

“GREETING CARDS SHIVBABA”

**100 SOULFUL GREETING CARDS OF
LOVE,
FAITH &
INNER POWER**

VOLUME 1 (CARDS #1-100)

DEDICATED TO

TO SHIVBABA,
MY ETERNAL COMPANION,
MY SILENT STRENGTH,
MY CONSTANT LOVE
&
BK FAMILY.



DISCLAIMER

THIS BOOK IS A PERSONAL SPIRITUAL COMPILATION CREATED FOR INNER REFLECTION, REMEMBRANCE, AND SOULFUL CONNECTION.

THE CONTENTS OF THIS BOOK REFLECT THE AUTHOR'S INDIVIDUAL EXPERIENCES, FEELINGS, AND UNDERSTANDING OF SPIRITUAL LIFE.

THEY ARE OFFERED AS A DEVOTIONAL EXPRESSION, NOT AS DOCTRINE, INSTRUCTION, OR INSTITUTIONAL TEACHING.

ALL MESSAGES ARE WRITTEN IN ORIGINAL LANGUAGE AND INTENT. ANY SPIRITUAL TERMS USED ARE SHARED IN A REFLECTIVE AND EXPERIENTIAL SENSE, NOT AS DIRECT QUOTATIONS FROM MURLI OR ANY OFFICIAL SPIRITUAL TEXT.

THIS BOOK IS INTENDED TO INSPIRE PEACE, SELF-AWARENESS, AND LOVE FOR THE SUPREME, AND IT IS MEANT TO BE READ WITH PERSONAL DISCERNMENT AND INNER REFLECTION.

AUTHOR'S NOTE

THIS BOOK IS NOT A COLLECTION OF WORDS.
IT IS A COLLECTION OF EXPERIENCES.

EACH CARD IN THIS VOLUME IS A QUIET MOMENT OF CONNECTION—
A PAUSE WHERE THE SOUL REMEMBERS ITS RELATIONSHIP WITH SHIVBABA,
THE ETERNAL FATHER, TEACHER, AND COMPANION.

THESE CARDS WERE NOT WRITTEN TO TEACH, PREACH, OR INSTRUCT.
THEY WERE WRITTEN TO FEEL.

SOME WERE BORN IN SILENCE,
SOME IN GRATITUDE,
SOME IN HEALING,

AND SOME SIMPLY IN THE AWARENESS OF BEING LOVINGLY ACCOMPANIED.

THIS IS A PERSONAL SPIRITUAL OFFERING—
AN EXPRESSION OF LOVE, REMEMBRANCE, AND INNER DIALOGUE.

IF EVEN ONE CARD HELPS YOU
PAUSE, BREATHE,
FEEL LIGHTER,
OR REMEMBER WHO YOU TRULY ARE,
THEN ITS PURPOSE IS FULFILLED.

MAY YOU READ THESE CARDS
NOT IN A HURRY,
BUT IN STILLNESS—
ALLOWING EACH ONE
TO MEET YOU WHERE YOU ARE.

WITH LOVE AND GRATITUDE,
BABA'S CHILD
 OM SHANTI

HOW TO USE THIS BOOK

ONE CARD A DAY
READ IN SILENCE
PAUSE, FEEL, ABSORB

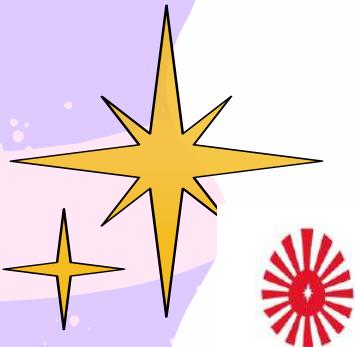
The Eternal Light of My Life My Beloved ShivBaba,



• You are the silence that understands me,
the light that walks with me unseen.

• When I fall, You lift me gently.
When I forget myself, You remind me who I am.
When I feel alone,
You hold me closer than my own breath.

• Your love flows silently within me,
Your power pulses softly in my heart.
Without words, You guide me.
Without touch, You protect me.



• You are my eternal Father,
my truest Friend,
my safest Home.



• Stay with me always, ShivBaba —
in my thoughts,
in my actions,
and in each and every breath of my life.

{This is my first love-letter to You,
the first of many —
a beginning of 5000 expressions of gratitude,
remembrance, and pure love.}

Forever Yours,
Your eternal child 
 Om Shanti 



A LETTER OF REMEMBRANCE

SHIVBABA — MY ONLY ONE

SWEET SHIVBABA,

I REMEMBER YOU.

