great donor and constantly give the experience of powers through your mind and your *vibrations*. Through your words, give the donation of knowledge. Through your deeds, donate virtues. Throughout the whole day, whether it is through your thoughts, words or deeds, in all three forms, become endless great donors. According to the time, you mustn't just become a donor who only donates sometimes. No! Become an endless donor because souls need this.

#### **10. What is the sign of checking your account...**

What is the sign of *checking* your account of accumulation? You served through your thoughts, words and deeds, but the sign of accumulating is that whilst serving – first of all, there should be contentment with oneself. Together with that, did those souls whom you served have the contentment of happiness? If there isn't contentment on both sides, then understand that the fruit of your service is not accumulated in your account of service.

#### **11. Key to increase your account of accumulation...**

BapDada has given the *golden key* to you children to increase your account of accumulation easily. Do you know what that key is? You have received it, have you not? The *golden key* to make your account of accumulation overflow easily is that whenever you are serving through your thoughts, words or deeds, then first have the awareness of being an instrument. To have the feeling of being an instrument, to have the feeling of humility, to have pure motives and the feeling of soul-conscious love....If you serve whilst stable in this stage, then, through these feelings, the desires of souls are automatically fulfilled. People nowadays always note down what the motives of everyone are. Is that person doing something as an instrument or with the motive of arrogance? Where there is the motive of being an instrument, there is automatically the feeling of humility. So check: What have I accumulated? How much have I accumulated? Because it is only this time, the confluence age, that is the age for accumulating. Then, the whole cycle is the reward for what you have accumulated.

#### **12. That to become equal means to first of all not have the slightest feeling of "I"...**

So, you were told that to become equal means to first of all not have the slightest feeling of "I". You have also been told earlier that the consciousness of "I" in Brahmins is very royal. Do you remember it? You were told about it, were you not? Everyone wants there to be revelation of BapDada. "Let us reveal BapDada." You also made many plans. You make very good plans. BapDada is pleased. However, this *royal* form of the consciousness of "I" in your plans reduces the success by a certain percentage. In your every thought, word and deed, there should be the *natural* awareness of "Baba, Baba!" Not the consciousness of "I". BapDada, Karavanhar is making me do it. This

was the special dharna of Jagadamba. Do you remember the *slogan* of Jagadamba? The older ones would remember it. Do you remember it? Say it? “Hukam hi hukam chala raha hai” (The One who is giving you orders is making you move.) This was the special dharna of Jagadamba. So, if you want to claim a number and want to become equal, end the consciousness of “I”. Let only “Baba, Baba” *automatically* emerge through your lips. In your actions and on your face, let the Father’s image be revealed and then revelation will take place

### **13. Drill; One moment, be a master and the next moment, become a child...**

BapDada hears this song of the *royal* form of “I” a great deal. “Whatever I did was fine. Whatever I thought was fine. That is what should happen.” This consciousness of “I” deceives you. You may think about something, speak about it, but do it with the motive of a humble instrument. BapDada has already also taught you a spiritual *drill* earlier. What *drill* is that? One moment, be a master and the next moment, become a child. Be a master in giving your ideas. Then, when it is *finalized* by the *majority*, become a child. This spiritual *drill* of being a master and a child is most essential. Simply remember the three words of teachings from BapDada. Do all of you remember them? In your thoughts, be incorporeal. In your words, be egoless. In your actions, be viceless. Whenever you have any thoughts, create those thoughts whilst stable in the incorporeal stage. Even if you forget everything else, don’t forget these three words. These teachings of the three words are a gift from the sakar form

### **14. Doing the service of giving an experience...**

So, in the New Year, you may serve through words. Do that with a lot of splendour, but always pay *attention* to doing the service of giving an experience. Let everyone have an experience of receiving a lot of power through this brother or sister, or that they experience peace, because an experience is never forgotten. Whatever you have heard can be forgotten. You enjoy it, but it can be forgotten. An experience is such that they are pulled close to you. Those who are in contact with you will continue to come into relationship with you, because without relationship, they cannot claim a right to an inheritance. Therefore, experience will bring them into relationship.

### **15. Merge it within you with the power to accommodate...**

If anything happens, then merge that in your inner mind by giving it to BapDada. First, with the power to tolerate and then with the power to accommodate. If you have both these special powers in you, you will *pass with honours*. Keep these in an *emerged* form: the power to tolerate and the power to accommodate. Do not try to accommodate in such a way that you become sick. Not like that. Some try to accommodate everything within themselves in such a way that they become sick. Their head is spoilt. Do not accommodate inside yourself in that way. Merge it within you with the power to accommodate

### **16. Mike means...**

A *mike* is someone in whose sound there is power. Such a person is called a mike. Even if someone is a president or a prime minister, if his sound has no power, he is not a *mike*. A *mike* is someone who has power in his sound. Prepare such *mikes*. In some way, that person should make that sound without hesitation. Such *mikes* are needed. Not *mikes* who do something just for their own community. A *mike* with a very loud sound is needed.

### **17. BapDada doesn’t want cards, He wants a record...**

So, BapDada doesn’t want *cards*, He wants a *record*. BapDada wants the *record* that the *record* of all the children should be *number one*. They should be free from obstacles. Now when BapDada hears of some obstacles, BapDada remembers an amusing game. Do you know which amusing game that is? That is a game where old ones play with dolls. They are old, but they play with dolls, and so that is an amusing game, is it not? So, the trivial things that you now hear about and see feels just like that. They are in their stage of retirement, but look at the things they do! Therefore, the Father doesn’t like that *record*. Instead of that, instead of *cards*, give a *record* of being free from obstacles. All the trivial things should end. Learn how to make big things small and how to finish the small things.



BapDada wants to make the face of each of you children into a mirror in which BapDada's face is seen. BapDada should be visible in your mirror. So give such a unique mirror to BapDada as a *gift*. In the world, there is no such mirror in which they can see God. So, give such a *gift* for the New Year that you become a unique mirror. Whoever sees you, whoever hears anything from you, should only see and hear BapDada. They should hear BapDada's sound

## Avyakt BapDada-18.01.2004

### 18. Praise of 18th January...

This day of remembrance is the special day for making all the children powerful. Today was the day when children were crowned by Father Brahma. Father Brahma put the crown of responsibility for world service on the instrument children. He himself became *unknown* and gave children the tilak of awareness to make them the instruments in the corporeal form. Like himself, he gave the children the crown of light of the avyakt angelic form. He himself became *karavanhar* (one who makes others do) and made the children *karanhar* (the ones who do the work). This is why this day is called the day of remembrance, that is, the day of power. It is not just the awareness, for, together with the awareness, children have all received all memories as a blessing

### 19. Order in the right way with the authority of a master...

As soon as you took your divine birth, BapDada gave the blessing: May you be full of all powers. This is the blessing for every birthday. Use the powers you have received as a blessing. Each of you children has received them, but you become numberwise in using them. You can *order* the blessing of every power according to the time. If you become the embodiment of the blessings you have received from the Bestower of Blessings, and order a power according to the time, then each power will definitely become present. When you, the master who has attained the blessing, as an embodiment of awareness, *order* the powers, it is not possible that they are not used at that time. However, the master should be seated on the *seat* of awareness of being a *master* almighty authority. No orders are obeyed if they are given without being seated on the seat. When children say, "Baba, I remember You, You become present". The Lord becomes present. When the Lord can become present, why would the powers not become present? Simply *order* them in the right way with the *authority* of a *master*. All of these powers are the special Godly *properties* of the confluence age. Who is the *property* for? The *property* is always for the children. So, order them by right whilst seated on the seat of an embodiment of awareness. Why should you labour? Order them! You are the *direct* children of the *World Authority*. Let the intoxication of this awareness always remain *emerged*.

### 20. Powerful souls, give all souls power...

At this time, all souls are begging for power (*samarth*), that is, powers (*shaktiya*). They constantly continue to beg for things in front of your non-living images. So, the Father says: O powerful souls, give all souls power. Give them power (*samarthi*). For this, it is essential for every child to pay *attention* to just one thing. BapDada also gave you a signal for this and He has also seen in the *result* that the *majority* of children's thoughts and time are being wasted. For instance, if an electrical *connection* is even slightly *loose* or if there is a *leakage*, you cannot get proper *light* (electrical power). Similarly, this *leakage* of waste doesn't allow you to create a powerful stage and constant awareness. Therefore, change the *waste* into *best*. Make a savings *scheme*. Check what *percentage* was used in the *best* way and how much was *wasted* throughout the whole day. If there was 40% waste or 20% waste, then save that. Don't think that only a little was *wasted* and that the rest of the day was fine. Because this habit of waste, though being a habit over a long period of time, will deceive you in the last moments. It will make you numberwise, it will not allow you to become *number one*. In the beginning, in order to *check* himself every night, Father Brahma used to hold court every night. Court of what? Not of the children, but he would hold court of his own physical organs. He would order them: O mind, chief minister, this activity of yours is not good. Now you have to work under *orders*. O sanskars, you have to work under *orders*. Why was there that fluctuation? What was the reason for that? Find a solution! Every day he held an *official* court. Hold your court in the same way; the court of self-sovereignty.

### **21. When you become images of success, souls will attain the success of being fully satisfied...**

Now celebrate the ceremony of the success of every thought and every moment. Celebrate this ceremony. All waste should now end because when you become images of success, souls will attain the success of being fully satisfied. From being hopeless, the lamps of pure hopes will ignite everywhere. When there is any type of success they ignite lamps, do they not? Now, ignite the lamps of hope in the world. Every soul has one or another type of hopelessness. Because of hopelessness, they are distressed and in *tension*. Therefore, o imperishable lamps, now celebrate the Diwali of the lamps of hope! First the self, and then everyone. Did you hear this?

### **22. Drill: Like father become those with avyakt form...**

Now, all of you have to conduct this *drill* in your heart in a second. Do it right now. Finish all thoughts. Conduct the drill: Oh Baba! Sweet Baba! Lovely Baba! We are now about to become those with the avyakt form, just like you, right now. (Baba conducted drill.)

### **23. Let both service and the self be combined...**

Do very good service, but let both service and the self be *combined*. There should be nothing lacking in the percentage. It should not be that sometimes there is a greater percentage of service and sometimes there is a greater percentage of the self. Let there always be a *balance*. So, through your *balance*, all the souls of the world will continue to receive blessings. Now souls of the world want blessings. They don't want to make effort, they want blessings. So, your *balance* will automatically enable souls to receive *blessings*.

## **Avyakt BapDada-02.02.2004**

### **24. You are ancestors, and also worthy of worship...**

Today, BapDada is looking at the most elevated souls from everywhere. Each and every child is an ancestor and worthy of worship. This is why all of you are the roots of this kalpa tree. You are also the trunk. The trunk is automatically *connected* to the branches, twigs and leaves of the whole tree. So, do all of you consider yourselves to be the elevated souls who are the ancestors of the whole tree? Just as Brahma is called the *great-great-grandfather*, together with him, all of you are also *master great-grandfathers*. The ancestor souls have so much self-respect. Do you stay in that intoxication? Out of all the souls of the world, no matter which religion they belong to, you are the ancestors who are the images of support in the form of the trunk of all souls. Therefore, because you are ancestors, you are also worthy of worship. All souls automatically continue to receive sakaash (current of light and power) through you ancestors. Look at the image of the tree: even the *last* leaf of the tree receives sakaash from the roots. What is the task of ancestors? The task of ancestors is to sustain everyone. Even in the world outside, whether it is sustenance of physical energy through food or through study, you receive sustenance to fill you with power. So, with the sustenance from you ancestor souls all souls are sustained with the powers you have received from the Father.

### **25. All souls of the world need sakaash from you...**

According to time, all souls now need the sustenance of powers. You know that there is a wave of sorrow and peacelessness amongst souls. So, do you ancestors, you worthy of worship souls, feel mercy for your dynasty? When there is an atmosphere of total peacelessness, the *military* and the *police* become especially *alert*. In the same way, in today's atmosphere, do you ancestors consider yourselves to be instruments for special service? Do you have the awareness that you are instruments for the whole world? Today, all souls of the world need sakaash from you. Do you experience yourselves to be the unlimited ancestor souls? Do you remember service of the world or do you only remember the service of your centre? Today, souls are calling out to you ancestors, you deity souls. They are all calling out to their own different gods and goddesses, their deities: Come! Forgive us, have mercy on us! So, can you hear the sound of the devotees? Can you hear this or not? No matter which religion souls belong to, when

you meet them, do you meet them considering yourselves to be the ancestors of all souls? Do you experience that they too are the branches and twigs of you ancestors? It is you ancestors who give sakaash to them too. Bring the picture of your kalpa tree in front of you and look at yourself to see your position. You are in the roots, you are also the trunk. Together with that, look at yourselves in the supreme abode. The place of you ancestor souls is with the Father, close to Him. You know this, do you not? When you meet any soul with this intoxication, then souls of every religion will look at you with the vision: You are ours, you belong to us. If you meet others with the intoxication, awareness, vision and attitude of being their ancestors, they would also have that feeling of belonging. Because you are the ancestors of everyone, you belong to everyone. By your serving with this awareness, every soul will experience that they have once again found their ancestors and their specially beloved deities. Then, in terms of being worthy of worship, your worship is so great. No righteous soul or great soul is worshipped in the right way as you deity souls are. They too become worthy of worship, but they are not worshipped with discipline in the right way as you are. Look at your praise too. People sing devotional songs of praise with such discipline, and they perform arti (ritual with lamps on a plate). Only you ancestors become worthy of worship in this way. So, do you consider yourselves to be such souls? Do you have this intoxication? Do you have the intoxication?

### **26. Easiest method to free from obstacle...**

Now, BapDada wants to see all the children always in their form of being free from obstacles. Why? When you, who are the instruments, remain stable in being free from obstacles, you will be able to make all souls of the world free from obstacles and all problems. For this, *underline* two things especially. You do do this, but *underline* them even more. Firstly, look at every soul with your soul conscious vision. Look at the soul in his form of his *original* sanskars. No matter what type of sanskars that soul may have, your good wishes, pure feelings and elevated feelings for transformation for every soul can transform the sanskars of that soul for a short period of time. Let soul conscious feelings *emerge*. You saw in the beginning, that even by staying in the gathering, they had soul conscious vision, a soul conscious attitude, and the awareness that a soul is meeting another soul, a soul is speaking to another soul. Their foundation became very strong with this vision. Now, with the expansion of service, and because of connection with everything in terms of the growth of service, interacting, speaking to another soul. Their foundation became very strong with this vision. Now, with the expansion of service, and because of connection with everything in terms of the growth of service, interacting, speaking and coming into contact with others, soul conscious feelings have become a little *merged*. They haven't completely finished, but they have become *merged*. The self respect of soul consciousness easily enables a soul to achieve success, for who are all of you who have gathered together here? You are those same deity souls of the previous cycle, the same Brahmin souls who have gathered here. In the form of Brahmin souls, all of you are elevated souls. In terms of being deity souls too, you are elevated souls. Come into relationship and connection with others in this form. Check at every moment: What is the elevated duty and elevated service of I, the deity soul, the Brahmin soul? To give blessings and to receive blessings. What service do your non-living images do? No matter what those souls are like, they go to take blessings, they come back with blessings. And if someone thinks that it is hard work to make effort, then the easiest effort of all is to give blessings and receive blessings from everyone throughout the day through your drishti, attitude, words and feelings.

### **27. The opposition that will enable to reach the position...**

Of course there will be *opposition* because it is the *opposition* that will enable you to reach your *position*. Look, it was Father Brahma who faced the maximum *opposition*. He was opposed, was he not? However, who claimed the *number one position*? It was Brahma who claimed it, was it not? No matter what happens, I have to give blessings in the same way as Father Brahma did. Was there no one who spoke wasteful things or who did wasteful things in front of Brahma Baba? However, Father Brahma gave them blessings and received blessings; he kept with him the power to accommodate. "He is just a child. He will change one day." In the same way, you too have to have this attitude and vision. "This one is from the previous cycle, from our family, from our Brahmin family. I have to transform myself and then transform others." Not, "I will change when that one changes", but "I have to change and change others. This is my responsibility." Only then will blessings emerge and you will receive blessings.

### **28. Drill: give all souls everywhere in the world, light, sakaash and powers...**

Do you remember the spiritual drill? Can you come into your stage of being an ancestor in just one second, become a lighthouse, a resident of the supreme abode with the Father and give light to the world? So, in one second, all of those who are listening and seeing everything everywhere, in this land and abroad, become a lighthouse and give all souls everywhere in the world, light, sakaash and powers. Achcha.

### ***Being an instrument is to become a mine of virtues...***

If everyone becomes an instrument, then the renewal of the world will surely take place. To have the awareness of being an instrument is to become a mine of virtues. Let there be the awareness of being an instrument at every moment and all other virtues will easily come because there is no consciousness of "I" in the awareness of being an instrument. It is this consciousness of "I" that brings upheaval. By being an instrument, the consciousness of "mine" also ends and it becomes "Yours! Yours!" You become easy yogis.

## **Avyakt BapDada-17.02.2004**

### **29. What is the- consciousness of "I" the deep...**

BapDada has also told you earlier that it is this consciousness of "I" of body consciousness that causes an obstruction to your totally surrendering yourself. It is easy to surrender the common consciousness of "I", that I am a body, or the consciousness of "I" in terms of relations of the body or possessions of the body. You have done this already, have you not? Or, not yet? Has this not been done yet? The more progress you make, the more the consciousness of "I" becomes extremely subtle and deep. It is easy to finish the gross consciousness of "I". However, consciousness of "I" the deep— if you develop any consciousness of "I" for the specialities you receive as your Godly birthright, for the blessing of the intellect you have, or for the blessing of becoming an embodiment of knowledge, for the blessing and specialities of service, or for a Godly gift – then that is called the deep consciousness of "I". "Whatever I am doing or whatever I am saying is right, that is what should happen." This royal consciousness of "I" becomes a burden stopping you from going into the flying stage. So, the Father says: Surrender the consciousness of "I" in even this. There should be no consciousness of "I" for a Godly gift. Neither "I" nor "mine". It is a Godly gift, a blessing from God, a speciality from God. So, the surrender of all of you is so deep

### **30. This dying is living in God's lap...**

So, have you checked whether you have surrendered the consciousness of "I" of both ordinary things and also of the royal form? Have you done this? Or, are you still doing it? "I will have to surrender it anyway." All of you jokingly say "We have to die (bow down) anyway." However, this dying is living in God's lap. This dying is not dying. It is taking birth in the lap of the deities for 21 births. This is why you surrender yourselves in happiness, is it not? You don't surrender yourselves while crying out, do you? No. In bhakti too, a sacrifice that cries out is not accepted. So, those who surrender themselves with their limited "I" and "mine" can happily claim a right to an inheritance for birth after birth

### **31. How Bap dada sees the gathering of children...**

When BapDada sees the gathering of you children, He sees you in your three forms: The present self-sovereigns. You are also kings now. In the world too, a father would say to his children "My kingly children, my child king." Even if they are poor, he would say "My child king." However, even at the present confluence age, the Father sees all of you children as self-sovereigns. You are kings, are you not? You are self-sovereigns, masters of the self. So, self-sovereigns at the present, rulers of the world in the future and, from the copper age to the end of the iron age, you are worthy-of-worship ones who have a right to be worshipped. BapDada sees all you children in these forms. He doesn't see you as ordinary. No matter what you are like, BapDada sees all of you children as self-sovereigns, royal children. You are Raja Yogis, are you not?

### **32. It is the wonder of a point...**

1. Look, you are celebrating Shiv Jayanti of the Father, but what is the Father? A point. You are celebrating the Jayanti, the Incarnation of the Point. Whose birthday is the most-diamond like? That of the Point. A point. So, there is such great praise of a point (zero). This is why BapDada says: Always remember the three points. The numbers "7" and "8" are complicated to write, but to write a point is so easy. Always remember the three points. You know all three of them very well, do you not? You are a point, the Father is a point. You are points, the children of the Point, and when you come into action, you come onto this world stage to perform actions. This is the world stage drama. So, whatever actions you performed in the drama, that has become the past and so put a *full-stop*. So, what is a *full-stop*? A point. Therefore, always remember the three points. Look at all the wonders. In today's world, what has the greatest importance? Money. Money does have importance, does it not? In front of money, even parents are nothing! Money is everything! In that too, if you put a zero after "1", what does it become? It becomes ten. Put a second zero and it becomes a 100. Put a third zero and it becomes a 1000. So, it is the wonder of the zero. In money, it is the wonder of a zero and in terms of becoming an elevated soul, it is the wonder of a point. And Karankaravanhar is also a point. So, what has importance in everything? The point, does it not? Simply remember the point and do not go into any expansion. You can remember a point. Become a point. Remember the Point and put a full-stop. That is all. This is the effort

2. When any problems come, do you put a full-stop or a *question mark*? Do not put a *question mark*, put a full-stop. A *question mark* is so crooked. Look, write a *question mark*. That is so crooked, whereas it is so easy to put a full-stop

### **33. I am a world server...**

BapDada gave special congratulations for special service, and you are doing that very well. You will continue to do that, but for the future, every day you are world servants. Do you remember how Father Brahma used to sign? *World servant*. So you are *world servants*. So, service of the world will not be completed just by doing service on Shiv Ratri. Therefore, keep the aim: I am a *world server*. So you have to serve the world with every breath and at every second. Whoever comes and whoever you are in contact with, you have to be a bestower and give something or other to that one. No one should go back empty-handed. Let your infinite treasure-store remain open all the time. At the very least, have good wishes and pure feelings for everyone. See them, listen to them and come into contact with them with good wishes and pure feelings and give co-operation to those souls. All souls now have a great need of your co-operation. Therefore, give them co-operation and make them co-operative

### **34. But definitely give each one dil-khush toli...**

All souls now have a great need of your co-operation. Therefore, give them co-operation and make them co-operative. Give them any type of co-operation – whether through your mind or through words or through your contact and relationship. So, remember the special slogan of this birthday festival of Shiv Ratri – Give co-operation and make them co-operative. At least, whoever comes into contact or relationship with you in any relationship – and someone or other does come – don't offer them any other hospitality, but definitely give each one dil-khush toli. Not the dil-khush toli that is made in the kitchen here. Make their heart happy. To make their heart happy means to serve them with dil-khush toli. Will you serve them with this? There is no effort in this. You don't have to give extra time or effort. Simply serve them dil-khush toli with pure feelings. They are happy and you are happy. What else do you need? So, you will remain happy and give happiness to others

### **35. Being serious too much is not good be smile**

The faces of all of you should never be too serious. Being serious *too much* is not good either. There should be a smile, should there not? It is good to be serious, but when you are *too serious*, then it looks as though you are lost somewhere else. You are seeing everything, but you are lost. You are speaking, but you are speaking as though you are lost in something. So that type of face is not good. Let your face always be smiling. Do not let your face be *serious*. When you say "What can I do? How can I do it?" you become *serious*. However, the more

work you have, the more you have to smile. You do know how to smile, do you not? You do know. Look at your non-living images. Are they ever portrayed with *serious* faces? If they were portrayed with *serious* faces, you would say that the *artist* was no good. So, if you also remain serious it would be said that you don't know the *art* of living. So, what will you do?

## Avyakt BapDada-05.03.2004

### 36. The Father loves honesty the best of all...

1. The Father loves honesty the best of all. This is why even on the path of devotion, they say: *God is Truth*. Those who have honesty remain clean. They remain *clean and clear*. This is why the string of love for the honesty of the double foreigners pulls BapDada. Sometimes, some are a little *mixed*. But double foreigners, never let go of this speciality of yours – honesty. The power of honesty works like a lift. Everyone loves honesty

2. Those who have honesty will find it very easy to remember the Father. Why? The Father is also the Truth. So, those who are honest will quickly be able to remember the true Father. They don't have to make effort. If even now you find that you have to labour in remembrance, then understand that honesty is lacking somewhere or another, in your subtle thoughts or in your dreams. Where there is honesty, as soon as you have the thought, "Baba", the Lord is present. This is why BapDada loves honesty a lot.

### 37. Can you have the cremation of old sanskars?

1. The sound that comes from the majority is: there is one or another old sanskar, which even against my desire pulls me even now.

2. So, now BapDada wants that whatever sanskars you have still remaining, due to which transformation of the world is not taking place, today, burn that weak sanskar, that is, have the cremation of that weak sanskar. To burn is also called having a cremation, is it not? When a person dies, they say that there will be the cremation, that is, it has to be finished for all time. So, today, can you have the cremation of even those sanskars? Can you do that? You would say: I don't want those sanskars to come, but they do come and so what can I do? Do you think like this? Achcha. It comes by mistake. If something you had given to someone comes back to you by mistake, what do you do? Will you carefully put it in the cupboard? So, even if it does come back, don't keep it in your heart because the Father is sitting in your heart, is He not? Would you like it if you place those sanskars with the Father? You would not like it, would you? So, if it comes back even by mistake, then say from your heart, "Baba, Baba, Baba". That is all. Finish it. A full stop will be applied. What is Baba? A Point. So, a full stop will be applied. Only if you say it from your heart. If you simply remember Baba with your own selfishness, saying, "Baba, take it away. You take it away". You keep it with you and yet you tell Baba to take it away. Then how would He take it? So what will you do? Will you celebrate Holi? Will you celebrate it? Holi – Ho li (it has happened). Achcha. Those who think that they will have this determined thought – OK, you will repeatedly try to get rid of it, will you not? Then it will go away. Do not keep it inside you: What can I do? How can I do this? I can't get rid of it. Don't say this. You have to remove it. So, will you have this determined thought? Those who will do this, raise your hand. Raise the hand of your mind, not just externally. Raise the hand of your mind. (Some were not raising their hands.) These people are not raising their hands. Very good. Congratulations. Congratulations.

### **38. So, change your sanskars and the world will be changed.**

You can see that your praise is: *Merciful*. Are you? You are the *merciful* gods and goddesses, are you not? Are you? So, do you not feel mercy? Your brothers and sisters are so unhappy; do you not feel mercy seeing their sorrow? Do you feel mercy? So, change your sanskars and the world will be changed. Unless you change your sanskars, the world cannot be changed.

### **39. Speciality of Madhuban Niwasis**

(Everyone applauded a lot.) Look, everyone has so much love for the Madhuban niwasis. Everyone is very happy seeing the service of the Madhuban niwasis. Even people say: You can't even tell who is making all of this work and who is giving all the directions. It is like an automatic machine. So, the fortune of this service of the Madhuban niwasis is very big. Whenever any group comes, the Madhuban niwasis are an *example* in front of them. Even if you don't give lectures and don't read the murli at the centre, to be an example is the greatest service. To give everyone an experience of contentment is very great service, and this is why, whether they are foreigners, the people from Bharat, and if Madhuban niwasi souls travel anywhere, everyone looks at that with a lot of regard. It emerges from everyone's lips: They have come from Madhuban, they have come from Madhuban. So, those from Madhuban are no less. Sakar Brahma Baba used to say: Those who are near to the cooking fire are in the heart. So, the Madhuban niwasis are on the cooking fire and in the heart. BapDada has love for each and every Madhuban niwasi. You are worthy to receive love because in service, you have kept the aim of keeping everyone content. It is good.

### **40. Speciality of big heart**

You are a carefree emperor. BapDada always sees you as a carefree emperor. What is the reason? Why are you carefree? It is because you have a big heart. Where one has a big heart, then whatever is to happen happens, whoever is to come, comes

## **Avyakt BapDada-20.03.2004**

### **41. The wealth of knowledge means to perform actions whilst sensible and trikaldarshi...**

To have the wealth of knowledge means to perform actions whilst sensible and trikaldarshi. It means to be *knowledge-full*, to have *full knowledge*, to understand the knowledge of the three aspects of time and to use this wealth of knowledge for a task. By using this wealth of knowledge in every task in your practical life, you achieve success by using it in the right way; so that you receive liberation from many bondages and also liberation-in-life. Do you experience this? It isn't that you will only receive liberation-in-life in the golden age, because even now, in this life of the confluence age, you receive liberation from many limited bondages. Your life becomes free from bondage. You do know how many bondages you have become free from, do you not? You have become free from so many different forms of distress (Hai! Hai!— worries). "Hai, hai!" has now finished for all time, and instead, you sing songs of "Wah, wah!". If there is a trace of "Hai! Hai!", - it may not be in words, but even in your thoughts or dreams, if it enters your mind, then you are not liberated-in-life. Is it, "Wah, wah, wah!"

### **42. So you have the responsibility of opening the gate...**

You may not do it in your words, but if there is the slightest trace of "Hai! Hai!" in your mind in any situation, then you cannot *fly*. Hai (form of distress) means bondage and *fly* means the flying stage, that is, it means to be liberated-in-life and free from bondage. So *check*, because until you Brahmin souls yourselves are free from bondage; whilst there are any golden or diamond chains still tied, the gate of liberation for all souls cannot be opened.

When you become free from bondage, the gate of liberation will open for all souls. So you have the responsibility of opening the gate and of freeing all souls from their sorrow and peacelessness

#### **43. Transformation in the Brahmin family through self-transformation...**

1. It is not anything new. It is something old: To bring about transformation in everyone through self-transformation. Put aside the world for now, because **BapDada now wants to see transformation in the Brahmin family through self-transformation.** This is what BapDada wants to see. Baba doesn't want to hear any more, "If this happens, then this will happen. If this one changes, then I will change. If this one does this, then I too will do it." In this, Father Brahma is especially telling every child: Become 'Hey Arjuna' like me. In this, let it be, "I first", not "You first". Let it be, "I first." This "I" is a benevolent "I", for the limited "I" is one that will make you fall. There is a saying, "The one who takes the initiative is Arjuna", and Arjuna means to be number one. Not numberwise, but *number one*. So, do you want to become *number two* or *number one*? BapDada has seen something amusing in many tasks. Baba will tell you something that happens in the family, because it is the family that is sitting here. When there is a certain type of task, BapDada receives news. There are some tasks and programmes that are especially for special souls. So the thought reaches BapDada and Dadis – because Dadis are instruments in the corporeal form. Your thoughts reach BapDada. What thoughts reach BapDada? "My name should also be included in this. Am I any less? Why is my name not mentioned?" So the Father asks: Why is your name not mentioned in "Hey Arjuna"? It should be in that, should it not? Or, should it not be included? Should it be included? Those sitting in the front, the maharathis are sitting in the front, should it be in that? Should it be? Father Brahma demonstrated this practically. He never looked at anyone as to whether he was doing something or not. No. "I first". You also were told earlier, that there are many types of the *royal* form of "I". All of those types of "I" finish with this "I". So, BapDada's hopes for the completion of this season are that every child, who calls himself or herself a Brahma Kumar or Kumari; who know themselves as, and who accept themselves as BKs; all you Brahmin souls should become free from limited bondages that you have even just in the form of thoughts. Become free from bondage and liberated-in-life, like Father Brahma. Become liberated in Brahmin life, not in ordinary life. Celebrate this year especially as the elevated Brahmin life of liberation.

2. BapDada wants that no one should make any excuse such as, "it is because of this or because of this, and this is why there is this bondage." Do not become a problem, but become an embodiment of solutions. You also have to make your companions this because you are seeing the condition of the times. Sounds of corruption are increasing so much. Corruption and assaults are going into the extreme. So the flag of greatness (becoming elevated) should first be hoisted in the mind of every Brahmin soul. Only then will it be hoisted in the world

#### **44. There isn't concentration and determination in your thoughts...**

The majority of you, that is, about 90% of you children have very good thoughts. BapDada also thinks that today, this child's thoughts are very good and that there will be *progress*, but they are reduced by 50% when it comes to words and reduced by 75% when they are put into actions. They become mixed. What is the reason for this? There isn't concentration and determination in your thoughts. When there is concentration in your thoughts, concentration is the means of success. Determination is the means of success. There is a difference in that. What was the reason? BapDada only sees one thing in the *result*. You look at others a lot. All of you show this, that when you point a finger at someone, four fingers are pointing back towards yourself. So, you don't see the four fingers, but you see the one a lot. Therefore, there has to be determination and concentration. There is fluctuation in the unity. "If this one does it, then I will do it". Those who take the initiative become Arjuna. You become the second number in this. Otherwise, change your *slogan*. Instead of "World transformation through self transformation", let it be "Self-transformation through world transformation." "Self-transformation through the transformation of others." So, should we change the slogan? Should we change it? Should we not change it? BapDada is also putting one condition. Do you agree to this? Should Baba tell you this? BapDada will see the result in 6 months and will then come. Otherwise, He will not come. When the Father has said, "Ha ji", children too should say, "Ha ji". No matter what



happens, BapDada says: For self-transformation, you have to die to the consciousness of the limited "I". Die to the consciousness of "I", not die physically. You don't have to die physically, but die to the consciousness of "I". "I am *right*". "I am this. Am I any less? I am everything." Die to this consciousness of "I". You will have to die too. So this death is a very sweet death. This is not dying, but it is living with the fortune of the kingdom for 21 births. Do you agree? *Teachers*, do you agree?

2. BapDada wants to see. Do you understand? This is the lamp of BapDada's elevated hopes, that BapDada wants to see ignited in each child

#### **45. Good effort for a long time...**

BapDada has love for you and so, those who have been here for a long time, those who are good effort-makers - not full effort-makers – but good effort-makers, BapDada will not leave them behind. He will take them with Him. So have this firm faith: We were, we are and we will remain together (with You). Is this firm? Sure? Simply bring out the feelings of being one who has pure and positive thoughts for others, one who has pure thoughts of the original self, one who has pure feelings, feelings of transformation, feelings of giving co-operation and feelings of mercy. At present, you keep them *merged*. Now let these feelings emerge

#### **46. Importance of forgiveness...**

Do not give many corrections, but forgive them. Each one is cleverer than the next in giving corrections, however give corrections with forgiveness. You can give teachings & corrections in the form of reading the murli, giving courses, holding programmes, but when it comes to interacting in your work, then give teachings with forgiveness. Do not just give corrections. Give corrections whilst being merciful. Then your mercy will work in such a way that the weaknesses of others will be forgiven. Do you understand?

### **Avyakt BapDada-15.10.2004**

#### **47. BapDada's love for every child is more than that for the next...**

1. BapDada has equal love for all the children everywhere. Even if someone is the *last number* according to his efforts, BapDada still has the same love for even the *last* one. In fact, together with love, He also has mercy for the *last number*, that this one who is *last* should go *fast* and come *first*. How have all of you, who have come from so far away, reached here? God's love has pulled you here, has it not? You came here having been pulled by the string of love. So, BapDada has love for everyone. Do you believe this, or do you have a *question* as to whether Baba has love for you or whether He has less love? BapDada's love for every child is more than that for the next. And this love from God is the basis of the special sustenance of you children. What does each one of you think? That your love for the Father is greater or that the love of someone else is greater and that yours is less? Do you think in this way? You believe that your love for Baba is greater, do you not? It is like this, is it not? Pandavas? Each one of you would say, "My Baba!" You wouldn't say that He is the Baba of the *centre-in-charge*, that He is the Baba of Dadi or the Baba of Dadi Janki. Would you say this? No! You would say, "My Baba!" Since you said "Mine" and the Father also said "Mine"; the children belong to the Father and the Father belongs to the children.

2. Say from your heart with love, "My Baba", and effort will change into love. As soon as you say, "My Baba", that sound reaches Baba, and the Father gives *extra* help. However, it is a deal of the heart. It is not a deal of words. It is a deal made with the heart.

#### **48. In order to finish the waste...**

. BapDada saw that the *majority* have *waste* thoughts throughout the day every now and then. What happens is that the weight of *waste* thoughts is heavy, and the weight of *best thoughts* is less. So these *waste thoughts* that you have every now and then make your head heavy. They make your efforts heavy. There is a burden and so that pulls you towards itself. This is why, when there are fewer, pure thoughts which would be a *lift* for self-progress - not even a ladder, but a *lift* - then you have to climb the ladder of effort. Simply remember two terms. In order to finish the *waste*, simply use two terms in your thoughts, words, actions and behaviour from amrit vela till night. Put this into *practical* form. These two terms are: Self-respect and respect for others. You have to stay in your self-respect and give respect to others. No matter what someone else is like, I have to give that one respect. I have to give respect and stay in my stage of self-respect. There has to be a *balance* of the two. Sometimes, you stay in your self-respect a great deal, but you lack giving respect to others. It should not be that you give respect if that person gives you respect. No. I have to be a bestower. The Shiv Shakti Pandava Army are bestowers, children of the Bestower. To say, "I will give if the other one gives", becomes a *business*. That is not being a bestower. So, are you *businessmen* or bestowers? A bestower is never a taker. In your attitude and vision, just have this aim: "I have to....., not others." I constantly have to have good wishes and pure feelings for each one, that is, for everyone, whether they are gyani or non-gyani. In fact, you do have good wishes for those who are non-gyani, but let there be good wishes and pure feelings for all gyani souls too

#### **49. Transform others with worthy method...**

Just as the Father has respect for every child in His vision and attitude, He has regard, in the same way, let there be self-respect and respect for others in your vision and attitude. The thoughts that you have in your mind - that this one should change, that he should not do that, this one is like this - that will not happen through teachings. It is by giving respect to others that they will begin to fulfil the thoughts that you have in your mind - that that one should change or do this or that. They will change through your attitude, not through your words. So, what will you do? Self-respect and respect for others - you will remember both, will you not? Or, will you just remember self-respect? To give respect means to receive respect. To give respect means to become worthy of respect. The sign of soul-conscious love is to transform the weaknesses of others with your good wishes and pure feelings. In the *last* message too, BapDada said: At present, let your form be *merciful*. Even in the *last* birth, your non-living images are *merciful* and have mercy on the devotees. Since the non-living images are so *merciful*, what would there be in the living form? The living form would be a mine of mercy. Become a mine of mercy. Anyone who comes, give them mercy - this is a sign of love

**Avyakt BapDada-02.11.2004**

#### **50. All powers says, "Ji hazir" (Yes, I am present) to every order...**

The children who follow every shrimat of the Lord, saying, "Yes my lord, I am present, I accept". They always say, "Ji hazir" (Yes, I am present) to every order. They say, "Ji hazir" at every step. If you do not say "Ji hazir" in following every shrimat, then every power cannot be present in front of you, the lord, at every moment. If you follow the Father's shrimat or orders only sometimes, then the powers will also only sometimes fulfil your *orders* of being present in front of you. At that time, instead of being one with a right, you become dependent.

#### **51. Give respect means...**

1. So, did he give respect or did he receive respect? To give respect means to sow a seed of love from the heart in the hearts of others. In front of the world too, you are world-benefactor souls. Only when you give souls respect with love do you exp

2. In fact, to give anyone respect is not really giving. To give respect is to receive respect. One who gives respect automatically becomes worthy of respect in everyone's heart. You saw Father Brahma. Though he was Adi Dev, though he was the *first* soul in the *drama*, he always gave respect to the children. He enabled children to receive even more respect from souls than he himself received. This is why Father Brahma became worthy of respect in the heart of every child.
3. Any child who came to Baba – whether he was a weak child, someone who was influenced by his sanskars, someone who came with the burden of sins or someone who came with strong sanskars – with which vision did BapDada see every child? That he is My dearly beloved long-lost and now-found child. He is a child of God's family. So, He gave them respect and they became those with self-respect. You have to *follow the Father*. **If you want to become full of all virtues easily, then become a bestower of respect.** Do you understand?

### **52. How a big programme has to give good result...**

1. You have had big *programmes* and you have already had congratulations for that, but from every *programme* there should at least be a rosary of 108 that is prepared. That has not happened as yet. At least 108 should be ready, at the most 16,000. You have spent so much *energy* and money and so, at the least, BapDada wants to see 108 become ready. You should keep the *addresses* of all those who came. You have the introduction of those who brought others to the big programmes. So, you should bring them close again. Do not think "We have done our bit", for any task that is carried out has to bear some fruit. So, everyone who has done a big *programme* has to give this *result* to BapDada. Whether they are from the different *centres* or from other cities, there has to be a *result*. Is this OK? This can be done, can it not? If you pay a little *attention*, they will emerge. 108 is nothing. However, BapDada wants to see a *result*. They should at least become *students*. They should come forward to give co-operation. BapDada wants to see the *result* this *season* of how many each of you make emerge.
2. No matter how many you make emerge, definitely make them emerge. What happens is that when the *programmes* are over, there is less *attention* on keeping further future contact with them. It is not difficult to make them emerge. Seeing the courage of the children, BapDada is pleased. Do you understand?

### **53. Drill; "I am an angel and becoming a deity!"**

Now, all of you, in one *second*, not even one *minute*, but one *second*, experience the *drill* of the mind, "I am an angel and becoming a deity!" Perform this *drill* of a *second* again and again throughout the day. Just as physical *drill* makes your body strong, so too, the *drill* of the mind will make your mind powerful. I am an angel, I am an angelic soul who is detached from this old world, old body and sanskars of the old body.

## **Avyakt BapDada-30.11.2004**

### **54. The puppet show of Maya...**

Those who are carefree, raise your hands! Are you carefree to the extent that you don't have the slightest worry? Just be careful. When any *puppet show* comes in front of you, are there any worries at that time? Does the *puppet show* of Maya come in front of you or not? At that time, do you have a little worry? Are there no worries? Is there a little worry and a few thoughts? Or do you not think about it? In fact, your elevated fortune makes you a carefree emperor from now. The few things that come in between are to make you more experienced and mature for the future. Now, all of you have become experienced in these different situations, have you not? You are not afraid, are you? Sit comfortably on the *seat* of a detached observer and watch the *puppet show*. It is nothing really, just a *cartoon*. You have now become strong, have you not? Are you strong now? Or are you sometimes a little afraid? It

comes like a paper tiger. It is of paper, but comes in the form of a tiger. Now, according to the time, become an embodiment of experience and issue a *challenge* to time, the elements and Maya: Come, I am victorious. Issue a *challenge* that you are victorious.

### **55. Procedure to do seva in madhuban as bring as much benefit...**

This is also a good system that has been created because every zone receives a chance. One is that by serving the yagya, you accumulate an income of multimillions at every step, because whenever the majority of you perform any task, you remember service of the yagya, and by remembering service of the yagya, you also remember the Father, the Creator of the yagya. So, you accumulate the maximum in your account of charity through this service. Secondly, the real effort-making children are able to make their chart of remembrance easy and constant because firstly, here, you have the company of the maharathis, and company easily colours you. When you pay attention, then, in the 8 to 10 days you are here, you can *progress* very much. If you serve in a common way, that doesn't bring as much benefit, but you have a chance firstly to become a constant yogi, then accumulating in your account of charity, and maintaining the intoxication and happiness of belonging to the biggest family of all. So, those from Punjab have received this chance. Every zone receives this chance, but you must have the aim of benefiting in all three ways. How much did you accumulate in your account of charity? How much progress did you easily make in remembrance? How much experience did you have of the love of the gathering and the family and how much closeness did you experience? Each one of you should see the result in yourself in these three things. You receive a chance in the drama, so you should now become the chancellors who take the chance

## **Avyakt BapDada-15.12.2004.**

### **56. The sign of a carefree emperor...**

1. Today, BapDada was looking at the gathering of all His carefree emperors in all directions. This royal gathering only exists at this time in the whole cycle. Because you stay in spiritual intoxication you are carefree emperors. When you wake up in the morning, you are carefree; whilst walking, moving around and performing actions you are carefree; and when you are sleeping, you sleep in a carefree state.
2. The sign of a carefree emperor is that he is always content with himself and also makes others content. There is never any lack of attainment to make him discontented. Where there is a lack of attainment, there is discontentment. Where there is attainment, there is contentment.
3. BapDada is pleased to see such carefree emperor children. Wah, My carefree emperors, wah!
4. The method to become carefree is very easy; it is not difficult. There is the difference of just one letter. It is so easy. That letter is: transform mine (mera) into Yours (tera). It is not mine, but Yours. So, when you write "mera" and "tera" in the Hindi language, then the difference is just the "m" and "t", but it makes so much difference. So, are all of you those who say, "mine" or those who say, "Yours"? Have you transformed mine into Yours? If you haven't done this, then do so. To say "mine, mine" means to be a servant, to be unhappy. You become servants of Maya, and so, of course you will become unhappy. Unhappiness means to become servants of Maya. So, you are conquerors of Maya, not servants of Maya. If unhappiness comes, and it does come, because you have had the practice of being unhappy for 63 births, then you *taste* it. So, it sometimes *emerges*. What has BapDada therefore said? That each one of you children is a carefree emperor. If even now, you have kept some worry somewhere in a corner, then give it away. Why do you keep a burden on yourself? Is it that you have developed the habit of keeping a burden? Since the Father is telling you, give Him the burden and make yourself *light; double-light*.
5. Let alone the *subconscious*, there shouldn't be any experience of a burden even in your dreams. You prefer to be *double-light*, do you not? So, Baba is especially giving you this *homework* to *check* yourself at amrit vela. You know how to *check*, do you not? However, together with *checking*, don't just *check*, but also *change* it. *Change* "mine" into "Yours". Mine, Yours

**57. If someone gives you bad wishes, what will you do?**

1. Continue to give good wishes and continue to receive them and you will become complete. What will you do if someone sends you bad wishes? Will you take them? If someone gives you bad wishes, what will you do? Will you take them? Just consider: if you take those bad wishes, will there be cleanliness in yourself? Bad wishes are something bad, is it not? If you take them into yourself, then there wouldn't be that cleanliness in yourself any more, would there? If the slightest *defect* remains, you won't be able to become *perfect*. If someone gives you something that is spoilt, would you take it? If someone gives you some very beautiful but rotten fruit, would you take it? Would you take it or not? Or, would you say, "It is good, and you have given it..." Whenever anyone gives bad wishes, do not imbibe that in your mind. You understand that those are bad wishes, and so do not imbibe those bad wishes in yourself, for otherwise, it will become a *defect*.
2. If there is ever an influence of bad wishes, then give tenfold more good wishes and finish that influence. Reduce the influence of one bad wish with tenfold good wishes and you will then have courage. After all, it is you who incurs a loss. The other person gives bad wishes and goes away, but if someone imbibes those bad wishes, who experiences sorrow? The one who takes or the one who gives? The one who gives does experience sorrow, but the one who receives experiences greater sorrow. The one who is giving is careless

**58. BapDada's desire is that every child should continue to give good wishes.**

Today, BapDada is especially telling you about His heart's desire. BapDada has one desire for each of you children, whether you are from this land or from abroad, or even if you are a co-operative soul, because even the co-operative souls have received the introduction. Since you have received the introduction, you should also experience some attainment through that introduction. So, BapDada's desire is that every child should continue to give good wishes. Continue to accumulate an account of good wishes as much as you want because however many good wishes you collect and accumulate at this time, to that extent you will be able to give blessings to souls when you become worthy of worship. It isn't just at this time that you have to give blessings; you also have to give blessings to the devotees from the copper age onwards. So, you have to accumulate such a stock of blessings. You are the royal children, are you not? BapDada sees each of you children as one who will become a king. You are no less.

**59. Brahma bhojan of the yagya means to serve Brahmin souls...**

The fruit of serving the yagya is very great because to serve the yagya means to serve Brahmin souls. On the path of devotion, when they feed 8 to 10 brahmins, they think that they have performed great charity, whereas here, you receive a chance to serve 10,000, 12,000, 8,000 Brahmins. It is service and Brahma bhojan of the yagya of the Father of the yagya. Every grain of the yagya is very *valuable*, and you Brahmins receive this Brahma bhojan with so much love. This Brahma bhojan is no less. Those who have Brahma bhojan in their fortune are not aware of how much fruit they will receive from this, but they definitely do receive the fruit. This is why, even on the path of devotion, they say, "The bhandara (kitchen, treasure-store) of Shiva is full and all sorrow and suffering is removed." So, how much fruit would those who eat from this receive?

**60. Show an example of making someone who is always fighting become very peaceful...**

It is good that the Youth Group continues to grow. Then the problems of Bharat will end. The duty of the Youth is to make youth at their own places into Brahmin youth. Save them from corruption and make them elevated. Look, the sound has even reached the Government, but the result should become clear in their intellect; and for that, you have to bring them even closer. In every city or place you should create some method to serve the youth, who are corrupt and are fighting. Demonstrate this by bringing about such transformation in one of those youths. In every city, there is a youth group. So, those from every city should demonstrate this by transforming two or three such youth groups, so that they come to everyone's attention. For instance, when you served in the prisons, many were

transformed and they relate their experiences wherever they go. Similarly, demonstrate this by bringing about transformation in one of those *youth group associations*. Then, those youths would relate their experiences to other youths. You are doing this, and it is good. However, you should now make such an example emerge, someone who was always fighting, transform him, someone who is well-known amongst them. You have this courage, do you not? Demonstrate this by bringing about such transformation (of someone). Just as BapDada says “create *mikes*”, so too, show an example of making someone who is always fighting become very peaceful. Bring such a group here. Create such a group and bring them here. Look how many youths have come! There are many. They are very good and they have come from all directions. There are also some foreigners. It is good. Now spread the sound. You are doing a little service. You are not sitting idle, but now ignite the soul-bomb, just as there is a lot of sound spread everywhere when someone throws a bomb. Not an atomic bomb, but an atom (soul) bomb. Achcha. Many congratulations. Congratulations for arriving here on time. Achcha.

## Avyakt BapDada-31.12.2004

### 61. *The Father cannot bear to see or hear the sorrow and distress of the children...*

Seeing the conditions of the world, you must now especially make your two forms *emerge*. Those two forms are: To be merciful and benevolent towards all. Secondly, to be a master bestower, a child of the Bestower, for every soul. Souls of the world are completely powerless, sorrowful, peaceless and crying out. They are calling out in front of the Father and you worthy-of-worship souls: Give us happiness, peace, joy and courage even for a few moments. The Father cannot bear to see or hear the sorrow and distress of the children. Do all of you worthy-of-worship souls not feel mercy? They are begging: Give, give, give! So, children of the Bestower, at least give them a drop. The Father has also made you children His companions, the master bestowers, His *right hands*, and is giving this signal: You have to give all of those souls of the world liberation. All have to go to the land of liberation. So, O children of the Bestower, now through your elevated thoughts, with the power of your mind, give them liberation through any method, whether is it through words, relationships and connections, good wishes and pure feelings, *vibrations* or the atmosphere. They are crying out: Give us liberation! BapDada is telling His *right hands*: Have mercy!

### 62. *What is intense effort?*

In terms of the stage of the self, also especially check four things. This is called intense effort. Firstly, *check* whether you have the feeling of being an instrument. Is there any royal form of the consciousness of “I”? Is there any consciousness of “mine”? For ordinary people, “I” and “mine” are ordinary, they are gross. However, in Brahmin life, “mine” and “I” are subtle and *royal*. Do you know what the language of that is? “This happens all the time. This continues all the time. This will happen. We are moving along, we are seeing...” So, one is to be an instrument (nimit). You are an instrument in every way - whether in service, in your stage, in your relationships and connections. Your face and activity should be that of an instrument. The second speciality of that would be – feeling of an instrument and humble (nirman). An instrument and humility. To be an instrument and to carry out the renewal (nirmaan) with humility. So you heard three things - instrument, humility, renewal, and the fourth aspect is to be beyond sound (nirvana). Reach the land beyond sound whenever you want. Become stable in the stage beyond sound because only when you yourself are in the stage beyond sound will you enable other souls to reach the land beyond sound. Now, everyone wants liberation. They are crying out: Liberate us! Liberate us! So, to have these four things in a good *percentage* in your *practical* life means to be an intense effort-maker. Then BapDada will say: Wah! Wah children, wah! You too would say: Wah, Baba wah! Wah, drama wah! Wah, effort, wah!

### **63. Importance of good wishes and pure feelings...**

Good wishes and pure feelings are so powerful, but there should be no “why?” in-between. There should be nothing except good wishes and pure feelings. These are so powerful that you can transform someone with impure feelings with your own pure feelings. OK, if you are unable to transform them, then the second option is: If your good wishes and pure feelings are imperishable, not those for just some time, but imperishable, then you cannot be influenced by their impure feelings. When you begin to ask, “Why is this happening? How long will this continue? How will this continue?”, then the power of good wishes reduces. Otherwise, the thoughts of your good wishes and pure feelings have a lot of power. Look, all of you came to BapDada. Remember your first day. What did BapDada do? Whether it was impure ones, sinful ones, ordinary ones or those with different attitudes and different feelings who came, what did BapDada do? He had good wishes for you, did He not? You are Mine. You are *master* almighty authorities. You are seated on the heart-throne. He had these good wishes and pure feelings for you, did He not? It is with this that you belonged to the Father. Did the Father ever say, “Why have you sinners come?” He always had good wishes, “You are My children. You are *master* almighty authorities.” When the Father had good wishes and pure feelings for you, what did your heart say? “My Baba”. And what did the Father say? “My children”. If you continue to have good wishes and pure feelings in the same way, what will you be able to see? My sweet brother of the previous cycle, my long-lost and now-found sister. Transformation will take place.

### **64. True trustees, then BapDada can never let you go hungry...**

BapDada sees that all those who surrender their lives for service out of their own desire, those surrendered children definitely easily attain a means for their livelihood. Eat, drink and sing praise of God. When you do service, give lectures and courses, what is that? You are only singing God’s praise at that time, are you not? And BapDada is bound to give you daal and roti. He may not feed you 36 varieties of food; you will only sometimes be given that. That is also very good. Even if you are serving as trustees, if you are trustees - true trustees, not selfish trustees – if you are true trustees, then BapDada can never let you go hungry. He will definitely give you daal and roti. Does BapDada remain hungry? BapDada doesn’t remain hungry because all of you offer bhog. All of you do offer bhog, do you not? You don’t become too tricky at that time, do you? Not that you feed Baba one morsel and you then forget Him, no! If you are a trustee, then BapDada is also bound.

### **65. Do not write long letters...**

Now, BapDada will also see the result of one month. Simply write: I served this percentage: 40%, 80%, 20%, 10%. Simply write the percentage. Do not write long letters. Then, BapDada will give a prize to those who claim the first number. However, there has to be a *balance* between the self and service. There has to be a *balance* of contentment and happiness. Is that OK? Everyone will write their result. Simply write the percentage. “Sweet Dadi, योग्युक्त Dadi...” etc, do not write such long letters. Simply write your percentage because there isn’t time to read them.

**Avyakt BapDada-18.01.2005**

### **66. The golden key to all Godly treasures...**

Today, BapDada is looking at the *lucky* and *lovely* children from everywhere. Each and every child is merged in love. This Godly love is spiritual love. It is this love that has made you children belong to the Father. It is love that has easily made you victorious. Today, from amrit vela, every child garlanded the Father with a garland of love because each of you children knows what God’s love can make you into from what you were. The experience of love is such that it makes you a master of many Godly treasures, and the Father has given all the children the *golden* key to all Godly treasures. You know what the *golden* key is, do you not? This *golden* key is “My Baba!” As soon as you say “My Baba!” you claim a right to all treasures; you have full right to all attainments. You become powerful with all

powers. You become master almighty authority souls. What song emerges in the heart of such complete souls? That there is nothing lacking in the treasure-store of us Brahmins

### **67. Experience the pleasure of the stage of liberation-in-life...**

BapDada is pleased. Being Karankaravanhar, BapDada is pleased to see every step of the karanhar children because the main basis of success in service is: Karavanhar Father is making me, the karanhar soul, do it. I, the soul, am the instrument because with the feeling of being an instrument, you automatically have the stage of humility. The consciousness of "I", that brings you into body consciousness, automatically ends with the feeling of being an instrument. In this Brahmin life, it is this body consciousness of "I" that creates the biggest obstacle. When you experience that "Karavanhar is making me do it and I, karanhar, the instrument, am doing it", you will easily become free from body consciousness and you will also experience the pleasure of the stage of liberation-in-life. You are to attain liberation-in-life in the future anyway, but now, at the confluence age, the alokik bliss of the confluence age is truly alokik.

### **68. A lotus as the seat of Brahma...**

For instance, you saw Father Brahma – whilst performing actions, he was beyond any bondage of action. In life he was like a lotus – detached and loving. Whilst having such a huge responsibility of a big family, of life, of making you into yogis and of making you into angels and then deities yet, he was a carefree emperor. This is called the stage of liberation-in-life. This is why, on the path of devotion, they show a lotus as the seat of Brahma. They have shown him seated on a lotus. So, all of you children will have to experience liberation-in-life at the confluence age.

### **69. To become master bestowers of liberation and liberation-in-life...**

It is only at this time that you receive the inheritance of liberation and liberation-in-life from BapDada. It is at this time that you have to become master bestowers of liberation and liberation-in-life. You have become this and you have to become this. The method to become a bestower of liberation and liberation-in-life is to become free from the consciousness of the body in a *second*. This practice is now necessary. Let there be such *controlling power* over your mind, just like you are able to move your physical organs such as your hands and feet as and when you want. Does that take *time*? If you think that you have to raise your hand, would it take any *time*? You are able to do that, are you not? If BapDada were to ask you to raise your hands now, you will do that, will you not? Don't do it now, but you are able to do it. In the same way, there has to be so much control over your mind that you are able to concentrate it wherever you want. Although it is subtler than your hands and feet, it is still yours, is it not? You say, "My mind", do you not? You do not say, "Your mind". So, just as you keep the physical organs under your control, in the same way, your mind, intellect and sanskars have to be under control, for only then will you be called a number one victorious soul. Scientists can only travel within this world with their rockets and other facilities; or, at the most, they can reach the other planets. However, you Brahmin souls can reach the three worlds. Within a second, you can go to the subtle region, the incorporeal world and at least Madhuban in the corporeal world, can you not? If you order your mind to reach Madhuban in a second, are you able to do it? Reach there with your mind, not your body, but your mind. If you give this order to it: You have to go to the subtle region or the incorporeal world, are you then able to make your mind reach wherever you want in a second? Do you have this practice? There is now a greater need for this practice. BapDada has seen that you do practice this, but there now has to be greater attention paid to becoming concentrated whenever and for as long as you want, to becoming unshakeable and not coming into upheaval.

**Avyakt BapDada-03.02.2005**

### **70. Importance of accumulation of account...**

So, today, BapDada was seeing the chart of the treasures of the children who are the masters of the treasures. The Father has given everyone the same amount of the same treasures. He has not given multimillions to



some and a hundred thousand to others. However, you are numberwise in knowing the treasures and attaining them and in putting them into your life. Nowadays, BapDada repeatedly makes you children pay attention in various ways. Seeing the closeness of time, check with a subtle and unlimited intellect what you have received, what you have taken and whether you are constantly being sustained with those treasures. This *checking* is very necessary because, at present, Maya continues to test you with many different forms of *royal* carelessness and *royal* laziness. Therefore, constantly continue to *check* yourself. Check yourself with that much attention – do not check yourself in a careless way such as: I didn't do anything bad, I didn't cause anyone sorrow, I didn't have impure vision. That is *checking* anyway, but what did I do that was best of all? Did I constantly have soul-conscious vision in a natural way? Or, did I play games of remembrance and forgetfulness? For how many did I have good wishes and pure feelings and give blessings to them? How much did you So, today, BapDada was seeing the chart of the treasures of the children who are the masters of the treasures. The Father has given everyone the same amount of the same treasures. He has not given multimillions to some and a hundred thousand to others. However, you are numberwise in knowing the treasures and attaining them and in putting them into your life. Nowadays, BapDada repeatedly makes you children pay attention in various ways. Seeing the closeness of time, check with a subtle and unlimited intellect what you have received, what you have taken and whether you are constantly being sustained with those treasures. This *checking* is very necessary because, at present, Maya continues to test you with many different forms of *royal* carelessness and *royal* laziness. Therefore, constantly continue to *check* yourself. Check yourself with that much attention – do not check yourself in a careless way such as: I didn't do anything bad, I didn't cause anyone sorrow, I didn't have impure vision. That is *checking* anyway, but what did I do that was best of all? Did I constantly have soul-conscious vision in a natural way? Or, did I play games of remembrance and forgetfulness? For how many did I have good wishes and pure feelings and give blessings to them? How much did you accumulate in your account of accumulation? What was that account like? You know very well that it is only at this time that you can accumulate in your account. The account of accumulation of this time is that which you accumulate throughout the *full season*. Then, you will claim your fortune of the kingdom and become a worthy of worship deity according to how much you have accumulated. If you have accumulated less, there will be less fortune of the kingdom received; and you will also be numberwise in becoming worthy of worship. If you have accumulated less, you will be worshipped less. If you haven't accumulated in the right way and with discipline, you won't be worshipped in the right way with that discipline. If you are following the right method sometimes, then your worship and the status you claim will also be sometimes. BapDada has deep love for every child. Therefore, BapDada wants every child to become complete and equal. of accumulation? What was that account like? You know very well that it is only at this time that you can accumulate in your account. The account of accumulation of this time is that which you accumulate throughout the *full season*. Then, you will claim your fortune of the kingdom and become a worthy of worship deity according to how much you have accumulated. If you have accumulated less, there will be less fortune of the kingdom received; and you will also be numberwise in becoming worthy of worship. If you have accumulated less, you will be worshipped less. If you haven't accumulated in the right way and with discipline, you won't be worshipped in the right way with that discipline. If you are following the right method sometimes, then your worship and the status you claim will also be sometimes. BapDada has deep love for every child. Therefore, BapDada wants every child to become complete and equal

### **71. The attitude of being unlimited is lessened in service...**

BapDada has seen that the *majority* of children have less interest and pay less *attention* to the *subject* of yoga, that is, remembrance. There is greater attention to service. However if you are engaged in doing service without remembrance to a greater extent, there are then limitations in that. In that case, you don't have an attitude of being beyond. Then, the desire for name, regard and *position* becomes *mixed* and the attitude of being unlimited is lessened. This is why BapDada wants all His children, who are a handful out of multimillions and a selected few of that handful, to become *ever-ready* from now.

**72. But (lekin) means...**

But (lekin),... It isn't good to say "but..". When using the word "lekin" (but), Mother Jagadamba used to say that in the Sindhi language "le kin" means rubbish. To use the word "but" means to take one type of rubbish or another. So, Baba doesn't like using the word "but", but He has to say it.

**73. BapDada wants is your rubbish Just give away the rubbish...**

1. It is not a big thing to sacrifice yourself out of love. People of the world are ready to give their life for impure love, whereas all BapDada wants is your rubbish. Just give away the rubbish. Do not give good things, but give away the rubbish. What are weaknesses and defects? They are rubbish, are they not? To sacrifice rubbish is not a big thing. Let the situations end and let the original stage of the self become elevated. This is what you say, is it not? That the situation was like that? Do not even mention the name of situations because they make you fluctuate. Let the stage of the self be powerful. What should all of you be revealed as when the curtain of completion opens? As angels who are sparkling. All the children should be seen sparkling. This is why the curtain is waiting to be opened. People of the world are crying out, "Open the curtain, open the curtain!" Therefore, make your own plans. When you are given a plan made by someone else, then it is a different matter. Make your own plan with your own courage. Use the key of determination and you will definitely receive success. You have a determined thought and BapDada becomes happy, "Wah child! Wah!" You have a determined thought, but then a little bit of carelessness becomes *mixed* into that determination. This is why the percentage of success is sometimes half and sometimes three-quarters. Just as you have 100% love, in the same way, completion through your effort should also be 100%. It may be more than 100%, but not less.

2. I have to become this. If I don't become this, who else will? Have the faith, "I was that, I am that and I will become that once again." This faith will make you victorious

**74. If you change yourself, the other person will also change.**

Do not look at others; look at your own self. Some children have a heart-to-heart conversation and they say: Just put that one right a little bit, and then I will become OK. Change that one a little and then I will also change. However, neither will that one change nor will you. If you change yourself, the other person will also change. Do not be dependent on anything such as: This will happen if that happens. I have to do it. Achcha. Shiv Ratri is soon going to come. Achcha.

**Avyakt BapDada-20.02.2005****75. The lines of fortune of all the children...**

Today, BapDada, the Bestower of Fortune, is seeing the lines of fortune in the centre of the forehead of all the children. The lines of the sparkling divine stars are visible on the forehead of every child. Baba is seeing the lines of love and power in each one's eyes. Baba is seeing the line of elevated and sweet words on your lips. The line of a sweet smile is sparkling on your lips. Baba is seeing in your heart the line of being merged in the love of the Comforter of Hearts. Baba is seeing on your hands the line of always being full of all treasures. Baba is seeing on your feet the line of earning multimillions at every step. No one else throughout the whole cycle has such elevated fortune as you children have attained at this confluence age

**76. Full points in the final moment that is to come...**

Can you become a master of the mind in one *second* and order your mind? Can you do this? Can you concentrate your mind? Can you put a *full-stop*? Or, is it that you try to put a *full-stop* but it becomes a *question mark*

instead? What? Why? How? What is this? What is that? There shouldn't even be an exclamation mark. It should be a *full-stop*. Become a *point* in a *second*. There isn't any other hard work. Simply put into practice the one word "*point*". You have to become an embodiment of the *point*; put a *point* (full-stop) to all *waste* and churn the *points* of the elevated versions that you hear. There isn't any other difficulty. Remember the *point*, put a *point* and become a *point*. No matter how busy you are throughout the day, every so often, *try* and practise this: Can you become a *point* in a *second*? Can you apply a *point* in a *second*? Only when you repeatedly have this practice will you be able to claim *full marks*, *full points* in the final moment that is to come and *pass with honours*. This is the Godly study. This is the Godly sustenance.

## Avayakt BapDada-07.03.2005

### 77. To keep this fast means to make your attitude elevated...

When you keep a fast, of definitely having to become pure, then, to keep this fast means to make your attitude elevated. As your attitude, so your vision, and your actions automatically become like that. So, you have kept such a fast, have you not? Pure and clean attitude, pure and clean vision – when you look at one another, what do you look at? Do you look at the *face* or at the sparkling soul in the centre of the forehead? One child said that when he has to speak to others, or when he has to do something, he has to do that whilst looking at the *face*, and that the vision goes towards that person's eyes. However, sometimes, seeing the *face*, your attitude changes a little. BapDada says: Together with the eyes there is also the forehead. So can you not speak to the soul whilst looking at the centre of the forehead? Now, BapDada is sitting in front of you, so can you tell whether He is looking at your eyes or at your forehead? They are both together. So, look at the *face*, but look at the sparkling star in the centre of the forehead on the *face*. Therefore, keep this fast. You are keeping this fast, but now pay more *attention*. You have to speak whilst looking at the soul: the soul is speaking to the soul. The soul is looking at the soul. Then your attitude will always remain pure, and, together with that, the other benefit is: that as your attitude, so the atmosphere created. By creating an elevated atmosphere, together with your own effort, service is also done. So, that is *double* benefit, is it not? Create such an elevated attitude that no matter how vicious or impure someone may be, he is transformed by the atmosphere created through your attitude. Let there always be this fast in your awareness and in your form.

### 78. Prasad (holy offering) is never anyone's personal possession...

Nowadays, BapDada has been looking at the children's *chart*. Instead of creating the atmosphere through your own attitude, sometimes the children become influenced by the atmosphere created by others. What is the reason for that? In their heart-to-heart conversations, children speak very sweet things. They say: I like that one's speciality, I receive a lot of co-operation from that one. However, that speciality is a gift from God. Whatever attainments and specialities you have in Brahmin life, they are Prabhu-prasad (an offering from God), they are God's gifts. So you forget the Bestower and you remember the ones who are the receivers. Prasad (holy offering) is never anyone's *personal* possession. This is called "Prabhu prasad" (special offering received from God). It is not said to be "prasad of So-and-so". You receive co-operation, and that is good, but at least do not forget the Bestower who enables you to receive co-operation.

### 79. BapDada has come to liberate every child from laboring...

1. BapDada has come to liberate every child from labouring. You have worked hard for 63 births. Therefore, now, with God's love in this one birth, become free from labouring. Where there is love, there is no labour, and where there is labour, there is no love. So, BapDada is giving you the blessing of being an easy effort-maker, and the way to become free is love – love for the Father from your heart. Be absorbed in love and the great instrument (yantra) is the mantra of manmanabhav. So use this instrument. You know how to use it, do you not? BapDada has seen how, through God's love at the confluence age, you have received

so many powers and virtues, so much knowledge and happiness. Therefore, use all of these treasures and gifts from God at the right time.

2. so, did you hear what BapDada wants? That each child should be an easy effort-maker; easy and also intense. Use determination. I have to become that; if I don't become that, who will? I was that, I am that and I will be that every cycle. You definitely have to adopt such firm faith in yourself. Do not say that you will do it at some point; you definitely have to do it. It has to happen. It is already accomplished.

### **80. Any work to do that requires labour, then say from your heart, "Baba, my Baba!"**

So, what special blessing of today will you remember? Easy effort-makers. Anything that is easy is done quickly. Work that requires a lot of effort is difficult and therefore takes *time*. So, who are all of you? Easy effort-makers. Say it! Remember it! When you return to your countries, do not get engrossed in labouring. When you have any work to do that requires labour, then say from your heart, "Baba, my Baba!" and the labour will finish. Achcha.

## **Avyakt BapDada-25.03.2005**

### **81. Importance of holi...**

Holy means purity: you are the *holiest* and also the *highest*. The *foundation* of this Brahmin life is purity. The slightest impurity even in your thoughts doesn't allow you to become elevated. Purity is the mother of happiness and peace. Purity is the key to all attainments. This is why the *slogan* of all of you is: "Be pure and be yogi". Even in the festival of Holi they first burn something and then celebrate. They do not celebrate without first burning. To burn the impurity; you burn the impurity with the fire of yoga. And as a memorial of that, those people burn something in a fire and, after burning it, when they have become pure, they celebrate with happiness. As a memorial of your becoming pure, they celebrate a meeting, because it is when all of you too burn away the impurities and become red with the colour of God's company that you celebrate a meeting with all souls by having good wishes and pure feelings. The memorial of this is that you have an auspicious, happy meeting. This is why BapDada is reminding all of you children of the awareness: Always receive blessings from everyone and give blessings to everyone. With the good wishes of your blessings, celebrate an auspicious meeting. Even if someone does have bad wishes for you, that soul is under an influence of impurity. And if you accommodate those bad wishes in your mind, do you then remain happy? Do you experience happiness? Or, do you experience sorrow of waste thoughts such as "Why? What? How? Who?" To accept those bad wishes means to make yourself experience sorrow and peacelessness. Then you are disobeying BapDada's shrimat of: Give happiness and take happiness.

### **82. Why has Father Shiva come from Paramdham?**

Since He is *combined*, since the Almighty Authority, BapDada, is *combined*, then why do you become alone? Even if you are weak, BapDada is the Almighty Authority. It is when you become alone that you then become weak. Remain in the *combined* form. BapDada is co-operative with every child at every moment. Why has Father Shiva come from Paramdham? For what has He come? He has come to be co-operative with you children. Look, even Father Brahma became avyakt from vyakt. What for? Through the avyakt form, rather than the corporeal form, he can give the maximum co-operation of all. So, since BapDada is *offering* to give you His co-operation, why do you remain alone? Why do you engage yourself in labour? You have laboured for 63 births. Do those sanskars of labouring pull you even now? Stay absorbed in love. Remain merged in *love*. Love will enable you to become free from labour. Do you like labouring? Or are you compelled by your habits? You are easy yogis. BapDada has brought a special gift for you children from Paramdham. Do you know what gift He has brought? He has brought

heaven on the palm of His hand. You also have a picture showing that He has brought the fortune of the kingdom for you children. This is why BapDada doesn't like it when you have to labour.

### **83. Make the fruit of service that has emerged strong...**

BapDada is pleased to see the children but, for the future regarding all the souls who have come into connection and relationship, every *centre* should call those souls *group* by *group*, and sustain them to make their *foundation* strong. Their *relationship* has been forged. The relationship is forged whether they come sometimes or *regularly*, or whether they have just come into connection or relationship. Together with the relationship, forge such a strong *connection* of souls with the Father that they don't have to labour a great deal. They shouldn't have to repeatedly battle with Maya. Strengthen the love in their heart so that no obstacles can come. When you have deep love for the Father, obstacles cannot come. That is impossible. Therefore, do the service of giving a message, but make the fruit of service that has emerged strong. Let them become ripe. They should not remain unripe because time is going *fast*. There is no guarantee of time. Anything can happen at any time, and it will happen suddenly. BapDada knows when something is to happen but He will not tell you because the *paper* has to be given suddenly. Therefore, increase the account of accumulation a great deal.

### **84. Stop and stock...**

At present, BapDada is repeatedly drawing your *attention* to two things: 1) *Stop*. Put a full-stop. Put a *point*. 2) *Accumulate your stock*. Both are essential. Especially accumulate three treasures: 1) Accumulate the reward of your efforts, that is, the practical fruit of your efforts. 2) Always remain content and make others content. Do not just remain content, but also make others content and, as a result of that, accumulate blessings. Sometimes, some children accumulate in their account of blessings, but whilst moving along they become *confused* over trivial matters and then become discouraged, and put a line through the treasures that they have already accumulated. So, accumulate in your account of blessings, and the method for that is to remain content and make others content. 3) Accumulate the fruit and treasures that you receive through service. And in service too, especially serve as an instrument with humility, with pure and gentle words – unlimited service. It is not mine, but Baba's. Baba, Karavanhar, (The one who gets everything done through others) is getting everything done through me, karanhar (the one who does everything): this is unlimited service.

### **85. Become a master sun and spread the rays of experience.**

Sorrow is now increasing a lot and it will continue to increase. Therefore, become a *master sun* and spread the rays of experience. The sun gives so many types of attainment at the same time; it doesn't give just one attainment. It doesn't just give light, it also gives *power*. It enables you to have many attainments. In the same way, all of you should also become suns of knowledge for these 6 months and spread the rays of happiness, joy, peace and co-operation. Give an experience. As soon as others see your face, they should at least be able to smile through their waves of sorrow. Through your *drishti*, they should receive courage. Therefore, you have to pay this *attention*. You have to become the bestowers of fortune and *tapaswi* souls. Do such *tapasya* that the flames of *tapasya* give one experience or another. Let them not just hear words, but also give them an experience. Experience is immortal. Words are just words; they are liked for a short time, but they are not remembered permanently. Therefore, become an *authority* of experience and give an experience. Give whoever comes in relationship and connection with you courage, zeal and enthusiasm through your co-operation and a *connection* with BapDada. Do not make them labour too much. You must not labour nor must you make others labour. You are instruments, are you not? Create such *vibrations* of zeal and enthusiasm that even those who are serious feel that zeal and enthusiasm. Their mind should dance in happiness.

### **86. The double-foreigners send long e-mails...**

BapDada has heard that the *double-foreigners* send long *e-mails*. You have made child Janak very *busy*. She has to stay awake at night. So, continue to make a short-cut in this too; do not write long e-mails. Is that OK?

They can be *short*, can they not? So, is it OK? Will you make them *short*? You may send your news, but let it be *short*. Just 3 to 4 *lines*, and maximum 5 *lines*. This is possible, is it not? Those who will *cut* them *short*, raise your hands. Those who don't even write are not raising their hands. You are clever. It is good. Achcha.

### Avyakt BpaDada-04.09.2005

#### **87. The Father, ( the Lord ), becomes present...**

With your companions and your workers, do not give sorrow and do not take sorrow. Give blessings and receive blessings. If, at such a time, you say with a right, from your heart, "My Baba", "God, my Baba", it is then said: God is always present. If you say from your heart at such a time with a right, "My Baba", then the Father, the Lord, becomes present. What is the Father for? He exists for the children and it is not possible for the Father not to cooperate with the children who have a right. Impossible!

#### **88. A method for let go the weakness to Baba...**

If, even by mistake, any bad thought comes to you what will you do then? What will you do? It will come, because you have given sustenance over a long period to bad things. Look, when you have looked after an animal, and then left it somewhere far away, it would still come back after you have returned. So, for instance, you raised your hand and you did very well. However, if some weakness comes back by mistake, what will you do? Will you let the weakness come back? Look, Baba is going to show you a method for this too. You have made a promise and you have given the bad things away. You have given them to the Father, have you not? OK, when you have given something away to someone, if it comes back to you by mistake, then what would you do? Would you keep it? Would you keep it with you? Or would you return it? You would return it, would you not? Therefore, if the slightest trace of anger, greed, attachment, arrogance, comes to you even by mistake because you have kept them for a long time, then give them back: Baba, Baba, You look after Your things; they are not mine. The Father is the Ocean, is He not? Merge them in the Ocean. You mustn't *use* them. It is something the Father has been entrusted to look after. So, one mustn't be dishonest with the entrusted treasures. Give them to the Father. Baba, You know and they know; I will not *use* them. You also teach little children not to eat dirt. You do teach them, do you not? However, if the child then eats dirt, he likes the dirt, then what do you do? Do you repeatedly make his hands release it or do you let him eat it? You make him let it go from his hands, do you not? So, here, you have to make your mind let go. Those things will enter your mind, will they not? So, become a master of your mind and let go of those things. Is this method OK? Will you do it? It will become easy

#### **89. Courage...**

Do not lose courage. One step of your courage and there are definitely a thousand steps of help from the Father. Experience it and see. Do not lose courage. Do not become disheartened. You are the children of the Almighty Authority. Do not become disheartened. Do not lose courage. Have a determined thought. Success is your birthright.

#### **90. Drishti...**

You want to receive drishti and so always keep BapDada in your drishti. Do not take drishti just like that. To take drishti means to merge the Father in your drishti. Take drishti in this way. Achcha.

### Avyakt BapDada-21.10.2005

### **91. An angel means....**

1. An angel means one who has no connection with the old world and old sanskars. An angel means not just to be *double-light* at the time of problems, but to remain constantly *double-light* in your thoughts and words, relationships and connections, to be light.
2. An angel means to be loved by all and detached from all; not just a few, but loved by all and detached from all. Not just loving, but to the extent that you are loving, you are also detached. The sign of an angel is that you are loved by all. Whoever sees you, whoever you meet, whoever comes into relationship or connection with you will feel that you belong to them, just as for the Father, everyone experiences Him to belong to them
3. Similarly, an angel means everyone experiences that you to belong to them. There should be the feeling of belonging, because when you are light, this lightness makes you loved by everyone. The whole Brahmin family should feel that you belong to them.
4. An angel means to be unlimited in your thoughts, words, actions, relationships and connections. There should be no limitations. Everyone is mine and I belong to everyone. Where there is a greater feeling of belonging, there is lightness, lightness in sanskars too. So, *check* to what *percentage* you have reached the angelic stage.

### **92. "I" and "mine"...**

The main obstruction in becoming an angel and in your efforts is two words that are *common*; they are not difficult and everyone also *uses* them many times. What are they? "I" and "mine". BapDada told you a very easy method earlier too, of changing this "I" and "mine". Do you remember it? Look, when you use the word "I", at that time, in front of you is "I am a soul". As soon as you speak the word "I", bring the form of the soul in front of you. Do not use the word "I" just like that, but, "I, the soul". Bring this into your awareness in a *natural* way. After using the word "I", always add "the soul". I, the soul. When you use the word "mine", then first say, "My Baba". My handkerchief, my saree, my this.... However, first is "My Baba". When you say the word "Mine", Baba comes in front of you. Use the word "I" and the soul comes in front of you. Make this your *nature* and *natural*.

### **93. Being an instrument with humility and good wishes...**

Your being an instrument with humility and good wishes will create such an atmosphere that the other person will change through your *vibrations*. Some children have a heart-to-heart conversation and say: I had good wishes for a month and yet that one hasn't changed at all. Then they become tired and disheartened. Now, the poor helpless person's attitude and vision are stone-like and so, of course, it will take some time. OK, say for instance, that that one doesn't change; then, you should at least keep yourself OK. You should at least stay in your own *position*. Why do you become disheartened? Do not become disheartened. OK, that one is not changing, but together with that, you should not allow yourself to change. In that case, to become disheartened means that that one was more *powerful*, that he changed you. Why do you leave your *seat* of self-respect? No *waste thoughts* as to "Why?" should even arise. As soon as you say "Why?" you open the door to *waste thoughts*. That door then closes with great difficulty. Therefore, do not think about "Why?". Be *merciful* and continue to give *vibrations*. Why do you leave your *seat* and become disheartened? Remember that you mustn't come down from your *position*, because there would then be a lot of *opposition*. There will be *opposition* between people, there will be *opposition* in nature and sanskars, there will be *opposition* in ideas; this is why you have to stay in your *position*.

### **94. Whenever you speak to anyone, and then always definitely smile...**

Whenever you speak to anyone, then always definitely smile. When you smile, half the other person's sorrow will be removed. *Charity begins at home*. Whoever you speak to, whether it is to your companions, Brahmins or those without knowledge, have a smiling face, be a spiritual rose. Do not speak with *seriousness*, "What are you doing? Why are you doing this?" No. Speak with a smile. Do you have a *stock* of smiles? That hasn't finished, has it? A smiling face looks so good. When you see anyone's face full of anger, you want to move away from that person and everyone wants to go close to someone who has a smiling face. So, a *photograph* of your present smiling face

will now be given to you. Keep that *photo* with you. Will you keep the paper *photo* or the photo in your heart? . When you smile, half the other person's sorrow will be removed. *Charity begins at home*. Whoever you speak to, whether it is to your companions, Brahmins or those without knowledge, have a smiling face, be a spiritual rose. Do not speak with *seriousness*, "What are you doing? Why are you doing this?" No. Speak with a smile. Do you have a *stock* of smiles? That hasn't finished, has it? A smiling face looks so good. When you see anyone's face full of anger, you want to move away from that person and everyone wants to go close to someone who has a smiling face. So, a *photograph* of your present smiling face will now be given to you. Keep that *photo* with you. Will you keep the paper *photo* or the photo in your heart?

### **95. Students sustained through centres...**

At whatever place of service, when there is growth in service that is free from obstacles, what is the reason for that? Do you know? Sustenance. In many *centres*, very good service of the VIPs takes place, but the *students* are not being sustained as much there, and this is why the number of *students* doesn't increase. *Students* then do not remain involved in regular service with zeal and enthusiasm. They will come to *class* and do whatever you ask them, but will not have their own zeal and enthusiasm. So, this is the *result* of sustenance. Congratulations.

## **Avyakt BapDada-15.11.2003**

### **96. Make a promise; in order to take the benefit...**

Look, you made a promise and that is good. Congratulations! However, it is just that you don't take the benefit of that promise. You very quickly make a promise, but, in order to take the benefit of it, first of all, have *realisation* every day and, secondly, *revise* it. *Revise* your promise every day: What did I promise? After the meeting at amrit vela, make a *chart* of the *balance* of both the promise (*vaada*) and its benefit (*faida*). What did you promise? What benefit are you taking? *Realise* this and *revise* it. When there is a *balance*, it will be all right.

All of you are those who have made a promise and are taking benefit of that promise, and so your feeling of being an instrument will help others. *Realise* this again and again. *Realise* in your heart what you have to do and what you must not do. Put the *seal* of the *Almighty Government* on the word "No" for 21 births, and continue to say, "Ha ji, ha ji". You are *master* almighty authorities and you can do whatever you want. You have received this much *authority* from the Father. Before you have a thought, speak a word or perform an action, *check* whether it is equal to that of the Father or not. *Check* it first and then put it into the *practical* form. When your conscience says yes, "Ha ji", then put it into the *practical* form. You have to become equal and also do that which is equal. You also have to go with Baba. BapDada continues to look at every child with very high hopes in each one: "This one is going to become that, he did become that and is definitely going to become that."

### **97. Use in a worthwhile way. Be successful...**

1. BapDada wants just one expression: Use in a worthwhile way. Be successful. All the treasures you have, the powers you have - thoughts, words and actions are also powers - time is a treasure and also a power - you have to use all of that in a worthwhile way. Whether it is physical wealth or the spiritual treasures, you have to use everything in a worthwhile way. You have to receive the *certificate* of being an embodiment of success. Use everything in a worthwhile way and enable others to use everything they have in a worthwhile way. If someone is not using something in a worthwhile way, then do not say anything or give corrections, but do it with your good wishes, pure feelings and constantly giving pure regard, and so enable them to use everything in a worthwhile way



2. You want to become *double-light*, therefore use everything in a worthwhile way. Even use your sanskars in a worthwhile way. Make your *original* sanskars, your deity sanskars, and the eternal sanskars of the soul, *emerge*. Have a cremation ceremony of the wrong sanskars. Make your original and eternal sanskars *emerge*.

### **98. Use everything in a worthwhile way...**

Use everything in a worthwhile way and enable others to use everything they have in a worthwhile way. If someone is not using something in a worthwhile way, then do not say anything or give corrections, but do it with your good wishes, pure feelings and constantly giving pure regard, and so enable them to use everything in a worthwhile way. Do not just give correction. If you have to give correction, then let it be with forgiveness and then correction. Give teachings through your form of forgiveness. Be *merciful*. Be merciful. Your *merciful* form will definitely show the fruit of the correction. Look, nowadays, even when surgeons perform an *operation*, what do they do first? They first put you to sleep (anaesthetic) and then operate on you. They do not operate on you before that. They apply a *tincture*; first they blow and then they apply a *tincture*. So, you too first of all have to become *merciful*, and then give correction, and this will create an impact on them. Otherwise, when you begin to give correction, they are already cleverer than you. So, a teacher would not accept correction from a teacher. When you tell them a *point* - "Don't do this, but do this" - they will have 10 *points* to *cut* you off. Therefore, forgiveness and correction should go together.

## **Avyakt BapDada-30.11.2005**

### **99. Do not make "Yours" become "mine"...**

When the Father made you belong to Him, and gave you Brahmin birth, what was the promise that all of you made for your Brahmin life? To belong to one Father and none other. Do you remember your promise? Do you? Nod in agreement. OK, you are waving your hands. Do you remember it firmly or do you sometimes forget it? Look, you have become those who have forgotten for 63 births, whereas in this one birth you have become embodiments of remembrance. So, the Father is asking you children: Do you remember the promise of your childhood? He has made it so easy for you. The world is in the Father. You have all relationships with the one Father. You have all attainments from the one Father. It is just the One who teaches you and also sustains you. Everything is in the One. Even if it is the family - the Godly family - it is also the one Father's. It is not the family of different fathers; it is just the one family. In the family too, you have spiritual love for one another; it isn't just love, it is spiritual love. BapDada is reminding you of the promise you made when you took birth. What other promise did you make? Everyone said to the Father from their heart with a lot of zeal and enthusiasm: Everything is Yours. Body, mind and wealth are all yours. Whatever you have given to the Father, He has entrusted that to you for you to use for the task. You gave them to the Father. You gave them, did you not? Or, do you take them back a little? When you take them back, that is being dishonest with whatever is entrusted to you. Some children say when they have a heart-to-heart conversation: My mind is distressed. Where did "my mind" come from? When you have surrendered "mine" to Yours, ? When the Father made you belong to Him, and gave you Brahmin birth, what was the promise that all of you made for your Brahmin life? To belong to one Father and none other. Do you remember your promise? Do you? Nod in agreement. OK, you are waving your hands. Do you remember it firmly or do you sometimes forget it? Look, you have become those who have forgotten for 63 births, whereas in this one birth you have become embodiments of remembrance. So, the Father is asking you children: Do you remember the promise of your childhood? He has made it so easy for you. The world is in the Father. You have all relationships with the one Father. You have all attainments from the one Father. It is just the One who teaches you and also sustains you. Everything is in the One. Even if it is the family - the Godly family - it is also the one Father's. It is not the family of different fathers; it is just the one family. In the family too, you have spiritual love for one another; it isn't just love, it is spiritual love. BapDada is reminding you of the promise you made when you took birth. What other promise did you make? Everyone said to the Father from their heart with a lot of zeal and enthusiasm: Everything is Yours. Body, mind and wealth are all Yours. Whatever you have given to the Father, He has entrusted that to you for you to use for the task. You gave

them to the Father. You gave them, did you not? Or, do you take them back a little? When you take them back, that is being dishonest with whatever is entrusted to you. Some children say when they have a heart-to-heart conversation: My mind is distressed. Where did "my mind" come from? When you have surrendered "mine" to where did "my mind" come from? All of you have become emperors without even a shell. Now nothing is yours. You are without a shell, and yet you are emperors. Why? The Father's treasures have become your treasures, and so you are emperors, are you not? God's treasures are the children's treasures. So, BapDada is reminding you of your promises. Do not make "Yours" become "mine". The Father says: Since the Father has made you prosperous with Godly treasures, He also took the responsibility. With which words? "Remember Me and you have a right to all attainments. Simply remember Me." And you said: I am Yours and You are mine. This is a promise, is it not? So the Father says: Constantly use the treasures for yourself and for all souls. The more you use them, the more the treasures will increase. You have the treasure of all powers; so use all the powers. Do not simply keep this *knowledge* in your intellect - "I am an almighty authority" - but use all the powers for service according to the time.

## Avyakt BapDada-31.12.2005

### **100. Sing the song of "Wah, wah"...**

Did you ever think about this even in your dreams that you, the soul, have such a fortune recorded in the drama? It was recorded and it is recorded for souls to meet the Supreme Soul. The Father too is pleased to see the fortune of each child. Wah! Fortunate children, wah! Seeing your fortune, you *automatically* sing the song of "Wah, wah" from your heart, do you not? Wah, mai (myself), wah! Wah, my fortune, wah! Wah, my Baba, wah! Wah, my Brahmin family, wah!

### **101. Have you given away the burdens to BapDada...**

1. This is everyone's effort, is it not? To become an angel from a Brahmin, and a deity from an angel. You have given to the Father all the types of thoughts and the burden of the family and of your actions that you have, have you not? Have you given the burden to Him or is there still a little burden left with you? Because, even the slightest burden will not allow you to become an angel, and, since the Father has come to take the burden from you children, is it difficult to give Him the burden? Is it difficult or easy?
2. Have you given away the burden? Achcha. Have you given it away? Congratulations! If you have given it away, then many congratulations! And, those who have not given it, what have you kept it for? Do you love burdens? Do you like burdens? Look, what does BapDada call each of you children? O My carefree emperor children. One worries about their his burden. The Father has come to take away the burden, because the Father is seeing that the children have become very heavy carrying the burden for 63 births. Therefore, since the Father is telling you children with love to hand the burden over to Him, why are you still holding on to it? Do you like the burden? The most subtle burden of all is that of the old sanskars

### **102. The old sanskars...**

1. What did BapDada see? That for some children the attraction to this old world has been reduced a little. The attraction to old relationships has also been reduced, but for the *majority*, the burden of old sanskars still remains
2. So, today, together with congratulations, BapDada is giving all the children this signal: this sanskar that still remains will deceive you at some time, and, at the end too, it will be an instrument to deceive you. Therefore, today, have the cremation ceremony of the sanskars. Each one of you knows your own sanskars; you want to renounce them, you are fed up with them, but you are not intense effort-makers in transforming them for all time. You do make effort, but you are not intense effort-makers. What is the reason for this? Why are you unable to make intense effort? The reason is this. Just as you kill Ravan, and you don't just kill Ravan, but

you also burn him, in the same way, you make effort to kill the sanskars, they even become a little unconscious, but because they are not burnt, they awaken every now and then from being unconscious. For this, to have the cremation ceremony (sanskar – final ceremony when a person dies) of the old sanskars, pay *attention* with determination to burn them in the fire of yoga in the New Year.

### **103. The fire of yoga...**

BapDada even sees you children practising having yoga. You also make a lot of effort at amrit vela, but your yoga-tapasya is not in the form of an intense fire. You definitely remember Baba with love, you also have many heart-to-heart conversations, you also practise taking power from Baba, but you haven't made your remembrance so *powerful* that if you had the thought to bid farewell, you would actually be able to bid farewell. You are not using yoga in the form of the fire of yoga. Therefore, make your yoga *powerful*. The power of concentration is especially necessary to burn particular sanskars. Whatever form you wish to become stable in, for however long you wish to become stable in that, you just have a concentrated thought and you will be able to burn it. This is called the fire of yoga. All name and trace finish. When you kill something, the corpse still remains. When it is burnt, all name and trace of it finishes. So, this year, let your yoga reach a *powerful stage*. Whatever form you wish to stay in, when you, a *master* almighty authority, issue an *order* to the power to finish something, it is not possible that that power would not obey your *order*.

### **104. A programme to have an experience...**

Also have the aim that you won't have yoga with just a *commentary* but that you will give them an experience. An experience makes them strong. There should be the same programme at the same time at every centre. Each centre should write the *result* of what everyone experienced. You may have a one-day or a three-day programme, but it should be at the same time everywhere, just as you have the programme for the *third Sunday*. Now, aim to have a programme everywhere for giving an experience, so that people from this land will also understand that you have held a programme everywhere in the world at the same time to bring about peace in the world. Aim to make them experienced. They should not go away having just heard something, but they should go away with an experience. How did all of you come to belong to the Father? You experienced something or other, whether it was love, or whether you experienced love by eating *toli*. You experienced the behaviour of the sisters, you experienced the smile of the sisters, you experienced their hospitality. You experienced something or other and this is why you came to belong to Baba. So, make them have an experience in this way. Now do continuous service. A lot of service still remains to be done. Achcha

## **Avyakt BapDada-14.03.2006**

### **105. You are the ancestors...**

BapDada is seeing that many of your brothers and sisters – not Brahmins, but agyani souls – have become disheartened in their lives. You will now have to put wings of courage on them. They have become completely without support and lost all hope. So, o merciful ones, compassionate, kind ones, specially beloved deity souls of the world, fulfil their desires with your pure wishes, feelings of mercy and soul consciousness. Are you not receiving the *vibrations* of sorrow and peacelessness? You are the instrument souls, the ancestors, worthy-of-worship souls, the trunk of the tree and the *foundation*. Everyone is searching for you: Where have our protectors gone? Where have our special beloved deities gone? The Father is able to hear a lot of calling. Now, with self-progress, give them the *sakaash* (current of energy) of the different powers. Give them the wings of courage. Your *drishti* is a sprinkler – with the sprinkler of your *drishti*, colour them with the colour of happiness, peace, love and bliss. You have been coloured with the colour of God's company. Give all the other souls a little experience of the colour of spirituality. Give them the experience of the auspicious *mela* of a meeting with God. Show the wandering souls the path to their destination.

**106. Drill: give rays of the powers to the souls of the world...**

Now, in one *second*, finish all the thoughts in your mind. In one *second*, sit with the highest on high Father in the supreme place, in the highest-on-high place, in the highest-on-high stage. Become a *master* almighty authority, the same as the Father, and give rays of the powers to the souls of the world. Achcha.

**Avyakt BapDada-28.03.2006****107. Accumulation of 100 marks in service...**

They did service, but, at the time of doing service or even after doing service, if they are content with themselves in their mind, and also, the souls whom they served and those who were their companions in service, and those who saw or heard the ones doing that service, if they also become content, then you can understand that they have accumulated. If there isn't contentment within the self and in others, then the *percentage* that is accumulated is reduced.

**108. There is a difference between the understanding and the taking it into yourself...**

BapDada *reads* the thoughts in the minds of many children. According to the time and their *circumstances*, some children say: How can I give blessings to someone who does something bad? One feels anger towards that person, so how can one give blessings? And yes, anger has many children too. OK, that person did something bad and so he is bad, and you correctly understood that that one did something bad. It is good that you made a good judgment and you understood him well, but it is one thing to understand and another to take into your heart whatever bad things the other one does and the bad situations. There is a difference between the understanding and the taking it into yourself. If you are sensible, then would a sensible person keep bad things within himself? That person is bad, and you merged it in your heart, that is, you kept that bad thing with yourself and looked after it. It is one thing to understand and something else to take it into yourself. It is good to be sensible, be that, but do not take it into yourself: "This one is like that anyway." That is taking it into yourself. To interact with others with that understanding is not an act of common sense.

**Avyakt BapDada-31.10.2006****109. Special love of paramatma...**

1. Today, the Ocean of Love has come to meet His children who are worthy of God's love. All of you have also arrived here in the subtle aeroplane of love,
2. Waves of love are emerging in everyone's heart, and love alone is the *foundation* of this Brahmin life. When all of you came here, it was love that pulled you, was it not? You heard the knowledge later, but it was love that made you loving to God. You would never have even dreamt that you would become worthy of God's love. And what do you say now? That you have become that. This love is not ordinary love, it is love from the heart. It is soul-conscious love, it is true love, it is altruistic love. This love from God very easily gives you the experience of remembrance. It is difficult to forget someone you love, it is not difficult to remember that one; it is difficult to forget that one. Love is a subtle magnet. Love makes you an easy yogi. It liberates you from labour. Remembering with love doesn't require effort. You then eat the fruit of love.
3. you also have special love, do you not? You have love, do you not? You have so much love! How much? Can you compare it to anything? There cannot be any comparison. You all have a song: There aren't as many stars in the sky nor is there as much water... you have unlimited love, unlimited affection.