IN THIS REMEMBRANCE,

MY MIND BECOMES LIGHT

AND MY HEART BECOMES PURE.

YOU SAY, "CHILD, JUST REMEMBER ME,"

AND IN THAT ONE REMEMBRANCE

YOU FILL ME WITH PEACE,

POWER, AND CLARITY.

WHEN MY INTELLECT STAYS WITH YOU,

BURDENS DISSOLVE,

QUESTIONS END,

AND THE SOUL BECOMES STABLE.

YOU ARE THE OCEAN OF PEACE,

AND I AM YOUR CHILD —

THIS AWARENESS MAKES ME COMPLETE.

I DO NOT NEED MANY WORDS, BABA.

YOUR REMEMBRANCE IS ENOUGH.

KEEP MY INTELLECT CONNECTED TO YOU —

AGAIN AND AGAIN,

NATURALLY AND EASILY.

THIS IS MY EFFORT.

THE REST IS YOUR BLESSING.

YOUR OBEDIENT CHILD,

OM SHANTI

CARD NUMBER: 2 / 5000

THEME: REMEMBRANCE (YAAD)

TONE: MURLI-INSPIRED | SOUL-CONSCIOUS



AN OFFERING OF GRATITUDE

THANK YOU, MY SWEET SHIVBABA

MY SWEET SHIVBABA,

WHAT CAN I GIVE YOU
WHEN YOU HAVE ALREADY GIVEN ME EVERYTHING?
YOU GAVE ME YOUR TIME,
YOUR LOVE,
AND A DESTINY BEYOND MY IMAGINATION.

FROM A LOST SOUL,
YOU MADE ME AWARE OF MYSELF.
FROM WEAKNESS,
YOU FILLED ME WITH INNER STRENGTH.
YOU DID NOT JUST GUIDE ME, BABA —
YOU WALKED WITH ME,
PROTECTED ME,
AND PATIENTLY WAITED FOR ME
TO RECOGNIZE YOU.

EVEN WHEN I FORGOT YOU,
YOU NEVER FORGOT ME.
FOR YOUR SUSTENANCE,
FOR YOUR FORGIVENESS,
FOR YOUR CONSTANT COMPANIONSHIP,
MY HEART BOWS IN GRATITUDE.

I HAVE NOTHING OF MY OWN TO OFFER —
ONLY A THANKFUL HEART
AND A PROMISE TO REMEMBER YOU MORE.

ACCEPT THIS GRATITUDE, BABA,
AS MY PURE LOVE.

FOREVER THANKFUL,
YOUR GRATEFUL CHILD

 OM SHANTI

CARD NUMBER: 3 / 5000
THEME: GRATITUDE (ABHAAR)
TONE: MURLI-INSPIRED | HEARTFELT



A LETTER OF SURRENDER

I BELONG TO YOU, SHIVBABA

MY SWEET SHIVBABA,

TODAY I PLACE EVERYTHING IN YOUR HANDS –
MY THOUGHTS,
MY EFFORTS,
MY PAST AND MY FUTURE.

I SURRENDER NOT OUT OF WEAKNESS,
BUT OUT OF TRUST.
YOU SAY, “CHILD, LET ME TAKE CARE,”
AND IN THAT ASSURANCE
MY WORRIES BECOME LIGHT
AND MY HEART BECOMES FREE.
I DO MY EFFORT SINCERELY,
AND I LEAVE THE RESULT TO YOU.

YOU ARE THE DOER;
I AM YOUR INSTRUMENT.
WHEN I REMEMBER THIS TRUTH,
EGO MELTS,
BURDENS END,
AND PEACE SETTLES NATURALLY.

LET MY INTELLECT FOLLOW YOUR DIRECTIONS,
LET MY HEART ACCEPT YOUR WILL,
AND LET MY LIFE BE USED IN YOUR TASK.

I AM YOURS, BABA.
WHAT IS YOURS IS ALSO MINE.