### **110. All the time, be a great donor and a constant donor...**

Love is unbroken, but there is a difference in the *percentage*. So, what is the mantra to finish the difference (antar)? All the time, be a great donor and a constant donor. Always be the children of the Bestower, the World Server. At no time should it be that you are not a *master* bestower. This is because you have also had the thought to become a helper with the Father in His task of world benefit. Whether you give the donation and co-operation of powers through your mind, whether you give donation and co-operation of knowledge through your words, or whether you give the donation of virtues through your actions or the donation of happiness through your loving connection, you are the masters of so many unending treasures; the *richest in the world*. You have endless and constant treasures. The more you give, the more they increase. They will not decrease, they will increase because, at the present time, the *majority* of your spiritual brothers and sisters are thirsty for these treasures. So, do you not have compassion for your brothers and sisters? Will you not quench the thirst of the thirsty souls? Does the sound not reach your ears, "O our gods and goddesses, give us power, give us real love!" Both your devotees and souls who are experiencing sorrow are crying out, "Have mercy, have compassion, O gods and goddesses of mercy and compassion!" You can hear the call of time, can you not? And the time to give is now.

### **111. Free from obstacle; problems and laboring...**

1. Does the sound not reach your ears, "O our gods and goddesses give us power, give us real love!" Both your devotees and souls who are experiencing sorrow are crying out, "Have mercy, have compassion, O gods and goddesses of mercy and compassion!" You can hear the call of time, can you not? And the time to give is now. At what other time would you give? You have accumulated such unending, constant treasures; so when will you give them? Will it be in the final moments? At that time you will only be able to give a drop, a handful. So, when will you use the treasures that you have accumulated? *Check*: Am I using one treasure or another in a worthwhile way at every moment? There is *double* benefit in this. By your using the treasures in a worthwhile way, souls will benefit and together with that, because you are great donors, you will easily become destroyers of obstacles, not embodiments of problems, but embodiments of solutions. There is *double* benefit. "Today this obstacle came, yesterday that obstacle came, today this happened, yesterday that happened..." You will become free from obstacles and problems for all time. You will be saved from giving time to problems and labouring over them, when you sometimes become unhappy and sometimes enthusiastic, because BapDada does not like to see the children labouring. When BapDada sees that the children are labouring, He cannot bear to see the children labouring. So become free from labouring.
2. Have the thought, "From now, my time and thoughts are for the world, they are for world service." By doing so, it will *automatically* be done for the self; this will not be left out, it will increase. Why? When you fulfil the desires of others, when you give them happiness instead of sorrow, when you give power and virtues to weak souls, they give so many blessings, and to take blessings from everyone is the easiest way to move forward. Even if you don't give lectures or are unable to do many *programmes*, it doesn't matter. If you are able to do that, then do it even more. However, even if you are unable to do that, it doesn't matter; use your treasures in a worthwhile way. You were told to continue to give the treasure of powers through your mind. Use the treasure of knowledge through words, the treasure of virtues through actions, the treasure of time through your intellect and the treasure of happiness through your relationships and connections in a worthwhile way. By using them in a worthwhile way, you will easily become an embodiment of success. You will remain flying because blessings work like a *lift*, not stairs. A problem comes, you finish it, you sometimes take 2 days over it, sometimes you take 2 hours – This is climbing the stairs. Use your blessings in a worthwhile way, become an embodiment of success and you will be able to reach wherever you want in the *lift* within a *second*. Whether it is the subtle region, the supreme abode or your own kingdom, you reach there in a *second*. In London, you had a *programme* of *one minute*. BapDada says, "*one second*". In *one second*, you can reach anywhere in the *lift* of blessings. Simply press the *switch* of awareness, that is all. Become free from laboring

**112. Whenever you have a big programme, they should go away with an experience too...**

1. Whenever you have a big *programme*, people receive the message anyway, but they should go away with an experience too. Experience enables them to move forward very quickly. For instance, in the *Call of Time* or *Peace of Mind*, they have greater experiences. However, in the bigger *programmes* they receive a good message, but whoever comes, follow it up and let them have some sort of experience because an experience is never forgotten and an experience is such that it will pull them more, even against their conscious wish.
2. As much as possible, seeing worthy souls, make them into embodiments of experience. Then, you won't have to ask them to keep coming again. You won't even ask them, but nevertheless they will still come. Experience is such a thing. Make yourself move forward in experience. The *busier* you remain in your experiences and in doing service as a great donor, then the more that the *time* that is now *wasted* over problems and for which the *Dadis* have to give time, and you yourself have to give time, will be saved because you know the importance of time.

**113. What is a problem? It is just a fly or a mosquito...**

1. Now, do not give your *time* to trivial matters. For instance, when a fly or a mosquito comes, do you allow it to stay? You instantly chase it away or do you allow it to stay, saying, "OK mosquito, do come!"? What is a problem? It is just a fly or a mosquito, so instantly chase it away. It is their duty to come; Maya doesn't stop her work of coming, but Brahmins sometimes take a long time in the task of chasing them away.
2. Maya is also listening and so she is also making a promise – that she will do everything in her power. However, you are conquerors of Maya, for only then will you become conquerors of the world. So, when you see that Maya is coming, remember that your duty is to chase her away. She teaches you that she will not stop coming, therefore you mustn't stop being victorious. Then what? Now do not allow the tiny mosquitoes or flies to come. What are those trivial things in front of the complete stage of perfection

**114. The opposition makes you increase your position...**

**IT Group:** It is good. Through your work, everyone becomes happy with the news they receive from you because this is a family, and there is happiness on receiving news from the family. You did well. Of course the work used to happen, but you are now working together collectively as a team and doing it systematically; you are increasing it. You have created a good group and have also increased it. There will be *opposition*, but when you are firm in your own *position*, the *opposition* will end. It is only when there is *opposition* that you would have the enthusiasm to do this and that... So the *opposition* makes you increase your *position*, and you receive success and will continue to do so. This is guaranteed. If anything happens at any time, do not be afraid, for success is with you. You are not with those from the *opposition*, you are with those in *position*. You are doing very well. A good *system* has been created in every country. (Sister Mohini is in charge of the IT group.) It is good. When someone becomes an instrument officially, then whatever work is carried out, by making it official, there is benefit. You have taken it up with good courage. Many, many congratulations for that. BapDada continues to receive news from every country of how you continue to have *meetings* and of the *plans* you make for the future and this is why BapDada is congratulating you.

**115. Drill: the most auspicious confluence-aged elevated Brahmin soul...**

In the first *second*, become the most auspicious confluence-aged elevated Brahmin soul – stabilise yourself in this stage. Now, I am an angel, *double light*. Experience – I am a world benefactor and serving with my mind and giving rays of power. Are you able to stabilise yourself in this form in a *second* throughout the day.

**116. The first self-respect of children...**

BapDada wishes to see every child constantly in a concentrated form and as an embodiment of self-respect. All the children also wish to remain stable in the stage of concentration. You know all the different types of self-respect, you think about them too, but sometimes concentration brings them into fluctuation. You have a constantly stable and steady stage very little. You do experience it, and you wish to have this stage, but why is it only sometimes? What is the reason? It is a lack of constant *attention*. If you were to make a *list* of your self-respect, it would be such a long one. The first self-respect is that you have become the *direct* children of the Father whom you had been remembering; you are a *number one* child of His. BapDada has selected all of you children, who are the handful out of multimillions, from all over, and made you belong to Him. Out of all five continents the Father made you children belong *directly* to Him. This is such a huge self-respect. You are the first creation of the World Creator. You know this self-respect, do you not? Together with BapDada, He has made all of you children the ancestors for the souls of the whole world. You are the ancestors of the world; you are worthy of worship. BapDada has made every child an image of support and an example for the world. Do you have this intoxication? Does it decrease a little sometimes? Think about it. It is the most invaluable throne; it is such an invaluable throne that no one else can attain it throughout the whole cycle. You have been given God's throne, the crown of light and the tilak of awareness. Do you remember: Who am I? What is my self-respect? You are feeling intoxicated, are you not? No matter how invaluable the golden-aged throne is, it is only you children who receive God's heart-throne.

**117. You are not ordinary...**

1. One is respect for the self and the other is the importance of time. You are not ordinary, you are ancestors. Each one of you is a support for the souls of the world.
2. Then have the new ones accepted this in their heart, "My Baba"? Have you accepted ones who have come accept this? Not just those who know, but those who accept, "My Baba", raise your hands! Raise them high! The new ones are raising their hands. You older ones are pakka (firm) in this, are you not? Those who have accepted "My Baba" in their heart, and the Father has also accepted "My child", are all responsible. Why? From the time that you say that you are a Brahma Kumar or Brahma Kumari, or whether you say Brahma Kumar or Kumari or Shiv Kumar or Shiv Kumari, or that you belong to both, you are tied. You then have the crown of responsibility.

**118. The further progress you make, the more carelessness there is:**

Do not become careless. 70 years have gone by; if you become careless now, then you will reduce your attainment a great deal. The further progress you make, the more carelessness there is: "I am very good, I am moving along very well, I will reach there. Just see, I won't be left behind; it will happen." This is carelessness and *royal* laziness. Carelessness and laziness. The words 'some time' (kab) indicate laziness and the word 'now' (ab) indicates the instant donation that brings about great charity.

**Avyakt BapDada-30.11.2006**

**119. Checking of account of accumulation and key for its improvement...**

Today, BapDada, the Master of the unending, imperishable treasures, is seeing the account of accumulation in all His perfect children everywhere. He is seeing three types of account. 1. The account of accumulation of your elevated reward through your own efforts. 2. The account of blessings through contentment – of always remaining content and making others content. 3. The account of charity of unlimited selfless service through your thoughts, words, deeds, relationships and connections. All of you must also be *checking* these three accounts of yours. How much have you accumulated in these three accounts? The sign of whether you have accumulated or not is: being an embodiment of contentment with everyone else and with yourself, always having good wishes and pure feelings for

everyone and always experiencing the stage of being cheerful and having the fortune of happiness. So, *check*: Do you experience the signs of all these accounts? The key to accumulating all these treasures is to be an instrument, to be humble and to be selfless. Continue to *check*. And, do you know the *number* of the *key*? The *number* of the key is three dots, *three dots*. 1. The dot of the soul. 2. The dot of the Father. 3. The dot of the *full-stop* of the *drama*. All of you have the key, do you not? You open your treasures and continue to look at them, do you not? The method to increase all of these treasures is determination. When you have determination, then, in any task, you will not have a thought as to whether it will happen or not. The stage of determination is: It is already accomplished. It has already become. Not "Will it become? Will it be accumulated or not?" No. "I am doing this, but... It should happen...", not even "it has to be or it should be". Someone with determination will experience himself to have faith in the intellect, to be carefree and to have a guarantee.

### **120. Now burn this tail of "I"...**

1. BapDada is very amused about one thing. About what? That you are mahavirs, but it is just as in the scriptures: Hanuman is shown to be a mahavir and yet they have also portrayed his tail. This tail is the consciousness of 'I'. Until mahavirs burn this tail, then Lanka, that is, this old world will not end. So, now burn this tail of "I," for only then will completion come close. In order to burn it, intense, volcanic tapasya, not ordinary remembrance, is required. Volcanic remembrance is required. This is why there is the memorial of the Goddess of the Volcano. Powerful remembrance.
2. Now, let there be this deep concern in your mind: I have to become equal. I have to bring completion close. You would say that the confluence age is very good, and so why should we bring about its completion. However, you are merciful, kind, compassionate souls like the Father. Therefore, O merciful souls, have mercy for the unhappy souls and devotee souls of today! Become *merciful!* Sorrow is increasing. Have mercy for those who are suffering in sorrow and at least send them to the land of liberation! Do not just serve through words, for there is now a need to serve simultaneously with both the mind and through words. Both types of service should happen at the same time. Do not think that you should be given a *chance* to do service. While walking and moving along, continue to give the Father's introduction through your face and your activity. Your face should give the Father's introduction. Your activity should continue to reveal the Father. So, may you be such constant servers. Achcha.

### **121. The four pilgrimage places in Pandav Bhavan...**

Whenever any thoughts of Maya come, then come to Shantivan in the plane of your mind. You have the plane of your mind, do you not? All of you have the plane of your mind. BapDada has given every Brahmin the birthday gift of the plane of the elevated mind. In this plane, you won't have to make a lot of effort. To *start* (take off), simply say, "My Baba". That is all. You know how to fly the plane, do you not? So, whenever anything happens, just come to Madhuban. On the path of devotion, those who go on the pilgrimage of the four places consider themselves to be very fortunate, whereas you have the four pilgrimage places in Madhuban. So, have you been on the pilgrimage of these four places? Have you seen the four pilgrimage places in Pandav Bhavan? Whoever comes here goes to Pandav Bhavan. 1. The greatest pilgrimage is the Tower of Peace. 2. BapDada's room – this is the pilgrimage of love. 3. The hut – the pilgrimage of a *sneh-milan* (a small gathering of love). 4. History Hall. So, have you all been on the pilgrimage of the four places? So, you have already become those who are greatly fortunate. You can now remember any pilgrimage place. If you sometimes become a little sad, then come to the hut to have a heart-to-heart conversation. If you need to become powerful, then come to the Tower of Peace and if you have *waste thoughts* at a *fast* speed, then come to the History Hall. If the determined thought to become equal arises, then come to BapDada's room.

**Avyakt BapDada-15.12.2006**



### **122. Difference in understanding and experiencing...**

If the sparkling star becomes dull, do you know what the reason is for that? BapDada saw that the reason is: You have not become embodiments of remembrance. You think that you are a soul, but you become an embodiment of the thought, you don't become an embodiment of the awareness so much. Unless you always remain an embodiment of remembrance, you cannot have power because this awareness brings power. An embodiment of remembrance is an embodiment of power. This star of fortune sparkles little. Ask yourself what you are for a longer period: Is it an embodiment of thought or an embodiment of awareness? By being an embodiment of thought, you think very well, "I am this, I am this, I am this", but, because of not having that awareness, waste thoughts and ordinary thoughts become *mixed* in your thinking. In fact, if you look at it, your eternal form is the form of awareness and power. Your form is not just of thoughts, but it is the embodiment. In the beginning too, you receive the reward of having been an embodiment of awareness at this time. So, eternally and originally, you are an embodiment of awareness and at this time, at the end and at the time of the confluence age, too, you become an embodiment of awareness. So, in all three aspects of time – at the beginning, eternally and at the end - you are an embodiment of awareness. You are not an embodiment of thoughts. This is why BapDada told you earlier too: To become an experienced image at the present time is the elevated stage. You consider yourself to be a soul, you have the Godly attainments, but there is a big difference in understanding this and experiencing it. An experienced image can never be deceived by Maya or experience any sorrow. The games of Maya that you see every now and again, or the games that you even play yourself are because of the lack of being an embodiment of experience. The *authority* of experience is the most elevated. BapDada saw that some children think about this, but that they have little experience of being an embodiment.

### **123. An embodiment of experience means...**

In today's world, the *majority* of souls have become tired of seeing and hearing and wish to have some attainment through an experience. Only those who are experienced can give an experience. An experienced soul will always continue to move forward; they will continue to fly because an experienced soul constantly has zeal and enthusiasm in an *emerged* form. So *check*: Have you become an image of experience of every *point*? Is the *authority* of experience visible in your every action? Is your every word and every thought based on the *authority* of experience or is it simply based on your understanding? One is to understand and the other is to experience. To speak about the *points* of knowledge for every *subject* can also be done by outside *speakers* who give many *speeches*. However, to become an embodiment of the experience of every *point* means to be an enlightened soul. There are many who have yoga, there are many who sit for yoga, but the experience of yoga means to be an embodiment of power, and an embodiment of power is recognised by being able to invoke a particular power that is needed at that time and becoming an embodiment that is free from obstacles. If even one power is lacking, if you speak about it but are not an embodiment of it, then, too, you can be deceived at that time. If you need to have the power of tolerance but you *use* the power to oppose, you cannot be called *yogyukt* or an embodiment of experience. What would be the sign of your being an embodiment of awareness and an embodiment of experience in all four *subjects*? In your stage, you would have the consciousness of being an instrument; in your attitude you would always have pure feelings, soul-conscious feelings and altruistic feelings. In the atmosphere and in relationships and connections, you would always be humble and your words would be pure and gentle. These specialities would be the *natural nature* at every moment of one who is an experienced image. *Natural nature*.

### **124. Use the power of transformation in one second...**

It is now the time for intense speed, the time for intense effort. It is not the time for ordinary effort. Transformation in a second means that through your being an embodiment of awareness, you should become free from negative and wasteful thoughts in one *second*. Why? You are instruments to bring the time and completion close. So, according to the importance of the present time, and since you know that every step has multimillions merged in it, you keep the awareness of increasing that in your intellect, but you should also keep the awareness of losing that in your intellect. If you are creating multimillions at every step, you are also losing multimillions in a step, are you not? So, now, the question of a *minute* is over. You say for others that they should stay in a *minute* of *silence*, but for you people, it is now a matter of a *second*. How long does it take to think "yes" or "no"? A *second*.

So, such *fast* transformation power is required. You understand that something is fine or not fine. Put a full-stop to that which is not fine and make that which is fine *practical*. Now use the importance of the full-stop. You know about the three dots, do you not? However, use the dot (full stop) at the right time. Scientists are doing everything quickly now and they are also using the power of transformation a lot more. So, those with the power of *silence*, now keep the aim, that is, if you want to bring about transformation – you are *knowledge-ful*, but now become *powerful*, in the speed of a *second*. “We are doing it, it will happen, we will do it...”; no. Is it possible or is it difficult? Because, at the final moment, it will be the *paper* of a *second*, not a *minute*. So, only if you have the practice of a *second* over a long period of time will you be able to *pass with honours* in a *second*. You are Godly *students*, you are studying the Godly study and so you definitely have to *pass with honours*. So what if you claim *pass marks*? *Pass with honours!*

### **125. Drill: Seat concentration in one second...**

Now, practise this right now. In one *second* become free from negative thoughts, free from waste thoughts; become stable and concentrate on “One Father and none other”. Are you able to sit and concentrate on this one thought? Let there be no other thoughts. Sit in the experience of concentrating on just the one thought. Do not take time, but just in one second.

## **Avyakt BapDada-31.12.2006**

### **126. Always first have mercy for yourself. Then have mercy for the Brahmin family...**

You have seen your images in the Dilwala Temple, have you not? Very good. Since your non-living images are merciful, what do you say when you go in front of any of those images? Have mercy! Be compassionate! Have mercy! *Mercy! Mercy!* So, always first have mercy for yourself. Then have mercy for the Brahmin family. If some are under an influence of their sanskars, if they are weak, they become senseless at that time. So, do not become angry. BapDada receives a greater number of reports about anger. If not anger, then you have a lot of love for its children. Bossiness is a child of anger. Therefore, just as in a family, love for the old children decreases and there is greater love for the grandchildren, so, too, anger is the father and bossiness and wrong intoxication – there is a variety of intoxication: intoxication of your intellect, intoxication of your *duty*, intoxication of a special task of service you carried out. All of that is bossiness. So be merciful, be compassionate. Look, in the New Year, you also sweeten one another’s mouth: you give greetings and you sweeten their mouths, do you not? So, throughout the whole year, do not show any bitterness. Those people sweeten the mouths; you mustn’t just sweeten the mouths, but your face should also become sweet. Your face should always be filled with the love of spirituality, and always smiling. No bitterness. When the majority of you have a heart-to-heart conversation with BapDada, you tell Baba honestly about yourself, because no one else listens anyway. So, in the *result* of the *majority*, there is a greater *report* of anger and the children of anger. You have seen your images in the Dilwala Temple, have you not? Very good. Since your non-living images are merciful, what do you say when you go in front of any of those images? Have mercy! Be compassionate! Have mercy! *Mercy! Mercy!* So, always first have mercy for yourself. Then have mercy for the Brahmin family. If some are under an influence of their sanskars, if they are weak, they become senseless at that time. So, do not become angry. BapDada receives a greater number of reports about anger. If not anger, then you have a lot of love for its children. Bossiness is a child of anger. Therefore, just as in a family, love for the old children decreases and there is greater love for the grandchildren, so, too, anger is the father and bossiness and wrong intoxication – there is a variety of intoxication: intoxication of your intellect, intoxication of your *duty*, intoxication of a special task of service you carried out. All of that is bossiness. So be merciful, be compassionate. Look, in the New Year, you also sweeten one another’s mouth: you give greetings and you sweeten their mouths, do you not? So, throughout the whole year, do not show any bitterness. Those people sweeten the mouths; you mustn’t just sweeten the mouths, but your face should also become sweet. Your face should always be filled with the love of spirituality, and always smiling. No bitterness. When the majority of you have a heart-to-heart conversation with BapDada, you tell Baba honestly about yourself, because no one else listens anyway. So, in the *result* of the *majority*, there is a greater *report* of anger and the children of anger. So, in this New Year, BapDada wants you to remove this bitterness.

**127. Learn through the dadis...**

Everyone is happy to see the Dadis because Dadis have done altruistic service. You have all served everyone with blessings from your heart. Whether someone is staying with you or is far away, your love, blessings, drishti filled with blessings and thoughts filled with blessings sustain everyone. So, you all have the desire to receive drishti, do you not? With this speciality that the Dadis have given to you, make others happy by giving them love. No matter what someone is like, love from the heart, not of words or external love, but love from the heart can make anyone loving. Just as Dadis do not quickly become disheartened – this one is never going to change, this will never happen – so all of you have pure hopes and you followed BapDada in this. When you first came to BapDada, what were you like? You came with the sins that you had accumulated over 63 births, but BapDada considered you to be the lamps of hope and made you into sparkling stars. He didn't have any dislike, nor was He disheartened. In the same way, this year, do not be disheartened with anyone, do not become tired. Continue to give love and co-operation. Continue to bring about transformation in a *positive* way. Do not look at the *negative*. So, in this year, you will bring time close. Create such an atmosphere. In any situation, do not have any other feelings for anyone at any time, only good wishes and pure feelings. Give your co-operation to the souls who have been influenced and have fallen and uplift them. Everyone will get up and fly. Everyone will then see angels wandering around everywhere. This vision will be seen. They will experience that a group of angels has come somewhere onto the earth to uplift them. Look at one another with the vision of the angelic form. This one is this and this; no! They are angels. Is this OK? Learn this from the Dadis. Give good wishes and have pure feelings. You have a stock, but you don't become a bestower in giving as much. Do not look, hear, speak or think of anything *negative*. Continue to fly with the wings of zeal and enthusiasm and make others fly. It is good. When the Dadis come onto the stage, everyone's face beings to smile. Achcha.

**Avyakt Bap-18.01.2007****128. My sweet baba [(Mera baba)]...**

Each type of awareness makes you powerful in a *second*. The *list* of memories comes into your awareness in a *second*, does it not? As soon as that awareness comes in front of you, you have the intoxication of being powerful. Do you remember the first form of awareness? When you belonged to the Father, what awareness did He remind you of? That you are a fortunate soul of the previous cycle. Do you remember what transformation took place with this first form of awareness? By being soul conscious, you became intoxicated with the love of God the Father. Why were you intoxicated? What were the first words of love that emerged from your heart? "My sweet Baba." And what was the intoxication you had when these *golden* words emerged? By saying, knowing and accepting "My Baba" all the Godly attainments became your attainments. You have this experience, have you not? By saying "My Baba" so many attainments became yours! Where there is attainment, you don't need to make effort for remembrance, but there is automatic and easy remembrance, since that attainment is yours. The Father's treasures became your treasures. Where you have the consciousness of "mine", you don't have to make effort to remember; there is natural remembrance. Something that is "mine" is difficult to forget, not difficult to remember. You have the experience that the body belongs to you, so are you able to forget it? You have to make effort to forget it. Why? It is "mine". So, where there is the consciousness of "mine", remembrance is easy. So, your awareness made you into a powerful soul. The one phrase "My Baba" did this. You made the Bestower of Fortune, the Bestower of Limitless Treasures belong to you. You are the children who perform such wonders, are you not? You have claimed a right to sustenance from God. This direct sustenance from God is only received once in the whole cycle. You receive sustenance from souls and deity souls all the time, but sustenance from God is received only for one birth.

**129. BapDada also has a question: How much longer?**

Do not speak the language, "This happened like this and this is why I had to do it like that." Instead of giving love, you sometimes have other things to say and Baba is not using those words. "I have to do this, I have to say this, I have to consider all these things." Let it not be like that. For so many years it has been seen, BapDada has allowed it to happen. For how much longer will it continue to be "Not like this, but like that.?" In their heart-to-heart conversation with BapDada, the *majority* say, "Baba, when will You open the curtain finally? For how much longer will

this continue?" BapDada is asking you: For how much longer will this old language, these old ways of carelessness and bitterness continue? BapDada also has a *question*: How much longer? If you reply, then BapDada will also reply about when destruction will take place. BapDada could open the curtain of destruction even now, at this *second*. But, first, those who are going to rule there should be ready. So, only when you make preparations from now will you bring completion close. In terms of any weaknesses, do not make any excuses or give reasons, find a solution. You say, "Because of this reason..." BapDada watches the games of the children throughout the day. He has love for you children, and so He repeatedly continues to watch the games. BapDada's TV is very big. The *world* can be seen on it at the same moment. The children from everywhere can be seen. Whether it is America or Gurgaon, everything is visible. So BapDada sees many games. The language of 'putting off' is very good, "There was this reason, Baba; it wasn't my mistake, that one did that..." OK, that one did it, but did you find a solution? Did you let the excuse remain an excuse or did you change the excuse into a solution? Everyone asks, "Baba, what are Your hopes?" So BapDada is telling you His hopes: BapDada has only one hope - that solutions should be visible and reasons and excuses should finish. Problems should finish and things should continue to be resolved

### **130. You are the ones who have to do it...**

1. Raised your hands very well. BapDada is pleased. It is the wonder of getting you to raise your hands. You children know how to please Baba. BapDada sees and thinks that a handful out of multimillions, and a few out of that handful, have become instruments, so who apart from you children will do something? You are the ones who have to do it. BapDada has hopes in you children. All the others who are to come will be all right on seeing your stage. They will not have to make effort. You just become this because all of you promised the Father the moment you took birth: You will stay together, you will become companions and return home together and return to the kingdom with Father Brahma. You promised this, did you not? Since you will stay together and return together, then you are also service companions together, are you not?
2. Will receive help. You do have to become this. Now, just become this soon. You think that you are the same ones of the previous cycle, that you are the same ones of this cycle and that you have to become this every cycle. This is firm, is it not? Or is it that you will become this for 2 years and the third year you will go? It will not be like that. Always remember that you are the instruments, you are the few out of multimillions and a handful out of those few. A few out of multimillions will come, but you are the handful out of those few

### **131. Now a new invention was created...**

It has now been a long time since a new invention was created. The project of the professional Wings has also now been continuing for some time. You have also had conferences, youth rallies. Now, invent a method of some new type of service. Think about something through which the sound can easily spread. Whatever service plans you have done until now, BapDada is pleased with them and there has also been growth. However, these programmes have been continuing for a long time. Now, create a new invention. Anyone can do it. Even the smaller ones do it. Congratulations in advance!

## **Avyakt BapDada-02.02.2007**

### **132. Have accumulated in account or not...**

BapDada is *checking* every child's account of accumulation. All of you should also *check* your account of accumulation at every moment. The method to check whether you have accumulated or not is: whatever actions you performed, you yourself should be content and whoever you performed that action with should also be content. If there is contentment in both, then you can understand that you have accumulated in your account. If there isn't contentment in yourself or in the one with whom you performed that action, then you haven't accumulated.

**133. A method for constant remembrance ....**

BapDada has told you an easy method – adopt a method for constant remembrance. All of you speak two words throughout the day and you say those words many times. Those two words are “I” and “mine”. When you say the word “I”, the Father has given you the introduction, “I am a soul”. So, whenever you say the word “I”, then remember “I am a soul”. Do not think of “I” alone. Together with this think, “I am a soul”, because you know that you are an elevated soul, that you are a soul who is within Godly sustenance. And when you say the word “Mine”, who is “Mine”? “My Baba”, that is, God, the Father. So, whenever you say the words “I” and “Mine” then make this *addition*, “I, the soul”, and “My Baba”. The more you bring about the consciousness of “Mine” with the Father, the easier your remembrance will become because you never forget anything that is yours. Throughout the day you only remember the things that are yours. With this method you can easily become constant yogis.

**134. Drill: become a master of the mind in one second and stable in the awareness...**

Do you remember BapDada’s spiritual drill? (BapDada conducted drill.) Now, BapDada wants every child, whether old or new, little or senior – in fact, the little ones can quickly become like the Father – so now, your mind should become stable and concentrated wherever you want in a *second*. Constantly continue to perform this drill of concentration. Now, become a master of the mind in one second and become stable in the awareness of “I and my Baba are my world, and there is none other.” Achcha

**135. The situation will finish anyway, but your happiness has to go with you...**

Are all of you very, very, very happy? Are you happy? Are you very happy? How happy are you? So, always remain like that. Whatever happens, let it happen. Now, you just have to remain happy. We have to fly; no one can bring you down. Make it firm. Is this a firm promise? How firm is it? Simply remain happy and give happiness to everyone. Even if you don’t like something, don’t lose your happiness. Just manage the situation as best you can, but your happiness should not go away. The situation will finish anyway, but your happiness has to go with you, does it not? So, whatever is going to go with you, you let go of that and whatever is going to leave you anyway, and which you have to leave, you keep that with you! Do not do this! At amrit vela, every day, first of all feed yourself the nourishment of happiness. Achcha.

**Avyakt BapDada-15.02.2007**

**136. God, the Father, and the Godly children have so much love...**

In the whole cycle, God, the Father, and the Godly children have so much love that even their birthday is on the same day. The Father is not going to carry out the task of world transformation alone; He wants to do it with the children. It is only at this confluence age that you experience the alokik love of being together and the love of being a companion. The Father and the children have such deep love for one another that their birthday is on the same day; and where do you stay? Do you live alone or with the Father? Each child says with zeal and enthusiasm, “I am *combined* with the Father.” You remain *combined*, do you not? You do not live alone, do you? Your birthday is together, you live together and what is the further promise? You are together, you will remain together and you will return home together to your *sweet home*. Have you seen as much love between any other Father and child? No matter which child it is, where the child is or what he is like, he is with the Father and is going to go home with the Father. So, you have come to celebrate the unique and the loveliest of all birthdays. Whether you are celebrating while sitting in front, whether you are in this land or abroad, you are all celebrating together everywhere at the same time.

**137. Children games of carelessness, laziness and giving excuses.**

1. Baba has seen that for 70 years you have just played games of carelessness, laziness and giving excuses. OK, if not 70, then it has been 50, 40, 30, 20 years. For all that time, Baba has seen a lot of games of these three things that the children play. On this day, devotees stay awake (jagran) at night; they do not go to

sleep. So, what is the jagran for you children? Which sleep do you repeatedly go to sleep in? You comfortably go to sleep in the sleep of carelessness, laziness and giving excuses. So, today, BapDada wants to see you doing jagran of these three things at all times. Whenever you see that you are getting angry, arrogant or greedy, then what do you say as an excuse? BapDada can see a *trademark*, whenever any situation arises. What do you say then? "This is OK, it happens all the time." You don't know who has 'made do' with it. The words you use are: "This happens all the time, it happens like this all the time. This is not anything new; this happens all the time." What is all that? Is that not carelessness? "This one is doing this too anyway." In order to protect themselves from anger, the *majority* would say, "That one did this and that is why this happened." They would not say, "What I did was wrong." "This thing happened; that one did this, and that was why this happened." It is very easy to blame others. "If that one didn't do that, then this would not have happened." If the Father says something, you would not do that. If that one does something, then this will happen. Can you not finish anger by following the Father's shrimat? Nowadays, there are many types of bossiness, a child of anger. So, today, will you make a vow for the other 4 too? The *majority* of you have especially had the determined thought for the first thing. Similarly, have the same thought for the other 4! Do not give excuses for this. "This one did this and that was why this was done by me", but you don't remember what the Father repeatedly tells you. You remember what the other person did. So, this is also giving excuses, is it not? So, today, BapDada wants the *birthday gift* of these 3 things which make you become slack in the 4 things.

2. So, do you have this courage? Those who feel that they will definitely have courage, not those who say, "We will make effort, we will pay *attention...*". Baba doesn't want those who leave everything to the future, singing "We will do this.. we will do that.." You are not little children; 70 years are now finishing. It is children who are 3 to 4 months old who speak such language. You are the Father's companions, are you not? You are world benefactors. 70 years are now being completed for that. BapDada is not going to ask you to raise your hands because BapDada has seen that even after raising your hands you sometimes become careless, but those who feel that no matter what happens, even if a test *paper* as big as a mountain come you will change the mountain into cotton-wool; do you have the courage to have such determined thoughts?
3. This is why BapDada wants there to be determination in your thoughts. It is this determination that is lacking when you say, "It will happen; it happens all the time, so let it continue; who has become perfect yet?" And one thing that everyone knows very well is that BapDada has *noted* this. When you don't have courage, you say: "Even the maharathis do this, and so what does it matter if we do it?" However, BapDada is asking you: When a maharathi makes a mistake, is that one a maharathi at that time? So, why do you spoil the name of the maharathis? At that time, that one is not a maharathi. So, to refer to maharathis and make yourself weak means to deceive yourself. It is easy to look at others, but one needs a little courage to look at the self. So, today, BapDada has come to take the *gift* of finishing the account. The account book of weaknesses and giving excuses is a very big book and it has to be finished

### **138. So let the falsehood remain false. Why do you increase it?**

Now, have the determined thought. When there is a conflict of sanskars, when there is a difference of opinion because of their natures, and the third thing is weaknesses – someone may have told a lie about someone else - then some children say that they get more angry when someone lies. However, did you *verify* it with the true Father? The true Father is with you, so even if the whole false world is on one side and the one Father is with you on the other side, your guaranteed victory is fixed. No one can shake you because the Father is with you. What they are saying is false, so let the falsehood remain false. Why do you increase it? So, today, the Father doesn't like the giving of excuses. "This happened, that happened, this happened." This song of "this and that" should now end. What happened was good, what happens will be good and everything will be good and you will make everyone good. Sing the song of Achcha, Achcha, Achcha.

**139. Put on these two almighty locks. Not of Godrej, but of God.**

Whenever any weakness comes, do not allow it to come. Close the *gate*. You know the *gate*, do you not? Close it. Keep it *doubly* closed; put a *double* lock on it. Nowadays, a *single* lock doesn't work. One is of remembrance and the other is of keeping your mind *busy* in service. Put on these two *almighty* locks. Not of Godrej, but of *God*.

**140. Speciality of Dadiji...**

Dadi that she was a *patient*, but in the *practical* form, even the doctors are amazed that Dadi is not a *patient* but one who has *patience*. While being a *patient*, she is showing what an embodiment of *patience* would be. You would feel that something is happening to Dadi, but when you ask Dadi, she would say that it's nothing! So, she is not a *patient*, but she is showing the form of *patience*. There is illness, but she is loving and detached. The illness is continuing, but she is lost in her own intoxication. That body is being purified. Her last stage and the stages of the future and of devotion are being created. At present, she is liberated while being in life, and in the final moments she will be revealed as one of the eight deities, and in bhakti she will become an especially beloved deity. She is playing the part of all three sanskars. And all the servers who are serving her are doing that from their heart. However, this is not just for them. They are serving day and night from their heart, but in the whole Brahmin family, no one should have any *waste thoughts*. Dadi is yours and she will always remain yours. BapDada saw that when Father Brahma became avyakt, and gave drishti to Dadi, through the *will-power* of that drishti she became very much loved by all, completely powerful and a humble instrument as the administrator. While fully *following* Father Brahma, she filled the whole Brahmin family with power, and played a very good *part* of being BapDada's companion and staying with all the Dadis. Even now, she is playing a *part* with you in the subtle form. Even BapDada sings wonders of Dadi. She has tied everyone in the bondage of the gathering on the basis of love and co-operation and this is an immortal blessing. Everyone has a lot of love for her. Seeing this, BapDada is pleased.

**141. Have to finish giving excuses, laziness and carelessness...**

Now, each of you sit for one *minute* in the form of the determined thought of what BapDada just said: you have to finish giving excuses, laziness and carelessness at every moment with determined thoughts and definitely accumulate an account over a long period of time. No matter what, do not consider anything else, but you definitely have to be seated on BapDada's heart-throne. You have to be seated on the throne of the world. All of you sit in the form of this determined thought. Achcha.

**Avyakt BapDada-03.03.2007****142. The colour of God's company...**

Which is the best colour of all? Which is the imperishable colour? You know that you have coloured the soul with the colour of God's company; through that the soul has been coloured with the colour of purity. This colour of God's company is so great and easy because even now, at the end, people give importance to God's company; they give importance to the satsang (Company of Truth). The meaning of satsang is God's company, which is the easiest of all. Is it difficult to remain in His company, in the company of the Highest on High? Just as God is the Highest on High, then, by being coloured with the colour of this company you children too become the highest-on-high, pure, great souls, the worthy-of-worship souls. You love the colour of this imperishable company, do you not? People of the world make so much effort; let alone God's company, they make so much effort even just to have remembrance. However, you souls know the Father, and you said with your heart, "My Baba". The Father said, "My children", and you were coloured. With which colour did the Father colour you? He coloured you with red colour (gulal – red powder

specially used for worship). He coloured you with virtues and with powers with which you became deities, so that even now, at the end of the iron age, your pure images are worshipped in the form of deity souls. Many become pure souls, many become great souls and righteous souls, but your purity in the form of deities is such that the soul becomes pure and the body also becomes pure. How did you have such elevated purity? Simply with the colour of the Company.

#### **143. That God doesn't like any other place than my heart...**

All of you speak with intoxication when someone asks you children where God is. Of course He is in the supreme abode, but now, at the confluence age, where does God stay with you? What response would you give? Now, God only likes the heart-throne of us pure souls. It is like that, is it not? The Father stays in your heart and you stay in the Father's heart. Do you stay in His heart? Those who stay in His heart, raise your hands! Do you? Achcha. Very good. You say with the intoxication that God doesn't like any other place than your heart because you remain *combined*. You do remain *combined*,

#### **144. Never say "mine" even by mistake.**

BapDada has told you earlier too: If there is any of Ravan's old property in the form of old sanskars still remaining in your heart, then things belonging to Ravan are not yours, they belong to someone else! You would never keep with you something that doesn't belong to you; you would get rid of it. However, BapDada has seen and He also hears in the heart-to-heart conversations what the children say: Baba, what can I do? My sanskars are like that." Are they your sanskars that you are saying, "My sanskars"? Is it *right* to say, "It is my old sanskar and my old *nature*." Is it *right*? Those who think it is *right* to say this, raise your hands! None of you are raising your hand. So, why do you say it? Is it that you say it by mistake? Since you have died alive, what is your *surname* now? Do you have the *surname* of your past birth or is your *surname* B.K.? What do you write as your surname? B.K. or So-and-so? So-and-so? Since you have died alive, how can the old sanskars be yours? The old sanskars belong to someone else. They are not yours. So, in this Holi, you will burn something, will you not? At Holi, something is burnt and they also colour something, and so what will all of you burn in this Holi? "My sanskars" – finish this from the *dictionary* of Brahmin life. Life is also a *dictionary*, is it not? So, now, never even in your dreams should you think, let alone in your thoughts - don't ever think even in your dreams that the old sanskars are your sanskars. Now, whatever are the Father's sanskars are your sanskars. All of you say, do you not, that your aim is to become equal to the Father? So, have you all made this promise to yourselves with this determined thought in your heart? Never say "mine" even by mistake. When you say "mine, mine" the old sanskars take advantage. When you say "mine" they settle down with you; they don't go away.

#### **145. Never forget this courage. What will happen then?**

Never lose courage. Why? The Almighty Authority Father is your Helper and you are *combined*; so He is ever-present. You just keep a right over the Almighty Authority *Combined* Father with courage and remain firm. "It has to happen, the Father is mine and I belong to the Father"; never forget this courage. What will happen then? When you have the thought, "How should I do this?" (*kaise*), it will change and instead become, "Do it like this." (*aise*). It should not be, "How can I do this? What can I do?" No. It is already accomplished in this way. You think, "I am doing this, it will happen, it has to happen, the Father will of course help." It is already accomplished, and the Father is bound to give help to those who have firm faith in the intellect. It is just that you change that form a little. You claim a right over the Father, but you change its form. "Baba, You will help, will you not? You are bound to do so, are you not?" You add "Will you not?". For those who have faith in the intellect, victory is guaranteed because BapDada gave every child the tilak of victory on their forehead as soon as they took birth. Make determination the key to your intense effort. You make very good *plans*. When BapDada hears the heart-to-heart conversations, you have a lot of courage in those, and you also make *powerful plans*, but when you put those *plans* into a *practical* form, you don't do that with a *plain* intellect. In that, you bring a little "should"... "It should happen"; these are not thoughts of faith in the self, but you *mix waste* thoughts into it. Now, according to the time, become those with a *plain* intellect and make the thoughts practical. Do not let weak thoughts *emerge* even slightly. Have the awareness: We are not doing this for the first



time; we have done it many times and are now simply *repeating* it. Just remember how many times you have become victorious every cycle. You are victorious many times over, and victory is your birthright for many cycles. Become those who have faith in the intellect with this right and use the key of determination. Where would victory go without you Brahmin souls? Victory is the birthright of you Brahmin souls; it is the garland around your neck. You have this intoxication, do you not? Do you have this intoxication? Not that you think, "Will it happen or not?" It is already accomplished. Perform every task with this much faith in the intellect; victory is guaranteed. You are souls who have such faith in the intellect; you are that. Do not think, "Is BapDada saying this or not?" You are. Just have this intoxication. You were, you are and you will be.

#### **146. Why the response is less in a practical form when service done through the mind...**

Such a *speaker* should be prepared from every wing. It should not be that they give a lecture on the *topic* that you give them, but that they themselves should feel enthusiastic: I want to do this. Make such a *plan*. The basis for that is that the instruments themselves should finish all *waste* in a *second* and spread the impact of the *best* into the atmosphere. There is still some *waste* and this is why the *response* of service through the mind is less in a *practical* form. You saw at the time of establishment in the beginning that many, while sitting at home, began to have visions of the *vibrations* of Brahma Baba's mind. They received the sound: Someone has come; go there! In this way, you can bring such an atmosphere close with your *best thoughts*. Do not go into the expansion of anything; let it be *short*. You have to talk about the activities and business, but, as much as possible, let it be *short*, rather than expanded, and increase the powerful service of the mind. Clever hunters are so clever that the bird falls at their feet together with the arrow. Here, service of the mind should be so *powerful* that souls have the experience of attainment, and that they are not able to stay away. With a powerful mind, you are going to receive success of service through the mind. So, what will Gujarat do? Show this by becoming *number one* in serving through the mind. This applies to everyone, but because it is the *turn* of Gujarat, Baba is telling Gujarat. However, now, when your mind is *powerful*, the *result* of serving through your mind will then come in front of you. There wasn't that *result* of serving through words earlier, but that *result* is now coming in front of you.

### **Avyakt BapDada-17.03.2007**

#### **147. The easiest method for service...**

1. BapDada has seen that the easiest method for service is to create *vibrations* through your attitude and to create the atmosphere through your *vibrations*, because the attitude is the most powerful method of all. Just as the *rockets* of *science* are able to fly very *fast*, in the same way, your spiritual attitude of good wishes and pure feelings will change your vision and your world. While sitting in one place, you can serve through your attitude. It is possible to forget what you have heard, but you cannot forget the experience you have had of an atmosphere. You have experienced in Madhuban the atmosphere of the land where Father Brahma performed actions, the land where he had yoga and performed divine activities. The atmosphere that anyone experiences even now cannot be forgotten. The experience of the atmosphere becomes imprinted on your heart. Of course you have many big *programmes* of serving through words, but each one of you has to create an atmosphere with your spiritual attitude and *vibrations*. However, your attitude will become spiritual and powerful when you do not have any *vibrations* of a wrong attitude in your heart or mind. The attitude of your mind should always be clean. If you have any wasteful attitude towards any soul, or, in terms of knowledge, if you have a *negative* attitude, then *negative* means rubbish. If you have rubbish in your mind, you will not be able to serve with a pure attitude. So, first of all, *check* yourself: Is the attitude of my mind pure and spiritual? Transform a *negative* attitude into a positive attitude with your good wishes. With *negative*, you feel distressed in your own mind, do you not? You have *waste thoughts*, do you not?

2. You do not have anything bad in your mind, do you? You may understand it, but that is a different matter. Understand that this is *right* and that is *wrong*; however, do not keep that in your mind. By having this attitude in your mind, your vision and the world also change.

#### **148. Something is wrong when it is wrong...**

1. Of course, it is numberwise. There are good ones, and there are also those who create problems with them. However, just to understand "This one is like that" is good. Consider *wrong* to be *wrong* and *right* to be *right*, but do not keep it in your heart. To understand this is a separate matter. It is good to be *knowledge-full*. Of course, you will say something is *wrong* when it is *wrong*. Some children say: Baba, You don't know what they are like. If You were to see them, You would know. The Father believes what you say; He already knows before you tell Him what that one is like, but by keeping such things in your heart and in your attitude you yourself become distressed. When you have something bad in your heart and mind, then where there is something bad, where there are *waste thoughts*, how can that one be a world benefactor?
2. You may understand it, but that is a different matter. Understand that this is *right* and that is *wrong*; however, do not keep that in your mind. By having this attitude in your mind, your vision and the world also change

#### **149. Do not keep anything negative in your mind...**

This is why, now, according to the closeness of time, whatever places of the Father there are, whether they are in the villages, in the big *zones* or the centres, it is necessary for every place and every companion to have an atmosphere of elevated attitude. Simply remember one word: even if someone is giving bad wishes, who is the one who is taking them? Is the one who is giving and the one who is receiving just one person, or are there two? If someone gives you something bad, what will you do? Will you keep it with yourself? Or, will you return it, throw it away, or keep it carefully in your cupboard? So, will you keep it hidden in your heart? Your heart is BapDada's throne. Therefore, now remember one word firmly in your mind, not just in words, but in your mind: I have to give blessings and receive blessings. Do not keep anything *negative* in your mind

#### **150. To bring about world transformation; So, what will you remember?**

You want to bring about world transformation, do you not? So, what will you remember? Remember it with your mind. Just remember the word 'blessings'; that is all. Because, what do your non-living images give? They give blessings, do they not? When people go to the temples, what do they ask for? They ask for blessings. It is because they receive blessings that they ask for them. Even in your *last* birth, your non-living images give blessings; with that attitude, they fulfil everyone's desires. So, it is because you have repeatedly become those who give blessings in this way that your non-living images give blessings even today. OK, if a soul is influenced by something, if you, a child of the Ocean of Forgiveness, forgive him a little, that is good, is it not? So, are all of you *master* oceans of forgiveness? Are you? Or not? You are, are you not? Say, "I first". Become "O Arjuna" in this. Create such an atmosphere that whoever comes in front of you will be able to take a little love and co-operation and experience forgiveness, courage, co-operation and zeal and enthusiasm.

#### **151. Be serious, but let it be internally, and externally, let your face be smiling...**

Some children become a little too serious. To be serious is good, but sometimes it feels as if you are very serious. No one likes those who are *serious*. Be serious, but let it be internally, and externally, let your face be smiling. Everyone loves a smiling face, whereas people are afraid and run away from those who have a very *serious* face. They would not be co-operative with such souls. You remember, do you not, the smile of Father Brahma, the smile of Jagadamba and the smile of our Dadi? *Double foreigners*, you love Dadiji's smiling face, do you not? You are waving your hands! Do not laugh, just smile. Do not laugh loudly, simply smile. BapDada now wants you to make intense effort.

**152. You go into the depths and don't become afraid**

1. When there is a little upheaval somewhere, then some of you become frightened. You very quickly become frightened. You do not go into the depths, but become afraid. If you go into the depths, then no matter how big a *paper* or situation of upheaval it may be, when you go into the depths, then, like going to the bottom of the ocean, you come up with lots of treasures. Do not be those who just remain on the surface. Those who remain on the surface would only find fish but those who go into the depths would bring up lots of things. Here, too, if any situation arises - and of course situations will come, BapDada will not say that situations will not come - when any situation comes, the more you move forward, the more subtle things will come in front of you, because you are to *pass with honours*.
2. Do not be afraid. You forget BapDada at that time. You become alone and so little things seem very big. BapDada is *combined* with you, so keep Him with you in the *combined* form. Experience this and even a mountain will then become like cotton wool. It is not a big thing. Do you know how many times you have *passed* in how many cycles before? Do you know? Do you have that intoxication? "I have passed many times, and now I just have to *repeat* it. It is not a new thing. I just have to *repeat* it." Have this awareness

**153. Drill; So, in 5 minutes, exercise with these five forms...**

BapDada also gave the *direction* that, throughout the day, every now and then, whenever you have 5 minutes, *exercise* your mind because nowadays, the world is also keen on *exercise*. So, *exercise* your mind for 5 minutes. Bring it from the supreme abode, to the subtle region. Remember your angelic form, then remember your worthy of worship form, then remember your Brahmin form, and then your deity form. How many are those? 5. So, in 5 minutes, *exercise* with these five forms. You can do this throughout the day, while walking and moving around. You don't need any ground or field for this; you don't need to run. You don't need a chair, you don't need a *seat*, you don't need a *machine*. Just as physical *exercise* is necessary for the body, and you can do that, you are not forbidden to do that, but also do this *drill*, this *exercise* of the mind, which will keep your mind always happy, filled with zeal and enthusiasm and will give an experience of the flying stage. So, all of you, begin this *drill* right now. From the supreme region to being a deity. Achcha.

**Avyakt BapDada-31.03.2007**

**154. The lines of fortune of the children...**

Today, BapDada is pleased to see the lines of fortune of the children everywhere. The lines of sparkling light are shining on the forehead of all the children. The line of the fortune of spirituality is visible in their eyes. The line of the fortune of elevated words is visible through their mouth. On their lips, Baba is seeing the spiritual smile. On their hands, the lines of all Godly treasures are visible. In every step of remembrance, Baba is seeing the line of multimillions. In each one's heart, Baba is seeing the line of being absorbed in the Father's *love*. Each of you children is experiencing such elevated fortune, are you not? The Father Himself has drawn these lines of fortune with each one's pen of elevated action. It is such elevated fortune that it is imperishable; it is not just for this birth, but these are the imperishable lines of fortune for many births. The Father is imperishable and the lines of fortune are imperishable. At this time, all lines are attained on the basis of the elevated actions

**155. The basis of the attainment over a long period of time...**

1. BapDada has already given you a signal in advance that the practice over a long period of time the present time is the basis of the attainment over a long period of time. Do not think that it will happen by the end, that it will happen then. No. It has to happen now. Why? To have a right to being the master of the self, you need the practice over a long period of time now. If you are not able to have a right in one birth and you become

dependent, then how can you have rights for many births? This is why BapDada is repeatedly signalling to all the children everywhere that the speed of time is now moving very fast. Therefore, all the children mustn't just become effort-makers, but must become intense effort-makers and experience the reward of effort over a long period of time now. BapDada has already told you earlier the signs of intense effort. An intense effort-maker will always be a *master* bestower. He will not be one who takes (*levta*), but a deity (*devta*), one who gives. Not that you say, "If I have this, I can make effort. If this one does it, then I will also do it. If this one changes, then I will also change. This one should change; this one should do it." These are not signs of a bestower. Whether someone does that or not, I should continue to do it, the same as BapDada, like Brahma Baba. You also saw the *sakar* form; he never said: If the children do it, then I will do it. It was always: I will do it and then make the children do it. The second sign of intense effort is: To remain constantly humble, even while carrying out a constructive task. There has to be the *balance* of both – being constructive and humble. Why? When you carry out a task with humility, you receive love and blessings from everyone's heart. BapDada has seen that in being constructive, that is, on the field of service, nowadays everyone is making new *plans* with a lot of zeal and enthusiasm. For this, BapDada is congratulating all the children everywhere.

2. BapDada saw that, in having pure words and humility in your stage, more *attention* is needed.

### **156. Need to increase the account of blessings and the account of charity...**

BapDada has already told you to accumulate in your three accounts of treasures. What did Baba see as a *result*? What are the three accounts? You would have remembered them, would you not? Nevertheless, Baba is now *revising* them. 1. With your effort, increase your account of accumulation. 2. Always remain content yourself and make others content too. Remain content and make others content while knowing the different *sanskars*, for through this you are able to accumulate in your account of blessings. If, due to any reason, there is something lacking in making others content, it doesn't accumulate in the account of charity. Contentment is the key to charity, whether it is to remain content yourself or make others content. 3. In service, too, always be altruistic: not have the consciousness of "I" – "I did this", or "My name should be mentioned." Where there is the consciousness of "I" and "mine" in service you are not able to accumulate in the account of charity. You are experienced in the consciousness of "mine". There is a lot of consciousness of "mine" even in a *royal* way. The *list* of the *royal* consciousness of "mine" is even longer than the *list* of the consciousness of "mine" in an ordinary way. Whenever there is the selfish motive of "I" or "mine" and you are not altruistic, very little charity is accumulated in your account. Baba will tell you about the *list* of "mine" some other time. It is very long and very subtle. So, BapDada has seen that, in your efforts, you are all accumulating in your account according to your own capacity. However, there is now a need to increase the account of blessings and the account of charity. This is why there now has to be *attention* paid to accumulate in the three accounts. The *variety* of *sanskars* will be visible even now. No one's *sanskars* have become complete yet. However, now, I should not be influenced by the weak nature or weak *sanskars* of others. I am a *master* with all powers, a master almighty authority. Weak *sanskars* are not powerful. Weak *sanskars* cannot influence me, a *master* almighty authority, one with all powers. The means of *safety* is to stay under BapDada's canopy of protection. Remain *combined* with BapDada. Shrimat is the canopy of protection

### **157. Specialities of Dadi's; beyond the limited consciousness of "I" and "mine"**

Do not look at others. Look at BapDada. Look at your big Dadi. She has such a lovely and detached stage. BapDada says: If someone wants to see someone who has finished the consciousness of "I" and limited "mine", then look at our Dadiji, who is seated on BapDada's heart-throne. In her whole life, she has always been beyond the limited consciousness of "I" and "mine", and the result of that is, no matter how ill she is, she is beyond any feeling of pain. Just the one word is very firm. If anyone asks Dadi: Do you feel any pain? Dadi, is anything happening to you? What response do they receive? "It is nothing." It is because she has been altruistic and has a big heart. She has accommodated everyone and is loved by everyone. You are seeing the *practical* signs of that. When people speak of Father Brahma, they say that the Father was in him. However, Dadi has lived with you under God's sustenance and the study; she has been your companion in service. So, if one can become that - altruistic in her stage – then, can all of you not become that? You can become that, can you not? BapDada has the faith that you are the ones who will become that. Do you remember how many times you have become that? You have become like the Father in many

cycles, and, even now, you are the ones who are going to become that. Continue to fly with this zeal and enthusiasm. The Father has faith in you. So, you too must also have the faith in your intellect that you are definitely going to become that. Have such faith in the intellect and continue to fly.

### **158. Take a chance on a ready-made stage...**

Everyone is asking: What is to happen in the future? BapDada's thought is: Now, at the most, take a *chance* on a ready-made *stage*. Make them co-operative, and you just give them sakaash. For 70 years, you have done everything with your courage. Now create the fortune of others. Give them a *chance* to create their fortune. In order for them to create their fortune, what sakaash must you yourself give them? Firstly, be very merciful. Be the Father's companions in being forgiving. With your powerful attitude, create such an atmosphere that they themselves make you an *offer*. Such *offers* should be received from everywhere. Every *zone* should receive an *offer*. Come here! Come here! Come here! Only then will the sound, "This is the One, this is the One", become well known. Now, give them a *chance* to be loving and co-operative. Give them a *chance*. BapDada has seen that, in every *zone*, there are those who are loving and co-operative according to their capacity, but make them companions in service. Give them wings of zeal and enthusiasm. Everywhere, there are such people, because BapDada does tour around. So, He sees His own children and also sees all the co-operative souls. They are in BapDada's vision, but they haven't been given a *chance*; they haven't taken a *practical chance*. So, this year, make them instruments; make the loving and co-operative souls enthusiastic. You have to make them enthusiastic. Otherwise, they too will complain that you didn't tell them that they could do that. Therefore, now become those who give them a *chance*.

### **159. First perform the drill, and then go to sleep...**

1. Now, do you remember the *drill* that BapDada taught you? Throughout the whole day, you have to perform this *drill* for 5 *minutes* many times. Have you done it? Those who performed this *drill*, raise your hand! Only a few of you have raised your hand! Why? You have only done it for a short time, is that why? You have not done it for a long time? So, what shall we do now? At the very least, as a minimum, can you do it 8 times in the whole day? Can you do this?
2. So, this year, the *homework* from the end of this *season* until the next *season* today, BapDada wants to see everyone, now, in one *second*, if you are able to be seated on the *seat* of self-sovereignty with the sanskars of *controlling power and ruling power* in an *emerged* form. In one *second*, for 2 to 3 minutes, be seated on the *seat* of a self-sovereign. (Baba conducted drill.) Achcha

### **160. Drill; in one second, if you are able to be seated on the seat of self-sovereignty**

Today, BapDada wants to see everyone, now, in one *second*, if you are able to be seated on the *seat* of self-sovereignty with the sanskars of *controlling power and ruling power* in an *emerged* form. In one *second*, for 2 to 3 minutes, be seated on the *seat* of a self-sovereign. (Baba conducted drill.) Achcha

### **161. whoever wants peace, courage, zeal and enthusiasm, they should come to your address.**

Now, keep a *balance* of both service and self. Create such a service place that there is an *example* in front of everyone. When you have a *museum*, everyone gives the *address* of that, and if anyone goes anywhere into the city, you give them the *address*: Come here, come here (to the museum). In the same way, whoever wants peace, courage, zeal and enthusiasm, they should come to your *address*. It should spread that if anyone wants *vibrations* of peace, they should come here. If they want to fill themselves with courage, they should come here. Make it *special* in this way. Is that OK? There are *museums* everywhere; there are also spiritual *museums*;

lectures are also given there; there is everything. But now, create a speciality of that place so that it becomes well known among Brahmins and outside too, that if they want this, they should come here, because nowadays, people have the habit of listening, but they don't have the habit of experiencing, and so, if they want to experience something, they should come to you. It should become well known: if you want to have an experience, this is the *address*.

### Avyakt BapDada-15.10.2007

#### **162. Let go and you will become free!**

The Father has taken a *guarantee* from all of you: Whatever type of burden any of you have in your mind or intellect, give that to the Father because He has come to take it. Have you given the burden to the Father? Or, have you kept a little carefully hidden away? Since the One who will take it away from you is taking it away, is there anything to think about in this? Or, is it that you have the habit of looking after a burden for 63 births? Some children sometimes say: We don't want to do this, but we are compelled by our habits. You are not being compelled now, are you? Are you being compelled (majboor) or are you strong (majboot)? Never be compelled; you are strong. Are the Shaktis strong or being compelled? You are strong, are you not? What are those who are sitting at the front? You are strong, are you not? Do you like keeping a burden? Is your heart attached to it? Is your heart attached to the burden? Let go! Let go and you will become free! You don't let go and so you don't become free. The method for letting go is determined thought. Some children say: We have determined thoughts, but, but. What is the reason? You have determined thoughts, but you don't *revise* the determined thoughts that you have. Repeatedly *revise* them in your mind and *realise* what a burden is and what the experience of being *double-light* is.

#### **163. Use the point of knowledge while in the point form and you will find a solution...**

BapDada wants every child to *check* the self, and if there is any bondage pulling, then also think of the reason. Think of the reason and, together with that, also think of a solution. BapDada has given you solutions many times in different forms. He has given you the blessing of all powers and the treasure of all virtues. By *using* those treasures, they will increase. All of you have the treasures; BapDada has seen that. BapDada sees the *stock* of each one. The intellect is the *stockroom*. BapDada has seen everyone's stockroom. You do have them in *stock*, but you do not *use* those treasures at the right time. You simply think of it in the form of a *point* – yes, I mustn't do this; I must do this. You use knowledge in the form of a *point*. You think about it, but you don't use that *point* of knowledge by stabilising in the form of the *point*. That is why it just remains a *point*. *Use* the *point* of knowledge while in the *point* form and you will find a solution. You say that you mustn't do this, and then you forget it. Together with speaking about it, you then forget it. Baba has told you an easy method. At the confluence age, it is just a wonder of the point. Simply use the point; there is no need for any other punctuation. Simply use the three points. The soul is a point, the Father is a point and the *drama* is a point. Continue to *use* the three points and it will not be difficult to become equal to the Father.

#### **164. Keep the aim to give blessings and to receive blessings. No matter what others give you...**

1. If you are not able to have powerful yoga, if you lack a little bit in your dharna, if you don't have the courage to give lectures, you can still give blessings and receive blessings. Do just this one thing and put aside everything else. Simply do one thing: receive blessings and give blessings. No matter what happens, no matter what others give you, "I have to give blessings and receive blessings." Make this one thing firm and everything else will be included in it. If you give blessings and receive blessings, would not all powers and virtues be included in that? They would *automatically* be included, would they not? Just keep the one aim. *Try* it and see. Practise this for one day and see, and then try it for seven days. OK, if you are not able to keep other things in your intellect, you will at least be able to keep one thing in it. No matter what happens, I have to give blessings and receive blessings

2. You will all automatically become yogyukt. Because if there are no *wasteful* actions, you are yogyukt, are you not? However, keep the aim to give blessings and to receive blessings. No matter what others give you, even if you receive bad wishes. Even situations of anger will come in front of you, because when you make a promise, Maya is also listening to the promise you make, so she will also do her own work, will she not? When you become a conqueror of Maya, she will not do anything. At present, you are still becoming a conqueror of Maya, and so she will also do her own work, so you have to give blessings and receive blessings.

**165. Give any defect, any weakness to the Father. Why have you kept it?**

Just as you are doing service with zeal and enthusiasm, in the same way, for the self too, serve the self and also serve the world. To serve the self means to *check* and to make yourself equal to the Father. Give any defect, any weakness to the Father. Why have you kept it? The Father doesn't like that. Why do you keep the weaknesses? Give them away. At the time of giving, become little children. When little children are not able to look after something, when they don't like something, what do they do? "Mummy, Papa, you take this!" In the same way, if you don't like any type of burden or bondage. Because BapDada sees that, on the one hand, you think that you don't like it, that it is not right, but you say, "What can I do? How can I do this?" That is also not good. On the one hand you are saying that it is not good, and on the other hand, you have kept it with yourself carefully. So what would you say about this? Is it good? It is not good, is it? So, what do you want to become? The best of all, do you not? Not just good, but the best of all. So, whenever there is something like that, Baba is ever-present. Give it to Him. If it comes back to you, then hand it over, considering it to be something entrusted to you. You cannot be dishonest with something that is entrusted to you. You have given it to the Father, so it now belongs to the Father. If something that belongs to the Father or someone else comes to you by mistake, would you put it away in your cupboard? Would you keep it? You would take it out, would you not? No matter how, you would give it away; you would not keep it. You would not look after it carefully, would you? So give it away! The Father has come to take it away. You don't have anything else that you can give Him anyway. However, you can give this, can you not? It is an uck flower, so give it to Him.

**Avyakt BapDada-31.10.2007**

**166. The sanskars of the middle period made them "mine"**

Three things trouble the children. What are these three things? A mischievous mind. A wandering intellect. What else do you say? Old sanskars. On hearing one thing of the children, BapDada is amused. Do you know what that is? Children say: Baba, what can I do? These are my old sanskars. BapDada smiles. Since you yourself are saying, "These are my sanskars," it means you have made them "mine", and when they are "mine" there is a right over them. Since you have made the old sanskars belong to you, then that which is yours will take some space, will they not? Can Brahmin souls ever say, "my sanskars"? You have said "They are mine" and so that "mine" has made its own space. You Brahmins cannot say "they are mine". These are the sanskars of your *past* life. They are the sanskars of the shudra life, not of the Brahmin life. So, because you have said "mine, mine" they have settled with that right of belonging to you. You know the elevated sanskars of Brahmin life, do you not? However, these sanskars, which you call old sanskars, are not really old. The oldest of all sanskars of you elevated souls are the original and eternal sanskars. These sanskars are the sanskars of the middle period, of the copper age. So, now finish the sanskars of the middle period; with the Father's help it is not difficult. However, what happens instead? According to the time, the Father is *combined* with you, and you do know Him to be *combined*. 'Combined' means that He becomes co-operative at a time of need. However, because of your not taking that help at the time of need, the sanskars of the middle period become prominent

**167. You are the garland (haar) around Baba's neck...**

Successful because success is the garland around your neck. You are also the garland around Baba's neck. The Father had reminded you that you must never be defeated (haar na – to be defeated) because you are the garland (haar) around Baba's neck. Those who are the garland around the neck can never be defeated. Do you want to become the garland or do you want to be defeated? You don't want to be defeated, do you? It is good to be a garland, is it not? So, never be defeated. Those who are defeated are the many millions of souls, but you have become the garland and are garlanded around Baba's neck. It is like this, is it not? So, now have a determined thought: Out of love for the Father, no matter how many storms Maya brings in front of you, in front of you *master* almighty authority souls, even the storms (toofan) become a gift (tohfa). Always remember such a blessing. No matter how big the mountain may be, it will turn into cotton wool. Now, according to the closeness of time, experience the blessings at every moment. Become an *authority* of experience.

**168. Whoever comes should go back with something...**

Today, there is a need for courage, zeal and enthusiasm to remain permanently. So, whoever comes in front of you, let them receive courage, zeal and enthusiasm from you with a *second's* drishti because all of you are *master* bestowers. Whoever comes should go back with something. Whether they take love, co-operation, courage or enthusiasm, they should take back something or other because you are the children of the Bestower. In fact, this is everyone's duty: whenever you meet anyone, or when someone comes to meet you, they should not go back empty-handed. OK, let them take loving drishti. If there isn't *time* there is no need to speak, but how did whoever came go back? Did he take something back with him? They can take a lot even through a *second's* drishti. One can take spirituality through drishti or the love from the heart within a *second*. This is the way that you Brahmins should be meeting one another. Then the atmosphere of your love, co-operation and courage will spread in the world. All Brahmins who consider themselves to be Brahma Kumars and Kumaris should remain *busy* in service in this way. Do not think that you didn't have *time*. You found a *second*, didn't you? You even found a *minute*, didn't you? It is remembered that souls are taken beyond with a *second's* glance. So, spread this wave in the gathering and then it won't be necessary to give special *time*. Achcha.

**Avyakt BapDada-30.11.2007****169. The practical fruit of service...**

If the word "Baba" does not emerge through your lips, then the knowledge doesn't have any impact at all. The impact of whatever service you do, lectures you give, *courses* you give on the different *topics*, the practical form and the practical proof of that true service is that those who listen to you have the experience that they too belong to Baba. The words "Baba, Baba" should emerge from their lips too. They should not say, "There is some power", or "This is good.", but they should experience "My Baba". This is said to be the practical fruit of service.

**170. Before you begin to perform any action...**

When performing actions, before you begin to perform any action, *check*: Am I a soul who has the *authority* of being a master, who makes the physical organs perform actions with *controlling power* and *ruling power*? Or, did I just begin to perform ordinary actions? There is a lot of difference between beginning to perform any action while being an embodiment of remembrance and beginning to perform any action while having an ordinary stage. When those with a limited position carry out their tasks, they begin those tasks after sitting down on their *seat* for carrying out that task. In the same way, remain seated on your *seat* of having the *authority* of being a master and then perform every action. Increase the *checking* of the *authority* of being a master. The sign of that - the sign of having the *authority* of being a master - is that you will be *double-light* and experience happiness in every task, and you will experience success easily as a *result*.



**171. To say Ravan sanskar is my sanskar is wrong...**

BapDada asked you earlier, too, whether when you say, "My sanskars, my nature", whether those sanskars of weakness are your sanskars. Are they yours? They are the sanskars of Ravan of the middle period. They are Ravan's gift. To say "It is mine" for that is *wrong*. Whatever are the Father's sanskars are your sanskars. Think: At that time when you say, "Mine, mine", they become an authority and you become dependent. If you want to become equal to the Father, then you can't say, "My sanskars". "Whatever are the Father's sanskars are my sanskars". What are the Father's sanskars? A world benefactor, One who has good wishes and pure feelings. So, at that time, bring the Father's sanskars in front of you. Your aim is to become equal to the Father and the qualifications that remain are Ravan's. So, it becomes *mixed* – some good sanskars of the Father and some of your sanskars of the *past*. Therefore, when both remain *mixed*, there continues to be conflict. How are sanskars created? All of you know that, do you not? Sanskars are created with the thoughts and activity of the mind and the intellect. First the mind creates the thoughts and then the intellect co-operates and then good or bad sanskars are created

**172. Constant connection with those who come into contact...**

BapDada saw that whenever all the wings have *programmes* – whether *transport* or religious – they do not keep constant *connection* with those who come into contact. A letter is sent to them when another *programme* is to take place. You send them an invitation for them to come again. BapDada has heard some news from abroad in the Call of Time *programme* – whoever comes for that *programme* likes it and their interest is awakened, they are kept in connection and they receive an e-mail every week to keep them in relationship. Here, you don't follow it up in the same way. If you remember them after six months or after a year, that is fine, you remember them. If it happens and you make a connection, that is fine. However, you should definitely send something or other to their *address* every week through which they are kept sustained. Even a tree cannot grow without sustenance. You should do this. Each wing should not just have *programmes*, but you must also make them *progress*. They should continue to come closer, and you should continue to keep the *result* with you. This year, how many people came into close relationship? Do you understand? Did you hear? It is good.

**173. Drill ; become stable in the stage of being the authority...**

Become a master of your mind, intellect and sanskars and order them to be in *sweet silence*. So, do you experience that, by *ordering* them and having authority over them, the three are able to remain under your *orders*? Now become stable in the stage of being the authority.

**174. A method through which the atmosphere everywhere can become powerful...**

According to the atmosphere nowadays, those who have become instruments definitely have to keep themselves content, and also make others content. There should be no influence of discontentment in the atmosphere because nowadays everyone wants contentment, but they don't have courage. This is why, every now and again, being under an external influence, when they do something wrong, they need some correction, some forgiveness, some mercy and some soul-conscious love. It has been seen that in the environment nowadays, the *majority* of people don't know how to keep a *balance*. With *balance*, give them correction and together with that also give them courage. By just giving correction - everyone has now become a teacher - therefore, together with giving correction, give them courage and love from the heart, not superficially, but love from the heart. Give this to them, keeping a *balance* of the two. And make such *plans* that these *plans* can continue in all directions. Just as from time to time you have bhatthis, so continue with those, but also continue to have small or big programmes all the time. Find such a method through which the atmosphere everywhere can become powerful. People have that desire but they have less courage. So, get together among yourselves and, every month, find something to do in which everyone can become *busy*; let this *result* continue to emerge. Also *check*: If you are not doing this, then why? If there is carelessness, then you will have to give them co-operation with love because time is coming close at a fast speed. So create such a plan. Find one or another type of *interesting work* to keep everyone *busy* in that. Is that all right?

**175. When you don't have so much courage, you don't experience the Father's help either...**

It is good that all of you have courage, is it not? Your courage does not decrease, does it? When you don't have so much courage, you don't experience the Father's help either. The Father helps, but you are not able to *catch* it. You are unable to take the benefit of it. Therefore, always look at yourself and increase your courage. Keep one or another such thing in your intellect through which your courage continues to increase. The more your courage increases, in front of that courage, other things coming in front of you will also reduce. It is good. Think about this.

**176. All Brahmins should have the feeling of belonging to one another.**

Strengthen the gathering in all places. Whether there are two, four or twelve, even the gathering of two should be so strong that both are united in one direction. Make the nature of one another elevated and try to be in harmony. You all remember Dadi, do you not? Why do you remember her? Her speciality was that she gave everyone a feeling of belonging. It was like that, was it not? She gave everyone the feeling of belonging, did she not? So, why are all of you not able to do that? All of you experienced: "She is our Dadi". It wasn't that she was the Dadi of Madhuban. "She is our Dadi". In this way, all Brahmins should have the feeling of belonging to one another. This is what it means to remember Dadi. This is called remembrance. To become equal, to imbibe their speciality – this is called remembrance. Is that all right? Each one of you should think that everyone belongs to you. Have the feeling of belonging. It should not be: I don't know who this one is or what he is. This is one family, is it not? Dadi did not live at all the centres, did she? She used to live in one place in Madhuban, but she gave everyone the feeling of belonging. So, all of you staying at your own places can also give the feeling of belonging. This is a matter of the stage of the heart, not a matter of living together. These *vibrations* from the heart bring a feeling of belonging

### Avyakt BapDada-15.12.2007

**177. Special qualifications of fast effort makers**

Those who are fast effort-makers have two special qualifications. 1. Conqueror of attachment. 2. *Ever-ready*. First of all, you have to be a conqueror of attachment. If you are free from attachment to your body and the consciousness of your body, then it is not difficult to become a conqueror of attachment to other things. The sign of body consciousness is *waste*: wasteful thoughts and wasting time. You can *check* yourself in this very well. Even spending your time in an ordinary way does not allow you to become a conqueror of attachment. So, check whether your every *second*, every thought and every action was successful. At the confluence age, the special blessing from the Father is: Success is your birthright. So, a right gives you the experience of it being easy. So, now then, *ever-ready!* *Ever-ready* means that if time suddenly gives you an *order*, then, in your thoughts, words, deeds, relationships and connections you are *ever-ready*. And it will happen suddenly. For instance, you saw your Dadi. She was *ever-ready* for 'suddenly'. She was *easy* in her nature in every way and in every task. She was *easy* in connection, *easy* in her nature, *easy* in service, *easy* in making everyone content and *easy* in remaining content. This is why BapDada is repeatedly giving you the signal of the closeness of time. The time for making effort for the self is very short. Therefore, *check* your account of accumulation.

**178. Now serve with mind...**

According to the present time, give sakaash (the current of power) with your powers to the souls of the world who are becoming peaceless and unhappy in order to liberate them from their peacelessness and sorrow. The physical sun is able to dispel darkness and bring light with its sakaash, and is able to transform many things with the power of its rays. In the same way, you *master* suns of knowledge, with the rays of peace and happiness that you have received, must liberate others from their sorrow and peacelessness with your sakaash. By serving through your mind and with a powerful attitude, transform the atmosphere. So, now serve with your mind. Just as you have expanded service through words, in the same way, by serving through the mind, spread the *topic* that you have chosen of 'Hope and Happiness'. (Hope, Happiness and Divinity). Give courage, give zeal and enthusiasm. Give

them the Father's inheritance; give them liberation from these things. There is now a greater need to give sakaash. Keep your mind *busy* in this service and you will automatically become a conqueror of Maya and a victorious soul. All the trivial things are *side-scenes*. In *side-scenes* some things are good and some things are bad. So, you have to *cross the side-scenes* and reach your destination. In order to see the *side-scenes* simply remain seated on the seat of detached observer; that is all. The *side-scenes* will then become entertainment.

### **179. Very sweet silence stage...**

Now, in one second, all of you, become lost in the experience of a very *sweet silence* stage. (BapDada conducted drill.) Achcha.

## **Avyakt BapDada-31.12.2007**

### **180. Use those treasures in a worthwhile way...**

BapDada is signaling you: Whatever treasures you have received, use those treasures in a worthwhile way and become an embodiment of success. In particular, the treasure of time should never go to waste. Even one *second* that is wasted should be put to use. Use time in a worthwhile way; use your every breath in a worthwhile way, use your every thought in a worthwhile way, use your every power in a worthwhile way and use your every virtue in a worthwhile way. Celebrate this year as the "Year for Becoming an Embodiment of Success" because success is your birthright. Use that birthright and become an embodiment of success because the success of the present time will remain with you for many births. The reward of you using your present time in a worthwhile way is that you will receive the fruit of success for half the cycle. The reward for using present time in a worthwhile way will be received for all the time. By using your breath in a worthwhile way - look, as a result of your breath being used in a worthwhile way, even in the future all souls will remain healthy for all the time. There will be no mention of any illness. There will be no *departments of doctors*. What will the *doctors* have become? They will have become kings. They will become masters of the world. However, at this time, you use your breath in a worthwhile way and all souls receive the reward of remaining healthy. In the same way, as a result of the treasure of knowledge being used in a worthwhile way, everyone becomes so sensible and powerful in your own kingdom that there is no need to take any advice from any advisor there. You yourself are sensible and powerful. As a reward of using all your powers in a worthwhile way, you receive two special powers, two authorities of religion and of ruling the kingdom. You use your treasure of virtues in a worthwhile way and the result of that is a deity status, which means one who has imbibed divine virtues. Together with that, in this *last* birth, when they worship your non-living images, what praise do they sing? You are full of all virtues. So, you automatically receive the reward of success at this time. Therefore, *check*: You have received the treasures, you have become full of the treasures, but to what extent have you used them in a worthwhile way for the self and for the world?

### **181. Give the gift of virtues...**

Nowadays, Brahmin souls also want to see a *sample*; they don't want to hear any more. What do you say among yourselves? Who has become that? So, everyone wants to see others as an embodiment of virtues in a practical way. So, there is a particular need for giving co-operation and donations of virtues through actions. No one wants to hear any more; everyone wants to see. So, now pay this particular attention: I continue to serve through knowledge and words, and I have to continue to do that, I mustn't stop doing that, but through my thoughts and actions, I now have to spread those *vibrations* through the mind. Spread that current. *Vibrations* and a current can reach someone even while you are sitting at a distance. With your good wishes and pure feelings and by serving with your mind, you are able to give *vibrations* and a current to any soul. So, this year, firstly, the vibrations of the power of your mind; a current through the powers and co-operation of virtues through actions. Give the donation of virtues to those who don't have knowledge. You give *gifts* for the New Year, do you not? So, this year, you yourself must become an embodiment of virtues and give the *gift* of virtues.

**182. I became that, I am that and I will continue to become that again and again...**

Look, the practical proof of faith is spiritual intoxication. If there isn't spiritual intoxication, there isn't faith either. It means there isn't *full* faith, there is only a little faith. So, have intoxication. What is the big deal? Do you remember in how many cycles it is you who have become equal to the Father? You have become that countless times. So, have the intoxication: I became that, I am that and I will continue to become that again and again. This intoxication should always be visible in your actions; not in your thoughts, not in your words, but in your actions. Actions means it should be visible in your behaviour and on your face.

**Avyakt BapDada-18.01.2008****183. Love from the heart...**

1. Today, seeing all the children, BapDada is giving special blessings from the heart and greetings from the heart on this day of love, on the day of remembrance, on the day of power. Because today is a special day of love, the *majority* of you are lost in love. In the same way, for effort too, always remain lost in love, remain merged in love. So, the easy method is love, love from the heart. It is love together with the awareness of the Father's introduction. It is love filled with love for the attainments received from the Father. Love is a very easy method because loving souls are saved from having to labour. Because of being merged in love, because of being lost in love, you will experience any type of labour in the form of entertainment. Those who are loving automatically remain beyond the consciousness of the body, beyond the attention of the relations of the body and beyond the attention of the bodily world; they automatically remain merged in love. The love of the heart gives them the experience of closeness to the Father, the company of the Father and of being equal to Him. Loving souls always consider themselves to be worthy of the Father's blessings. Love easily makes the impossible possible. They always experience the Father's hand of co-operation and love on their head and their forehead. They have faith in the intellect and remain carefree. All of you children from the beginning of establishment had the experience in the beginning period; even the children who were instruments for the beginning of service had the experience of the beginning how all of you children had so much intoxication of love with the awareness of having found the Father. You receive *knowledge* later on, but the first intoxication is of being lost in love. The Father is the Ocean of Love. So, from the beginning, the *majority* of children are lost in the Ocean of Love. In terms of the speed of effort, you made effort with a very good *speed*. However, some children become lost in the Ocean of Love whereas others simply take a dip and come out again. This is why the children who remain lost in love find that it takes very little effort, whereas others don't have the same experience. They remain in the experience of both – sometimes effort and sometimes love – but those who remain lost in love always experience themselves to be under the canopy of protection. Children who have love in their heart change labour into love. In front of them, situations as big as a mountain are experienced as cotton wool, not a mountain. Even stones are experienced to be like water.
2. Love makes you forget everything. So, BapDada says: None of you must forget BapDada's love. You have found the Ocean of Love; move along in those waves as much as you want. Whenever you experience any type of labour, because Maya will test you in between, at that time, remember your experience of that love and labour will change into love

**184. The Father has told you: Hand over your burdens to Me...**

BapDada doesn't like any of the children to have a stage of labour. "My children and they have to labour!" So, when will you become free from labour? It is only at the confluence age that you can become free from labour and simply stay in pleasure all the time. If there isn't pleasure, there is definitely one or another type of burden in your intellect. The Father has told you: Hand over your burdens to Me. Forget the consciousness of "I" and become a *trustee*. Give your responsibilities to the Father and you yourselves become the true children who are honest in your heart as you

eat, drink and enjoy yourself, because out of all the ages, the confluence age is the age of pleasure. If you don't celebrate with pleasure even in this age of pleasure, then when would you celebrate? When BapDada sees that children are carrying a burden and labouring a lot, that they are not handing it over but are carrying it themselves, then the Father would of course feel mercy and compassion, would He not? Labouring at the time for pleasure! Become lost in love. Remember the times of love. At one time or another, each one of you has definitely experienced love; you definitely experience it. The Father knows that you have had that experience but that you don't remember it. You continue to look at the labour and continue to become confused. If today, from amrit vela until now, you experienced the love of both the *authorities* of Bap and Dada, then, by remembering this day, in front of that love, labouring will end.

### **185. The stage of the spiritual pleasures of the confluence age...**

Now, for two *minutes*, all of you become stable in God's love and the stage of the spiritual pleasures of the confluence age.

### **186. Pandavas have always been the companions of the Father of the Pandavas...**

What is the memorial of the Pandavas? Pandavas have always been the companions of the Father of the Pandavas. You have been with him and have been companions, and so what is the title of the Pandavas? The victorious Pandavas. You Pandavas are victorious, are you not? Why? Because God is your Companion and is with you. So, from today, do not let go of the Father's company either from your heart or your mind. When you let go of His company, Maya comes. To let go of the Father's company means to open the barrier-gates for Maya. When you open the gates, she will of course come. Why would she not come? She is 63 births old, is she not? So, do not forget the Father. To forget the Father means Maya will come. So, always remain with the Father and in service always remain a companion in the task of world transformation. Be a companion in God's task. In this, be a companion in your thoughts, words and deeds, that is, be a companion through your face and your activity. Do you like this? Will you remain with the Father? Will you remain His companion? So, the gates are closed to Maya. Have you put on a *double lock*? Do not put on a *single lock* but a *double lock*. Put on the *double lock* of being a constant server and of having constant remembrance.

### **187. Become Bap Dadas free from obstacle helpers...**

What are you Kumaris going to become? You are going to become *teachers*, are you not? Therefore, you have been asked to stand up with the *teachers*. Even if you have to go to work, BapDada says: If you have the aim of becoming a *teacher* and of doing world service, even then, when the Kumaris have leave on Saturdays, you should live at the centres, but, you have to do service there, you mustn't just stay there like that. You have to practise doing service. So, if there are some karmic accounts, then settle those, if it is essential. If you have a job because you are unable to continue to live at a centre then you have *failed*. Sometimes, there truly are some reasons; some have such *circumstances*, but others also have this desire. Do service on Saturdays and Sundays. Do full service on Sundays. Create those sanskars. Don't create sanskars of just staying there, but of doing service. Think that you have come to the centre to become *serviceable*. Continue to *practise* this. The more you continue to *practise* this, the more you will enjoy yourself. You can make some excuse for yourself and free yourself. Kumaris are clever; they are not innocent. This is why Kumaris are those who continue to take steps for self-progress at every moment. Not those who just work, but who always continue to take steps towards self-progress. Do not think that you are moving along and that is fine, that you have to have a job, until when will you continue to work, or when will you stop working. No thoughts about this at all. Kumaris are Brahma Kumaris anyway. All Kumaris are Brahma Kumaris. Even those who have a job are Brahma Kumaris, but a Brahma Kumari is one who has the feeling and desire for world benefit. Then BapDada will see that you Kumaris have become worthy teachers. Do not become teachers who have complications. Become a worthy teacher because there is a need for worthy teachers. What happens nowadays is that you have the *training*, but when you go to a centre there is a *problem* and so you cannot become Baba's *hands*. A Kumari is one who is BapDada's service companion, a companion who is free from obstacles, one who is able to *adjust* the self. You are those who can *adjust* themselves, are you not? Or, are you those who are *against*? Do not go *against*

anyone, but just *adjust* yourselves. OK, so will you become such a Kumari? Then raise your hand. You are those who *adjust* themselves. Raise your hand after careful consideration. Remain harmonious with everyone. You are those who make everyone their companion, one who is free from obstacles. Then, many *hands* can be created. Now, there is a shortage of *hands*. BapDada is speaking to all the Kumaris. You will become helpers, will you not? Those who would become helpers, raise your hands. Which type of helpers? Those who are free from obstacles. So, now raise your hands for being helpers who are free from obstacles. *In advance*, congratulations. Congratulations.

## Avyakt BapDada-02.02.2008

### **188. Throughout the whole cycle, the royalty of you pure souls...**

The impact of the *purity* of you Brahmin souls is well-known from the beginning period. Do you remember the eternal time (anadikaal) and the beginning period (adikaal)? Remember in the eternal time, in the form of pure souls, how you stars sparkle with a special sparkle. There are other souls too, but while being with everyone else, the sparkle of you stars is a special sparkle, just as there are many stars in the sky, but only a few stars have a *special* sparkle. Are all of you seeing yourselves? At that time, in the beginning period, how great was the *royalty* and *personality* of your *purity*! Have all of you reached the beginning period? Go there now. *Check*: What is the *percentage* of the sparkle of my line? From the beginning period to the final period, the *royalty* and *personality* of your *purity* remains all the time. The sparkling star of the eternal form resides with the Father who is sparkling. Experience your speciality now. Did all of you reach the eternal time? Then, throughout the whole cycle, the *royalty* of you pure souls has stayed in various forms because no one else has become as completely pure as you souls have. You special souls have received the birthright of purity from the Father. Now, come into the beginning period. You saw in the eternal time. Now, in the beginning period, the form of the *royalty* of your purity is so great! Have all of you reached the golden age? Have you reached there? Have you gone there? The deity form is such a lovely form. Throughout the whole cycle, no other souls have the *royalty* and *personality* that the deities have. You are experiencing the sparkle of the deity form, are you not? Such a spiritual *personality* - all of this is the attainment of purity. Now, while experiencing your deity form, come into the middle period. Have you gone there? To go there and to experience it is easy, is it not? So, look, even in the middle period your devotees worship you worthy-of-worship souls; they create your images. They create your images with such *royalty* and they also worship them with so much *royalty*. The picture of your worthy-of-worship form has come in front of you, has it not? Images are created of dharamatmas (righteous souls) and of founders of religions and actors too. However, there is a difference between them and the spirituality and worship of your images done with the right method. So, has your worthy-of-worship form come in front of you? OK, now come into the final period, at the confluence age. You are performing this spiritual *drill*, are you not? Go around the cycle and experience your form of *purity* and your special attainment

### **189. Attitude, vision and actions. Purity means....**

The sign of purity: *check* all three – your attitude, vision and actions. The attitude of complete purity - that has entered your intellect, has it not? Think about it. The attitude of complete purity is to have good wishes and pure feelings for every soul. You are experienced, are you not? So what would your vision be like? It is to see every soul in the form of a soul. It is to speak and interact in the awareness of soul consciousness. Baba is telling you in *short*; you can give lectures in *detail*. And in actions, it means to receive happiness and give happiness through actions. *Check* this: Are my attitude, vision and actions according to this? Take happiness; do not take sorrow.

### **190. Take sorrow from any means...**

**Check**: Do I sometimes take sorrow? Sometimes, maybe, you take a little of it? Of course there are those who give sorrow! For instance, if someone causes you sorrow, do you have to *follow* that one? Do you have to *follow* that one or not? Whom do you have to *follow*? The one who gives sorrow or the Father? It refers to the Incorporeal anyway, but did Father Brahma take sorrow from any child? He gave happiness and received happiness. Am I *following* the

*father?* Or, do I sometimes feel that I have to take it? It is called sorrow when someone is causing you sorrow or *insulting* you; you know that it is bad when someone *insults* you. Do you consider it good when someone insults you? You feel that it is bad, do you not? So, that one is causing you sorrow or *insulting* you. So, when someone is giving you something bad, do you take it? Do you take it? Do you take it for a short time? OK, maybe not for a long time, but do you take it for a short time? Do you have to take something that is bad? So, why do you accept that sorrow or *insult*? That is, why do you keep it in your mind in the form of a bad *feeling*? So, ask yourself: Am I taking sorrow? Or, do I see that sorrow in the form of transformation? What do you think, those sitting in the first *line*: Is it *right* to take sorrow? Those from Madhuban, is it right? Should you take a little of it? Those in the first *line*, you should take that sorrow, should you not? You should not take it, but you do take it. You take it by mistake. Then who is distressed by that *feeling* of sorrow? If you keep rubbish in your mind, then who would be distressed? It is where there is rubbish that one becomes distressed. So, at that time, bring your *royalty* and *personality* in front of you. Then, in which form should you see yourself? Do you know what your *title* is? Your *title* is: goddess (devi) of tolerance, god (dev) of tolerance. So, who are you? Are you goddesses and gods of tolerance? Are you that or not? You are that sometimes. Remember your *position*. Remember your self-respect. Who am I? Bring this into your awareness. Bring into your awareness your special form of the whole cycle. You do remember it,.

### **191. Do not consider the closeness of time to be something common...**

Do not consider the closeness of *time* to be something *common*. In your karma yogi life, keep the words suddenly and *ever-ready* in your awareness at every moment. Experiment in different ways on yourself with your power of peace, just as *science* continues to have so many new experiments. The more you continue to *practise* experimenting with the self, the more you will continue to practise experimenting on others with the power of peace.

### **192. Sakaash means...**

Now, especially spread the current (sakaash) of your powers everywhere. Your matter, the power of the sun and the rays of the sun are carrying out their work in so many ways – they bring rain and also dry up the water. It demonstrates this by changing day into night and night into day. So, can you not spread the current of your powers into the atmosphere? With the current of your powers, can you not liberate souls from their sorrow and peacelessness? Make your form of a sun of knowledge *emerge*. Spread the rays; spread that current. At the beginning of establishment many souls experienced, while sitting at home, receiving a current of happiness and peace from BapDada. They received the thought: Go there! In the same way, now, through you children, you *master* suns of knowledge, there should be the experience of waves of happiness and peace being spread. However, the method for that is concentration of the mind, concentration in remembrance. Only then will it happen. Increase the power of concentration in yourself. You should be able to concentrate your mind whenever you want, however you want, for however long you want. Now, make your form of a *master* sun of knowledge *emerge*, and spread the rays of the powers and the current.

### **193. In order to make the blessings from BapDada immortal...**

Now, in order to make the blessings from BapDada immortal, adopt the easy method of amrit vela, and, together with that, at the time of being karma yogis, *revise* your blessing again and again. Whether you are stable in that form or not, stabilize yourself in the form of the blessing. *Revise* it again and again. BapDada gives you the blessings, but, in order to keep those blessings all the time, *revise* them again and again; put them into a practical form. Experience those blessings. Experience that spiritual intoxication and that blessing of yours will become an immortal blessing. You are the special souls who are worthy of blessings. Even devotees receive blessings, but those are temporary, for one birth, whereas the blessing that you receive at the confluence age remains with you for birth after birth. This is why if you continue to put your blessing into a practical form you will continue to experience the success of that blessing. Do not just keep it in your intellect, but also put it into your form. Stay in that intoxication. Have that spiritual intoxication. Have the spiritual intoxication: I am blessed by the Bestower of Blessings. The Bestower of Blessings has given me a *direct* blessing. Make the blessing immortal; it is not just for some time.

**194. I am eternal points of light...**

Now, in one *second*, is it one *second*? In one *second*, the whole gathering, and wherever any of you are, stabilize your mind in just one thought: I, the Father and I, are eternal points of light in the supreme abode. Sit with the Father in the supreme abode

**195. Practise concentrating your mind and intellect. Do not treat this lightly...**

Now come back into the corporeal. According to the present time, practise concentrating your mind and intellect. Whatever task you are carrying out, concentrate your mind whilst carrying out that task. Increase your *controlling power* more. Have *controlling power* over your mind, intellect and *sanskars*. This practice will be very helpful in the times to come. According to the atmosphere, you will have to take *control* in one *second*, so that only what you want to happen happens. So, this practice is very essential. Do not treat this lightly because this practice will make the final moments beautiful at the right time.

### Avyakt BapDada-18.02.2008

**196. The power of silence...**

Now, you especially saw Brahma Baba and Jagadamba. While he himself was Adi Dev, he made so much incognito effort with the power of silence. Your Dadi also made this one thing so firm in order to become karmateet. While having responsibility and making *plans* for service, no matter how bad the instrument was, BapDada still had love (instrument was coughing again and again). So, no matter how big the service of responsibility may be, you cannot receive as much success of the instant and practical fruit of service as you want without the power of silence, because it is only then that you can create the reward for the whole cycle for yourself. For this, it is now the time for each one of you to accumulate the reward of the kingdom and of becoming worthy of worship for the whole cycle because delicate times are definitely going to come. At such times, with the power of silence, *touching power and catching power* are very essential. Such a time will come when these facilities will not be able to do anything. It will only be spiritual power and the *touching* of BapDada's *directions* that will enable you to carry out a task. So, *check* yourself: At such a time, will you be able to receive BapDada's *touching* in your mind and intellect? The practice of this over a long period of time is needed for this. The method for this is always, not sometimes, but always to keep your mind and intellect *clean* and *clear*. *Rehearsals* will now continue to increase and they will become *real* in a *second*. If there is the slightest *negativity* in your mind or intellect for any soul, any task or any co-operative companion, then that would not be said to be *clean* and *clear*. This is why BapDada is drawing your *attention* to this. Check: How much *silence power* have I accumulated throughout the day? While doing service, if I do not have the power of *silence* in my words, then I will not be able to receive the instant fruit of success to the extent that I want. There will be greater effort and less reward. Do service, but do service that is filled with the power of silence. By doing so, you will receive more than the *result* you want. *Check* yourself again and again. BapDada is pleased that, day by day, whatever service you are doing, and wherever you are doing it, it is good. However, more *attention* is now needed to accumulate the power of silence for the self and to bring about transformation.

**197. At the top (peak) of a place...**

Now, you have *service meetings* among yourselves, you have those meetings to solve a *problem*, do you not? In the same way, have a *meeting* for this. Make a *plan* for remembrance and service. Remembrance means the power of silence and you will attain that when you are in the *stage* of the *top*. When you stand at the *top* (peak) of a place, you can see everything so clearly. In the same way, your *stage* at the *top* – what is the *top*-most point of all? It is the supreme abode. BapDada says: Do service and then come and sit with the Father, in the stage at the *top*.



When you are tired, you sit down in silence for five *minutes* and that makes a difference. In the same way, every now and then, come and sit with the Father. What is the other place at the *top*? Look at the world cycle, what is the place at the *top*? At the confluence age, the needle is shown pointing to the *top*, is it not? So, you come down and do service and then go back to the place at the *top*. Do you understand what you have to do? Is time calling out to you or are you bringing time close? Who is the creator? So make such *plans* among yourselves. Achcha.

## Avyakt BapDada-5.03.2008

### **198. Sign of allowing Maya to stay is that when Maya comes...**

BapDada has seen that some children do not chase Maya away from a distance. Maya comes. You allow her to come, that is, you become influenced by Maya. If you do not chase her away from a distance, Maya also develops that habit, because she knows that you will allow her to stay there. The sign of allowing Maya to stay is that when Maya comes, you think that that is Maya, but what do you then think? "We haven't become complete yet! No one has become complete yet! We are now still becoming that. We will become that. You begin to say "ge, ge," (that it will happen in the future) and so Maya develops the habit of staying there. So, today, you are celebrating the birthday. The Father is giving you blessings and congratulations, but in which form does the Father wish to see every child, even the child who is the *last number* child? Even the *last number* child is loved by the Father. So, the Father wants to see even the last number child always as a rose, a rose in bloom, not wilted. The reason for wilting is a little bit of carelessness: "It will happen. I will see about it. I will do it. I will get there." So, this language of "ge, ge" makes you fall down. So, *check*: How much time has gone by? Now, BapDada has already given the signal for the closeness of time and for something happening suddenly. It is not that He is giving the signal now, He has already given it. It is necessary to remain *ever-ready* and *alert* for such a time.