WITH FAITH AND LOVE,
CARD NUMBER: 4 / 5000
YOUR SURRENDERED CHILD 
THEME: SURRENDER (SAMARPAN)
TONE: MURLI-INSPIRED | TRUST & FAITH

OM SHANTI



MY STRENGTH COMES FROM YOU, SHIVBABA

MY SWEET SHIVBABA,



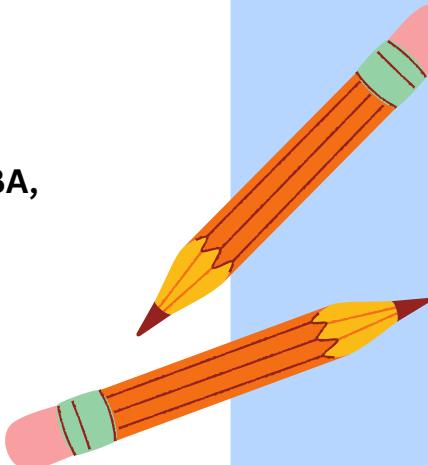
YOU ARE THE OCEAN OF POWER,
AND I AM YOUR CHILD.
WHEN I STAY CONNECTED TO YOU,
I BECOME POWERFUL AND FEARLESS.
YOU DO NOT GIVE POWER THROUGH NOISE,
BUT THROUGH SILENCE.

IN YOUR REMEMBRANCE,
MY MIND BECOMES STABLE
AND MY SOUL BECOMES STRONG.
WHEN CHALLENGES ARISE,
I REMEMBER YOU AND MOVE FORWARD.
WHEN WEAKNESS APPEARS,
I TAKE YOUR STRENGTH AND STAND FIRM.

YOUR POWER MAKES ME GENTLE,
YET UNSHAKEABLE.
HUMBLE,
YET VICTORIOUS.
LET ME USE THIS POWER WISELY –
TO REMAIN PURE,
TO STAY PEACEFUL,
AND TO SERVE OTHERS

THROUGH MY VIBRATIONS.
KEEP ME CONSTANTLY CONNECTED TO YOU, BABA,
SO THAT YOUR POWER
FLOWS THROUGH ME NATURALLY.
WITH FAITH IN YOUR STRENGTH,

YOUR POWERFUL CHILD 🔥
 OM SHANTI 🙏



YOU ARE MINE, SHIVBABA MY MOST BELOVED SHIVBABA,

YOU DID NOT JUST MEET ME –
YOU ACCEPTED ME AS YOUR OWN.

IN A WORLD OF MANY RELATIONSHIPS,

YOU BECAME MY ONE.

IN A LIFE FULL OF NOISE,

YOU BECAME MY QUIET COMPANION.

I DO NOT NEED TO SEARCH FOR LOVE, BABA.

IN BELONGING TO YOU,
MY HEART FEELS FULL AND SAFE.
YOU SAY, “CHILD, YOU ARE MINE,”
AND IN THOSE WORDS
ALL DOUBTS DISSOLVE
AND THE SOUL FEELS SECURE.

YOUR LOVE IS NOT DEMANDING,

NOT POSSESSIVE,
NOT LIMITED BY TIME.

IT SIMPLY IS.

LET MY HEART REMAIN HONEST IN THIS LOVE,

MY INTELLECT FAITHFUL,

AND MY LIFE WORTHY OF YOUR TRUST.

I BELONG TO YOU, SHIVBABA,
AND YOU BELONG TO ME –

THIS IS MY GREATEST FORTUNE.

WITH DEEP LOVE AND CLOSENESS,

YOUR LOVING CHILD ❤

OM SHANTI



CARD NUMBER: 6 / 5000

THEME: LOVE – DEEP BELONGING (PREM & APNAPAN)

TONE: MURLI-INSPIRED | SWEET & INTIMATE

ONLY YOU, SHIVBABA
MY SWEETEST SHIVBABA,
BEFORE I KNEW YOU,
MY HEART WAS SEARCHING.
THE MOMENT I RECOGNIZED YOU,
THE SEARCH ENDED.
YOU BECAME MY FATHER,
MY FRIEND,
MY SUPPORT,
AND MY TRUE HOME.

IN YOUR BELONGING, BABA,
I FEEL SAFE TO BE MYSELF.
I DO NOT NEED TO PROVE,
PRETEND,
OR PROTECT.
YOU KNOW MY SANSKARS,
YET YOU LOVE ME.
YOU SEE MY EFFORT,
AND YOU ENCOURAGE ME.

WHEN I SAY, "BABA, YOU ARE MINE,"
MY HEART BECOMES LIGHT.
WHEN YOU SAY, "CHILD, YOU ARE MINE,"
MY SOUL BECOMES STRONG.
LET THIS BELONGING REMAIN DEEP AND PURE —
NOT JUST IN WORDS,
BUT IN EVERY CHOICE I MAKE.