### **199. In order to be victorious at that time, it is essential to have...**

In order to be victorious at that time, it is essential to have both *catching power* and *touching power* in your mind and intellect. Such circumstances are to come that even though you may be sitting far away, you will be able to *catch* the Father's signals, *directions* and *shrimat* that you are to receive if your mind and intellect are *clean and clear*. You will be touched: I have to do this, I must not do that. Therefore, BapDada already told you earlier: Accumulate as much power of silence as you want. You should be able to *control* your mind and intellect whenever you want, however you want. Waste thoughts should not touch your dreams at all – there has to be such *control* over your mind. This is why there is the saying: When you have conquered your mind, you have conquered the world. For example, the physical organs of your hands – you are able to make them function as and when you want as per your *orders*. In the same way, the *controlling power* of the mind and intellect should emerge in the soul at every moment. It should not be that you have that experience at the time of having yoga, but that when you are performing actions, at the time of coming into interaction or in relationship with others, there is less experience of that. Test *papers* are to come suddenly because you have to take test *papers* every now and again before the *final paper*. So, what speciality will you have on this *birthday*? Accumulate as much power of silence as you can. In one second become lost in the experience of sweet silence because, with science and silence, science is going into its extreme. The victory of the power of silence over science will bring about transformation.

### **200. At this time to accumulate the power of silence...**

With the power of silence you will be able to give co-operation to any soul even sitting far away. You can quieten a wandering mind. You saw Brahma Baba: Whenever any specially beloved child was in any type of upheaval or settling any physical karmic account, Baba would wake up early in the morning and give sakaash with the power of *silence* and that soul would experience that. So, at the end, you will have to give the co-operation of this *silence*. According to the circumstances, pay a great deal of attention to this. It is only at this time that the bank is open for you to accumulate the power of silence and the power of elevated actions. The bank to accumulate does not exist in any

other birth. If you do not accumulate now, then the bank will not exist, and so where will you accumulate? Therefore, you can accumulate as much credit as you want at this time. Generally, people also say: Do whatever you want to do now, think about whatever you need to think, now. Whatever you think now, that will remain in the form of thoughts, whereas after some time, when your limit of time comes close, the thought will be transformed into repentance: "If only I had done this, I had to do this..." That thought will not then remain in the form of thought; it will change into repentance. This is why BapDada is giving you a signal in advance. No matter what happens, become lost in the power of silence in one second. Do not say, "I am making that effort". You can make effort to accumulate at this time.

### **201. Something that belongs to Ravan that you are not...**

Something that belongs to Ravan that you are not able to get rid of it. You have kept something that doesn't belong to you as yours. Is it considered good when someone secretly keeps something that doesn't belong to him or her carefully hidden away? So, why do you consider Ravan's *nature*, someone else's *nature* to belong to you? Some say with great intoxication: It is not my fault; it is just my nature. They even try to reassure BapDada.

### **202. Do not test Baba and think: I will see if Baba is helping me or not...**

Those who want to claim it can do so. It is a special blessing. However, the blessing will only work when you *revise* the blessing at amrit vela every day. You have to *revise* your *gift*. Will you *revise* your *gift*? So BapDada is giving you this *gift*. Never let go of taking one step of courage, and then BapDada will take a thousand steps of giving help. Do not test Baba and think: I will see if Baba is helping me or not. Do not test Baba in that way. The Father is bound to help. You are bound and the Father is also bound. So, look at this gift again and again every day. When you receive a beautiful gift, you keep looking at it again and again because it is so beautiful. So, every day at amrit vela, look at it and then while in your karma-yogi life, continue to *revise* it every so often. Achcha. You took the *gift* and you gave the *gift*. It is good.

### **203. Drill of the Bap Dada; the power of silence...**

What drill does BapDada now want you to perform? In one *second*, become an embodiment of the power of *silence*; a concentrated mind and a concentrated intellect. Throughout the whole day, take a second every now and again and practise this. As soon as you have a thought of silence, become an embodiment of that. You don't need time for this. Simply practise it for a second. *Silence*. Achcha.

## **Avyakt BapDada-18.03.2008**

### **204. Three types of accumulation of accounts...**

So, today, BapDada is seeing the account of accumulation of all the children everywhere. You have been told earlier too that there are three types of accounts in particular which you have accumulated and can accumulate. 1. To accumulate the treasures according to your efforts. 2. The account of blessings. The method to accumulate in the account of blessings is: While engaged in service and coming into connection and relationship with others, through your thoughts, words and deeds – in all three - always remain content with the self and make others constantly content too. Contentment increases the account of blessings. 3. The account of charity. The method for the account of charity is that whatever service you do, whether through your mind, words, deeds, and while coming into relationship and connection with others, always serve with an altruistic and unlimited attitude, nature, intentions and feelings. Serve with your nature, your good intentions and good feelings. By doing so, you automatically accumulate in your account of charity

**205. Change the one word “reason”...**

1. So, at the present time, because time is close, BapDada wants to see all of you children change one word in your thoughts, words and *practical* actions. Do you have this courage? Just one word! This is the transformation that BapDada wants to bring about in every child. It is just the one word that keeps making you into a careless effort-maker from an intense effort-maker; and now, according to the time, what effort should you be making? Intense effort. Everyone wants to be in the *line* of intense effort-makers, but one word makes you careless. Do you know that one word? Are you ready to change that word?
2. You all must know that one word, because you are all clever. So, change the one word “reason”, and bring in front of you the word “solution”. When reason (excuse) comes in front of you, or you think about it, you are not able to find a solution. So, even in your thoughts, not just in your words, BapDada wants you to change the word “reason” into the word “solution”. There are many types of reasons and when these come in your thoughts, words and deeds, they become a bondage in your intense effort. All of you promised BapDada: you have made a promise with love that all of you are the Father’s companions in His task of world transformation. You are the Father’s companions. The Father doesn’t do this alone; He brings the children with Him. So, what is your task in the task of world transformation? To change the reasons and causes into solutions for all souls. Nowadays, because the *majority* of souls are unhappy and peaceless, they want liberation now. They want liberation from their sorrow, peacelessness and all bondages. And, who are the bestowers of liberation? Together with the Father, you children are also bestowers of liberation. Even today, what do people ask for from your non-living images? Now, seeing the sorrow and peacelessness increase, the *majority* of souls are remembering you souls who are bestowers of liberation. They are unhappy in their mind and are crying out: O bestowers of liberation, give us liberation! Can you not hear the call of sorrow and peacelessness of the souls? Become the bestowers of liberation and first of all, liberate yourself from this word “reason”, and then the sound of liberation will automatically echo in your ears. First of all, when you are liberated from this word internally within yourself, you will then be able to liberate others. Now, day by day, there is going to be a *queue* in front of you of souls
3. . Always keep churning the *list* of self-respect in your intellect. “Who am I”? Bring that *list* in front of you. Maintain this intoxication and the word “reason” will become *merged* and you will find a solution in every action. When you become an embodiment of solutions, you will easily be able to show all souls the way to go to the land of nirvana, the land of liberation and liberate them.

**206. Drill ; with a crown, a throne and a tilak...**

Now, all of you should take a picture of yourself. Do you know how to take a picture of yourself? With the pen of elevated thoughts, bring your own picture in front of you now. First, everyone perform the *drill*, the *mind-drill*. Not the *drill* of the physical organs, but the *drill* of the mind. Are you *ready* to perform the *drill*? Nod in agreement if you are. Look, the most elevated picture of all is of someone with a crown, a throne and a tilak. So, bring your own picture in front of you. Put aside all other thoughts and see how all of you are seated on BapDada’s heart-throne. You have this throne, do you not? You will not receive such a throne anywhere else. So, first take this picture: I, a special soul, a soul with self-respect, BapDada’s first creation, an elevated soul, am seated on BapDada’s heart-throne. Are you seated on the throne? Together with that, apply the tilak of the awareness of being a soul who is God’s creation, sitting amongst the roots of this tree, an ancestor and a worthy-of-worship soul. Did you apply the tilak of this awareness? Together with that, be a carefree emperor: I have surrendered to BapDada the burden of all my worries and am wearing a *double-light* crown. So, I am one who has a crown, a tilak and a throne. I am a soul who is so much loved by God, the Father

**207. Drill; “Mera Baba, sweet Baba, lovely Baba”...**

Now, in one *second*, all Brahmins, whilst practising Raja Yoga, become a master who can concentrate your mind; concentrate your mind on something for as long as you want, in the way that you want. Concentrate your mind just now. Your mind should not wander anywhere, here or there. “Mera Baba, sweet Baba, lovely Baba”. With this love and with the colour of this company, celebrate spiritual Holi. (Baba conducted this drill.) Achcha.

## Avyakt BapDada-02.04.2008

### **208. Important of contentment...**

Today, BapDada is seeing His jewels of contentment everywhere who remain content. The sparkle of contentment is visible on the face of each one. You yourself love jewels of contentment, BapDada loves them and the family also loves them because contentment is a great power. Contentment can only be imbibed when you have attained all attainments. If there is little attainment, there will be little contentment. Contentment also invokes other powers. According to capacity, the atmosphere of contentment also gives others *vibrations* of contentment. The sign of someone remaining content is that that one will always be seen to be happy-hearted. That one's face would always naturally remain cheerful. No adverse situation that comes in front of a contented soul will make that one fluctuate from his original stage. No matter how great the situation may be, for a contented soul it is seen as entertainment in the form of a *cartoon show*. This is why that soul does not get distressed by situations. The situations cannot attack that soul; they are defeated. This is why that soul experiences his life to be entertainment filled with supersensuous joy. He doesn't need to labour, but experiences that as entertainment.

### **209. The method to make the seed of blessings in to fruitful...**

Some of you, not all of you, think about the blessing you have received; you speak about it, you *note* it down in your notebook, you even remember it, but you don't allow the seed of the blessing to become fruitful. You are unable to get fruit from the seed. You become very happy simply speaking about it: "It is a very good blessing." The blessing is the seed, and to the extent that you make the seed fruitful, accordingly it will increase. What is the method to make the seed fruitful? To use it at the right time. You forget to use it at the time. You simply see it in your notebook and speak about it: "It is very good, it is very good. Baba has given a very good blessing." But why has He given it? He has given it for you to make it fruitful. Fruit grows from a seed. You churn the blessing, but in becoming an embodiment of that blessing, you become numberwise.

### **210. To become embodiment of experience...**

An embodiment of experience or an *authority* of experience. In being an embodiment of knowledge, to be an embodiment of experience in knowledge means - *gyan* is said to be *knowledge*. A soul who is an embodiment of experience has *knowledge*, that is, understanding of what has to be done and what mustn't be done; he has the *light* and *might* of *knowledge*. The meaning of being an embodiment of experience is that there should be *light* and *might* in a *natural* way in every action of a *gyani* soul. *Gyani* means to know the *knowledge*, to speak about it and, together with that, there should be *light* and *might* in every action. With your form of being an embodiment of experience, your every action will *naturally* be elevated and successful. You won't have to labour because you are embodiments of the experience of knowledge. The *authority* of experience is the most elevated of all *authorities*. There is a difference in knowing knowledge and in performing every action as an *authority* of the experience of knowledge. So, *check*: In all four *subjects*, am I am an embodiment of experience? I am a soul, but am I performing every action as an embodiment of experience? If you are seated on the *seat* of an *authority* of experience, then elevated actions and actions that are filled with success will be seen as the *natural nature* in front of an *authority*. You think about it, but to become an embodiment of experience your *natural nature* should be *yogyukt* and *raazyukt*. In your *dharna* too, all virtues should automatically be visible in every action. Always remain an embodiment of experience and remain seated on the *seat* of experience. It is essential to pay *attention* to this need. The *seat* of an *authority* of experience is very great. Even *Maya* cannot finish off those who are experienced. The *authority* of experience is multimillion times higher than the *authority* of *Maya*. To think about it is separate, to churn it is separate, but now it is essential for you to move along as an embodiment of experience.

**211. Drill; In any situation, are you able to remain stable...**

Bring everything in front of you. Whether it is the soul, the Supreme Soul or the cycle: to what extent have you become an embodiment of experience in each one of these? Achcha. In any situation, are you able to remain stable in your original stage? The drill of the concentration of the mind.

**212. Importance of power of contentment ...**

Today, BapDada is seeing His jewels of contentment who always remain content. Such a beautiful sparkle is sparkling everywhere through the sparkle of each and every jewel of contentment. Each jewel of contentment is loved so much by the Father, loved by everyone and also loved by the self. Everyone loves contentment. Contentment is always full of all attainments because where there is contentment there is nothing unattained. A contented soul has the *natural nature* of contentment. The power of contentment easily and naturally spreads contentment into the atmosphere everywhere. The face and eyes of such a soul spread the wave of contentment into the atmosphere. Where there is contentment other specialities automatically come. Contentment is the special gift from the Father at the confluence age. The stage of contentment is always victorious on an external stage. External situations continue to change but the power of contentment constantly keeps increasing. No matter how many external situations come in front of you, at every moment nature is seen to be like a *puppet show* in front of a jewel of contentment. They are *puppet shows* of Maya and nature. Therefore, contented souls never become distressed. The *show* of external situations is experienced to be like entertainment. In order to experience this entertainment, the *seat* of your stage should always be that of a detached observer; this will give you the experience of entertainment. No matter how much the scene changes, a contented soul who is stable on the seat of a detached observer is able to change every external situation with the stage of the self by being a detached observer. So, each one of you has to *check* yourself: Am I always content?

**213. Easy method to one who follow father...**

BapDada give you every day? "Beloved children". So, who are the beloved ones? The ones who *follow the father*. And it is very, very, very easy to *follow*. It is not difficult at all. If you *follow* in just one aspect, you will easily be *following* in all other aspects. It is just one *line* that the Father reminds you of every day. You remember that, do you not? Consider yourself to be a soul and remember Me, your Father. It is just one *line*, is it not? And it is souls who remember it. Those who have received treasures from the Father cannot stay without doing service because they have plentiful attainment and limitless treasures. You are the children of the Bestower. You cannot stay without giving to others.

**214. The method of constantly detached from discontent of others...**

BapDada is giving every child the blessing: O lovely, beloved child, always be a jewel of contentment and spread the *light* of contentment into the world. Remain content and make others content. Some children say that it is easy to remain content, but to make others content feels a little difficult. BapDada knows that if you want to make each and every soul content, the method for that is very easy. If someone becomes discontented with you and remains discontented with you, then that person is discontented anyway. However, you also become influenced by their discontentment to some extent. You do have waste thoughts, do you not? If you keep yourself as an embodiment of the awareness of the mantra that BapDada has given you, the mantra of good wishes and pure feelings, you would not have any waste thoughts. You know that someone is like this or like that, but you still have to experience yourself to be constantly detached, and detached from the vibrations of that one and always loving to the Father. Even if the *vibrations* of your elevated stage of being detached and loving to the Father do not reach that soul, they will definitely spread into the atmosphere. If someone does not transform themselves and you are being affected by that soul in the form of waste thoughts, then everyone's thoughts spread into the atmosphere. Therefore, become detached, be loving to the Father and have benevolent and pure feelings and good wishes for that soul too

**215. Can one wrong put another wrong right?**

Many times children say, "Because that one made a mistake, I had to tell them with *force*". Your nature and face also become a little *forceful*. So that one made a mistake, but is the *force* that you showed not a mistake? That one made some mistake and you said something *forcefully*, and this would be said to be a trace of anger; is that *right*? Can one wrong put another wrong right? According to the time nowadays, you have to pay special *attention* when you make your words *forceful*, because to speak loudly or to speak while being fed up, thinking that that one is not changing, is also a trace of the second *number* vice. It is said that words emerging from your mouth should be like a shower of flowers. Sweet words, a smiling face, a sweet attitude, sweet drishti, sweet relationships and contacts – these are also means of *service*.

**216. If they made a mistake, they are wrong making them understand to very good...**

If they made a mistake, they are wrong and with the aim of making them understand and not with any other aim – your aim is very good that you are giving teachings and explaining to them – what has been seen to be the *result* of that? Does that one change? In fact, that one becomes more afraid of coming in front of you in the future. The aim that you had was not fulfilled, and therefore, your thoughts, your words, your way of speaking and your relationships and connections, let these always be sweet, that is, always great because nowadays people want to see your *practical life*. When you serve through words, they are influenced through that verbal service and come close and that is beneficial, but when they *practically* see sweetness, greatness and elevated feelings through your activity and face, they also take inspiration for themselves. As the situations will keep changing according to the time in the future, at that time, all of you will have to do more service through your face and your behaviour. Therefore, *check* yourself. Are the sanskars of an attitude and vision of good wishes and pure feelings towards other souls part of your *nature* and *natural*?

**217. BapDada guarantees that He will make you into a bead of the rosary of victory...**

BapDada wishes to see each child as a bead of the rosary, a bead of the rosary of victory. So, do all of you consider yourselves to be those who are going to become the beads of the rosary? Many children think that only the children who have become instruments will become part of the rosary of 108, but BapDada has already told you before, too, that the 108 is a memorial of the rosary of devotion. However, if each one of you becomes a victorious bead, then BapDada will create many more strands in the garland. In the rosary of the Father's heart each of you victorious children has a place, and this is a *guarantee* from the Father. Simply make yourself victorious in your thoughts, words, actions, behaviour and on your face. Do you like this? Will you become this? BapDada *guarantees* that He will make you into a bead of the rosary of victory. Who will become that? OK, then BapDada will begin to make strands within strands in the rosary. *Double foreigners* like this, do you not? It is the Father's duty to bring you into the rosary of victory and it is your duty to become victorious.

**218. Necessary to practise being in a bodiless...**

BapDada has given the signal many times that delicate times and times of 'suddenly' are ahead. Therefore, it is necessary to be *ever-ready* and to have the experience of being bodiless. No matter how *busy* you are, practise becoming bodiless in a *second* from now on even while you are *busy*. You say that you remain very *busy*, but if you are thirsty when you are very *busy*, what would you do? You would drink some water, would you not? You understand that you are thirsty and so it is necessary to drink water. Every now and then, it is necessary to practise being in a bodiless and soul conscious stage because in the times that are to come there will be the need for an unshakeable stage in the times of upheaval everywhere. So, if you do not practise this from now, over a long period of time, how would you remain unshakeable at the time of extreme upheaval? Throughout the whole day, find even one or two *minutes* and *check* yourself as to whether you are able to become bodiless through your stage of soul consciousness according to the time. *Check* and *change* yourself. Do not just check yourself; also *change* yourself. By repeatedly *checking* this practice, and by *revising* it, it will become your *natural* stage.

**219. Detached in the bodiless stage while being in the body and also be loving to the Father...**

From today, what *drill* will you perform again and again throughout the day? Now, in one *second*, can you not experience yourself to be soul conscious, detached in the bodiless stage while being in the body and also be loving to the Father? So, now, in one *second*, may you become bodiless. Achcha. (Drill). In this way, throughout the day, no matter how, find one *minute* now and then and continue to make this practice firm.

**220. The times that are to come will be of great distress...**

You remember the *drill*, do you not? You haven't forgotten it, have you? Because BapDada knows that the times that are to come will be of great distress. All of you will have to give sakaash and your giving that sakaash will become your intense effort. In a short time you will have to give all powers through sakaash and those who give sakaash in such delicate times, however many you give it to, whether you give to many or a few, that many will become your devotees in the copper and iron ages. So, at the confluence age, each of you is also creating your devotees because the happiness and peace that you give them become merged in their hearts and they will give you a *return* of that in the form of their devotion. Achcha.

**Avyakt BapDada-15.11.2008****221. Love the altruistic imperishable love of the Father...**

1. All of you children are experienced in how much you love the altruistic imperishable love of the Father. God's love is the *foundation* of this Brahmin life. This is why all of you children are those who are worthy of this love and who have experienced this love. You have knowledge, but, together with knowledge, God's love is also essential because where there is love it becomes easy to experience everything there. The power of love brings you very close to the Father. The power of love always gives you the experience similar to the experience of always having the Father's hand of blessings on your head. Love becomes the Father's canopy of constant protection. Those who are loving always consider themselves to be the Father's companions. Loving souls are always jovial. They are not dry; they remain very entertaining, jovial. Loving souls always remain firm and carefree. Loving souls always experience themselves to be easy yogis in remembering the Father. Knowledge is the seed and, together with the seed, love is water. If the seed doesn't receive water the attainment of fruit cannot be experienced. Together with knowledge, this Godly love gives you the constant experience of the fruit of all attainments. With love, you can very easily experience attainments. If there is knowledge but no love, then the *questions* "Why?" and "What?" can arise, but if there is love, you remain constantly merged in the love of the Ocean of Love. For loving souls, the one Father is their world. They always experience the hand of shrimat on their forehead. Imperishable love makes you loving throughout the whole cycle.
2. Always merged in *love* is one who makes a mountain into a mustard seed. Because of love, the attainments are experienced very clearly and, where there is love there is less effort. If there is less love, then everything feels like hard work

**222. "BapDada is Karavanhar"...**

All the children who are moving along or flying have received good *marks* in having love for both the Fathers. Becoming complete and perfect is a different matter, but you all have love for the Father. You have claimed good *marks* for love. You now have to claim *marks* in becoming equal. The Father's words should be the words of you children. The Father's actions should be the actions of you children. In becoming equal, simply put one expression into practical form easily. It is easy to say it. That one expression is: "BapDada is Karavanhar (One who inspires others to do)." This one word 'Karavan' makes it easy to become soul conscious. I, the soul, am karavanhar for these physical organs and at every step and in every action, the Father is Karavanhar and I am an instrument. An obstacle arises out of just the two words, 'I' and 'mine'. With this word 'karavanhar', I and mine finish. I am an instrument. The One who has made me an instrument is making me do it, and so the consciousness of 'I' finishes. So, did you hear

what BapDada wants? One is the love of a true heart and a clean heart. The Father, the Innocent Lord, is very easily pleased with someone with a true heart. When the Innocent Lord is pleased, then Dharamraj, the adviser in between, cannot even raise His eyes. You will then say “bye bye” to Dharamraj and just pass through. He will say namaste and bow down to you children who are equal to the Father. You are loved by such a Father, but just simply *check* that there isn't any *leakage* in your love. Now, the leakage of your body consciousness or of the speciality of someone else should finish.

### **223. In one second make your mind and intellect concentrate on Paramdham...**

Now, in one *second*, can you be the master of your mind and intellect and Now, in one *second*, can you be the master of your mind and intellect and make your mind and intellect concentrate on Paramdham? Now, for one *minute*, BapDada wants to see you all concentrate and become residents of Paramdham. (drill)

## **Avyakt BapDada-30.11.2008**

### **224. Pure souls receive three special blessings...**

Pure souls receive three special blessings. One is to give blessings to yourself and so you become easily loved by the Father. Secondly, you become the *nearest* and *dearest* child of the Father, the Bestower of Blessings, and this is why you easily receive blessings from the Father and constantly receive them. Thirdly, you also continue to receive blessings from those who are the special instruments of the Brahmin family. With blessings from all three, you constantly continue to fly and make others fly.

### **225. Importance putting a full-stop in one second...**

1. BapDada toured around all the *centres* once. Should He tell you what He saw? What was missing? What He saw was that bringing about transformation and putting a *full-stop* in one *second* was missing. You can't tell what happens in the time it takes to put a *full-stop*. BapDada has already told you that in the *last* period, in the *last* moment, you will definitely have to put a *full-stop*. However, what did He see? You have to apply a *full-stop*, but, instead, you put a *comma*. You remember the things of others, thinking “Why does this happen? What happens?” and you apply an exclamation mark in this. So you are not able to put a *full-stop*, but instead there is the punctuation of a *comma*, an exclamation mark or a *queue* of *questions*. So *check* this. If you don't have the habit of applying a *full-stop*, then your final moments that lead you to your destination will not be elevated; they will not be high. This is why BapDada is giving you *homework*: Tomorrow, at amrit vela, *check* yourself and then you will have to *change* yourself. For one week, repeatedly practise applying a *full-stop* in a *second*.
2. Now, make *fast*, intense effort. Now, being slack in your effort will not bring you success.

### **226. Purity is said to be personality, reality and royalty...**

*Purity* is said to be *personality*, *reality* and *royalty*. So, remember your *royalty*. Even in your eternal form, you souls are special souls in your land with the Father. Just as special stars are sparkling in the sky, in the same way, you special stars are sparkling in your eternal form. So remember your *royalty* of the beginning period. Then, when you go to the golden age, remember the *royalty* of the deity form. Everyone has a crown of *light* of their *royalty* on their head. Eternally and in the beginning period there is so much *royalty*. Then, come to the copper age – no one else has as much *royalty* as there is in your images. Images are created of leaders, actors and dharmatmas (saints), but the worshipping and the speciality of your images are so *royal*. Everyone becomes happy on seeing your images. They take so many blessings through the images. So, all of this is the *royalty* of purity. Purity is the birthright of



Brahmin life. The lack of purity should now end. Do not think, "It will happen, I will have disinterest at that time and so it will happen then." You tell Baba many very good things: Baba, don't worry, it will happen. However, this January, BapDada especially wants to make everyone complete in purity. Purity is not just celibacy. Even waste thoughts are impurity. Waste words, a form of wasteful words which is also called bossiness - a trace of anger - are impurity. Create such sanskars of purity that, seeing you from a distance, others are able to receive *vibrations* of purity. The *result* of the purity that you have is that of the soul being pure and the body also being pure; you attain *double* purity.

### **227. They are never going to change." Do not curse them in that way...**

Now, let there be just the one concern everywhere: Complete purity has to be spread in the whole Brahmin family. Give co-operation to those who are weak and make them pure. This is great charity. Do not leave them alone and think, "They are like that anyway; they are never going to change." Do not curse them in that way. Perform an act of charity. We will show this by changing. We definitely have to change. Increase their hopes. Do not make those who have fallen fall even further down. Give them support, give them power

### **228. Not be able to come out of your homes...**

All the centres are *safe*. Nevertheless, Bombay belongs to the Father. It is the Father's family. However, you definitely have to increase what the Father said: *Full stop* and *tapasya*. This is nothing. You will not be able to come out of your homes; you will not be able to open any windows, so what will you do then? A lot worse than this is going to take place...

### **229. Bhatthi of applying a full stop be in every centre...**

They had a five-day bhatthi of applying a *full stop*. And in the five continuous days, no one missed anything at all. They all began it and are now in front of you at the end. You made good effort. Now, you can all make such groups and continue to make this effort internally. If there are two people at the centre, make another friend your companion at the *centre* and let your seniors know about it, that you will have a special bhatthi. If you make a special discipline, you will receive help. BapDada liked it. Effort has now become easy, has it not? Now, don't forget this when you get back home. Do not get caught up in situations. Claim *number one* in applying a *full stop*. You will inspire others to make this effort and also share your own experiences. Achcha.

## **Avyakt BapDada-15.12.2008**

### **230. Time for making effort has now passed...**

Now, BapDada is at least drawing your *attention* in advance: If you make intense effort to *check* and then *change*, there is a *margin*, but after some time, the *board* of "suddenly" or "*too late*" definitely has to be put up. Don't say then that Baba didn't warn you. This is why the time for making effort has now passed, but you still have time to make intense effort. So, *check*, but do not just *check*; also bring about *change* at the same time. Some *check* themselves, but they do not have the power to *change* themselves. *Checking* and *change* should both take place simultaneously. What is the self-respect and praise of all of you? What is your *title*? *Master* almighty authority,

### **231. Carelessness and royal laziness...**

So, it is now 72 years since you have been receiving avyakt sustenance and sustenance through the corporeal form. So, will you not give BapDada the *return* of the sustenance you have received from both Fathers? Just think: What is the sustenance you have received and what has been *practical*? BapDada saw that, even now,

there is carelessness and *royal* laziness. The *royal* laziness is, “It will happen, I will become that, I will reach there” (language of procrastination) and carelessness is “I am doing it, (language of giving excuses/reasons). “This has to happen, this has to be done”. However, there is a difference in your saying and doing. BapDada continues to smile on seeing one scene. What do you say? At least this should happen! Do this first, and I will then be able to move forward very well! There is the attitude of wanting others to change, but, in some cases, the attitude for self-transformation is a little bit less. So, now *change* the attitude of looking at others. If you want to look at others, see their specialities. “This happens anyway, this continues anyway, this one also does this...”. Now reduce this feeling. Look at yourself and keep the Father in front of you. It doesn't matter who it is, whether someone is a maharathi or in the middle level, in their efforts, they are all transforming one or another weakness. Therefore, *see Father, see double Father*. Look at Father Brahma, look at Father Shiva. The Father has seated you on His heart-throne, and you have also made the Father sit on your heart-throne; your *slogan* is “*see Father*”. There is no *slogan*, “*See sister, see brother*.” Even now, there is one or another weakness in everyone. However, if you want to look at others, see their specialities. Do not look at the weaknesses that they are removing from themselves.

### **232. Know what law is and what order is...**

. All of you have the sanskars of being *knowledge-full*. You know what *law* is and what *order* is. Similarly, look at your life: Are you working under the Father's *orders* or do you sometimes work under the *orders* of Maya? Sometimes, you don't follow the dictates of others and the dictates of your own mind instead of following shrimat, do you? And, what is *law*? *Law* is to be a carefree emperor. There is no worry because you have all attainments. Similarly, also *check* in your elevated life of the confluence age whether you have all the attainments that the Father has given you. They are like prasad (holy pure food offered to God) from God and there is so much importance of prasad. So, you have attained as Prabhu-prasad all the attainments from the Father. There is importance of Prabhu-prasad. It is an inheritance, it is a right and it is also prasad. So, check: Am I full of *law* and *order*?

### **233. Suddenly, ever-ready and long period...**

So, try this and see *using* the power of transformation at the right time. It comes afterwards, when the situation has passed and your mind doesn't like it, and your mind begins to think about it; however, the time has passed by then, has it not? This is why there is now a need for a fast speed, not just sometimes. Do not think that you remain fine for most of the time, for BapDada has already told you that there is no guarantee of the final moments. There is to be the game of “suddenly”. Some children even tell the Father very sweet things. They say: When the time goes into the extreme a little more, there will then be disinterest anyway, and so at the time of disinterest, my speed will become fast by itself. However, BapDada has said that you need to make effort over a long period. If the effort is over a short time, then the reward you receive will also be for a short time; you will not create the reward for the *full* 21 births. Always remember three words of BapDada: Suddenly, *ever-ready* and long period. Keep all these three words in your intellect all the time. Anyone's final moment can be anywhere at any time. Even now, see how many Brahmins are departing; did they know? This is why you definitely have to claim the inheritance of the *full* 21 births by making effort over a long period of time. Keep this intense effort in your awareness.

### **234. One is “ge, ge” and the other is “toh, toh”, (giving reasons and excuses) - Remove these words...**

So, now, *check*: You have to imbibe the sanskars for your kingdom from now. Do not say, “I will do it...” One is “ge, ge” and the other is “toh, toh”, (giving reasons and excuses). Remove these words from the Brahmin *dictionary*. OK, even if you do see someone's weaknesses, all are effort-makers, otherwise, they would leave Brahmin life. It is because they are effort-makers that they are moving along in Brahmin life, is it not? For instance, some say that they are perfectly fine, but, because others do something, that becomes an obstacle in front of them. If that one were not to do that, or if that one changed... However, the Father has given you a *slogan* in advance: I have to change myself and then change others. I have to change. Not that I will change when the other one changes; no. You were told: Change your “bhav” and “bhavna”. The intention of the soul and feelings, pure feelings. Just try it and see; do not become tired, thinking “I have tried having so many good wishes, but he doesn't change! He is never going to

change!” For the words, “That one is never going to change”, to emerge from the lips of you Brahmins, is that a blessing? What blessings do Brahmins give? Whatever support you are able to give, give the support of good wishes. Otherwise, step away! Do not keep it in your heart. Give them blessings of pure feelings. Do not say any other words. This is one thing that you do, and the other.., should Baba tell you? Today, BapDada *checked* very well. What is the other thing you do? “This happens all the time, this one is also doing that, and so what does it matter if I do the same?” Is it being sensible when someone is falling into a well that you also try and do the same? BapDada is giving you one thing as *homework* for your efforts till 18<sup>th</sup> January. Will you do it? Will you do it? Then, raise your hands! No matter what happens, even if I have to change, accommodate or step away, I will change. Did you raise your hands? Sure? Or, will you say that you tried a great deal, but it didn’t happen. Do not give this reply because there are now going to be many games of “suddenly”, and BapDada doesn’t want a single child to be left behind. They should go with Him. Firstly, if someone is not changing, if you have had good wishes and they are not changing, then you change yourself! Do not say, “I had to do this because that one said this or did this.” You do that with the intention of teaching someone, but, in fact, you are seeing weaknesses. Therefore, bhav and bhavna – spiritual intention and good wishes. You say the words “This happens all the time, that one continues to do this, I am moving along, am I not, and so what does it matter if I do the same”? So, when the Father returns home, will you say, “That one is staying behind, so let me also stay behind? What does it matter”? So, see the *Father*. And the transformation of ‘bhav’ and ‘bhavna’. When you have good wishes for the five elements, can you not have good wishes for the Brahmin family? “This happens all the time, this continues to happen” – finish these words. “I have to show this by changing myself. If I change, others will also change; they will definitely change”. Continue to move along with this faith and good wishes and then see how quickly your kingdom comes. So, for this 18<sup>th</sup>, imbibe two things for all time – BapDada is not telling you simply to write it and send it to Him. In the subtle region, BapDada has many *files* of your promises in writing. Not a promise, but you have to imbibe these two things in the form of determined thoughts. Is this OK, teachers? You are going to do this, are you not? Mothers, raise your hands! Will you do this? Raise your hands high! Pandavas, raise your hands! Pandavas! The Pandavas are also raising their hands. Good. BapDada will continue to look every day. It doesn’t take BapDada long to see everything. Is that all right? Achcha.

### **235. Become introverted and find five minutes every now and then...**

The work of all of you is going to increase a lot more. Do not think that you have finished service, that you have given lectures, that you have set up the different wings. No, a lot of service still remains to be done. Now, you are going to have to do the work of giving sakaash with your mind. In the beginning, Father Shiva entered Brahma and gave sakaash to everyone while they were sitting at home. Some had visions, some heard someone telling them to go to a particular place, some received inspirations having heard this and they thought, “I have to go there!” They came running and those who came at the beginning became so strong. You remember Dadi, do you not? You also remember the other Dadis too, do you not? Whatever happened at the beginning is going to *repeat* at the end. Therefore, increase the power of your mind and also increase service through your mind. At that time no one will listen to your lectures. No one will take the *course*, and the conditions will become severe. You will have to do the service of giving sakaash through the mind. Therefore, practise this now, not just at amrit vela. Even if you are performing actions, every now and then in-between, *control* your *mind* from all directions, become concentrated and see whether you are able to give sakaash or not. There will be a great need. After all, your images are also those of removers of sorrow and bestowers of happiness, are they not? So, will you not become that in the living form? Become introverted and find five minutes every now and then. Not just at amrit vela, but this practice is needed day and night. *Try* it out as soon as you open your eyes at night, and then you may go to sleep again. However, *try* this for a short *time*. You wake up at night for other things, do you not? So, also practise this for only then will you be worshipped. Otherwise, you will be worshipped just for the sake of it. There won’t be huge temples built to you, only temples for the sake of it. Did you hear?

### **236. Impure vision would not able to see and they would only see light...**

In the beginning, BapDada showed many scenes through the trance messengers. When there is to be some upheaval in the final moments, everyone’s attitude will become extroverted – bad attitudes and also attitudes to give support. BapDada showed you in the beginning how a lot of people with impure vision would follow you, but they

would only see *light*. They were not able to see the people; they could only see *light*. They would only see the angelic form. Similarly, while you have the practice of concentration, you will be sitting in front of them, but they will not be able to see you. They will see *light* and only light everywhere. This has to happen. However, practise this from now. Become an angel. Achcha. Now, practise concentrating your mind for three *minutes*. Perform this *drill*. Achcha.

### Avyakt BapDada-31.12.2008

#### **237. Blessings of the power of transformation...**

1. So, this year, BapDada is giving the blessing of one particular power. When you say “My Baba” from your heart, then one power will become present. You mustn’t say “My Baba” just like that, but if you say it from your heart and if you have a right that it is “My Baba” then the power will become present in front of you. What power is that? The power of transformation. With the power of transformation, especially *change* the *negative* into *positive*. While seeing *negative* thoughts and *negative* behaviour, change them into *positive*. Just see, speak and do everything *positive*. Simply with your good wishes and pure feelings, it will become easy because this *opposition* will come, but your power of transformation will easily bring you success. So, did you understand the special blessing for this year? Use the power of transformation with determined thoughts.
2. Since your *title* is a world transformer, then, is it difficult to transform yourself? When anything difficult arises in your heart – in fact, nothing is difficult but you make it difficult; what can be difficult in front of a *master* almighty authority? However, you make one mistake and make it difficult. For instance, if it suddenly becomes dark here, and then, by mistake, someone tries to chase away the darkness, will the darkness go away? The correct method is for you to *switch* the light on and the darkness will go away in a *second*. So, you also make the mistake that when something has happened, you go into the *queue* of questions such as, “Why?”, “What?”, “When?”, “How?” etc. You make a small thing big and something big is difficult. If you make it into a small thing, it will become easy. The Father has shown you an easy method to use any particular power. Sit on the *seat* of the awareness of being a *master* almighty authority. If you sit on this *seat*, you won’t become *upset*. Without a *seat* you become *upset*, but if you have your *seat* you won’t become *upset*.

#### **238. Say it with your heart through “Mybaba”...**

BapDada is your Companion. Whenever you feel something is difficult, say with your heart, “Baba, My Baba, My Companion, come and help me”, and Baba is then bound to help. You have to say it with your heart though.

#### **239. Give your burden to the father...**

You will have to remain *combined* with the Father all the time. If you You will have to remain *combined* with the Father all the time. If you have any difficulty or burden, do you know how to give it to the Father? You will become a carefree emperor and continue to fly. Do not keep any burden in your heart. Some children say: It has now been one month or it has been 15 days, and everything is continuing fine. However, if death comes to you in those 15 days, what then? Give the Father your burden at that time. Do you know how to give it? Definitely learn how to give it to Him. You know how to take it, but also learn how to give it. So, what will you do? Have you learnt how to give it? Why has BapDada come? He has come to take away the children’s burden. Who has that much courage? They should raise their hands! Are you raising your physical hands or the hands of your mind! Raise the hand of your mind. Achcha. BapDada is giving multmillionfold congratulations to such children

#### **240. Determination is the key to success...**

Always keep determination, the key to success, very carefully because even Maya loves this key a lot. Therefore, keep this key carefully in the container of your heart. Determination is the key to success and success is a

very easy way to become equal to the Father. You always have faith and the destiny is guaranteed. It is fixed for you to be a self-sovereign and a ruler of the kingdom of the world. Always continue to fly with such intoxication and pure pride.

#### **241. Whenever you face any difficulty, then, order from your heart, "My Baba"...**

BapDada loves every child with a lot of love in His heart. Even though you are numberwise, you are not *number one*, you are numberwise, but each child is BapDada's long-lost and now-found child of every cycle. Therefore, always remember your fortune of being a long-lost and now-found child. It is a small thing – whenever you face any difficulty, then, *order* from your heart, "My Baba". The Father is definitely bound to help but do not keep other things in your heart. If you say "My Baba" and you have weaknesses in your heart, the Father will not give His help. If your heart is clean, your desires will be fulfilled. The Father does not enter a heart that is filled with rubbish: and remember Him with love! Do not just remember Him on the basis of knowledge; you were told that knowledge is the seed and love is water. If you simply know Him with knowledge, but do not experience Him with love in your heart, if you don't remember the Father with love, you won't receive the *practical* fruit, that is, you won't have that experience. The form of experience is the fruit, but if you don't water it, then it becomes like dry sugar cane

#### **242. Why do not have experience of bap?**

If you simply know Him with knowledge, but do not experience Him with love in your heart, if you don't remember the Father with love, you won't receive the *practical* fruit, that is, you won't have that experience. The form of experience is the fruit, but if you don't water it, then it becomes like dry sugar cane. You may give *courses*, give lectures and even receive *prizes*, you may even give up to four lectures in a day, but there isn't love in the heart. The sign of having love for the Father in your heart is to have love for the whole Brahmin family. If there isn't love, you face more obstacles from Maya because if you haven't watered it, how can you receive any fruit? Some children say that they have understood knowledge, that they even have all relationships with Baba, but that they don't have any experiences. Experience is the fruit. Do not become dry knowledgeable souls. Be loving. Be loving to the Father and you will easily become loving to the family because you are equal to the Father. The Father has love in His heart for even the *last* child. He sees each one with an attitude of love. So, do not just be knowledgeable, not just those who give lectures, but be an embodiment of giving that feeling of belonging. Ask yourself: Do I have love for the Father in my heart? Or, do I only have love for Him when there is a need? That is being a knowledgeable devotee. So, what will you do this year? Create an atmosphere of love. When you see each one, even if they are weak, at least they are effort-makers. They are part of your family, are they not? Do not make those who have already fallen fall further. Increase their zeal and enthusiasm and create an atmosphere of love. Achcha..

#### **243. Dadi's speciality; a clean heart, all desires are fulfilled...**

Just as the Dadi of all of you became an instrument. Whether anyone says it or not, she became an instrument to give sustenance and so she is *automatically* remembered. Let alone BapDada, Dadi was like all of you and she demonstrated it by doing it. Dadi took the hardest paper of all when Father Brahma became avyakt: in suddenly having such an atmosphere and then having such courage and making everyone a helper. She performed a wonder, did she not? Although everyone gave their company, she became an instrument. What was Dadi's speciality? With a clean heart, all desires are fulfilled. She never kept anything in her heart. And when she saw carelessness in someone, she gave them enthusiasm. Not, "They are careless and so leave them alone!" She gave them courage. And so, "My Dadi" emerges from everyone's heart. All of you say "My Dadi" from your heart, do you not? Therefore, all of you should also create a *group* who has the aim: OK, we have to become equal to the Father anyway, but at least let us give the same feeling that Dadi did. Such a *group* is needed, not just one. Become one another's companion and show such a practical form. Then BapDada will give that *group* a special *gift*.

**Avyakt BapDada-18.01.2009**

#### 244. Return of avyakt sustence...

40 years of avyakt sustenance have now been completed. So, what comes first in the year "40". It is the point – zero. So, the zero reminds you that you are a *hero*, (a real diamond) and a great hero and that you have to be a *hero* actor and perform every task as a *hero*. So, always remember zero and *hero*. And for the "4", you have to bring four things into your life in a *natural* way. You have to do that with determination. Will you do that? Are you ready? No matter what paper comes in front of you, you have to bring these four things into your life. Are you sure? Sure? Sure? Those sitting at the back, are you sure? Maya will eat those who are weak and this is why you have to remain strong. One thing – always have pure and positive thoughts for others (shubh chintak). Seeing or hearing about anyone's weakness, be merciful, have pure and positive thoughts for them and definitely give them your co-operation. You must not see their weakness, but you must definitely give them co-operation. This is known as having pure and positive thoughts for others. You will remain strong in this, will you not? Bestowers of support, be merciful and give your co-operation. Do not step away from them or have dislike for them, but instead, forgive them. One never has dislike for someone who is under an external influence; instead one gives them support. So, have pure and positive thoughts for others. The second is to have pure and positive thoughts for the self (shubh chintan). Nowadays, BapDada sees that the *majority* of the children sometimes has a lot of waste thoughts. By doing this, the powers you have accumulated are wasted. Therefore, give your mind the *homework* of having pure and positive thoughts for the self or of giving yourself a *title* of self-respect of one thing or another. Create a *timetable* for your mind. You make a *timetable* for actions anyway, but now create a *timetable* for your mind. After celebrating a meeting with BapDada at amrit vela, give your mind a point of self-respect. However, as Baba has told you earlier, each one definitely has some time 12 to 13 times a day and in that time, have *realisation* and also *revise* it. By keeping your mind *busy*, your *time* will not be spent in wasteful thoughts. You won't have to make effort. The confluence age is an age of pleasure and you will stay in that pleasure at every moment. Second thing was to have pure and positive thoughts for the self. *Check* and *change*. Third is a pure attitude. Through an impure attitude, you spread impurity into the atmosphere; therefore, have a pure attitude. The fourth is that each one has to take the responsibility: My duty is especially to create a pure atmosphere and not look at others. What do you do when there is a bad odour in the atmosphere? You spray a fragrance, do you not? You cannot tolerate the bad odour and so you use one or another fragrance. In the same way, you definitely have to change an ordinary or impure atmosphere. Whether someone is young or new, this is each one's responsibility. You have to have the determined thought: I definitely have to create a pure atmosphere. This promise will bring about revelation.

### Avyakt BapDada-05.02.2009

#### 245. Angle means....

So, according to the present time and your effort, your aim is to become an angel. The perfect form of the confluence age is an angel who will become a deity. You know the definition of an angel. An angel means one who is light in relationships, sanskars and thoughts in the old world, light even in the old sanskars. Not just to be light in your old sanskars, nature and the world, but an angel means one who has lightness while coming into relationship with everyone and with everyone's nature and sanskars. What is the sign of this lightness? Those angelic souls would have love for everyone, not just love for some, but love for all, just as for the Father. For Father Brahma, you all consider him to be your father. You say, "My Baba!" Such an angel means one who is loved by everyone. Some children think that Brahma Baba was Brahma, but all of you have seen among Brahmin souls just like yourselves that your beloved Dadi was loved by everyone, and everyone said from their own experience with a lot of love, "My Dadi". In terms of nature, sanskars and while living in the old world she remained loving and detached. Everyone said with a right, "My Dadi!" So what was the reason? She herself was light in her nature and sanskars. She gave everyone the feeling of belonging. She was an *example*. You also saw Jagadamba. Some think that she was the World Mother. However, Dadi was a companion of your Brahmin family. Whenever you heard of her efforts or if you asked her about it, she would always say: We have to become karmateet. In the deep desire to become karmateet she would also repeatedly remind others of the same thing. So, for every Brahmin, this should be the special aim and qualification. It is, but it is numberwise. There should only be this desire now: We definitely have to become angels. Angels means

those who are detached from the physical body, those who always have a body of *light*. Angels means kings of the physical organs.

#### **246. Sweet bodiless stage...**

1. BapDada saw that the *result* of service is good. The *majority* of you have zeal and enthusiasm for service, and you also continue to make *plans*, but, together with doing service, it is also necessary to give the message. Today, too, BapDada saw the good *result* of the service of the different wings and different places. However, the atmosphere of being bodiless requires less effort and creates a greater impact. Of course, people enjoy what they hear, but they have an experience through the atmosphere and the *drishti* of being bodiless and an experience is never forgotten. So now, in service, let there be the *addition* of the concern for becoming angelic. Give one or other experience of peace, happiness, joy or spiritual love. Through the love in your behaviour and the hospitality you offer, through your relationships and family, they depart with an experience, but now specially pay *attention* to giving the feeling of supersensuous joy and spiritual intoxication of peace through the atmosphere and *vibrations*. Give them a special experience of one thing or another. Just as they depart impressed with the *systems* they see here - they haven't found such a *system* of family love anywhere else - so they should depart also having experienced some such power or attainment from here.
2. That influence will spread into the atmosphere through the angelic stage. They say they receive *light* through your *drishti*, that "the *light* of spirituality is visible in their *drishti*." So, now have the aim of making intense effort to become a *double-light* angel. While walking and moving around, increase the experience of the angelic form. Increase the experience of the bodiless stage. Be *double-light* in your nature and *sanskars* in order to finish any thoughts within a *second*.

#### **247. To harmonise the sanskars means to become an angel...**

For Father Brahma, you think that Shiv Baba was in him. For Father Shiva, you think: "He is incorporeal anyway; He is detached and incorporeal whereas we are corporeal bodily beings. We are living in such a big gathering, we are living in the midst of everyone's *sanskars*." To harmonise the *sanskars* means to become an angel. Seeing the *sanskars*, some children become disheartened. Baba is very good, Father Brahma is very good, knowledge is very good, the attainment is very good. However, to harmonise your *sanskars* means to be loving to everyone, not loving to just some, because some children say that you develop love for some on seeing their speciality. "This one's lecture is very good. This one has this very good speciality. This one speaks very well." These obstacles come in your becoming angels. You may be loving, but you, the soul, are detached: be loving to all with your *stage* of detachment. Do not be loving because of the speciality. "I like this one's virtue very much." You may imbibe that, but to be loving just because of that is *wrong*. An angel loves everyone. Each one should say, "Mine". There should be the feeling of belonging

#### **248. What is the awareness of the body?**

Two things create obstacles to such an angelic stage. One is the awareness (*bhaan*) of the body and everyone has the *natural* experience of that; the awareness of the body of 63 births arises naturally. The other is the ego (*abhimaan*) of the body. The awareness of the body and the ego of the body. The further you progress in knowledge, the more you sometimes have ego about your own self and that ego brings you down. Why is there ego of the body? Whatever speciality you have, there is arrogance because of that speciality. "Am I any less? Everyone loves my lectures. The service that I do creates an impact. My *handling* is very good. The way I give *courses* is good." As you make further progress in knowledge or in service, there is this arrogance of the self, or you have love for the virtue, talent or speciality of others. However, whom would you remember? You would only remember body consciousness. "So and so has a very good intellect. My *handling* is very good." Those who move forward in service or their efforts have this arrogance. So *check* this. The method to *check* whether those who have arrogance truly do have that arrogance is: Whenever someone insults (*apmaan*) them or their ideas, advice, talent or their *handling* even

slightly, they will very quickly have feelings about that. And when they feel insulted, an even more subtle sign of that is that it will create anger in them; there is also bossiness. That will not allow you to become angels. So, according to the present time, BapDada is giving you a signal once again: Reveal in your life the angelic form, the *last* form of the confluence age. Bring it into the corporeal form. By becoming an angel, it will become very easy to become bodiless. *Check* yourself: There isn't attachment even to your own speciality or to someone else's, even in a subtle way, is there? Is there any arrogance? Sometimes, even over a trivial matter, some children's stage fluctuates. Then, instead of having a happy heart and a happy face, either their face is full of thoughts or full of worry, and while moving along they become disheartened. Instead of being happy-hearted, you become disheartened. So, do you understand? Now, make the sanskars of the angelic stage, *the last stage* of the confluence age *emerge*.

#### **249. Attention needs to be paid on balance of service and dharana...**

You have paid *attention* to service, service has grown. BapDada is pleased but now greater *attention* needs to be paid to now, that is all. At that time, the only thing that will be useful is your angelic life, being bodiless or putting a full-stop in a *second*; and everything is going to happen suddenly. Even if you have done service and not practised these things so much, and just remained engaged in service – you do have to remain engaged in service – a *balance* of both is required. BapDada is repeatedly giving the signal that everything is going to happen suddenly, and it will happen in such *circumstances*. Therefore, no one should complain to BapDada that He didn't tell anyone. Again and again, Baba is giving different signals. You receive the fruit and *marks* for service. There are four *subjects* and so you will receive *marks* for service, but there are also three other *subjects*. If you claim *marks* in one *subject* and less marks in the other three, what *number* will you receive? You should claim the *first number* in all four subjects. This is the pure desire that BapDada has for all the children. *dharna*. At the end, even if you want to, you won't be able to do service. Whatever you have done up So, who are the stars of the Father's hopes? Raise your hands! You are the stars of the Father's hopes, and the greatest hope that BapDada has is: You should claim a good number in all four *subjects*.

#### **250. Never become disheartened...**

1. Never become disheartened. Big heart, Big Baba! Is Baba small? Baba is the greatest of all. So, the children's hearts should always be big. BapDada's *slogan* is: Big heart, true heart, clean heart – then your every desire is fulfilled. (Badi dil, sachchi dil, saaf dil, toh har murad hasil.) This is the world of rubbish, and so the rubbish can fly into the atmosphere at any time. However, do not keep the rubbish with you. What happens physically when your bedroom becomes filled with rubbish? There would be insects there if you didn't clean it, and then there would be illness. So, here, too, if you keep something in your mind and don't remove it, it will continue to grow. Simply say, "Baba, My Baba" and Baba will become present. Baba is bound to do that. A child, the Father's child, God's child, remembers, "My Baba" – then it is not possible for Baba not to become present. You have the rope with which to tie the Father. What is that? The love in your heart.
2. So, now *check* whether you have love in your heart. Have you made God your Friend? Why would you make someone your friend? There is greater love for a friend than for a father. So, you have made God your Friend, have you not? Whenever anything comes in front of you, tell Baba, "Baba, You look after it." Become small children; do not become big. Then the Father will look after everything. Keep Him tied with the string of love in such a way that He cannot even move! Do you understand? Did all of you understand?

#### **251. Becoming Maya's followers...**

Many times children say: Baba, today I forgot Baba! Hearing this, BapDada would be so amazed! You forgot! You have forgotten Him for 63 births; you forgot Him even now! This is just for one birth, and such a short birth at that. You forgot Him for 21 births. Are you still forgetting Him? Therefore, now understand the cleverness of Maya. Sometimes, you offer hospitality to Maya. You say: We will be ready on time. There is still some *time* left. The *board*



of 'Too Late' has not yet been put up. We will be ready on time. And, giving her support and hospitality, Maya continues to drink tea and coffee. Instead of *following the Father*, you continue to *follow* Maya: "We are still effort-makers. We haven't yet become complete. This happens all the time." This is becoming Maya's *followers*. So, if BapDada comes to tour around and sees your faces, what type of faces should He see? Sometimes, the faces are not so good. You think a lot: What should I do? Should I do this or not? Will there be benefit in this or not? Will it be all right? *Follow the Father!* Father Brahma reached his destination, did he not? Why do you think too much? Simply *follow* the Father. You have waste thoughts; a whole wave of it comes. Baba is not speaking to just the *foreigners*, but to everyone.

## Avyakt BapDada-22.02.2009

### **252. Children not only allow Maya to come, but they also offer her hospitality...**

Maya and God's children have a *connection* with one another. Maya's duty is to come whereas what is the duty of you children? It is to chase Maya away from a distance. Do not let her come! Or, do you allow her to come? No. Chase her away from a distance! When you allow her to come, she develops the habit of coming. She also feels that you allow her to come and so comes. However, the Father sees that some children not only allow Maya to come, but they also offer her hospitality, and they offer her tea or coffee. Do you know what hospitality you offer her? You come under Maya's influence and think that the *board* of "too late" has not yet been put up, and that there is still time; that you are making effort and you will reach your destination. So Maya also feels that you allowed her to come, and, secondly, you also give her your company; you offer her hospitality. Some children are able to recognise Maya. Some children make a mistake in recognising Maya and wonder whether it is Maya's directions or the Father's directions. Because of not recognizing her, they come under the influence of Maya. BapDada is telling His *lucky* mahavir victorious children: Do not allow her to come! Now, do not spend your time in allowing Maya to come and then chase her away because there is little time left and the promise you have made of carrying out the task of becoming world transformers and world servers and giving souls of the world the Father's introduction and giving them their inheritance of liberation is not yet accomplished. Use your time in accomplishing that task. If you use your time in chasing Maya away, then how will you fulfil your promise of becoming world transformers? You are the Father's companions, are you not? You have promised Him from birth: We will remain with You now and return home together. Therefore, now chase Maya away from a distance on the basis of the powers you have received from the Father. Do not use your *time* for that. Look, you have been making effort for 70 years. Now is not the time for Maya to come and for you to chase her away because you know her. You are *knowledge-full*,

### **253. Make 90% intense effort from today till the end, then BapDada will increase it by 10%...**

BapDada has given all of you children a special gift on your birthday and that is that if you make 90% intense effort from today till the end, then BapDada will increase it by 10%. Do you agree? Now, anything wasteful should finish. When the deities of the golden age come, they don't understand the language that you speak here. When you use the word "effort", they would ask, "What is effort?", because they are the ones who are experiencing the reward. In the same way, you intense effort-makers should have completely finished everything wasteful in your dreams, thoughts and *practical* actions. Do you have this courage? Baba will give you 10% *grace marks*. Do you agree? Raise your hands!

### **254. To remain constantly happy...**

If the children of God are not able to remain constantly happy, then who will? It is only you who can, is it not? Your face should never be showing worry; pure thoughts. Whenever any type of worry comes, then remember, "The Father is *combined* with me." Hand the worry over to the Father. You become one with pure and positive thoughts because BapDada always remains happy. So, should the children be wilted? Whose children are you? You are the children of God! Your face should never be like that, even if a mountain comes, you can change the mountain into cotton-wool. What will happen if you keep yourself combined with the Father? The mountain will become cotton-wool

because you have made the Almighty Authority your Companion. You may be weak, but when you have the Almighty Authority *combined* with you, then use Him at a time of need. Do not use Him just in name. Then your face will always be happy and your heart will also be happy. Should BapDada issue a *challenge* that if anyone wants to see a happy and fortunate face, they should come to God's *centres*?

### **255. The Father promises to feed you dal and roti...**

The Father promises that those who have a true heart, a clean heart and a big heart – if you remember three things – a true heart, a clean heart and a big heart, if you remember these three things, then at any time, no matter what the conditions of the world may be like, if you have these three things, then the Father will feed you dal and roti. He will not feed you two to four varieties of vegetables, but He will definitely feed you dal and roti. “Eat dal and roti and sing God's praise!”. You have experienced that, have you not? Those who came in the beginning have experienced this. Did you ever starve? In fact, BapDada used to make jaggery into “Bournvita” (melted jaggery with a little oil or ghee and some bicarbonate soda then set to make it crispy like *toli*) and feed the children with His own hands. And their stomachs would be full from eating chapatis made by BapDada. Do you know how to make “Bournvita”? You don't? No matter what the circumstances are like, if you don't have any vegetables etc, this “Bournvita” will give a lot of happiness. Learn how to make it. Everyone should learn it before you go from here. This “Bournvita” will be very useful at a time of need. However, remember four things. It should not be that if one thing is missing, you would have to look for it and won't be able to find it easily. Therefore, *check* these four things: Honesty, of the body, mind and wealth, of relationships and connections, honesty of the heart, a big heart. When you have a big heart, then, whatever desires and needs you have definitely become fulfilled. Try it and see. When you have a big heart, all desires are fulfilled. If you have a small heart, then all *creations* become small. If the Father is happy, then what would be lacking? So, just make effort! And then you can applaud for the congratulations.

## **Avyakt BapDada-09.03.2009**

### **256. The old sanskars are my sanskar means Maya's cleverness...**

You remain constantly *combined*, do you not? Not alone. Maya tries to isolate you, but those who always remain *combined* can never be separated. Maya isolates you and then makes your old sanskars *emerge* and when the old sanskars *emerge*, the pure sanskars become *merged*. The old sanskars are of carelessness and laziness. When these *emerge* in various forms, the *combined* form becomes separated. So, each one of you should check yourself to see whether you always remain *combined* or whether you become separated. You now know the many forms of Maya, do you not? She cleverly colours you with her colour. To be separated means to be coloured with Maya's colour. This carelessness and laziness come in many forms. Maya attracts you towards herself through carelessness and laziness which are the treasures of Ravan. They are not the Father's treasures, but the children refer to Ravan's treasures with great intoxication and say: I didn't wish to, but that is my sanskar. They begin to say that those are their sanskars. Are these God's treasures? Or are they Ravan's treasures? Just think about it: Is it *right* to say that they are your sanskars? To make them yours is Maya's cleverness. Are the Father's treasures lovely or are Ravan's treasures lovely? In a *common* way, in order to free themselves, children say, “My sanskars are like that. I didn't wish to do that.” Just think: Are they “mine”? The Father says that by making Ravan's treasures yours, your pure sanskars also gradually finish: the colour of God's company begins to fade away and Maya's colour begins to *emerge*. So, whilst moving along, you have to *check* yourself to see which colour you are coloured with. What do people do at Holi? They first burn away the bad things and then colour one another; they celebrate. BapDada has coloured you with the colour of His company, and, together with that, He also continues to colour you with the colours of knowledge, powers and virtues.

**257. Clever children remind the Father of who He is and tell Him...**

Some children are very clever. Should Baba tell you about their cleverness? What do they say? "I had to do that in that way, and so I made do with that. I feel that I should not do that, but I just did it." OK, you have done it and so you will definitely receive the fruit of action, will you not? So, do not be clever in that way. You try to charm the Father. You make a mistake and you then tell BapDada such things as: Baba, You are Merciful, are you not? You are the Ocean of Forgiveness, are you not? You remind the Father of who He is and tell Him: You have said to tell You about it and finish it. However, finish it by telling Baba about it with realisation. You make one word firm of telling Baba about it. But you have to first transform yourself with determined thought, and then tell Baba about it. You charm the Father a great deal, saying, "Baba, You have said this, have You not?" You remind the Father: You said this and You said this. You are very clever. Now, do not be clever in that way. Have courage. "I have to do this". Do not say, "I will do it, I will do it!"

**258. Every now and then throughout the day, change into your angelic dress...**

1. Just as you change your other *dresses*, in the same way, every now and then throughout the day, change into your angelic *dress* and have that experience. Make yourself *emerge* in the angelic form for five minutes or ten minutes. Visualise changing your costume from ordinary into a *dress* of the angelic form with BapDada throwing the colours of knowledge, powers and virtues on you. In the angelic dress, be an angel and have that experience for 5 to 10 minutes and then change your costume again. You are karma yogis, are you not? So, whenever you find time during the day, wear the *dress* of an angel and experience that you are being coloured by the Father. And if you start *practicing* from now onwards wearing the angelic dress, you will be intoxicated and also receive help to become an angel. So, BapDada is giving all the children from everywhere this gift for Holi. Continue trying to wear the *dress* of an angel; do not forget! You are being given the *dress* of an angel as a gift for Holi. So, every now and then, practise this. It is easy, is it not? You know how to change your *dress*, do you not? Do you know how to do that? You know how to do that, do you not? Just as you change the physical *dress* every day, in the same way, try changing into the *dress* of an angel and see. It is so beautiful and sparkling. Achcha. Did you hear?
2. Do not forget this *drill*. Change your *dress*; for however many times you are able to sit in the angelic *dress* throughout the day, even if it is only for three minutes, but definitely sit! Definitely change into that *dress*! Instil those sanskars from now as you cannot become a deity without becoming an angel. Achcha.

**259. Words of Mama didi and dadi...**

To all the children everywhere who have imbibed constantly determined thought to become equal and complete like the father, and from time to time, they continue to give the power of determination to that thought. To all such children everywhere who have imbibed pure thoughts; together with that, to the stars of hope who are going to fulfil the Father's hopes; as well as those who remember Dadi's words: "I have to become karmateet, I have to become that, I have to become that"; and Mama's words which she always spoke: "Whatever you want to do, do it today, do not leave it for tomorrow", and Didi's words: "We now have to return home" - these words should echo in your ears again and again. Simply have this one concern: I have to become karmateet and return home now. To the powerful souls who bring these words into their awareness again and again, congratulations for Holi to BapDada's *holy* children

**260. Do not give them knowledge first, but invite them to learn meditation to have experience...**

Now, you have to keep the aim that there is a need to give assurance to the people of the world. Seeing the *circumstances*, the poor people are afraid and fear is spreading. At such a time, you have to give assurance to all souls, but especially to the people of your wing, that if they do the *meditation course*, their fear and *tension* will finish. Do not give them knowledge first, but invite them to learn *meditation* first. Have more *programmes* of giving them an experience of a *tension-free life*. You do do this, but now do it more. Give them an experience of spiritual power. Let it not just be lectures, but give them an experience. You may do this with small *groups* or big *groups*, but definitely

give them an experience. A person who has had an experience can never stay without sharing that experience. And the *authority* of experience is *number one*. Someone who has experienced something cannot be influenced by others. He cannot be afraid in such situations because through *meditation*, he experiences power. So, give them greater experiences of the *temptation of meditation*. You continue to have *programmes* anyway. They will continue and you have to make them continue, but also pay special attention to this. Anyone who came and did the *course*, together with that *course*, did he also have an experience or did he just take the *knowledge*? Definitely give an experience of anything. It could be any experience. In terms of knowledge, let them experience that this is God's knowledge. Through yoga, let them experience powers in them. Let them have courage. Enable them to have the courage to find a solution to any problem and also have the courage to imbibe this. Otherwise, when they hear of having to imbibe these things, they become afraid. First of all, tell them about the attainment and what that attainment is. With the attraction of the attainment, they will all begin to come. When you give God's introduction, first tell them what attainments they will have and, on the basis of the attainment, they will be attracted. Tell them the things of the experiences of what they will receive, what they will become and how they will easily find solutions to problems.

### **261. You say "My Baba", and what do you do?**

No matter what someone, even the last one, is like, always look at one another with a vision of respect in order to make him move forward. Each one has self-respect, even the *last number* has his self-respect, he is one out of multimillions. He is better than the *President*. He has at least had recognition and says, "My Baba". So, maintain your self-respect and give respect. Unity. Even the *last number* is child of Baba. Bring Baba in front of you, do not bring that one's mistake in front of you. He belongs to this family. Give him zeal and enthusiasm. Yes, they do make mistakes and BapDada knows what mistakes they make, these cannot be hidden, but each one of you should ask yourself: Why did I become a Brahma Kumar or Kumari? What was my aim? The aim that you kept, not that of just saving yourself, that you are receiving dal and roti and that this gathering is good and in Brahmin life, you have been saved from conflict. You have not come here with that aim. You brought a very good aim with you, but, at present, in some cases, there is a difference in the aim and its qualifications. BapDada knows everything, still He is not mentioning any names. But that time will also come. Whoever does something – BapDada has seen that the *majority* is influenced by company and their conscience also bites them. They feel that they should not do something, but they are coloured by the company. They are not so much coloured with the colour of the Father's company and this is why they are coloured with another colour. Nevertheless, BapDada still gives love to all the children and says to them: Make your present and future free from obstacles. Do not be influenced by company. You become influenced by company because there is *temptation*. Do not be influenced by company. Do not be attracted by limited attainment because BapDada feels mercy: You say, "My Baba". You say "My Baba", and what do you do? So today is Holi and, therefore, be sensible and burn such things. Change before the *board of "too late"* is put up. BapDada will help, but only those who have a true heart. When your heart is clean, your hopes will be fulfilled. Try this with your heart and see. It is not possible when you have a true heart that your hopes are not fulfilled. At Holi, they colour everyone and even in a wrong way. So, today, celebrate Holi. Colour the wrong way of colouring with the Father's colour. Achcha. Today is Holi and so BapDada has said what He wanted. He feels mercy.

## **Avyakt BapDada-24.03.2009**

### **262. Accumulate the treasures means to use them in any adverse situation that comes up...**

The Father is One, He gives to everyone at the same time, but, in them accumulating these, He saw three types of children. One are those who accumulate the treasures and use them up immediately. They do accumulate, but then use them and finish them. The second are those who use them, they accumulate and they also increase them by paying attention to their accumulation. What is the method to increase the treasures? The method to

increase the treasures is to use the treasures that you have received in any adverse situation that comes up, according to the time. Those who use these treasures and change their situation through their stage are able to accumulate. Those who do not use these treasures do not accumulate them. So, each one of you should ask yourself: Am I using the treasures for myself and for others at the right time? The more you use them, the more they will increase because, by using them, you continue to become experienced. So, you continue to *add* to the *authority* of experience. So *check* and ask yourself: Have I accumulated all these treasures? Am I using the method to increase these treasures at the right time? Is my *authority* of experience increasing? Out of all the *authorities*, it is the *authority* of experience that is remembered the most. So, each one of you has to increase your account. You have to *check* because now is the time to *check* and you are still able to increase the treasures. You still have a *chance* and then this *chance* will finish. You will not then be able to increase them even if you want to.

### **263. Give ten minutes time at amrit vela for the progress of the family and activities of the yagya...**

Whether brothers or sisters, those who are instruments, *fix* a *time* for the family to remain free from obstacles. You give your time at amrit vela to the Father, and you also give time for service, and now, for the progress of the family and for the activities of the yagya to move forward, so that everything is free from obstacles in terms of the *Government* and among yourselves, each one has to give ten minutes for that at amrit vela. No matter what the *circumstances* are, with everyone's yoga and everyone giving their time, everything will work out fine. This will only happen when everyone has the same thought. It is good. Have a big heart. Things will come. If you think whether you should do this or not do it, then time will be wasted in that. Do not waste your time in that. Nowadays, it is the time and if you all have one thought of good wishes, that this has to happen, it can happen. This is a blessing. Do everything lawfully and also with a big heart. Do not just look at the law, but also have a big heart and then look at the law. Everyone should have the one thought: It has to happen. Do not ask, "Why?" or "What?" No. It has to happen. With this method everything will become easy. Simply ten minutes. All of you instrument souls have especially to give ten minutes so that the family remains free from obstacles. If you have ten minutes of yoga, everything will become easy. There is still time and it can become easy. Simply have the thought, "It will happen, it will happen."

## **Avyakt BapDada-0704.2009**

### **264. Now, unlimited disinterest is needed...**

If someone is becoming a problem in your effort, the reason for that is the lack of an attitude of unlimited disinterest. Now, unlimited disinterest is needed. Unlimited disinterest lasts all the time. If it happens according to the time, then time becomes *number one* and you become *number two*, which means that time enabled you to have disinterest. Unlimited disinterest continues all the time. On one side are zeal, enthusiasm and happiness and on the other side is unlimited disinterest. What is the reason for not having unlimited disinterest all the time? BapDada has seen that the reason for that is body consciousness. The word "body" is used with many things. For instance: relations of the body, possessions of the body, sanskars of the body. The word "body" is included with everything, but what does body consciousness specially come in? Until now, BapDada has *checked* that the main reason that brings you from soul consciousness into body consciousness is that the old sanskars bring you down. You have finished the sanskars, but, even now, one sanskar or another still continues to work in the form of *nature*. The *nature* of body consciousness has become *natural*, but the *nature* of soul consciousness has not become *natural* in the same way. You say that you have finished it but you have not completely burnt the seed. This is why when the time comes the sanskars of the consciousness of the body *emerge*. So there is now a need to destroy the *nature* of consciousness of the body and its progeny with the *power* of a *powerful* soul-conscious stage, because children say that although they don't want it to, it sometimes emerges. Why does it emerge? Because there is still a trace of it, its progeny emerges. So there is now a need to become the form of power and the basis for this is to *check* the self to see whether the old sanskars of consciousness of the body still remain in the form of a trace; and that will finish with the attitude of unlimited disinterest. Seeing and hearing about the *service*, BapDada is pleased, but the Father's desire now is that people should now be able to see the sparkle and spiritual intoxication of *service*. They have an experience through

service. In the same way there should be the impact of an attitude of unlimited disinterest because, nowadays, your praise will increase with the service. Matter will become your servant. They will have an experience from you. The facilities will increase, but from having an attitude of unlimited disinterest, there will be a *balance* between the facilities and spiritual endeavour. Just as you give householders the example that while doing everything you have to be karma yogis and remain like lotus flowers, in the same way, as you serve everyone and receive all facilities, there will be a *balance* between the facilities and the spiritual endeavour. So, nowadays, there has to be this *addition*: with service, there is a need for an attitude for unlimited disinterest

### **265. Prepare a very firm atheist into a theist...**

Now, every *zone* should make effort for one thing. What should they do? Make someone who is a very firm atheist into a theist and bring him here, and then that person should share his experience in front of everyone of how he became a theist from an atheist. He should share his experience in a big gathering. Not those who are not so well known, but someone who is able to make an impact on people. Just as you serve all the wings, prepare someone like this too. Prepare someone from another religion and who has *authority* and who shares his experience of how the introduction that the Brahma Kumaris and Brahma Kumars give of God is *right*. Such words of *authority* should emerge from that one's lips. Just one *point* now remains: Who is the God of the Gita? This too will be proved, will it not? When this is proved, they will say that God has come.

## **Avyakt BapDada-25.10.2009**

### **266. The importance of the time of the confluence age...**

1. However, the special treasure amongst all these treasures is the treasure of the time of the confluence age. Those souls who are aware of the importance of the treasure of time always become the masters of many attainments because although the time of the confluence is very short, there is a lot of attainment received in this time. The greatest and most elevated attainment of the confluence age is that you found the Father Himself in the form of the Father, Teacher and Satguru. In the short birth of the confluence age you receive achievement for 21 births in which you have all attainments of tan (body), man (mind), dhan (wealth) and jan (relationships), and you have the *guarantee* for the *full* 21 births, not half or three-quarters, but for the *full* 21 births. The greatest importance is that each *second* of the confluence age is equal to many years.
2. This is why BapDada is constantly reminding you of the time. Some children think that if they think of something else for just one or two *minutes*, then that is just two *minutes*. However, according to the importance of time, that is not two *minutes*. It is not even equal to two months, but it is equal to two years. The time of the confluence has this much importance. You have all attainments of all powers, all virtues, God's love, the love of the Brahmin family and the right to Godly kingdom of the previous cycle. You have all attainments in this short age. You do not have all these attainments in any other age. You will have the fortune of the kingdom; there will be the kingdom of all of you. There will be happiness, peace, everything, but it is only at the confluence age that you have a meeting with God, supersensuous joy, the Brahmin family and the *knowledge* of the beginning, middle and end. You will continue to receive this every cycle

### **267. Visible spirituality through your face and activity...**

How much each of you has increased your account of accumulation is visible through your face and activity. Each one of you knows yourself how much you have accumulated. The desire of BapDada's heart is that you have received the treasures, but now is not the time just to speak about them, but your face and activity should give the practical experience of you souls being special, unique and loved by God because, as you progress further and times have changed, your service will not happen just through words. Because the times will become delicate, people will not be able to make much time to come, but they will have a vision of your spirituality from a distance from your face

and activity that is full of all treasures. So, now, reveal such effort of yours. You saw Father Brahma: though he was part of a gathering, his *personality* was experienced to be sparkling from a distance.

**268. By telling Baba about whatever happens every day and that awareness helps you...**

Remember: Keep your own *chart*. BapDada has also told you earlier: After relating your *chart* of the whole day to BapDada at night, go to sleep by first clearing your head and you will then be able to sleep well because by telling Baba about whatever happens every day, you would remember the next day that you had told Baba about it the day before, and that awareness helps you. You will then not have to go to the land of Dharamraj. You already gave it to Baba and transformed it and so you will be saved from the land of Dharamraj. Now, next year - no one has seen it - but keep the aim. Put aside a year, but for whatever short time, reveal in a *practical* way as quickly as possible the hope that the Father has of revelation through your face and your activity

**269. Signal Maya to get out and to experience yourself to be in a guest house...**

You have to reveal the Father, and so what do you have to do? Your face should always be smiling. There should be no thoughts or confusion. BapDada had told you to remember two expressions now: Signal Maya to *get out* and to experience yourself to be in a *guest house*. This world does not belong to you; it is a *guest house*. You definitely have to return home now. The scenes of the home should be visible in your mind and intellect. Then, you will *automatically* feel that the home is here. You have a song: We now have to return home. Whether you are from Bharat or abroad, now give this experience in a practical way. Have unlimited disinterest. One's heart cannot get attached to a *guest house*. You always remember: I have to return. I have to go back. Unlimited disinterest would completely finish any type of thoughts in your mind or any obstacles of Maya in a gathering among yourselves. The storms of Maya will become a gift for you. Then, the small test *papers* that come to you will not seem like test *papers*, but they will seem like a *lift* to increase your experience. *Gift and lift*. Do you understand?

**Avyakt BapDada-15.11.2009**

**270. Check whether your effort at the present time is accurate?**

The effort of the present time will enable you to claim your fortune of the kingdom for many births. You are imbibing your sanskars for the fortune of the kingdom at this time because the effort of the present time enables you to claim a right to the future kingdom. So, *check* whether your effort at the present time is accurate. In the future, there will be one kingdom; so, *check* now whether you have one kingdom in your mind. Do you have one kingdom in your effort? Or, does Maya create obstacles in the kingdom? Instead of having one kingdom, there isn't the influence of Maya, is there? There aren't two kingdoms, are there? The speciality of the future is of one kingdom. So, the practice of the present time continues in the future. So *check* whether you have self-sovereignty at the present time. Maya doesn't interfere in your self-sovereignty, does she? There aren't two kingdoms, are there? If there are two kingdoms, then, when will you fill yourself with the sanskars of one kingdom? The speciality of the future is of one kingdom and one religion. What religion is it? What is your special dharna? Complete purity. So, *check* whether there is one religion. The other religion of impurity does not interfere in between, does it? As well as this, also *check* that the law and order is of one. Or, does Maya interfere in between? Is the kingdom of one continuing without any obstacles? Another thing, in that kingdom, you have happiness and peace constantly and *naturally*; so, *check* whether you have constant happiness and peace in your kingdom. There isn't any interference, is there? Maya is not interfering in your self-sovereignty and spreading peacelessness, is she? Maya is not creating any influence for any *salvation* or praise in your self-sovereignty, is she? Do you constantly have happiness, peace, bliss, love and supersensuous joy? You know that you have all attainments and perfection in your future kingdom and that, because of this, there is also contentment. So even now, are you complete with self-sovereignty or is there something lacking? If there is something lacking in the effort made at the present time, then how would you claim a right to the future constant and unbroken kingdom? Everything depends on the effort of the present time. If there is anything lacking at

the present time, you cannot become one who has a right to the perfect kingdom of the future. The practice of self-sovereignty over a long period of time will enable you to claim a right to the future kingdom. So, let this *checking* take place constantly because if you don't make effort over a long period of time now, you will receive very little reward. This is why from time to time BapDada is drawing your *attention* for you to make yourself full and perfect for this from now. If, every now and then, you say that your effort is continuing, but that you keep using the word "toh" (in any case) in between in your effort – "In any case, this will happen; in any case, I will do this" – this sanskar will not enable you to claim a right to the constant and unbroken kingdom for 21 births.

### **271. You are not having any worry in your minds, but you have instead Prabhu chintan...**

BapDada has been signalling you about the time for a long time. You can see the time – worry (chinta) is increasing in the minds of people whereas you do not have any worry in your minds, but you have instead Prabhu chintan (thoughts of God). Because of having thoughts of God in your minds, you know that you are instruments and are humble because the Father is Karavanhar (One who inspires). Because of this you do not have any worry in your minds. Karavanhar is making you do it – this awareness constantly enables you to move forward

### **272. Happiness is a gift from the eternal Father...**

The treasure of happiness should always be visible on everyone's face and in their activity. Happiness is a gift from the eternal Father. So, keep the gift from the eternal Father eternally with you. About happiness, it is said that there is no nourishment like happiness; there is no treasure like happiness. Happiness is *automatically* visible in the eyes, on the face and in the activity of those who have constant happiness. BapDada's blessing is: Constantly remain happy and constantly distribute happiness because happiness will increase when you distribute it! When you distribute any other treasure, it will decrease, but the more you distribute the treasure of happiness, the more it will increase. So, *check* whether you constantly have the treasure of happiness.

### **273. The Father wants to see each child playing the part of being merciful...**

BapDada is repeatedly telling all of you children: Be merciful towards souls. Nowadays, because of sorrow and peacelessness, all of them are saying from their hearts: Have mercy! Have compassion! So you children are the Father's companions. So, now, through you children, the Father wants to see each child playing the *part* of being merciful. You have enthusiasm for the world of sorrow to change and for the world of happiness definitely to come. So, the conditions are changing for the world of happiness to come and for sorrow and peacelessness to be destroyed. So, remember today's message from the Father: Now, continue to increase the speed of serving through your mind, your words, your face and your activity. Continue to bring your kingdom closer. Achcha

### **274. Newness of BapDada's task are women, the mothers...**

BapDada gave a status to the mothers, the *Government* too has done likewise and women are becoming co-operative in every task and performing wonders. So, the speciality or newness of BapDada's task and the confluence age are women, the mothers. Just as the speciality of women is growing in front of BapDada, in the same way, the vision of everyone from the *Government* and also today's world is on the mothers. This is why you should do this programme with a lot of pomp and splendour. Make the women move forward in such a way that everyone sees that the power of women and that the sustenance from women is so elevated. Now, while living with the family, women should make their children such *samples* that BapDada can show anyone such *samples* of how a home has become an ashram and how children are maintaining such codes of conduct. They have the *impression* that children should change. This is the *Government's problem*. Mothers should do this *practically* and show everyone so that the *Government* thinks that you mothers can also benefit the children. Whatever you yourselves have become, prepare your children in a similar way so that the *Government* is able to see what wonders you are able to perform. It is good. By having a Women's *programme*, women will have zeal and enthusiasm and so they will be able to serve others in the future. It is good and success is guaranteed. Achcha..



**275. BapDada specially distributes power to all the children every day at amrit vela...**

To all the children everywhere who are seated on BapDada's heart-throne, BapDada specially distributes power to all the children every day at amrit vela. At amrit vela, Baba specially distributes the special blessing of power. Those who take the power at amrit vela as a blessing become special intense effort-makers. To give importance to amrit vela means to be seated constantly on BapDada's heart-throne. Some children pay *attention* to this and BapDada specially gives those children a *certificate* every day: Wah child! Wah!

**Avyakt BapDada-30.11.2009****276. The basis of contentment is all attainments...**

The greatest stage of all is that of contentment. Those who are always content are loved by everyone. You are anyway loved by the Father. Those who have all attainments remain constantly content. The basis of contentment is all attainments and this is why such souls are loved by all Brahmin souls. To have all attainments means to be constantly content. A contented soul has an impact on the atmosphere, and all attainments are a gift from God. A soul who has received all powers, all virtues and all treasures from God always remains content. The stage of a contented soul constantly progresses. Situations cannot influence a contented soul because where there is contentment there are automatically all powers and all virtues. The one virtue of contentment is able to adopt many virtues. So, each one should ask the self: Am I a soul who remains constantly content? A contented soul is always close to everyone and has a stage equal to that of the Father. However, in order to remain in this stage, you need to have a very detached stage and the trikaldarshi stage.

1. When Maya comes in any form, you do not become afraid. You then feel as though a *Mickey Mouse* film is being shown on the unlimited screen. You are then not distressed. Seeing the *Mickey Mouse* film, you are entertained. You experience the game of *Mickey Mouse* on the unlimited screen as different forms of Maya. All of you have to experience such a stage through the Father and you have all done that

**277. Make blessing fruitful...**

Whether the children are living in *India* or abroad, each child receives the same blessing from BapDada, and, having received the blessing, you do become happy, but there are two types of children. One type is the children who definitely become happy that they have received a blessing, but the ones who claim a *number* ahead are not those who become happy on just seeing the blessing and speaking about it, that this is their blessing, but they make their blessing fruitful. They take the benefit of the blessing and attain fruit from that blessing. You have the seed, but if you do not make the seed bear fruit, that is, if you do not make it fruitful, then there is just happiness. In order to get fruit from the blessing, just as with any other seed, in order to get fruit from it, it needs water and sunshine for only then does it bear fruit. So, here, too, when each of you children wants to extract fruit from your blessing so that expansion can take place, so that there is growth in your own mind through the fruit of the blessing, then, here, too, the Father says: In order to extract fruit from the blessing, repeatedly bring that blessing into your awareness. Remain stable in the stage of being an embodiment of awareness. It is not to keep remembering it again and again (*simran*), but to have that awareness (*smruti*) means to give it water, and to remain stable in that form is to give it sunshine. So, by this becoming fruitful, you fill yourself with a lot of power and you can also give others an experience of power through that fruit..

**278. Now time to make intense effort...**

So, what does BapDada now want? For some time, BapDada has been *warning* all the children about time. The time for the *result* of each child's study is going to come suddenly. For this, remain constantly *ever-ready*. Together with that, BapDada is also giving a signal that it is now time to make intense effort for the flying stage. Not that you are moving along, but that you are flying. The time for making *common* effort, of spending your day in an ordinary way has now gone, and this is why BapDada is giving the signal – *check every second* and every thought. For instance, if you are not making intense effort, if you are making ordinary effort for one hour, and if the time for your

*final paper* comes suddenly in that one hour, then that final moment will lead you to your destination, and that ordinary effort of one hour will then cause so much damage! This is why, from time to time, BapDada gives every child the signal of the importance of every thought, every second and every moment. Only an intense effort-maker is able to make effort to remain unshakeable at the time of upheaval. An ordinary effort-maker will take time to become *ever-ready*, and BapDada has said that you have to put a dot, a *full-stop* in a *second*. What happens if you are not making intense effort? You are experienced in this. Instead of a *full-stop*, it would not become a *question mark*, would it? A *full stop* is so easy whereas a *question mark* is bent and crooked. As soon as you say, “*full stop*”, a *full-stop* should be applied. It shouldn't be a *comma* or even an exclamation mark. You won't even have time to think “What should I do?” No child is able to think yet that to make such fast effort means to *pass* in the *paper*.

### **279. Home work of bap dada for next 15 days...**

1. According to the time, BapDada has this pure desire for each child – you are going to meet the Father again after 15 days, and so, for the next 15 days, make this special practice as a *trial*. In fact, you have to remain like this for all time, but have a *trial* for 15 days and also get the centres in *connection* with you to do this. Go there or phone them and remind them: Are you doing your *homework*? What is your *homework*? It is *easy*! Each one of you *crosses* through different *circumstances* and situations, but for these 15 days, each one of you has to claim 80% *marks* at the very least in your thoughts, words and deeds. Nevertheless, BapDada is giving you a margin of 20%. Do you agree? Do you agree? Should Baba give you this? Should Baba give you this work? OK, 15 days; Maya is also listening. Situations will come, but do not look at the situations. You have to *pass* – just remember this. 15 days is not a big thing, but each child should show BapDada with an honest and clean heart that you will *pass* in your dreams, your thoughts, words and deeds. Is this possible? Is it possible? *Teachers*, speak! Is it possible? 15 days is nothing, but BapDada is asking you to do this as a *trial*. No thoughts should be *wasted*. No battling, but victorious: *fully* victorious for 15 days. Is it difficult or *easy*? If it is *easy* then raise your hands! Is it *easy*? Then BapDada will see this *result* of 15 days. Then He will increase it further. Any of you can do it for 15 days, can you not? You are able to do it,
  
2. You have to claim 80%. Even so, BapDada is making it light. He is giving you a margin of 20% because BapDada sees that, in some cases, while you are moving along, Maya makes you careless and lazy. “It was like this, it was like that” is a form of *royal* laziness. This *royal* laziness and carelessness creates a weakness in your intense effort because BapDada is now making each of you students do a *rehearsal* for 15 days and wants you to practise this for some time, and this is why He made you all raise your hands. *Ever-ready*! Everyone should be able to raise their hand. You need to practise this over some time. This is why Baba is making you practise this for a short while. Achcha.

## **Avyakt BapDada-15.12.2009**

### **280. The faith in father together with in the self..**

All of you say: My Baba and I belong to the Father. You say “mine” for the Father and have claimed a full right over the Father. You have claimed a constant right from the Father and claimed a right to all the treasures. Together with those, faith in the self is also essential. Why? If you do not have faith in the self, you become disheartened. The faith in the self is I am an embodiment of the self-respect given to me by the Father; I have a right to self-sovereignty. The Father Himself has given me so much self-respect. Bring each point of self-respect into your awareness and you become so intoxicated! Nowadays, if people receive any *title* they consider it to be their fortune, but who has given you children each and every point of self-respect! BapDada Himself has made each child an embodiment of self-respect. Remembering each point of self-respect you fly with happiness. So, constantly have this much intoxication of faith in the self: “I am one out of multimillion souls who has self-sovereignty through the Father

and am an embodiment of self-respect.” Just as you have faith in the Father, in the same way, it is essential to have faith in the self because when you have faith in the self, you then have faith in the intellect in every action, that is, you have self-respect and are victorious. The meaning of faith is success. It is not “I have faith in the Father”. It is very good that you have faith in the Father, but, together with having faith in the Father, it is also essential to have the intoxication of “Who I am!” Remember each and every point of self-respect and faith, and intoxication will then be visible in your activity and your face. It is visible and it will continue to remain visible

### **281. Faith in the drama. is also necessary...**

Faith in the *drama*. This is also necessary because, within the *drama*, there are problems and there is also success. If you have firm faith in the *drama*, then those who have faith in the intellect based on their faith are able to change problems into the form of a solution because faith means victory. So, whom do you attain victory over? By transforming it, the problem becomes the form of a solution in a *second*; you would then not come into upheaval. You will remain unshakeable because by having the knowledge of the *drama*, you become unshakeable and immovable. You have the faith that you were an embodiment of solution in the previous cycle too, that is, you were a successful soul, you are that and that after a cycle too, only you are going to become that. So, this intoxication enables you to make your faith in the *drama* very firm. You then have this spiritual intoxication (*fakhoor*) and intoxication (*nasha*): I was that, I am that and I will become that. Therefore, it is essential to have faith in the *drama* in this effort-making life.

### **282. The procedure how to move family...**

To have faith in the *drama* in this effort-making life. As well as this, the fourth thing is to have faith in the family because the Father created the family as soon as He came. Just as you have faith in the Father, it is essential to have faith in the family too because, after all, whose family is it? Who else can have such a huge family? It is extremely essential to have faith in the family because who else in the world has such a big family? You can *check* as many families as you want in the world: does anyone have such a family? Not even a *divine father* has such a large family because they have *followers* whereas here it is a family. It is with the family that you stay in service and in relationships. It is not that you have a *connection* with only the Father, and so what does it matter if you do not have it with the family? Your faith in the family has to last for 21 births. You know that, do you not? It is by coming into connection with the family that you come to know that you are moving along with everyone in the big family with faith in your intellect. In order to move along with the family, you have to pay this *attention*. Each one in the family has and will have different *sanskars*. Your memorial is the rosary and if you look at the rosary - look at the first *number* and the 108<sup>th</sup> *number* because there are those with different *sanskars* in the family. So, you have to move along in such a big family understanding one another's *sanskars*. It is one family, one Father, one kingdom and so we have to move along united. Just as it is a big family, so you have to have a big heart with everyone and move along with everyone while stable in the stage of having good wishes and pure feelings for everyone because it is within the family that there are the *sanskars* and nature. Some may think: What does it matter with the family? I have faith in Baba. However, here, both a religion and a kingdom are being established; it is not just a religion. All the other founders of religion who came simply established a religion, not a kingdom. Here, all of you are also going to rule. In a kingdom, a family is needed and you have to live with the family for 21 births, in different forms. You cannot leave the family and go away anywhere.

### **283. The ones who become number one in the number one division?**

Your service Companion to give *sakaash*, but who are your companions? The physical company that you have is the family. So, the Father saw that the *majority* of you are moving along well in having three types of faith, but you also have to fulfil your responsibility to the family; you have to harmonise your *sanskars*; you have to see and move along with one another with feelings of benevolence. Many children move along according to their capacity in this. However, the Father has seen that those who are *knowledge-full* in having faith in the family and who constantly

move along and live with the stage of a detached observer, like the Father, are the ones who become *number one* or come in the *number one division*. So *check*: nature and intentions are within the family, trivial mistakes happen in the family; obstacles come in terms of a family. So, it is most essential to *pass* in terms of the family. If there is anything lacking in terms of moving along with the family and fulfilling your responsibility, then whether it is a small or large obstacle, it causes trouble. It is only in *connection* with the family that questions arise: “Why is this like this? How is this like this?” So, instead of asking “Why”, realise that you have to move along together and fulfil the responsibility of a family because this is the Father’s family. It is God’s family; it is not an ordinary family. You should have the faith: Wah Baba! Wah *drama!* Wah “I, the self”, and wah the family!

#### **284. Everyone would be a king: who would then be the subjects?**

BapDada sometimes has to hear and see a lot when it comes to this thing about the family. You should have a totally big heart. Everyone has to be put right with good wishes and pure feelings because it is just the one family. All have to move along together united and make others move along. You are not going to make just yourself move along in this way, but make others move along in the same way too, because this is why BapDada is drawing your *attention* to this: Those in the family who *pass* in any upheaval and who do not have any waste have to make others like that too. At present, how many of you live at your *centres*? At the most, it may be a maximum of 25 to 50; there aren’t that many, but if it is a big place, perhaps there may be 50 to 60, or at the most, say there may be a 100. There aren’t that many, but just think that there are many. BapDada has made the children of all centres, even the *last* one, move along saying he is a loved child. The sign of love is? What is the love and remembrance that BapDada gives every day? Sweet, sweet children (sweetest children). Knowing that there are also sour children, has Baba ever given love and remembrance saying, “Sweet and sour children”? He calls them loved ones too, and not only does He say this, but He believes that that child is “My child”. He makes that one move along with the feeling that he belongs to Him, because He knows that, within the *drama* and the rosary, not everyone is number one, that that is the *result*. There are different *sanskars* and there have to be; otherwise, everyone would be a king: who would then be the subjects? Over whom would you rule? Good people are also needed – *royal* people; this is a kingdom. In this way, each one should *check* the self. Within a family, someone may have bad *sanskars* in some respect, but what are your *sanskars*? If seeing the bad *sanskars* of someone else your *sanskars* also become bad, then you too have become bad. The bad also spoils the good.

#### **285. Both Maya and nature are ready...**

So, do you have to *pass* in having all four types of faith, or just three or two? You have to claim *number one*. For this, though the preparations for destruction are made, destruction is still waiting to take place. Nature comes to the Father. Nature, the elements, says: Now, the burden is too much! Even the elements want to be liberated from the burden. Maya also says: I know that my *part* is now about to finish, but there are such children in the Brahmin family who become my companions over trivial matters. They make me sit down with them. In bringing about your own kingdom, faith in these four things is still a *percentage* and this is why time is also waiting. However, both Maya and nature are *ready*. Now, speak: Should Baba give them an *order*? If the children are not *ever-ready*, should Baba give an *order* to Maya and nature? Should He? Raise your hands! Are you ready? Do not raise your hands just like that! A test will come; a *paper* will come. Are you *ever-ready*?

#### **286. Become an angel 12 times and stay in the incorporeal stage 12 times...**

1. Not from tomorrow, but from today, from now, during the whole day, you have love for both, and so sometimes practise the incorporeal stage the same as the incorporeal Father. *Follow Father!* Then sometimes become an angel, not the corporeal Brahmin form. You are Brahmins anyway. You may perform actions, but while performing actions, stay in the angelic form and the burden of the action will not influence you in any way. You have love for Father Brahma and he performed all types of actions. He became an instrument, and how many burdens did Father Brahma have? None of you have as many burdens. Is there anyone who has a burden or responsibility greater than that of Father Brahma? Then raise your hands! None of you are raising your hands. So, while fulfilling so much responsibility, what was Father Brahma like while

carrying out all his tasks? Even in performing actions, he was in the angelic form, was he not? So, you too have love for Father Brahma. So, practise sometimes staying in the angelic form and sometimes in the incorporeal stage. Saying Brahma Baba, become an angel the same as Father Brahma, and, remembering the incorporeal Father Shiva, become stable in the incorporeal stage. Are you able to do this? Are you able to do this or is it difficult? Those who are able to do it every now and then, do it every now and again such that it becomes continuous. Whatever is your daily duty, *fix* a time according to that. At the very least, every day become an angel 12 times and stay in the incorporeal stage 12 times; are you able to do this? Raise your hands! Are you able to do this? It is not difficult, is it? It is easy, is it not? Is it easy? Raise your hands, those who think it is easy! Achcha, You have to do it. Make this firm. Then, the aim that you have kept – to bring about transformation by the end of this season - it can be possible. If you perform this *drill* 24 times, then it will become continuous, then you will be able to accomplish it. Is that all right? Is it possible? Raise your hands! It is possible! Then multi, multi, multi, multimillion times congratulations from BapDada! Congratulations!

2. You cannot go into liberation without liberating them. So liberate them! The Father has come and so He will give the inheritance to the children of the whole world, will He not? He will give you the inheritance of liberation in life, but all are the children. He will give them an inheritance too, will He not? So, their inheritance is liberation and your inheritance is liberation in life. Until you give them liberation, you cannot go back either. For this, perform this *drill*. 24 times. Day and night are 24 hours and you have to do this 24 times. You may sleep at the *time* for sleeping. BapDada is not saying that you must not sleep. Sleep, but increase this during the day.

### **287. Father Brahma attracted all of you by serving through the mind...**

Service through the mind is very little at present. However, if you start from now, then no one will be left out at the end. Just as Father Brahma attracted all of you by serving through the mind, while sitting at home, he gave you courage and you just left, in the same way whenever you have time, you can also serve with your mind, through the angelic form, by becoming angels. Continue to increase this experience because just as waves of the ocean come suddenly, every now and then there are very powerful waves, in the same way, as the time comes closer, waves of sorrow and peacelessness will also continue to increase every now and again. Something or other will become a reason such that waves of sorrow will increase. Therefore, prepare others to serve through words. However, the *foundation* has to be strong. They shouldn't be those who just create their own impact. They should be those who create an impact of *real* knowledge. Sometimes, even the Brahmin children begin to create their own impact. In any service, attract others to the Father, not *personally* to the self. If you impress other

**Avyakt BapDada-31.12.2009**

### **288. Karavanhar (One who inspires others) is making him do everything and himself is karanhar (one who is doing)...**

You saw Father Brahma: while having responsibility for such a large family, he had the *natural nature* of soul consciousness. Even the children have responsibility, but what is that responsibility in front of Father Brahma's? Whatever responsibility it may be - for instance, it may be the responsibility of a *zone* or of some *official* business of the yagya - what is that responsibility in front of Brahma Baba's? With help from Shiv Baba, Brahma Baba demonstrated *practically* how Karavanhar (One who inspires others) is making him do everything and that he himself is karanhar (one who is doing) whilst being loving and detached equal to the Father. If you wish to become equal to the Father, then *check* this. Whether it is your thoughts, your words or your *duties* in terms of your actions: "I am karanhar and a *trustee*, and Shiv Baba is the Karavanhar Master." You forget this lesson of Karavanhar as you move along. So you have to make the aim and its qualifications equal.