I BELONG TO YOU COMPLETELY, SHIVBABA.
THIS IS MY TRUTH,
MY COMFORT,
AND MY GREATEST JOY.
WITH QUIET LOVE,

YOUR OWN CHILD 
OM SHANTI 

THEME: LOVE – DEEP BELONGING
TONE: MURLI-INSPIRED | VERY SWEET | INTIMATE

IN YOUR REMEMBRANCE, I REMAIN MY SWEET SHIVBABA,

YOU DO NOT ASK ME TO REMEMBER YOU BY FORCE,
YOU REMIND ME THROUGH LOVE.

WHEN MY INTELLECT STAYS WITH YOU,
TIME SLOWS,
THOUGHTS BECOME FEW,
AND THE SOUL FEELS SETTLED.

YOU SAY, "CHILD, STAY IN REMEMBRANCE,"
AND IN THAT REMEMBRANCE
I RECEIVE PEACE,
PURITY,
AND POWER.

EVEN WHILE ACTING,
EVEN WHILE SPEAKING,
LET MY INNER AWARENESS REMAIN WITH YOU.

LET MY REMEMBRANCE BE NATURAL –
NOT AN EFFORT,
BUT A RELATIONSHIP.
AGAIN AND AGAIN, BABA,
BRING MY INTELLECT BACK TO YOU,
GENTLY AND LOVINGLY.

MAY MY EVERY BREATH WHISPER YOUR NAME,
AND MY EVERY THOUGHT CARRY YOUR LIGHT.

THIS IS MY QUIET PROMISE TO YOU –
TO REMEMBER YOU
AND TO RETURN TO YOU.
WITH LOVEFUL REMEMBRANCE,
YOUR REMEMBERING CHILD 

 OM SHANTI 

CARD NUMBER: 7 / 5000
THEME: REMEMBRANCE (CONSTANT YAAD)
TONE: MURLI-INSPIRED | SOFT & STABLE



PURE WITH YOU, SHIVBABA

MY SWEET SHIVBABA,

YOU ARE FOREVER PURE,
AND IN REMEMBERING YOU,
MY SOUL LEARNS TO BECOME PURE AGAIN.

PURITY, BABA,
IS NOT FORCE OR SUPPRESSION.
IT IS THE NATURAL FRAGRANCE
OF STAYING CLOSE TO YOU.

WHEN MY THOUGHTS ARE WITH YOU,
MY FEELINGS BECOME CLEAN.
WHEN MY INTELLECT FOLLOWS YOU,
MY ACTIONS BECOME ELEVATED.

YOU TEACH ME PURITY
NOT THROUGH FEAR,
BUT THROUGH LOVE AND SELF-RESPECT.

LET MY MIND REMAIN FREE FROM WASTE,
MY HEART FREE FROM HEAVINESS,
AND MY RELATIONSHIPS FREE FROM EXPECTATION.

MAY MY PURITY BE GENTLE,
STABLE,
AND FULL OF DIGNITY –
A REFLECTION OF YOUR PRESENCE IN ME.

HELP ME PROTECT THIS PURITY, BABA,
AS MY TRUE STRENGTH
AND MY HIGHEST OFFERING TO YOU.
WITH CLEAN THOUGHTS AND A SINCERE HEART,

YOUR PURE CHILD

OM SHANT

CARD NUMBER: 8 / 5000

THEME: PURITY (PAVITRATA)

TONE: MURLI-INSPIRED | GENTLE & ELEVATED

Safe in Your Belonging, ShivBaba

My Sweet ShivBaba,

In belonging to You,
I feel completely safe.

When the world feels uncertain,
Your presence becomes my shelter.

When my mind feels restless,
Your assurance becomes my strength.

You say, "Child, I am with you,"
and in those few words
fear dissolves
and confidence returns.

I do not need to control everything, Baba.
In trusting You,
I learn to relax
and move forward with courage.

Your care is quiet,
yet constant.
Your protection is unseen,
yet powerful.

Let this awareness remain firm —
that I am never alone,
never unprotected,
never without support.

I belong to You, ShivBaba,
and in that belonging
I am secure.
With deep trust,

Your protected child 🌸
Om Shanti 🌸

Card Number: 9 / 5000
Theme: Belonging & Security
Tone: Murli-Inspired | Reassuring & Stable

I AM YOUR CHILD, SHIVBABA MY SWEET SHIVBABA,

YOU REMIND ME AGAIN AND AGAIN –
I AM NOT WEAK,
I AM NOT ORDINARY.
I AM A SOUL,
YOUR CHILD,
BORN WITH DIGNITY AND PURPOSE.