### **289. BapDada gave homework of ten minutes for a total of 24 times...**

For some time and BapDada has been speaking these elevated versions that it will happen suddenly. It has to happen suddenly and if you don't have the practice over a long period of time, then, tell Me, at the time of "suddenly" you will need this practice, will you not? Just recently BapDada gave *homework* of ten minutes for a *total* of 24 times. The *homework* was of ten minutes each time but some children find this difficult. Just think: you cannot have ten minutes of this practice, what will happen when it happens suddenly? BapDada knows that when you have to do it 24 times, some of you don't have that much time, but BapDada was just *trying* it. Are you able to stay in one awareness for ten minutes whenever you want and how you want? BapDada is not saying that you have to stay in that stage for ten minutes right now. OK, you are not able to do that. Those who can do it should do it and if you are not able to do it, then you can do it for five minutes, seven or six minutes: *try* it out for as long as you can. BapDada Himself is saying that it is not fixed. If you find that ten minutes is too much, you can do it for eight minutes or nine minutes – instil the habit for as long as possible because it is now that you have put the blessing of "over a long period of time" into a *practical* form. If you are not able to practise this over a long period of time now, then for the attainment of the effort of a long period of time at the present time, there will be a difference in length in terms of half the cycle. If you give less time now, BapDada has given permission for you to do it for as long as possible. If you do it for longer than five minutes – if you cannot do it for ten minutes, then do it for seven minutes or eight minutes. You are given permission to do it for even five minutes, but if you are able to do ten minutes at any point, that is good. The time will come when you will have to give rays to the self and the world. This is why BapDada is giving you permission: *practise* this for as long as possible because the long period of the present time is the basis of the future. Is that all right? You find it difficult; it doesn't matter. It doesn't matter at the moment, and you have the told the Father about it, and that is good because if you are not able to sit for ten minutes and that time is spent just thinking about it, then those five minutes are also gone. This is why BapDada is saying: Do not let it be less than five minutes. Increase it as much as you can. Is that clear now? BapDada is seeing each one in a very elevated form, and in order to symbolise this, BapDada has given each child so much self-respect.

### **290. Stay in the authority of the self-respect of who you are ; given by Bap Dada...**

Today, at amrit vela BapDada went on a tour. What did He go to see? BapDada has given a very long rosary of self-respect. If you were to stabilise yourself in each of the points of self-respect, when you walk and speak about each point of self-respect and continue to turn that rosary, you will enjoy it very much. You have a *list* of self-respect, but how great each aspect of that list of self-respect is. And who gave it to you? The *World Almighty Authority* has given each and every child a *list* of many points of self-respect. *Use* that because there is no other *authority* that can reduce this self-respect of yours. No one else has received a rosary of so much self-respect. BapDada has seen that you will receive your fortune of the kingdom in the golden age, but this rosary of self-respect is a gift of the confluence age. Whenever BapDada sees the children, He looks at them with the stage of their self-respect: Wah child! Wah! So, stay in the *authority* of the self-respect of who you are. Sometimes keep one point of self-respect and at another time keep another point of self-respect and *check*: Today, I kept a special aspect of self-respect in my intellect at amrit vela, and that is a treasure, so did I *use* that? The way to increase the treasures is to use them. Today, BapDada was seeing which children have a longer rosary of the awareness of self respect and which children have a shorter rosary. Where there is self-respect, arrogance of the body finishes. So, today, BapDada went on a tour and saw the treasure of self-respect. Use each and every power; use each and every virtue. Then the *problem* that you have of Maya coming - Maya doesn't just come, but Baba has already told you what Maya says. "The children invoke me and it is then that I come. I wouldn't go otherwise!" To have any weak or insignificant thought is to invoke Maya. When you forget the powers, you have invoked Maya. I don't want her to come, but she comes. "So, who is more powerful?" I don't want her to come but she comes. "So, is Maya powerful or are you?" So, today, the old year is ending and in the New Year, there is new zeal and enthusiasm because the praise of the confluence age is that each day is filled with enthusiasm, that is, each day is a festival. It is because there is zeal and enthusiasm that each day is a festival. Therefore, make this firm. Look at your *chart* every day. Even while walking and moving around, *check* it. If you *check* you would also *change*, would you not? If you don't *check*, how would you *change*?

**291. If any such useless situations come up then hand it over to BapDada...**

1. If any such useless situations come up – they should not come but if they do - because you will get *papers*, will you not? Then what will you do? If any such situation arises, then hand it over to BapDada. You know how to give it, do you not? You know how to take it, but you also know how to give it, do you not? Become small. What do little children do? What do they do when they don't like something? "*Mummy*, you look after this." In the same way, become small and give it to the Father. If it then comes again, and it will come, because BapDada has seen that you have kept it with you for a long time, so when you leave it, if she comes again, then just think: would you *use* for yourself something you have given away? To give means if it comes to you again, then it has come as something entrusted to you, because you have already given it away. So it is no longer yours. So there should not be any dishonesty with something that is entrusted to you. You will then receive help if you think that that is not yours, but just something you are entrusted with. There will be benefit for you when you give it away. There is little time and you have to make intense effort.
2. Since you have said, "My Baba", is there anyone else who is yours? "Baba alone is mine." So, consider it to be your right over the Father and give it to Him considering it to be something entrusted to you. Do not allow her to come to you.

**292. The signs of heirs...**

What are the signs of those who are heirs? An heir means one who follows every shrimat. The Father said and the child did. In every task, whether in thoughts, words, deeds, relationships and connections, he should be one who has "*family life*", not just a *student* who comes, but someone with a "*family nature*". *Family* means to know one another and to move along understanding one another. He should be getting on well with the family and, in terms of the four types of faith you were told about, an heir would have all four types of faith in his *practical life*. He would be loved by the whole family. It would not be that he would be loved by some and not by others. He would be loved by the whole family. So now heir-*quality* souls are needed. Subjects, ordinary subjects, will of course continue to be created, but now create heir-*quality* souls.

**Avyakt BapDada-18.01.2010****293. While performing action, remain seated on your seat of being karavanhar, the master**

Father Brahma made himself like this through his effort and the experienced children saw it. In no way was there an atmosphere of his karmic accounts, because the frequent practice of becoming bodiless helped to make him bodiless suddenly; one day he flew away. Did anyone imagine that Father Brahma was going to go? However, he was a conqueror of attachment. While having his hand in the hands of the children, was there any attraction? He became an angel. He departed having given the children the tilak to become angels. The reason for this was the practice of being bodiless over a long period of time. Many experienced children who lived with Baba had the experience that, while performing actions, he would become bodiless. The reason for the difference in the karma yogi stage is that while you are performing action it doesn't remain in your awareness in an emerged form that "I am a soul". Everyone knows this, "but what type of soul am I?" I, the soul, am karavanhar and these physical organs are karanhar. While performing actions, be an embodiment of the awareness of the self-respect of karavanhar. Even if you have to get something done through your physical organs, remember "I am karavanhar, I am a master". If you are set on that *seat*, then all of your physical organs will remain in *order*. Without each one being set on the *seat*, no one will listen to you. The soul is karavanhar and the physical organs are karanhar, not karavanhar. You heard the experience of Father Brahma how, in the beginning, Father Brahma would practise this daily: At the end of the day, he would hold court of all the physical organs. The older children would have seen Baba's *diary* in which Baba used to hold court daily and, being karavanhar, the master, he would have a daily exchange with all his physical organs. In the beginning, Father Brahma paid this much *attention*, and so you too have to consider yourselves to be karavanhar, the masters, because the soul is the king and these physical organs are the companions. So, you should *check*, what the condition today was of the mind, intellect, sanskars, nature or sanskars whatever you want to call them. By your

*checking* them instantly, the physical organs pay *attention* because their king is going to ask them about their welfare. So, the soul, the king who is *karavanhar*, should *check* *karanhar*, the physical organs. Otherwise, it is seen that some children say: We do *order* our physical organs, but they change. We make effort but some *sanskars* and nature do not remain in *order*. The reason for this is that you do not remain *set* on your *seat* of self-respect. Unless you are seated on your *seat*, no matter how many *orders* you give even those who obey your *orders* are not going to listen to you. So, while performing action, remain seated on your *seat* of being *karavanhar*, the master.

#### **294. Power you need at that time to obey your order...**

Some children even have a heart-to-heart conversation with BapDada and say: Baba, You have made us into almighty authorities, those with all powers, not even those with some powers, but as soon as each child took this Brahmin birth, you gave them the blessing of being an almighty authority. Do you remember the blessing given at the time of your birth? The Father gave each child the blessing of being a *master* almighty authority. Who gave the blessing? The *Almighty Authority*. However, you *complain* that the power you need at that time doesn't come, that it doesn't obey your *orders*. Why is that? Since you have the blessing from the *Almighty Authority*, there is no one greater than Him. If you issue the *order* while being stable in the stage of the blessing, then it is not possible that you issue an *order* and that power does not obey. One is that the soul is the master, you have received the blessing of the Almighty Authority, and, while stable in that form, you are the master and you have that blessing. Therefore, issue the *order* while stable in the stage of the awareness of both forms. It is impossible that the power does not listen to you because you have the blessing, and you have a right at the confluence age to the Father's *property*. All of you have received the *title* of the almighty authority. It is just that you don't remain stable in that stage. You don't remain in that stage all the time. There is "sometimes" in this. Remove this word "sometimes" from your Brahmin *dictionary*. Be present right now. You say: Baba, we remember You and You become present. Do you have this experience? Raise your hands! Do you have this experience? Now, look! You are raising your hands! The Father becomes present. The Lord becomes present, and so what is this power? You have received these powers as the Father's *property*. So, issue an *order* while being the master. You don't issue an *order* while being a master, and so you lose your power. Therefore, when you issue an *order* in that stage, then, if you are not the master, why should the powers obey you.

#### **295. While doing this particular work, what would the self-respect...**

You are the world transformers and the world benefactors. This is why the Father wants you, while you are walking and moving around, to not forget being the king; do not let go of your *seat*. Without your *seat* no one would obey your orders. Nowadays, just see how much they do for a *seat*! They try so hard to claim their right! None of them wants to let go of their right. So, you should claim your Godly right, "Who am I?" Every moment that you are working, even while doing your work, make a *timetable* for your mind: While doing this particular work, what would the self-respect of my mind be? What aim will I keep today? At the time of carrying out your work, from your *list* of self-respect, create different *timetables*. Just as you fix a *timetable* for physical work, in the same way, *fix* a *timetable* for your mind. You know that you have to do this work at this time, and so what self-respect will you keep with that work? With which form of self-respect will you claim the right of a master? Create a *timetable* for your mind for this. You know how to make a *timetable*, do you not? Do the mothers know how to make it? Mothers, make a *programme* for yourselves. At the time of preparing food, what self-respect will you keep *emerged* in your intellect? There is a long garland of self-respect. The garland of self-respect is so long that you can continue to count it and become merged in it.

#### **296. Instead of a course, give them a course of force...**

BapDada has seen that children have created various types of *courses*. It is good. BapDada is giving congratulations, but now, according to the time, instead of a *course*, give them a *course* of *force*. Give such a *course* of *force* that those souls do not just become loving and co-operative with the Father, but such a *force* that they become souls who follow every *shrimat*, so that they become souls who are filled with total *force*, that they become close jewels. Is this possible? Now, give a *course* of *force*.



## Avyakt BapDada-30.01.2010

### 297. *Nobody can shake someone who is experienced...*

In that experience, not even the slightest body consciousness of any type can pull you towards itself. So, to become an embodiment of experience, to become lost in the experience of being a karma yogi while performing action is now a lot more essential. Become an embodiment. In every situation, in every *subject*, become an embodiment of experience – whether it is knowledge, yoga, dharna or service, become an embodiment of experience in all four *subjects*. Even Maya cannot shake someone who is experienced and this is why, today, BapDada wants to see all the children as embodiments of experience. There is a difference between hearing and thinking about it, and in being an embodiment of the experience: whatever you think, whatever self-respect you want to stabilise yourself in, become stable in being the embodiment of that experience. No one can shake that experience because it is self-respect (*swamaan*). When you are an embodiment of self-respect and are stable in the experience of self-respect, there cannot be any body consciousness there. For instance, when there is darkness, if you *switch on* the light, the darkness *automatically* disappears; you don't have to make any effort to remove the darkness or to chase it away. Similarly, when seated on the *seat* of self-respect, the *switch* of experience is *on*, so no type of body consciousness can exist there. There are different types of body consciousness and the Father has also given different types of self-respect. You know about self-respect, you make effort for it, but there is a difference between trying to make effort for that experience and in being an embodiment of that experience. That is why you have to labour. So, now, according to the time, and at the time of your accomplishing the aim of becoming equal to the Father, BapDada doesn't like seeing you labour. Each one of you should *check* yourself: Do I have a karma yogi life? A life is *natural* and for all time; it is not just sometimes. Become an embodiment of experience. Have you accomplished the aim that you have of a yogi life and of being an image of experience? You yourself should constantly experience the sparkling light on the forehead. You yourself should be stable in that experience; you should be an embodiment of remembrance, not one who has to have remembrance, but one who is an embodiment of remembrance. The proof of whether you are an embodiment of remembrance or not is that when you are an embodiment of the experience of that remembrance, you will experience yourself to have that power while carrying out any task. The tasks may vary, but your stage of being an embodiment of experience should not vary.

### 298. *Effort becoming labour due to lack of an embodiment of experience...*

So, today, BapDada saw why you have to labour. Baba saw that you are numberwise according to your effort in becoming an embodiment of experience. BapDada has deep love in His heart for every child, and He therefore cannot bear to see one He loves having to labour. No matter in what *subject* you may have to labour or *use* the word "sometimes" in, the reason for this is that you lack being an embodiment of experience. You are an effort-maker but you have not become an embodiment. You should experience being an embodiment of experience of self-respect in all four *subjects* in a *second*, so that body consciousness cannot come close to you; just as darkness cannot remain in the face of light, you don't have to chase it away. It is *natural* that where there is darkness, there is little or no light. So, the greatest *authority* that is remembered is that of experience. Even if thousands of people try to change an experience, they cannot do that. All of you must have experienced sugar and know that it is sweet. Even if thousands of people tried to change your opinion, would they be able to do that? In any *subject*, whether knowledge, yoga, dharna or service, if out of any of the four, if you have to labour in any of them to finish something, to achieve success in service, to transform your nature in the subject of dharna, to remain unshakeable in yoga, to experience a yogi life, if you have to labour or use the word "sometimes", it means that you have not become an image of experience in that *subject*. An experience is not "sometimes", it is a *natural nature*. So, did you hear what the reason is for having to labour? When you experience being seated on the *seat* of experience, when you experience being an embodiment of a blessing, do you have to labour at that time? It is a *natural* experience

**299. Ever-ready means...**

According to the time now, everything is going to happen suddenly. It is not going to tell you in advance before it happens. There are games of the elements of nature taking place suddenly. It has begun now. New things happen – suddenly there was an *earthquake*, and in a short time hundreds of thousands of souls died. Did they know whether they would be alive or not the next day? Many such *accidents* have begun to take place suddenly in different places. Collectively, at the same time, a *ticket* is being clipped for many; so, at such a time, are you *ever-ready*? You will not say that you are still making effort, will you? *Ever-ready* means that whatever thought you have of a blessing or self-respect, you become an embodiment of that, and this is why BapDada is drawing your *attention* to this: Are you able to make any blessing fruitful and become experienced in the form of that blessing or self-respect? You will definitely have to become that.

**300. Gyan; yoga; dharana and seva means....**

So *check*: Have I become an embodiment of knowledge? Or have I become one who listens to knowledge and relates it to others? *Gyan* means *knowledge*. The *practical* form of *knowledge* is said to be: *Knowledge is light, knowledge is might*. To be an embodiment of knowledge means that whatever actions you perform will be filled with *light* and *might*. They will be accurate. This is known as being an embodiment of knowledge. Do not become one who just speaks knowledge, but be an embodiment of knowledge. To be an embodiment of yoga means to be a conqueror of the physical organs. Be a master of the self over all the physical organs. This is known as yoga, that is, a life that is *yukti yukt*. If you are an embodiment of knowledge and yoga, then you will *automatically* be able to imbibe every virtue. Where there is knowledge and yoga and you are *yogyukt*, the imbibing of virtues takes place *automatically*; service will take place at every moment *automatically*. According to the time you may serve through your mind, through words, through actions, through love in your relationships: service will continue to take place continuously.

**301. An act of charity to uplift someone who has fallen...**

Service also takes place in relationships and connections. For instance, in the Brahmin family, if your brother or sister is a little sad, a little dull in his or her effort and is under the influence of a *sanskar*, if you give zeal and enthusiasm, co-operation or love to that contact soul - that is the charity of service you will accumulate in your account. It is an act of charity to uplift someone who has fallen. To do service of your relations and contacts is the duty of a true server. It should not be that service is only service that you receive or is given to you. Let service itself continue to take place *automatically* through your thoughts, words, deeds, relationships and connections. Many times BapDada has seen that in connection with others some children see that someone's nature or *sanskar* are not what they should be. However, to have thoughts such as, "This one is like that anyway; he is never going to change, and it is a *waste* of *time* to serve this one." Is it right to have such thoughts? Since you believe that you are those who will make the elements *satopradhan*, that you will change the elements - but that one is a human soul, one who calls himself a Brahmin but is influenced by a *sanskar* - since you have issued a *challenge* to change the *sanskars* of the elements, that one is a being, a soul, someone who has a relationship with you. A true server would definitely have good wishes to earn the charity of serving him. "This one is like that anyway. He can never change." These are not good wishes; these are subtle feelings of dislike. Nevertheless, that one is your brother or sister and at least says, "My Baba". A true server would earn charity in having good wishes for even those who have not served him. Do not push those who have fallen further down. Uplift them! Give them your co-operation. This is known as being a true server, a charitable soul. So, *check* yourself: Do I have this much zeal and enthusiasm for service? This is known as being an *authority* of experience. So, BapDada now wants you to become an image of experience and to use your *authority* of experience.

**302. The sanskar of anyone's weakness should not reduce the good wishes...**

1. The *sanskar* of anyone's weakness should not reduce the good wishes in your mind. That one's *sanskar* is slack, but it is *powerful* enough to reduce your good wishes. What did Father Brahma not see, what did he not do? While being responsible, he departed in the end giving everyone the teaching of three words of good wishes and pure feelings. You remember those, do you not? You remember the three words, do you not? He himself became *avyakt* through the stage of being incorporeal, egoless and viceless. He did not give anyone

the *feeling* that he was going through the suffering of karma. Did anyone understand that his suffering of karma was now finishing? What happened? He became avyakt. Father Brahma demonstrated the blessing of being angelic. *Follow Father Brahma!*

2. Do not look at anyone's nature. The Father knows that there is a conflict of natures, but the conflict of natures should not finish the love, it should not finish the relationship. It is not *right* that it would not let the task be as successful. This is a family. Which family is it? It is God's family. Prabhu parivaar. There shouldn't be a lack of love here due to any reason.

### **303. No matter what he is like, he is Mine.**

BapDada has love for even the *last* child. No matter what the child is like, he has *passed* in love because the Father also has love in His heart for every child. No matter what he is like, he is Mine. Since you say "My Baba!" what does the Father say? "They are My children."

### **304. On Shiv Ratri, distribute this sweet of sharing the message...**

It is BapDada's thought that on this Shiv Ratri you definitely have to give the message to those who are in contact with you, those living in your neighbourhood or your colleagues at work – either one week before or one week after Shiv Ratri tell them: if you want to claim the Father's inheritance, then take it now. Definitely give them this message. No one in your neighbourhood should remain who would say: Why did you give us this message in this *last* period? At least you should have told us earlier; we could have then made some fortune. Otherwise, at the end, they would simply continue to say: Oh God! You came and we didn't recognise You! They would continue to complain in this way. On this Shiv Ratri, in whatever way possible, have such a programme amongst yourselves so that those who are in contact with you receive the message. Then it depends on their fortune. However, at least you have done your work. So, each one should definitely receive the message in whatever way possible. Definitely give them the message in your own way, according to their *nature*. It is an auspicious day and we are sharing this good news with you. Then this complaint will finish. Even now, what do they say when you have *programmes*? Even now, they say: We only found out about this now. Why did you not tell us earlier? This is the birthday of the children and of BapDada. What day do the older ones celebrate as their birthday? They celebrate it on Shiv Ratri, do they not? So, distribute this sweet of sharing the message on the birthday of so many people. Is this OK? Will you distribute it? Raise your hands! No one should remain deprived. Do this in any way – have a *function* or send the message by *post* - but no one should be left out. Using any means definitely let them receive this message. You can discuss this among yourselves and create three to four methods of giving the message. Those of the Wings should definitely give the message of the importance of Shiv Ratri to all those who are in *connection* with them. Do you like this? Achcha.

## **Avyakt BapDada-11.02.2010**

### **305. Give the gift of anger to the Bap Dada on his birthday..**

1. Now, according to the time, BapDada is giving you a *warning* about time, that just as you have had courage and made the vow for purity considering it to be your original religion, in the same way, the second evil spirit is anger. So, today, BapDada is asking: You have made a vow and changed your attitude regarding the one great evil spirit, but for the second evil spirit of anger, have you also had the thought to attain victory over it? Or have you given it permission because you think it is the second evil spirit? Anger comes in *connection* with everyone. Whenever you celebrate your birthday, you also give a gift, and so today, just as the *majority* of you, moving with courage and with the Father's help, have attained victory over the first number, can you attain victory over anger in the same way? Any evil spirit will cause distress, and the evil spirit of anger comes in *connection* with others. It comes when you are in contact with others. When you have anger in your mind, you yourself are then compelled by that anger. You have come to celebrate the Father's *birthday*, and so today, BapDada wants a

*gift* of anger from the children of Bharat and the children abroad. Is this possible? Is it possible? Those who think that you can give it as a *gift* to the Father today, so that you don't have it in your mind or in your dreams: do you have the power to have such a thought and move forward with courage? Do you? So, you have to give this thought to the Father with courage. That you will do it and claim a *gift* from the Father. Give it as a *gift* and receive a *gift*. If you attain victory over anger, you will then have the courage to become victorious over the others.

- When you celebrate a meeting at amrit vela every day, BapDada will give you greetings for easily becoming an experienced soul at that time because of your courage. All of you stay at your own places. When people see that there are so many of you living together and also looking after your families, that you have not left your home and family, but that you have created a pure household, what will happen? The good wishes that all of you have for there to be a *queue* of souls, that *queue* will be visible. Anger is visible practically. They see in a *practical* way how you do not just speak of purity, but that you demonstrate it by staying pure. You want revelation and so this is a practical proof and everyone will automatically be attracted by this and come here.

### **306. The reason for anger is long queue with this word "kyu?"**

For the *majority*, the reason for anger is jealousy somewhere or other, and, together with that, when you see something, you have the seed of *waste thoughts* about it and this brings anger. *Waste thoughts* are the seed. Anger arises with this seed, and one word is instrumental for this. If you finish the seed of that one word, it will then become easy. That one word is "Why?" – "Why this? Why did this happen? Why did you do this? Why are you doing this?" There is a long *queue* with this word "kyu?" (why?). If you write the word Q (question) in English, it feels so difficult, whereas if you write "A" (answer), it is so easy. So, today, BapDada wants you to finish this *queue* of questions. Then, the desire that all of you have for revelation to take place quickly, for the flag of the Father's love to be hoisted in each one's heart, for the flag to be hoisted and the heart to sing the song, "Our Baba has come. Sweet Baba has come", will be fulfilled. This is what you want, is it not? That the flag of revelation should be hoisted quickly in everyone's heart? The reason for this not happening is the language of "K", "kyu – why?", "kya – what?", "kaise honga? – how will it happen?" So, finish this language of "k-k" and if you want to use the word "k", then speak of "kamal – wonder". Do not say "k-k". When BapDada opened the children's *boarding school* - it was in Pakistan – in the beginning, mother Jagadamba used to tell the children not to speak the language "k-k". Who says "k-k" a lot? (crow) Do you like that? So, now, do not start a *queue* of "why?" "Ha ji! Achcha ji! Very good. We will do it together. We will fly." Speak such words. Can you change your language? Do not say "k-k". Renounce this "kyu? – why?" and that *queue* will start.

### **307. To raise your hands means that you have given anger to the Father...**

- Uck flowers are only offered to Shiva, and today, you are celebrating Shiv Ratri. You are celebrating the birthday of Shiva, so offer (arpan) this uck flower of anger to BapDada and you will become a mirror (darpan). Do you like this? Do you like it? Achcha
- Do not become tired. "It did not happen." Do it while having faith in the intellect. "I have to do this." And you raised your hands. To raise your hands means that you have given it to the Father. You gave it, did you not? Raise your hands again! Dadis, are you seeing this? You may applaud. Never lose courage. If it is reduced even a little, then have courage in future and do not just stop. Continue to move forward. BapDada is *combined*. You say this, do you not? You do not say that He is with you, but that He is *combined*. So, if anything happens at such a time, then BapDada is *combined*, so put it in front of Him and offer it to Him. However, BapDada wants all the children to be *number one*. Anything that is given to you is entrusted to you. You raised your hands, which means that you gave it away, and so it is no longer yours. It is something valuable entrusted to you. So, if it comes even in your thoughts, then do not be dishonest with whatever you are entrusted with. That is considered to be very bad. You cannot ask for anything that you have given away because it is no longer yours.

**Avyakt BapDada-28.02.2010**

### **308. BapDada wants to see each and every child like a rose in blossom...**

BapDada wants to see each and every child like a rose in blossom for all time from now; fortunate and cheerful. Understand that it is the duty of the situations to come. Situations will come but you have to develop the qualifications of your aim. Do not be afraid. Just as people now say that the Brahma Kumaris teach them the lesson of purity a lot, in the same way, become well known as the Brahma Kumaris who make everyone free from anger, because everyone wants to become free from anger. There is stress, isn't there? It is because there is stress that everyone wants to become free, but they don't know the method. They used to think that it was impossible to become pure, but now, on the basis of the experience of all of you, they think that it is possible. In the same way, this year, spread this wave of it being possible to become victorious over anger, that it is not difficult. Bring such *examples* of those who have the *practical* experience onto the *stage*.

### **309. Varities of "I"...**

However, BapDada has seen that the reason for there being stress is the word "I" of body consciousness. It is the "I" of body consciousness. One is "I am a soul" – this too is an "I", but the word "I" of body consciousness can be of ego or insult. The "I, I" of being disheartened also makes you fall. So, today, in order to move forward in becoming victorious over anger, burn the "I" of *body consciousness* in the fire of yoga. Burn the many forms of "I, I" and make the one "I" of "I am a soul" firm. Burn all the rest of the forms of "I" in the fire of yoga today before you go from here. There are many types of "I", are there not? So, today, you will celebrate the Holi of burning something. The reason for anger is that there is a lot of stress. In order to finish this "I", have this determined thought for yourself today. You have to burn it, because that too is a burden.

### **310. Do not lose your fortune by chasing after something that is going to go away...**

BapDada is congratulating those who have courage: When you maintain courage, the Father will help; but never lose courage. Constantly let the star of your fortune sparkle because the intense effort of this birth - not effort but intense effort – will create your fortune for many births. Therefore, never lose courage. Situations will come, but a situation is not a mahavir. You are the children of the Almighty Authority. What are the situations in front of you? Situations come and they go away. Do not lose your fortune by chasing after something that is going to go away anyway

### **311. Stabilise your mind and intellect at that time of adverse situations...**

Now wishes to make all the children perform a *drill*. That *drill* is: There are adverse situations everywhere - one situation in one place, another situation in another place. While in the midst of all the adverse situations everywhere, can you stabilise yourself in a *second*? Do you experience yourself to have such a *practice*? For instance, whenever you are experiencing a storm of waste thoughts for one reason or another, can you stabilise your mind and intellect at that time? Have you ever tried the *drill* of the power of concentration at such a time? You have to use the power of concentration in a *second* at that time, because as you move further, such situations will come again and again. Today, BapDada wishes to draw your *attention* to putting a *full-stop* in a *second*, that is, to the practice of the stage of concentration, because the elements have begun to show their different colours. All of you know better what is happening everywhere. Such things that will make your mind and intellect wander will definitely come, and so *practise* this now. Are you able to stabilise your mind and intellect in the supreme abode in a *second*? Now, stabilise yourself in the angelic form. Now, stabilise yourself in the stage of being a Brahmin, a *master* almighty authority. Stabilise yourself in the stage of being a *master* almighty authority. (BapDada conducted drill of the three stages.) Whenever you have time throughout the day, practise this *drill*. Repeatedly stabilise your mind. Stabilise your mind whenever you want on whatever you want. It may take you a *minute* to make effort, but put a *full-stop* in a *second* because time is now making preparations for upheaval; therefore, let there be *mind control*: It is my mind, I am not the mind, I own the mind and so, do I have control on that which is mine? This *drill* is very essential.

### **312. The happiness of the confluence age is a Godly gift...**

All those who have come, BapDada loves each and every child. Why? No matter what the soul is like, BapDada sees each child as one in a million. Even if you are weak in effort, you are loved by the Father. You say with your heart "My Baba" and this is why you are deeply loved by the Father. BapDada is reminding you of one thing once again: Your face should always be cheerful and sparkling with happiness. Situations may go, but your happiness should never go. The happiness of the confluence age is a Godly *gift*. Holi means that whenever any such situation comes, remember that you have come back having celebrated Holi, the Holi in which the past is the past, so your happiness should never disappear. Happiness is your Godly *gift* and treasure. BapDada always says: Always remember this *slogan*: Remain happy and share happiness. The more happiness you share, the more it will increase, and a cheerful face as you move along will *automatically* continue to do service. Whoever sees you will then think: What has this one received? So, today's Dilkhush toli on Holi is happiness. Did all of you eat it? Always continue to eat this. There won't be any illness through this. Achcha

**Avyakt BapDada-15.03.2010**

### **313. When someone asks you where God is...**

When someone asks you where God is, what reply would you give him? He is with me. He stays with me. He stays in my heart. "You experience this, do you not? Only you know this and only you have the experience of this love: The Father stays in my heart and I stay in the Father's heart. You know that only you have received the fortune to experience the intoxication of God's love.

### **314. Waste thought of arrogance or insult...**

At present, because of coming close, BapDada is giving this signal: according to the closeness of time, even having waste thoughts is a sign of impurity. Check throughout the day whether any waste thought of arrogance or insult pulls you towards itself. While moving along, if you consider the specialities given to you by the Father to be your own speciality and become arrogant, then that is also waste thoughts and impure thoughts of the consciousness of "I", such as: "I am no less. I also know everything. Only my thought is right and elevated." Such thoughts of the ego of "I" are also a trace of subtle impurity. So, check yourself. There isn't any trace of waste thought of any type of impurity still remaining, is there? Because you lovely children of God are instruments to bring the time of establishment of the pure world close. The *vibrations* of instrument souls spread everywhere. Therefore, check: Are any type of wasteful thought pulling you towards themselves?

### **315. Souls now need extra sakaash...**

The vibrations of purity are needed as sorrow and peacelessness are increasing in different forms everywhere. The reason for sorrow and peacelessness is impurity. So, impure souls and devotee souls now need *double* service. BapDada has seen that service through words is taking place everywhere with a lot of splendour. You are now finishing their complaint. However, souls now need extra sakaash. Do this by giving them sakaash, courage and zeal and enthusiasm by serving through your mind. So, at this time, there is a need for *double* service. For this, BapDada has said that each of you children should consider yourself to be an ancestor. You are the *foundation* of this kalpa tree, the ancestors and worthy-of-worship souls. BapDada continues to hear the sound of the unhappy children. The sound of the call of those souls should reach you children. You are to become completely pure souls, you are becoming that, you have become that, but, as well as that, you also have to increase serving through the mind.

### **316. *The experience that God is giving the inheritance to souls...***

BapDada saw that children have put the plans that BapDada has given from time to time into practice with great discipline and with a lot of zeal and enthusiasm and that you are still doing that. BapDada is giving all the children multi, multimillionfold congratulations for that. Now, make the *addition* that God is giving an inheritance. If you don't take the inheritance now, then when will you take it? The Father feels mercy seeing the atmosphere of the children's sorrow and peacelessness. You and the Father know that this is going to go into the extreme. There cannot be the end without the extreme. At such a time, give souls this experience, do not just let them hear about it, but give them the experience that God is giving the inheritance. All of you also ask, do you not, when and how will God's revelation take place? The sound has reached as far as them saying "the Brahma Kumaris", but who is teaching the Brahma Kumaris? Who is the Bestower for the Brahma Kumaris and Brahma Kumars? You now have to bring the time close and bring about completion.

### **317. *Have to bring the time for completion to close, and for that have to finish the waste***

Today, BapDada is giving courage to all the children from everywhere for them to finish their waste thoughts: Finish all waste from now, constantly be powerful and make others powerful. Do not just give them the message, but make them powerful. Become powerful and make others powerful. Celebrate the day for finishing all waste. Is this possible? You do believe that waste thoughts cause a loss for the self. They waste your time and don't give you so much of an experience of constantly being happy and fortunate. You do believe that you have to bring the time for completion close. So, who has to do this? You have to do, do you not? You are those who think that you have to bring the time for completion close, and for that you have to finish the waste. Not that you are to do it, but you definitely have to do it. It should not even enter your dreams. Let alone your thoughts, it should not even enter your dreams. Those who consider themselves to be such courageous children, raise your hands! You are raising the hand of your mind, are you not? It is very easy to raise your physical hand, but are you raising the hand of your mind? Those of you who are raising the hand of your mind, raise your hands! It is the hand of your mind, is it not? Achcha.

### **318. *Let your merciful, compassionate and a bestower of happiness emerge...***

BapDada can hear the call and the cry of sorrow a great deal. Baba doesn't know why you cannot hear it. When BapDada can hear that, then you children, who consider yourselves to be heirs, those who are to claim the inheritance should have mercy for those who are to receive their inheritance. Why do you not have that mercy? There should be disinterest, unlimited disinterest and mercy. Do not give time to the queue of "why?" and "what?" in trivial matters. So, oh, BapDada's long-lost and now-found beloved children, the children who are blessed with multi, multimillionfold blessings, now make your thoughts determined. Use the key of determination even more. Become karma yogis. You are those with a karma yogi life. A life is for all time, not just for some time. So, now, let your merciful, compassionate form of being a remover of sorrow and a bestower of happiness *emerge*. BapDada has been telling you for a long time about the period of 'suddenly'. So, at least fulfil the call of the devotees before anything happens suddenly. Hear the sound of sorrow of the unhappy ones. Now, each of you young and old world transformers should consider yourself to be responsible for transforming the sorrow of the world and bringing about the world of happiness.

### **319. *You think that you have accumulated, but it is not accumulated...***

BapDada saw the result and checked the philosophy of everyone's karma. Baba checked your speed of effort and also checked the account of the accumulation of treasures. So, what did Baba see in the *result*? You make very good effort to accumulate, but there is a variety of *percentage* in what you accumulate. You think that you have accumulated, and you have accumulated, but only a percentage. A little is accumulated, but it is not accumulated for all time. You do it for so long, but there is a difference in accumulating it for all time. This is why BapDada is now enabling you to have determined thoughts for each and every thing. He made you do it for anger: however, there should not be any upheaval in your mind about anyone. There should not be any "Why?" or "What?" You have *controlled* anger through your mouth. Some of you have done this very well, however, it still continues in your mind a

little. You are trying to finish it. Nevertheless, BapDada is pleased that your attention has been drawn. You have begun to realise that only you will be at a loss. Do you understand.

**320. Although the names of the zones are different, but belong to One and will remain to On...**

A zone is put together so that places that are close to one another are easily able to help one another. So, become co-operative in this way. Not that, "This is my area", "All are mine." Wherever there is a need is "mine". Although the names of the zones are different, wherever there is a need, to give your co-operation at a time of need is great charity. If you want to accumulate in your account of charity, then become co-operative and glorify service even more. BapDada liked this. So, continue to make this gathering grow. You will continue to make it grow, will you not? Raise your hands! All raised their hands. Achcha. We are all one, but zones have been created for service so that you are able to see to everything. However, otherwise, you are all one. You will remain united. You belong to One and will remain belonging to One.

**321. If you wilt, what would be the condition of the world?**

To all the children everywhere who are lovers of God, to those who constantly continue to fly with the Father's love and are intense effort-makers, and are true servers who are free from obstacles in service, BapDada is seeing all such children from everywhere. Baba is also seeing the children from far, far away and also seeing all the children who are watching and listening to BapDada on a screen in different places in Shantivan. BapDada is giving all those children the blessing: May you always remain happy and distribute happiness for all time. A happy face. Anyone who sees your face should become happy on seeing your face. No matter what someone may be like, on seeing your face, they should also become happy. This is a blessing for all the children everywhere. It is a blessing for all those here who are sitting personally in front. Your face should never wilt. If you wilt, what would be the condition of the world? You have to have a constantly happy face and always be engaged in activities of happiness and make others remain like that too. To such intense effort-making children, BapDada's love, remembrance and namaste to all the sweet children.

**Avyakt BapDada-31.03.2010**

**322. Have the intoxication of being the ancestors who give sakaash to all souls.**

1. Do you have the intoxication of being the ancestors who give sakaash to all souls who are the branches, twigs and leaves? Just as Father Brahma is said to be the *great-great-grandfather*, so you, his children, his companions are also *master great-great-grandfather*.
2. Souls of the whole tree are attracted to you ancestor souls. You ancestor souls sustain them with your powers. The Father sustained all of you ancestor souls; how did He do that? With all the powers. Similarly, in terms of you being the ancestors, you are the ones who sustain them with the powers. Nowadays, you can see that all souls are unhappy; they are calling out to their own special deities: Come and protect us! Give us peace! Give us power! O ocean of forgiveness ancestors, sustain us! Can you ancestor souls hear this sound in your ears? Do you have the experience of being the ancestors? Look at the whole tree: Because all the souls of other religions are the branches and twigs of the tree, they too look at you with that vision. You are their ancestors too. Whenever you meet souls of any religion, do you consider them to be the branches and twigs of your own tree? When they meet you, they consider you to belong to them. Those souls have the feeling of you belonging to them and they should have that feeling. Do you have that much intoxication and the feeling of mercy within you? They are crying out in distress: Have mercy! So, now, according to the time, all of you ancestor souls have to sustain them through the mind with the powers. They need this now. To the extent that you maintain the intoxication of being an ancestor, to that extent those souls will be sustained by you. Generally, in lokik life too, one is sustained by one's elders. They are the ones who provide and make arrangements for food and drink for one's body and study which is a *source of income*. Just as the Father has sustained all of you children with different powers, in the same way, it is your duty to sustain all the branches, twigs and leaves of the whole tree.



**323. Do three types of service at the same time:**

1. BapDada has seen that all the children even now have the interest and the zeal and enthusiasm in service. BapDada hears very good service news. However, in order for you to move forward at a fast speed, BapDada is specially drawing the *attention* of you children: Do not serve just through words. When you are doing service, do three types of service at the same time: give sakaash through your mind, give knowledge with words and in deeds, that is, in connection and relationship: do such service through your face that that also creates an impact in service at the same time. Do three types of service at the same time because souls now want there to be some difference in service; that something should change. So, can you do three types of service at the same time? Can you do it?
2. So, now, *attention please!* Not sometimes.

**324. Three things in particular for success in service.**

You do do service, but there should also be contentment within the self and with your companions because the fruit of service is contentment and happiness. Therefore, *check*: you did service, but as you were told earlier, there is happiness in service when you, yourself, your companions and the atmosphere are in the *vibrations* of contentment. You have been told of three things in particular for success in service. You must be remembering them. Firstly, service means the consciousness of being an instrument (nimit bhav). Secondly, feelings of humility (bhavna). Thirdly, pure and sweet words. Consciousness (intentions – bhav), feelings (bhavna) and nature (swabhav). When there are these all together in service, then you yourself will be content, your companions will be content and those whom you serve will also continue to move forward. Those who have the consciousness of being an instrument will forge their relationship with the Father. If there isn't the consciousness of being an instrument they won't come close to the Father. So, whenever you do service, *check* whether your intentions, feelings and nature were accurate. Nowadays, BapDada has seen that the main thing is... Wherever each one of you goes for service, *check* whether your companions remained content. Success in service is to receive the fruit of contentment and happiness.

**325. Look at one another in the form of a soul...**

BapDada is giving a signal for one thing: while walking and moving along, and while being in a gathering, there is always someone or another with you in service, and so look at one another in the form of a soul. You do look at one another in the form of a soul, you practise that too, but when you look at the soul, do you look at the soul in the form of his *original* sanskars? Or, do you also see the *mixed* sanskars of the soul? You have passed in seeing others as souls, but with which sanskars do you see those souls? Do you come in *connection* with those souls with their *original* sanskars? Or, do the present sanskars also come in front of you? So, the Father says: From today, firstly look at anyone in the form of a soul, but look at that soul with the form of his *original* sanskars. Then all the things that sometimes happen among yourselves will not happen. At present, you look at the soul, but whatever the present sanskars of the soul are, they also come in front. Therefore, there is a gap in the perfect stage that there should be with one another. So, look at the soul with his *original* sanskars. Then this obstruction that comes in the gathering will finish

**326. Do not accept their bad wishes because you are the one who takes...**

The Brahmin family is to give blessings and to receive blessings. Some children say: Others get angry. How would they take blessings? They would not take blessings; they would get angry. BapDada says: OK, if, because of their sanskars, they are giving bad wishes, and you wish to give them blessings, but because they are giving bad wishes..., if they are giving bad wishes, who is the one who is taking them? Is it you or the other person who is taking them? They are the ones who are giving and you are the one who is taking. So why did you accept their bad wishes? If you look at souls in the form of their *original* sanskars, you will have mercy. Keep yourself *safe!* Do not accept their bad wishes because you are the one who takes. Do not give and do not take those.

**327. Homework for today; obstacles that come, which do not allow...**

BapDada is now giving you *homework* for today and for the time until Baba comes next. Whenever you look at another soul in the form of a soul, do not look at the soul in the form of the present sanskars. When you say "soul", then look at the soul in the form of his original sanskars. When you come in relationship with that soul or look at that soul, then look at the soul with that vision. Then these obstacles that come, which do not allow your effort to become intense, will not come. If you change your attitude and vision now, then the situations will all finish. Whatever situations you see of souls, BapDada has told you earlier too, it is also the constant duty of each one of you in the Brahmin family to give good wishes and pure feelings and also to take good wishes and pure feelings. Look at souls with those sanskars and move along in that way. Baba is telling you one more thing. You have been told it earlier too. Sometimes, in a gathering, you become attracted to par-darshan (looking at others), par-chintan (thinking about others) and par-mat (following the dictates of others). Now cut out these three "pars" and keep one "par", and that is "par-upkar" (to uplift others). You have to uplift others. You are those who uplift others. The nature of Brahmins is to uplift others. Do not look at others, cut out that "par". All of those three cause a loss. This is why you must always remember your self-respect "The self-respect of myself, the Brahmin soul, is to uplift others." In the next season, BapDada wants to see this transformation in each of you children. Is this possible? Is it possible? Raise your hands! You are all good in raising your hands! So, what are you going to do? It is good. BapDada is giving congratulations. Continue to draw the *attention* of one another. What are you going to do? Every night, before going to sleep, before saying "Good night" to BapDada, give Baba your whole chart of whether you did anything good or bad. Give your chart of whatever you did, empty your intellect and then say "Good night". Say "Good night" to the Father and go to sleep in remembrance of the Father. You will then sleep very well. First empty yourself, do not keep anything in your intellect. When you give your whole chart to the Father, you will not need to go to the land of Dharamraj. The Lord becomes pleased with an honest heart. So, you have been given the *homework* .

**328. Any situation comes up not able to do it, give that to the Father...**

If any situation comes up, when you are not able to do it, if you lack courage, then whatever it is that is making you lose your courage, give that to the Father, "Baba, I am not able to do this. You take it. I will not bring this even into my thoughts." Do not allow that thought to come at all. Just give it to the Father. If that comes back, do not keep it in your heart. Return it to the Father again. BapDada wants each of His children to demonstrate this practically by doing whatever he has thought. All of you think very well, and so you have to do it.

**329. Any situation that arises; happiness should not disappear...**

1. Those who remain constantly happy, raise your hands! Constantly remain happy? You do have happiness, do you not? Your happiness doesn't disappear, does it? Your happiness should not disappear, because happiness is a Godly *gift*. You should look after the Godly *gift* very carefully. Any situation that arises, why should your happiness disappear? Is that situation powerful or is the Godly *gift* of happiness? So, now try not to let your happiness disappear. Your face should always be happy and sparkling. Happy and sparkling. Are you able to keep this happiness? Is it able to remain? Nod if so! It can stay; if you pay attention, it will happen. Will it happen? Those at the back? BapDada is telling everyone that after one month, Baba will ask all of you for your *chart* as to whether you remained happy for one month. Remember today's date. (31<sup>st</sup> March). Baba is telling everyone, not just the *foreigners*. Try it for one month. When any situation comes, do not merge it in your heart. Understand whether that situation is *right* or *wrong*, and what you have to do, but do not merge it in your heart. When it merges in your heart, your happiness disappears. Those who understand will remain happy and finish the situation by understanding it. So, this is a *paper* of one month. You have to remain happy.
2. Let go of carelessness. Not that it will happen, it will happen, but you have to do it. BapDada knows that time is waiting for you Brahmins. You are the ones who will bring time close. So, make intense effort! Have determined thoughts and it will happen. Every day, remember this song: We now have to return home. Is this all right? Accha.

**Avyakt BapDada-30.11.2012**

**330. Different ideas, but to unite those ideas is in your own hands...**

Even BapDada understands that there are different ideas, but to unite those ideas is in your own hands. BapDada wants to see this wonder in you instrument Pandavas, that, though you may have different ideas, you have to unite them. So, now, all three of you should show this wonder: that you are not three, but all three of you are one. Everything else is fine, and you are looking after everything as instruments. Achcha.

**331. You are also instruments for service...**

BapDada can never stay away from the children. Just as the children cannot remain far from the Father, the Father also cannot stay far from the children. BapDada is pleased to see all the children. Baba is also congratulating you, because each of you should now consider yourself to be an instrument for the unlimited task, not just for the self. As well as for the self, you are also instruments for service. Now show such wonders. There may be upheaval in the world, but you are instruments to bring stability where there is upheaval. They will not leave their work, so you too should consider yourselves to be instruments. They create upheaval, and you remain unshakeable: both of you have to play your parts together

**Avyakt BapDada-15.12.2012****332. The mind is constantly a carefree emperor...**

Today, BapDada wants to see every child equal to Brahma. So, check: No matter what the condition of your body is, your mind should always be a carefree emperor. So, check and note down in the morning when you wake up: are there any worries in the sub-consciousness? Check every now and then. So, you will transform "mine" into "Yours". Because, throughout the whole cycle, apart from you children, no one else has become a double crowned carefree emperor. You constantly have a double crown in your images. Many became kings in the Copper Age, but no one became double crowned, or a king who had self-sovereignty. So, constantly remember your title of today: "a carefree emperor".. However, never forget this blessing of yours. No matter how you are, the body knows its karmic accounts, but the mind is constantly a carefree emperor. No matter what type of test paper it is, the paper makes you even more experienced, and enables you to move forward. So, do not be afraid! Never be afraid of any paper. Achcha.

**333. Medicine that become care free**

Those of the Medical Wing, now make such preparations, and also inspire them, so that everyone becomes a carefree emperor, as BapDada has said. If there is no worry, there is then no illness. So, make such plans that - while sitting here - everyone remains happy. They should not lose their happiness. Invent such medicine that if someone is a little unhappy - either physically or in the mind - then, as soon as they remember that medicine, they become happy. What is that medicine? "My Baba". So, let there be "My Baba" in everyone's mind, and this will be the medicine. Achcha. You are doing very good service. Continue to do that. Victory is definitely with you

**334. For the Brahma Kumars and Kumaris, nothing is a big deal!**

You are ever ready. No matter what times come, or when they come, all of you Brahma Kumars and Brahma Kumaris remain constantly happy at every moment. Is it possible that the happiness of the Brahma Kumaris and Brahma Kumaris will not disappear? If it is possible, then raise your hands! Achcha. BapDada saw everyone's hands. Raise your hands! That time will continue to come, and BapDada will see the result. All of you have raised your hands, and so remain carefree emperors at that time too. Be carefree and an emperor too. Trivial things and major things are definitely going to come, but for the Brahma Kumars and Kumaris, nothing is a big deal! You have seen it every cycle. You have passed through it every cycle. Become experienced and you will pass through that now also as though it is a game. You do have such courage, do you not? Do you have courage.

**Avyakt BapDada-31.12.2012**

**335. Importance of the power of contentment...**

The power of contentment is most elevated. Other powers also come where there is contentment. The power of contentment easily finishes any type of problem. Where there is contentment, no other power is lacking. The power of contentment easily transforms any type of atmosphere or circumstance. Contentment transforms the upheaval of Maya and matter. Each one should check the self to see: "Have I become a jewel of contentment?"; "Am I able to transform the atmosphere by changing the situation of any human soul?"

**336. New Year gift. Of BapDada...**

BapDada has made a plan to give all the children a blessing especially for the New Year, *atamrit vela*. Everyone is asking: "What is going to happen in the New Year?" *Those who have determination will receive special help from BapDada in their efforts.* So, everything will become easy with this New Year gift. Do you like this blessing of *amrit vela*? Do you like it? You do do it, but you will especially attain co-operation, love, and power, from BapDada. Is that all right? Is it okay? BapDada has seen that everyone has very deep love. You have very good love for having to do something, but especially use the power of contentment this year, for the circumstances that come in-between. Check this, and you will automatically continue to move forward.

**337. If any problem arises – then just come to Madhuban through your mind...**

BapDada is also pleased to see the children in Madhuban. If anything happens - if any small or big problem arises – then just come to Madhuban through your mind: not with your body, but with your mind. BapDada will fill the minds of the children with extra nourishment of happiness. It is good. To come to Madhuban means to take a step forward in your efforts. Even now, check how much help you have taken in moving forward, now that you have come to Madhuban? What do you easily remember throughout the day in Madhuban? Baba, Baba, Baba... Whatever you listen to, it is things of Baba. When you are walking, it is on the pure land of Madhuban. You are eating Brahma bhojan, and it is powerful, because those who have this special duty are reminded of it. Therefore, to come to Madhuban means to take a step forward in yourself, in knowledge, yoga, dharna, and service. So, did all of you take all these benefits of Madhuban? You have taken benefit. Did you take benefit? Because you don't have any responsibilities here. You simply have the responsibility of making yourself move forward. Achcha.

**Avyakt BapDada-18.01.2013**

**338. In remembrance remain in remembrance...**

No matter how much illness there is, but it reduces with BapDada's remembrance. The illness becomes half if effort is made to remain in remembrance. Just as that is medicine, before that is this medicine of remembrance. She is doing it. and she will continue to do it. She is okay, and has courage to tolerate it. She will be alright.

**Avyakt BapDada-02.02.2013**

**339. This love means to make you bodiless.**

Each child, whether personally in front or far away, is merged in BapDada's love. BapDada is also happy to see the love of every child. Each child's face is merged in love and, BapDada is very pleased to see every child, to see the children absorbed in love, to see the children merged in love. This love is giving every child the experience of being merged in love. This love is the means to make you bodiless. BapDada is pleased to see every child. What song does He sing? Wah children! Wah! This love makes you bodiless. What does the Father say on

seeing the children? Wah children! Wah! Constantly remain merged in this love. God's love is such that it enables everyone to become merged in love for God. BapDada is seeing each child's fortune in the eyes of each child. You are creating your fortune for 21 births in this one birth. Each one of you is experiencing God's love in your mind. This Godly love is making you so elevated in this one birth that you souls become merged in love; you become bodiless and will return to your own home, Paramdham, and along with that, will also claim a right to your own kingdom

### **340. Control mind and also become a conqueror it...**

Today, BapDada is giving the children a special blessing: By being constantly merged in the Father's love, become a conqueror of the mind (mannjeet) and a conqueror of the world (jagadjeet). Constantly be a master of the mind and become a conqueror of the mind. Some think that it is difficult to become a master of the mind, but BapDada says: You refer to the mind as "my mind", so just as other physical organs are yours, and they work under your *control*, in the same way, it is not difficult to become a conqueror of the mind and so a conqueror of the world. Today, the Father wants to make every child a conqueror of the mind and a conqueror of the world. You have to *control* your mind with the powers and definitely become a conqueror of the mind. Today, BapDada wants every child to be a constant master of the mind, a conqueror of the mind and a conqueror of the world. "It is mine and I am a master of that which is mine". You will remain happy by making your mind work as a master, as you want. Just as you make your hands and feet work under your *orders* because they are yours, in the same way, you can be an embodiment of power and make your mind work, but as a master make it work, and you will become a conqueror of the mind and a conqueror of the world.

**Avyakt BapDada-20.02.2013**

### **341. Sharing happiness through your face to the world...**

BapDada now wants to see every child as an intense effort-maker. An intense effort-maker means one who is content with his own effort in every *subject*. According to the present time, BapDada also wants to see from every child that the powers and happiness are visible on each child's face, because, day by day, sorrow is definitely going to increase in the world. However, at the time of such sorrow, upon seeing your happy face that is filled with divine virtues, they would also experience happiness for a short time. Through every child's face, they should experience that Godly love (sneh), Godly affection (pyar) – the love to increase their courage and to remain happy. Some children say: We generally remain happy, but in our karma yogi life, there is a difference when we act. There shouldn't be any difference in your karma. While performing actions, always pay this *attention*: I am a karma yogi soul. I am a master of this body who is making this body function. At every moment, whether you are performing actions or not, think: "I am a soul who is enabling the body to perform actions". As a soul, what type of soul am I? I am the Father's beloved son or daughter. I am loved by God. I am a master who is making this body function. Let remembrance of the Father be constantly merged in your heart. So, each one of you should *check*: Am I performing actions as a karma yogi? As a karma yogi, my yoga is with the Father. So, the Father always says: *Follow the father*. The Father is with us. So, what is this *group* going to do? Now, when you return to your own places, give others the experience of a happy face because today, happiness in the world is continuing to decrease and your face should give them the experience of happiness. As you progress further, sorrow and peacelessness is definitely going to increase. No one will have time to listen or to do *courses*, but your face should give them the experience of happiness. This is possible, is it not? Is it possible? Raise your hands! All of you who have come from all the different places have the aim of sharing happiness through your face – of being constantly happy, not just sometimes – The speciality of happiness is – while generally, when you give something to someone, yours will decrease. If you have two things and you give one away, you will have one less. However, if you give happiness to the whole world, will it decrease or increase? You have such happiness! So, now share your happiness with all souls. You will have *double* benefit – yours will increase and theirs will also increase.

### **342. What will do when happy decreases some time?**

So, today, specially remember this task: You have to share happiness. If, for instance, your happiness goes away due to one reason or another, you can take happiness from the Father and remain happy yourself and give happiness to others. constantly happy? Those who believe that whatever sorrow and peacelessness you have

sometimes, you will leave these behind this time, you will not take that back with you; those of you who believe that you have such courage, raise both your hands! BapDada is very pleased. Definitely, when the children maintain courage, the Father definitely helps.

### **343. Carry out that task with success.**

Before carrying out that task, first of all, take a *special* blessing from BapDada for the success of that task. Be blessed by BapDada and then carry out that task and success will become your birthright. Do not do this after carrying out the task. If you first take the blessing and then carry out the task, success will then be with you.

## **Avyakt BapDada-09.03.2013**

### **344. What BapDada wants from every child ?**

BapDada is seeing the sparkling light on the forehead of each child. This light is making all souls light too and is bringing this world into light from darkness. On this day, BapDada has a wish for all the children: All the children should make souls light through their faces and give the message of remaining constantly happy in this life. This is what BapDada wants from every child on this day. Every soul should experience peace and happiness, and every child should become an angel and give the angelic experience to the world.

### **345. On birthday what gift does BapDada want to take?**

So, today, have you especially come to give greetings or to receive greetings? A gift is also given on a birthday. So, what gift does BapDada want to take from you children today? On this day, whatever waste thoughts you still have remaining in you, give them to the Father as a gift because waste thoughts make you waste a lot of your time. So, can you give this gift? Can you give it? If you can give it, then raise your hands! Because waste thoughts waste a lot of your time. They do not allow you to experience happiness. The Father wants the faces of all of you to remain constantly so cheerful that whoever sees you is inspired to become the same.

### **346. Father Brahma, is especially giving everyone a diamond gift...**

So, on this day, have the determined thought that your face will always be visible like that of an angel, just like the face of Father Braluna. No matter how much responsibility he had, you always saw his face as angelic. For every child to become angelic, BapDada wants you to follow Father Brahma. Whenever you perform any action, check: Did Father Brahma perform this action? So, today, Father Brahma, is especially giving everyone a diamond gift "My Baba, sweet Baba, lovely Baba!" On this day, constantly follow Father Brahma at every step, and have a constantly sparkling face. Now, in one second, can you make yourself into a carefree emperor, the same as Father Brahma? Can you do this? Now, all of you remain stable in the stage of a carefree emperor. Experience this and see for yourself. Are you carefree or do you have some worries even now? Those who have experienced being a carefree emperor, raise your hands! (Everyone raised their hands.) Very good! All of you keep this aim: Whatever steps I take, do I follow Father Brahma? No matter how much business he had, Father Brahma always stayed in the angelic form. No matter how much responsibility he had, yet he demonstrated fulfilling that while being detached and loving. So, what signal does this day give you today? To be constantly detached and loved by all!

### **347. BapDada is saying good morning and good night to each one.**

Look, BapDada is saying good morning to each one and also saying good night to each one. He is not saying this superficially, but with His heart. There is no child who does not have love for the Father and the Father also has love for every child. Even if they become a little slack, nevertheless, after a little here and there for a while, they become OK. They have good love. BapDada is seeing that everyone has deep love in their hearts for BapDada. This is why Baba is making them move forward and they will continue to move forward. BapDada is remembering each one. It isn't that Baba is not mentioning their names... However, whether each one of you is in Madhuban or in your

own Zone, it doesn't take the Father long. It doesn't take Him long to love everyone. This is why all of you should experience BapDada to be saying good night to all of you. Whether you say it or not, BapDada definitely says it. The Father has love for you! No matter what happens, BapDada tours around all the children at night. How much time does it take BapDada to tour around? He does that very quickly because He is in the angelic form, isn't He? So, each one of you should understand that BapDada says good night and also says good morning. Whether you say that or not, BapDada definitely says that! Achcha.

#### **348. Drill; have to practice being bodiless**

Now, BapDada wants each child to sit in powerful remembrance for five minutes with no thoughts. Achcha. Every day, continue to have the experience of being completely bodiless for five minutes every now and then, because the times that are to come will be very delicate. At such a time, if you do not have this practice, if you do not have controlling power, you will not be successful. This is why you definitely have to practice being bodiless for two minutes, one minute or five minutes, every now and then according to your timetable: have controlling power. All those near by, those from this land, those from abroad, BapDada is seeing that, at this time, the attention of the majority of children is on Madhuban. So, continue to practise this daily. Such a time will come when this practice will be very essential. Therefore, according to your own time, definitely practise being bodiless.

### **Avyakt BapDada-22.03.2013**

#### **349. Dilaram sleeping with you in the tents,**

While staying in the tents, did your happiness disappear? Or were you happy? Those who were in the tents, raise your hands! Did you remain happy? Some are even sitting outside. The child (*Dadi Gulzar*) went on a tour and they were staying in many places. However, BapDada says to them that they are staying in BapDada's heart. The Comforter of Hearts (*Dilaram*) and your heart. The Comforter of Hearts was sleeping with you. You cannot tell anyone not to come. You have to welcome them. Did anyone in a tent have any difficulty? Anyone who had any difficulty, raise your hands! None of you is raising your hand. On behalf of everyone, those who are in the tents will receive a multi-million-fold right in the world of happiness and peace. They are very courageous. BapDada saw that you have love for the Father and that because of that love you did not experience any difficulty. However, there must of course have been some difficulty. BapDada is pleased. Welcome! You have come. Welcome to your home! Now perform this wonder. This is a wonder of the power of tolerance, and thanks for that.

#### **350. Whenever any wasteful situation arises ; never lose your happiness...**

BapDada has the faith that the children are good. Sometimes, there are some obstacles in your efforts, but your intellect has firm faith that Baba and you are combined and will remain combined. Did Baba speak correctly? Nod! All of you who have come from your places, mentioning each one's name and bringing your face in front of him, BapDada is giving each child a blessing: Whenever any situation arises – something that according to the law should not happen but does happen - then, at that very moment, remove it from your heart and give it to the Father. The Father himself will take care of it. You know how to give it, do you not? Do you know how to give it? Nod to show that you know how to give it! You know how to take, so do you also know how to give it?

Today is Holi, and you have come to celebrate Holi, have you not? What is the meaning of Holi? Ho li. Whenever any situation takes place, it was in the past. Do not keep it in your heart. The gift of Holi is that whenever any wasteful situation arises, just let go of it. Ho li – it was in the past. Constantly do ho li (*let it be in the past*) and become holy (*pure*) . One is Hindi and one is English. There are two words. Do ho li and become holy .Make a promise in your heart that you will never lose your happiness

#### **351. Bring the newness...**

Bring the newness of bringing closer those who come. At the very least, they should become students. Those who only come sometimes should increase their contact with you. They should want to come. Such should be the result of those who come. Now they come, say it is good, and go away. Now bring them close! At the very least, even

if they do not become students, they should become those who come, those who meet and who listen. At least they should listen to the murli.

## Avyakt BapDada-05.04.2013

### **352. Wah children! Wah!**

Today, the Master of all Treasures is pleased to see His children who are full of all treasures and "Wah children! Wah!" emerges from His heart. The sparkle of the attainment of treasures is sparkling on the face of each child. The sparkle of the fullness of the treasures is visible in the *majority* of children. BapDada is singing the praise of each and every child: Wah children! Wah! Speak! You are wonderful children, are you not? The Father said and the children did. The Father says that the sparkle of being a master of the treasures should be visible on the face and forehead of each child. Seeing this on all children who have a right to the treasures, BapDada is pleased and so what song does He sing? Wah children! Wah! Just as today, there is the sparkle of the fullness of treasures on each one's face, so it should always remain like this. For anyone who looks at you, your face should speak - you don't need to say anything.

### **353. Your faces will make them happy..**

So, constantly *check*. Just as your face is sparkling now, does it remain like that all the time? It should be that for anyone who looks at you, your face should speak. You don't need to say anything; your face should speak. Similarly, they should be visible as those who are constantly full of all treasures, whether they are performing actions, having yoga or staying in remembrance of the Father. Each one of you can remain with your face sparkling as it is now, can you not? Because, nowadays, as time progresses, so too, according to the situations, *tension* will also increase. So, your faces will make them happy. Each child has to make such preparations to do such service.

### **354. Make a firm promise to remain happy.**

Just as all of you are presently visible as full of happiness, do you always remain like that? No matter what situations arise, they should not take away the happiness of our treasures. Just as your face now is filled with happiness and love, so it should always remain like that. Speak! Can it remain like that? Those who feel that it will always remain like that - the past is past but, from now on, it will always remain like that - raise your hands! Look, all of you are raising your hands. The *majority* of you are raising your hands. So, whenever any situation arises, your face should always remain like that. At least nod! Will it remain like that? Will it? Then, everyone who looks at you will see who has come. Seeing all of you, me half happy.

So, from today, all the children, not just the Zone, but all the children should make a promise in your hearts that you will always remain happy and make everyone happy because there is no nourishment like happiness. BapDada has told you about the wonder of happiness many times. There is so much wonder in just happiness. Look, whenever you share anything, then there is that much less of it for yourself, but if you share happiness, would it decrease? It would increase, would it not? This is BapDada's *slogan*. Remember it! Write down here (on your forehead): I have to remain happy and make others happy. Do you like it? Those who like it, raise your hands! Seeing all of you happy children, others will become so happy. So, make a firm *promise*. What should you do? We will remain happy and share happiness. Is this firm? Or, if something happens here, will your happiness disappear? No. There is nothing that can make your happiness disappear. From today, all of you should *check* this. Do not allow your happiness to go. Do you have this power? If so, raise your hands! Achcha. Just be careful. Those from your Zone and your centre are seeing your hands. BapDada is pleased. You have maintained courage. Your courage and the Father's help will remain together.

### **355. BapDada is also pleased to see the children**

BapDada now wants any people who see any one of you from a distance to smile, and on seeing your happy face they themselves should also become happy. Will you do this service? Will you? Achcha, raise your hands! The Father is saying: Wah children! Wah! From today, this should happen for anyone who suddenly comes to any place, and BapDada will also send someone. BapDada does not want to see the children's faces as ordinary. So, you want to



please BapDada, do you not? Will you? All of you are saying “Yes indeed” from your heart. Now, each centre should *check* your companions. Do not say anything. Do not ask “Why?” or “What?”, but let your face be filled with such love that they become quiet. You will do such service, will you not? You have to remain like that and also make others become like you. When someone suddenly comes to any centre they should experience themselves to have come to a place of happiness. Where there is happiness, there is everything. Generally, what do they say whenever someone is taking leave? Stay happy and prosperous! So, now, BapDada will send anyone secretly and see because all of you children are the children of the highest on high Father. BapDada is also pleased to see the children and is congratulating you from His heart. Constantly stay happy and prosperous.

### **356. Never be afraid!...**

When children have courage, the Father definitely helps. BapDada is also pleased. BapDada's thought of giving *extra* help always remains for the children who have courage. All those who have come today, BapDada is giving special courage to each one. Never be afraid! As soon as you say, “Mera Baba” (My Baba), Baba will become present. Just say it from your heart. Do not say “Mera Baba” superficially. Baba also has love for the children. With your courage, there is definitely help from the Father

### **357. What Bap dada desires to carry out two tasks...**

This is the *last meeting* of this season, but for the next *season* everyone has to carry out two tasks. Firstly, make your service place constantly free from obstacles with constant good wishes and pure feelings. You remain free from obstacles and make everyone free from obstacles. Do you agree? Then raise your hands! You are raising your hands very well. BapDada is pleased on seeing the hands, but keep the Father constantly happy. Do not think and do not give Baba anything to think about! Nevertheless, the Father is constantly happy and constantly gives blessings to every child: May you be immortal! However, what are you especially going to do for next *season*? BapDada's thought is that every child definitely knows his own weakness, whatever his particular weakness is. You know your own weakness, do you not? Finish that weakness, whether it is waste thoughts or anger and then come. Even a little bit of anger causes distress to the self and the place. So, whatever weakness you have, finish that and then come. Do you like this? If you like it, then raise both your hands! Wonderful! Just as you are *ever-ready* in raising your hands, in the same way, also remain *ever-ready* in renunciation. So, what type of gathering will there be next *season*? One that is free from obstacles, and one that the Father likes. Dadis, do you like this? Raise your hands! Now, we shall see. To those at the centres: remind one another every night what you have *promised*! Are you moving along according to your *promise*? Ask with good wishes, not in the form of taunting. With good wishes, be co-operative with one another and give one another signals with the good wishes of making one another move forward.

### **358. Bring it back with enthusiasm in effort.**

At night, when you go to sleep, *check*: is the thought that I had happening? If it is not happening, then before going to sleep at night let the zeal and enthusiasm for the next day *emerge* and then go to sleep. When you wake up in the morning check whether the thought you had is still *emerged* or whether it has *merged* even a little? If it has *merged*, then bring it back with enthusiasm.

**Avyakt BapDada-24.10.2013**

### **359. Which service is necessary at the present moment?**

Now, BapDada wants you to become fast in both your own stage and in the stage of service. BapDada wants every child to remain constantly unshakeable and immovable and continues to move ahead. According to the atmosphere of the world, the majority of children need power of the mind to transform the atmosphere through powerful Sakaash. Make the power of your mind even more powerful and with this power of your mind, it is essential to pay greater attention to transforming the influence that is there at the present time. According to the present time, instead of using the power to listen and explain to others, there is a need to transform the attitudes of others with your own attitude. BapDada saw that the power to transform the attitudes of others still has to be used more. Now, there is

a need to change the vibration and the atmosphere with the power of the mind. This will not happen by listening and speaking knowledge, but the good wishes of your mind can transform the attitudes, vision and actions of people. Today, there is a need for bringing about transformation with the power of your mind and for transforming the attitudes of minds. Like now, there is corruption and talk about corruption everywhere; this atmosphere has to be transformed with the power of your mind and create zeal and enthusiasm in everyone's mind to have remembrance of God.

### **360. What to do when you are worried?**

OK. OK. Always OK. What is there to worry about? If any worry comes, give it to the Father.

## **Avyakt BapDada-31.12.2013**

### **361. Method to give up weakness and take extra help from Baba**

At this time, BapDada can see on each one's face the sparkle of love and of a meeting. Today, did all of you renounce something and imbibe something? BapDada is seeing the happy faces of the majority of the children at this time, so what song is He singing? Wah children! Wah! On this day, each and every child has to renounce something and also imbibe a new virtue. Think about it: What do you have to renounce and what do you have to take? BapDada wants to see the sparkle of carefree emperors on the faces of all the children. You do pay attention to this, but, on this special day, you have to renounce something from your heart and also imbibe something. Can you do it? Raise your hands if you can do it. Not that you can do it, but that you will do it. Will you do it? Baba is seeing waves of enthusiasm on everyone's forehead. So, this enthusiasm that you have now should remain all the time. Pay special attention to this. Let there be some special enthusiasm in your heart and constantly check this enthusiasm: Did the enthusiasm remain as enthusiasm or did it change? At all times, BapDada wants the children's faces to have the enthusiasm of imbibing one or another virtue. If you imbibe a virtue, the defect will automatically then finish, will it not? BapDada is pleased about all of you children. The weakness that you do not want but still comes can you renounce that thought, now, today, with a determined thought? Can you renounce it? Those who can renounce it, raise your hands! Achcha, you are raising your hands. You have maintained courage and you also have the Father's help. All of you have something in your heart that you want to renounce, but it still remains there in a thought form. Can you give that to the Father with determination today? Can you give it? Raise your hands! You can give it, but do not then take it back. For that, BapDada will give special help at amrit vela because BapDada can see from each child that you definitely want to renounce something, but.... There are many things in this "but". However, whatever weaknesses each one has, if there aren't any, then congratulations! If there is any trace of weakness even in your dreams, then give it with determination to the Father today. You know how to give it, do you not? Have the thought, if you have this determined thought today – then, because of having this determined thought today, each one of you will receive extra help. At amrit vela in the morning, and after amrit vela, check your thought and have the determined thought in your heart and you will receive extra help from BapDada.

### **362. Method for not taking back things given to the Father**

Celebrate today as the day of determination. It has to happen, we have to do it. Not that we will do it at some point, but that we have to do it. BapDada is your Helper in this. Do not become slack in your enthusiasm. Revise it every day. Give your weakness to the Father. Do not take back what you have already given. BapDada is seeing that the majority of the children want to... However, give your weakness to the Father. You cannot take back what you have given away. BapDada is pleased that the majority of children want to, but, together with wanting to, they pay very little attention to the power that is needed. "It will happen" ... this creates an obstacle in-between. Let there be determination in your thought. So, today, the old year is going and the New Year is to come. So, each of you has one or another determined thought in your heart that you will renounce something. Think about this in your heart. However, check it daily after amrit vela: Is the thought that I have had determined? Check because carelessness also comes in thoughts. So, today, imbibe something elevated in your heart and revise it every day at amrit vela. Do not take back what you have given because, as you make further progress, in the times that are to come, as you see

those times, you will have to have daily determination in your every thought. Look at the result: To what extent has the thought you had been fulfilled? If the percentage reduces – if at first there is a lot of enthusiasm and it then becomes a little slack – do not allow it to become slack. Have the determined thought that you definitely have to demonstrate this by doing it. You are master almighty authorities, not ordinary. So, tomorrow, bring one or another determined thought in front of you and revise it daily at amrit vela and check it. Take help from BapDada.

### **363. Never allow your happiness to be lost**

All of you are happy in your hearts, are you not? Just as your heart is happy now, it is happy now, is it not? So, remember this time. Just as your heart is happy now, so continue to remember this happy time. BapDada will take a photo of all the children. That photo will not be ordinary. So, be constantly happy – will you remain constantly happy? Are you sure? How much are you sure? Do not allow your happiness to go. Remain happy and share that happiness. You are Brahma Kumars and Brahma Kumaris. What is your title? So, remember: I am a Brahma Kumar or a Brahma Kumari. I am not ordinary. You know Father Brahma. Although you have not seen Father Brahma, you do know him, do you not? “My Baba”. The more you have this consciousness of “mine” for the Father, “my Baba, my Baba”, accordingly, your remembrance will become easy because whatever is ‘mine’ is never forgotten. So, make the Father ‘mine’ and then don’t forget what is ‘mine’. This is what BapDada wants: Wake up in the morning and look at your face – the face of your mind, not that face. Look at the face of your mind: Is it as the Father likes?

### **364. Always remember, “I am a Wah, Wah child”**

Seeing all the children, BapDada is pleased. ‘Wah children! Wah!’ All of you are ‘wah wah’ (wonderful)! are you not? Are you ‘wah wah’? Raise both your hands! So, will you remain like this all the time or just now? Constantly ‘wah wah’! You find the Father to be constantly ‘Wah Wah!’ and that is why you remember Him. So, the Father is ‘Wah, Wah!’ and so the children are also ‘wah wah’! Wake up in the morning and remember what type of child you are. I am a ‘wah wah’ child. Achcha. You will remain constantly ‘wah wah’, will you not? Pay attention to this. Raise your hand for this. As soon as you wake up, remember these words ‘wah, wah!’. The Father should see you as ‘wah, wah!’ Achcha. BapDada is giving special drishti to all the children who have come. For what? For you to remain ‘wah, wah’. Will you remain like this? Will you? Raise your hands! You will remain like this. So, do not forget the words “Wah wah”. Do not forget that you have raised your hands in this gathering. Who am I? Wah! Wah! It is easy, is it not? I am ‘wah wah!’ and so what will happen? You will be happy. No matter what happens - it came and it went and so why are you holding onto it? Nothing ever remains all the time; it goes away. Why do you hold onto it? So, from tomorrow, look at your face every day at amrit vela. Look at your face within, not the external one. Check: Is it ‘wah wah’? Why? If BapDada is ‘Wah wah’, what will the children be? Wah, wah! Simply remember the word “Wah wah”. If you ever have an off mood, then remember the words ‘wah, wah’.

### **365. Father and you, that’s all**

At amrit vela, BapDada tours around and gives drishti to the whole family. How long does BapDada need to tour around? He has love for you children. So, every day after amrit vela, just see, BapDada will tour around and He will see everyone. So what will He see? Wah, wah! Do not forget these words ‘wah, wah!’ Wah, wah! Achcha. Wherever all the children may be, BapDada calls all of them the ‘wah, wah’ children and sees them when He tours around. So, wake up at amrit vela and always remember: Who am I? Wah, wah child. Whatever situation happens, merge that in ‘wah, wah!’ Do not keep that situation. Just the Father and you, that is all.

**Avyakt BapDada-18.01.2014**

### **366. Brahma Father’s Special teaching**

Now, you are taking sustenance from avyakt Brahma and this is why you call yourselves Brahmins. To play your part with sakar Brahma is also a sign of fortune. However, even now, both Bap and Dada are together serving the children. You are so fortunate! BapDada sings the song "Wah children! Wa h!" on seeing the fortune of the children. However, now, both together, both Bap and Dada, are serving the children. Father Brahma has a special part of sustenance. Follow both Bap and Dada because everyone especially remembers Father Brahma with their hearts. Along with that, on this special day today, from amrit vela onwards, the teachings of both Bap and Dada continued to come into the awareness, in the mind of everyone. Father Brahma's special teaching is: Become an embodiment of the awareness of BapDada. It isn't the Father alone, nor is it Father Brahma alone – remember both of them. It is the sustenance from both of them that is making you move ahead the most. So, in terms of today being a special day, remembrance of Father Brahma is in the hearts of everyone and you are following the father because Father Brahma was the same as you in the corporeal form. Father Brahma always says: Follow both Bap and Dada. Brahma Baba stayed in the corporeal form and played his part in the corporeal form with the children and in service outside. In the same way, you have to follow Brahma Baba. BapDada has seen that the children are moving along following both. Every day at amrit vela, BapDada gives special love and remembrance from His heart to those long-lost and now-found children who follow the father. He gives them the blessing, "Wah children! Wah!"

### **Avyakt BapDada-31.01.2014**

#### **367. Our Father came and we did not come to know**

At this time, BapDada wants you to give this experience of "My Baba" to other souls and enable them to claim a right to the inheritance. Today, sorrow, peacelessness and temporary happiness are spread throughout the world. You must definitely give those souls at least a little experience of happiness and peace because you can give this experience only at this time. This time has the blessing of enabling souls to meet God. Out of the whole cycle, it is only at this time that souls have the meeting, introduction, relationship and inheritance of the Supreme Soul. Now, all the children who have claimed a right should always feel mercy for those souls that none of the souls of this land or of the foreign lands remain deprived. Your special task is not to leave out any area in any way so that they could complain that they did not receive the introduction. You are doing service everywhere, but no area nearby should be left out. Let there be no complaints that "Our Baba came and we didn't even know". This is the responsibility of you children who have become instruments. As much as possible, definitely give the message. Note down which area is still remaining, so that there will be no complaints that they didn't even know. It is your duty to make them aware – whether they accept it or not is up to them.

#### **368. Not even a small area should be left out**

Even though it may be a small area, if it is close to your area, then note it down. Even those from the smaller areas can complain to you, "You knew our Father had come; He is our Father because He is the Father of everyone. So, why did you not tell us?" Therefore, check if the message has reached everywhere in your own areas. Then your responsibility is finished. Do not think that that is a small area, for the people from that area are also (Baba's) children, are they not? Send anyone so that they at least become aware that the Father of all of you has come. Cover your whole area through any programme. If it is a small area, then send someone junior, but let them not remain deprived because the time will come suddenly. It will not come after you are informed. You must definitely see to your duty of giving the message everywhere. For instance, if there is no service in your area, then inform those of your surrounding area and make them instruments. Let no soul be left out; they should receive the message, rest is their fortune. So, each one of you has to check your own area. Even if it is a small street or ordinary people, they are also the children: they should at least know that the Father has come. You can do this in whatever way you want, but let there be no complaints left that they didn't even know. This is your duty because any circumstances can suddenly come at any time. Fulfil your duty! No matter whomever you send, let there be no complaints remaining that they didn't even know. They would be close to some area, would they not? Because any conflict can suddenly begin. Fulfil your duty and check that no one is left out in your surrounding areas. If it is someone else's area, then consult them. Do not do it without consulting them. Consult them and then fulfil this because anything can happen suddenly. This is why, today, BapDada is giving a signal to all the children, whether of this land or abroad to check your own areas. Consult the seniors and then get them to do something, but let no one be left out.

### **369. Don't become tired in making efforts**

All of you are the Father's long-lost and now-found children who belong to the Father. BapDada is also pleased to see you long-lost and now-found children. Wah children! Wah! Do not become tired in your efforts. If any small or big situation comes up, then take help. If you do not want to take anyone's help, then check it with the power of your yoga and find some or other solution to it.

### **370. Prepare yourself to face anything suddenly**

BapDada is signalling you to be ever ready in both service and yourself. There should be an atmosphere of contentment at every place. Because it is to happen, if there is discontent, be that small or big, with anyone's co-operation, it is necessary to make yourself powerful for that. Today, BapDada is giving this signal for you to be ready for "suddenly". Do not say then that you didn't know. It has to happen and it will happen suddenly. When it fades away from your mind, that is the time it will happen. This is why BapDada is giving you a signal to check yourself. Become equal to the Father in what the Father wants: all of you are clever in knowing this. The Father wants you to have such a stage in your thoughts, words, deeds, relationships and connections that you are able to face anything when it happens suddenly. Internal power. Let the soul always have that attention and always be an intense effort-maker. Self-transformation and being co-operative in bringing about transformation everywhere: continue to check both of these things.

### **371. If there is any obstacle or upheaval, share it**

If someone thinks otherwise, but may be a little embarrassed to raise your hands, if there is an obstacle or some upheaval, then tell your Dadis or those in whom you have faith, such as the senior Dadi or the Dadis – tell them. Do not keep it inside you. Take one or another cure for it, because if anything is to happen, it will happen suddenly. At that time, you will not be able to make any effort. Now check, if anything were to happen suddenly, if there were an upheaval whether you have enough power to be able to save yourself, to create that impact on the atmosphere and to also become helpers of others. Check this. Did all of you understand? Understand! You are all very sensible. BapDada likes it. He is not saying it just like that. You are sensible, but you sometimes take a little time when the time comes.

### **372. Don't hide any mistake within yourself**

To all the children everywhere, those who are far away and those who are near, many, many congratulations for paying attention to yourself. Do not be deceived. Pay attention! You are doing it and have to continue to do it. If you want any help, you can take it from those who are instruments. Not that someone says whom to take help from – you know who the instruments are. The Dadis are t here, are they not? There are the Dadas and Dadis. Do not hold onto any mistakes. If you have made a mistake, then repent for it in your heart and with BapDada, and finish it. Do not accumulate it. If BapDada were to see each one's account, what should it be like? OK. Very good

**Avyakt BapDada-14.02.2014**

### **373. The specialty of God's love**

In fact, you children are worthy of God's love at the confluence age, but according to the world today, today is a special day of love, and so BapDada is bringing in front of Him all the children from everywhere who are worthy of love and giving each and every child unlimited love, love from the heart, love to fly constantly with zeal and enthusiasm. You are in front of Baba in the corporeal form, but in front of BapDada are all the children from everywhere, who are worthy of love and who are giving love and receiving love. In fact, due to celebrating it today, every child is said to be worthy of love on this day. However, every child is in fact worthy of God's love at every moment of the confluence age. Souls who are worthy of this love are deeply loved by the Father and are the beloved children of the Father. God's love is received only in this one birth of the confluence age. This love finishes the sorrow and suffering of many births and constantly feeds you the nourishment of happiness. Every child is a soul who has a

right to God's love. Today, BapDada is receiving love from each child's heart, and, is also giving love from His heart. All of you souls have also become embodiments of love and are showing this through your form. God's love is merged in each child's eyes and on the forehead.

### **374. *BapDada's Wish: Every child should become like the Father***

At amrit vela, BapDada especially gives each of you children everywhere love, remembrance and powers as blessings. This is the fortune of the children who are worthy of God. Now, BapDada has one more thought. Should Baba tell you that? Should He? Then you will have to do that. Those who are going to do that, raise your hands! You have very good courage. BapDada is pleased, and the children who have courage definitely receive the Father's help. Now show this wonder: Each child has to become free from obstacles and equal to the Father. All of you have this aim, but some obstacle comes in-between and makes you a little slack in your aim. Now, Baba wants each of you children to keep the aim for yourself: To become free from obstacles in your thoughts, words, relationships and connections, to be constantly equal to the Father, to give zeal and enthusiasm to others and to be co-operative with them and make them also free from obstacles. Each one of you has to make your service place free from obstacles and take blessings from everyone. At each service place, whether at home or at the centre, let each one of you have this determined thought and show that you are free from obstacles and that you will do the service of making your companions free from obstacles. At the very least, each centre has to be co-operative with its companions and be successful in the service of making them free from obstacles. BapDada now wants to see the centres, the self, wherever you are staying, free from obstacles and finish all waste even in your thoughts - you have to become like this and also make others the same. Is this possible?

### **375. *Make your companions and the atmosphere around you obstacle-free***

From today, you will make yourself free from obstacles and wherever you are living, you will make that place and your companions free from obstacles. Are you making this determined thought from now? Can you also make your companions like this? Raise your hands for this! You are raising your hands after thinking about it. Since you call yourselves "world transformers", then, before you can transform the world, you will definitely have to make the place where you are staying free from obstacles, will you not? Have the aim that, just as you have made yourselves free from obstacles and you have success in your thoughts, in the same way, you will make your companions and the atmosphere there the same as you, for only then will your kingdom come, will it not? So, now, today, BapDada is giving you this work: You have become this and BapDada is pleased. However, you also have to make your companions free from obstacles because you have to establish your own kingdom, do you not? Everyone will be in the kingdom, will they not? So, have this thought and, as much as possible, also take help from your companions.

### **376. *Small work given by BapDada***

Today is the day of love, and so everything becomes easy because of love. Just as all of you have maintained courage, so, the Father will help and your companions too will help, so it will become visible in a practical way. Transformation has to take place. Whatever small or big things there are, you have to transform them by yourselves. You should not have to be told. You are sensible and so you know what you have to do as well as what you must not do. Whatever you don't have to do, do not do that that is all!

Now, in order for you to become world transformers, BapDada wants each one of you to become free from obstacles and make your companions the same, because you are world transformers, and so how can it be difficult to transform one or two companions? Each of you has to pay attention so that you definitely make your atmosphere and your companions free from obstacles. You are those who are going to make the world like this, BapDada is only giving you a small task. If you have this thought, then raise your hand, those who have had this thought! (Everyone raised their hands.) You have raised your hands and pleased Baba. Congratulations! Congratulations! Congratulations! Now, when Baba comes next time, He will hear the good news, will He not? He will hear it, will He not? Raise your hands for this. Make your close companions free from obstacles. You are being given a small task. Baba is not asking you to make everyone obstacle-free.

**377. When does BapDada enjoy?**

BapDada is enjoying Himself. When the children have courage, BapDada is very happy and when the children have courage, the Father definitely helps. He is definitely your Companion.

**Avyakt BapDada-27.02.2014****378. What preparations are needed for going to our kingdom?**

Today, on Shiv Ratri, each one of you has to look at the chart of your heart: In order to go into our kingdom, how much perfection have I brought about in myself? This is because we have to go to the perfect kingdom where there is no name or trace of sorrow. So, do you see in your heart the sanskars of being constantly free from obstacles from now? Even before the obstacle comes, do I experience the stage of being free from obstacles? Now, BapDada is seeing in the children the speciality of being destroyers of obstacles and also wants to see it. Some children have the firm sanskar of being a constant obstacle-free companion of the Father. You have attention, but the meaning of attention is "no tension". You pay good attention to this aspect because it is only now when you instrument children become experienced in the stage that is free from obstacles that the vibrations of your being free from obstacles will reach the effort-making children.

**379. Fix your time for staying obstacle-free**

Today, on this day of the incarnation, the Father now wants every child, according to his or her own efforts, to make a note for the self, whatever time you fix according to your own self: Did I remain free from obstacles for the duration of that time? This is because as you progress further, it will be necessary to pay attention to being free from obstacles. This is why BapDada now wants all you children from everywhere in the world to fix a time for yourself according to your own courage: I, the soul, can remain free from obstacles for this amount of time. By paying attention, you should see that for yourself.

**380. The Influence of atmosphere should not become an obstacle in bringing good thoughts in the mind.**

BapDada wants to see the result of one month. Just one month, Baba is not asking for more. And for those who want to remain free from obstacles in their thoughts for one month, not to even any waste thoughts, they should stop as soon as you tell them to stop. Now, there is a need to pay attention to your thoughts. So, check: Did I remain free from obstacles in every thought? Not even to have any waste thoughts. Am I paying this much attention to my thought power? Thoughts are your own power, are they not? So, now, think of a plan to remain free from obstacles. Check yourself for one month: Did what I think, happen practically or not? This is because Maya is also listening to this. No matter how much Maya there is of the atmosphere, the influence of the atmosphere should not be an obstacle to the pure thoughts in your mind: let there be success in this. Check yourself for 15 days: not to even have any waste thoughts. Do I always have the Father merged in my heart? Now, for some time, pay attention to this effort over your thoughts. Words and deeds are gross things, but even your thoughts should not be wasteful - it is necessary to check each and every thought. Although there are words and actions, when the power of your thoughts becomes powerful, there will be a difference in your words and deeds. Today, BapDada is drawing your attention to the thoughts in your mind. The instrument maharathis now have to pay attention to the power of the mind. Words and deeds will automatically be put right. So, today, BapDada is signaling the thoughts of your mind because unnecessary waste thoughts also take up your time. You have to save that time. Is it possible? If it is possible, raise your hands! Achcha. You have a lot of zeal and enthusiasm and so, well done for that! Now, put that zeal and enthusiasm into your deeds.

You will pass in this too, because, you will keep the Father with you, will you not? Then, by having the Father's company, all waste will automatically finish.

### **381. BapDada wants the gift of finishing waste thoughts**

Today, BapDada, is drawing your attention to waste thoughts because a lot of time is wasted in this. You have to use your time for intense effort. So, today, BapDada is drawing your attention to waste because children say: We don't have any bad thoughts, do we? We do have these little waste thoughts, but these can deceive you at any time. Therefore, now reduce the waste. So, thoughts, words, and deeds (relationships and connections): check yourself in all of these - How much is waste and how much is best? This is because on this Shiv Ratri, you will give a gift to the Father, will you not? Will you give it? Raise your hands! So, BapDada wants the gift that you finish all waste. Pay attention! You do pay attention to overcome anything bad, but you now also have to pay attention to waste because a lot of time is wasted in anything wasteful. So, on this day, in relation to Shiv Jayanti, BapDada is giving you the homework of paying attention to the waste. You like it, do you not? Do you like it? Then raise your hands! If you like it, then all of you will pass. If you like something, then whatever you like, you would do it with your heart. So, congratulations, congratulations, congratulations. You don't find this to be hard work, do you? By paying attention, your effort reduces. Try it and see. You will all pass. When Baba asks for the result after one month, the majority of you will have passed. This is possible, is it not? Is it? Then, raise your hands! All of you are raising your hands. So, BapDada says: Wah children! Wah! With the aim, you will easily and naturally develop the qualifications.

**Avyakt BapDada-15.03.2014**

### **382. What is to be done if any adverse situation comes?**

BapDada wants to see every child in the form of an intense effort-maker. When any situation comes, it is the duty of the situation to come and the duty of you children is to claim blessings from the Father's heart. Every day at amrit vela, accept blessings for yourself from the Father. Throughout the day, experience BapDada with you as your Protector. So, what is the meaning of the Father's company? Whatever the Father and the murli that you listen to at amrit vela says, there are blessings also merged in it, as well as love and remembrances. So, claim blessings every day, continue to fly and make others fly.

### **383. The method to turn any failure in to success**

To celebrate Holi means to make the past and the present constantly an embodiment of success. You are embodiments of success. Success is your blessing since birth. With this awareness, remember the day again and again. BapDada's blessing is: Success is with every child because BapDada is with you, so, success is constantly with each one of you children. You simply have to put it into the practical form. You are embodiments of success. Your form is of success itself. So, on this day, keep this blessing in your awareness that success is our birthright. This awareness will change even matters of failure into success. So, on this day, remember: I am an embodiment of success. Constantly keep this blessing from BapDada that you received today in your awareness: Success is my birthright. whatever you have done, today, let that be the past and for the future, remember: Success is my birthright. Every day at amrit vela keep this blessing in your awareness and check yourself the whole day and become an embodiment of success. So, every day at amrit vela, keep this blessing in your awareness: Success in my birthright. If anything happens in a practical way, then remember this blessing of success and put it into the practical form.

**Avyakt BapDada-30.03.2014**



**384. *It is Baba's heart-felt Love that is making children move forward.***

To the extent that the children have love for BapDada, BapDada has even more love in His heart for each child. This love from the heart is making all the children move along according to their capacity. BapDada is seeing that each child has lots and lots of love in his or her heart for the Father and for both BapDada. BapDada also has love in His heart for each child. The Father's love and remembrance is merged in each one's heart. This alokik love is enabling each one to move along. No matter where or how many children there are, the love in BapDada's heart is making the children move along. Each child is moving along, numberwise, with BapDada's love and the love of the family. In the whole cycle, it is only now, at the confluence age, that you can experience this alokik love. Seeing the love in the heart of each child, BapDada is also giving blessings from His heart to the children: Children, constantly continue to receive love from the heart of the Beloved and continue to move forward. This love from BapDada's heart and the love from the heart of the family are making each soul move along and it will continue to make everyone move along.

**385. *Never become tired and never get frightened***

Now, BapDada is giving each of you children blessings to move along as a mahavir. Never become tired or afraid. The Father loves each child very much. It is this love that is making you move forward and it will continue to make you move forward.

**386. *Never come under the influence of any type of atmosphere***

You have love in your hearts, and you are moving ahead of all with the sustenance of love. Are all of you moving forward with the sustenance of love? Or, if there is an obstacle in between, you do not stop, do you? BapDada has seen that many of you children have the thought of moving forward and that no matter how many small or big obstructions may come, the majority of children, on the basis of the Father's love and knowledge, are moving ahead very well and will continue to do so. Seeing you children, BapDada is very pleased about one thing. What is that one thing? No matter how many situations come, the majority of you become fearless and move forward. Seeing the aim and qualifications of the children, BapDada is pleased. This is why, upon seeing any type of atmosphere, many of you are not influenced by it, and with the Father's love and co-operation, are moving forward and will continue to move forward. When seeing one another, look at their specialities; do not look at other things. You definitely have to move forward. Tell everyone that your aim is: "We definitely have to move forward." Those who have this aim, raise your hands! Even while hearing of one another's weaknesses, do not hear them. Make yourself move forward and also continue to make your companions move forward.

**387. *What co-operation you need to give to each other for making efforts?***

BapDada is seeing such children who are making good effort. However, while constantly bringing about a wave of intense effort in yourself, also bring about waves of intense efforts in others. Put zeal and enthusiasm into them. Be co-operative. Do not come under the influence of those who do not make effort, but instead put zeal and enthusiasm into them too. Every now and again, some souls experience tiredness in their efforts. BapDada sees this. However, those who remain intense in their efforts also enable others to move forward in their efforts. Let the atmosphere of the timetable be such that everyone continues to move forward with zeal and enthusiasm in their efforts and they continue to enable others to move forward too, because you are companions of one another, are you not? So, continue to move forward on the basis of your good wishes for everyone. Continue to relate the zeal and enthusiasm of your experience and be co-operative with one another.

**388. *Don't come under the influence of any atmosphere***

No matter what the atmosphere becomes like, transform the atmosphere with your own atmosphere. Do not be influenced by the atmosphere. Move forward and continue to enable others to move forward. You are companions of one another, are you not? Constantly to give your company means to make them move forward. So, continue to move forward. Now, what aim does each of you children have? An intense effort-maker, not a slack effortmaker. Do not think: "I will be fine, I will be fine." You have to be fine, because you have love for the Father, do you not? You have love for the Father, but what is it that the Father has love for? Intense effort making children.

### **389. Become brave and make others brave**

You are clever in raising your hands. BapDada is pleased that at least you have kept this courage. When the children maintain courage, God helps. You will definitely receive help. Simply have the desire: I definitely have to become this. I have to do this. Not to be slack in making effort, but to make effort. BapDada is pleased. Even now, it has been seen that when some situations come while making effort, some children then become weak. However, be courageous and make others courageous. At the very least, those who come regularly have the aim of making intense effort. It isn't that they do not have the aim, they do have the aim, but, when situations arise in between, they do think a little about making effort, but then become a little slack in doing it.

### **390. Become an intense effort- maker with courage; by losing courage, you lose everything**

So, every day at amrit vela, check: Is the speed of my efforts intense, or am I just moving along, thinking, "I will reach there, it will happen?" You do not have such thoughts, do you? Become an intense effort-maker. You are an effort-maker, but check whether you are an intense effort-maker. Whom does BapDada love? Intense effort-makers. So, what does each of you children have to become? You have to become an intense effort-maker, do you not? Raise your hands! Is it that you have to become that, or are you moving along having become that already? Never leave this aim: I have to remain an intense effort-maker and also give my company to others. Do you have this aim? Those who have this aim in your hearts, raise your hands! Achcha. All of you are raising your hands. OK, if it is a little slack, then make it intense because, day by day, Maya also continues to do her work. However, who are all of you children? What is your title? Conquerors of Maya. Those of you who are going to become conquerors of Maya, raise your hands! All of you are raised your hands. BapDada is pleased that at least you children have courage. The children have courage and so the Father definitely helps.