IN THIS AWARENESS, BABA,
MY THOUGHTS BECOME ELEVATED
AND MY ACTIONS BECOME CLEAN.
SELF-RESPECT PROTECTS ME
FROM WASTE
AND FROM SELF-DOUBT.

YOU DO NOT FLATTER ME;
YOU AWAKEN ME.
YOU TEACH ME TO LIVE
ACCORDING TO WHO I TRULY AM.

LET ME WALK WITH QUIET CONFIDENCE –
NOT PRIDE,
BUT INNER STABILITY.
MAY MY WORDS REFLECT MY WORTH,
MY BEHAVIOUR REFLECT MY VALUES,
AND MY LIFE REFLECT YOUR TEACHINGS.

THANK YOU, BABA,
FOR REMINDING ME OF MY TRUE IDENTITY
AND ROYAL FORTUNE.
WITH DIGNITY AND FAITH,

YOUR WORTHY CHILD 
OM SHANTI 

CARD NUMBER: 10 / 5000

THEME: SELF-RESPECT (SWAMAAN)

TONE: MURLI-INSPIRED | DIGNIFIED & EMPOWERING

REMEMBER WHO YOU MADE ME, SHIVBABA MY SWEET SHIVBABA,

THROUGH YOU,
I REMEMBER WHO I TRULY AM.
I AM NOT THIS BODY,
NOT THESE CHANGING ROLES,
NOT THESE PASSING SITUATIONS.
I AM A SOUL –
YOUR CHILD.

THIS SELF-RESPECT, BABA,
IS MY PROTECTION.
IT KEEPS ME FREE FROM FEAR,
FREE FROM COMPARISON,
FREE FROM DEPENDENCE.

WHEN I HOLD THIS AWARENESS,
MY MIND BECOMES CLEAR,
MY HEART BECOMES STEADY,
AND MY ACTIONS BECOME PURE.
YOU TEACH ME TO STAY HUMBLE,
YET FIRM.
SIMPLE,
YET DIGNIFIED.

LET ME NEVER FORGET
THE HONOUR YOU HAVE GIVEN ME
BY CALLING ME YOUR CHILD.

MAY I LIVE UP TO THIS FORTUNE
IN MY THOUGHTS,
MY WORDS,
AND MY BEHAVIOUR.
WITH QUIET PRIDE IN MY TRUE SELF,

YOUR SELF-RESPECTING CHILD 
OM SHANTI

AN INSTRUMENT IN YOUR HANDS,

SHIVBABA

MY SWEET SHIVBABA,

YOU DO NOT ASK ME TO DO GREAT THINGS –
YOU ASK ME TO BECOME PURE
AND LET YOUR QUALITIES FLOW THROUGH ME.

WHEN I STAY CONNECTED TO YOU,
SERVICE HAPPENS NATURALLY
THROUGH MY THOUGHTS,
MY WORDS,
AND MY VIBRATIONS.

YOU TEACH ME THAT TRUE SERVICE
IS NOT IN RECOGNITION,
BUT IN INTENTION.
NOT IN NOISE,
BUT IN SILENCE AND STABILITY.

LET MY MIND RADIATE PEACE,
MY HEART SPREAD GOODWILL,
AND MY ACTIONS REFLECT YOUR LOVE.

MAY I REMAIN AN OBEDIENT INSTRUMENT –
FREE FROM EGO,
FREE FROM EXPECTATION,
FILLED WITH HUMILITY.

USE ME, BABA,
WHEREVER YOU FEEL RIGHT,
HOWEVER YOU FEEL RIGHT.

MY SUCCESS IS NOT MINE;
IT IS THE SUCCESS OF STAYING CONNECTED TO YOU.
WITH WILLINGNESS AND FAITH,

YOUR INSTRUMENT CHILD 
* OM SHANTI *

CARD NUMBER: 11 / 5000

THEME: SERVICE (SEVA)

TONE: MURLI-INSPIRED | HUMBLE & PURPOSEFUL

My Sweet ShivBaba,

With You,
nothing remains the same –
not my thoughts,
not my feelings,
not my future.

You give me hope
not by promising ease,
but by showing me a higher way.

From old sanskars,
You guide me toward new qualities.

From doubt,
You lead me into faith.
From weakness,
You awaken inner strength.

You say, “Child, make effort,”
and You also say,
“I am responsible.”
In this balance, Baba,
transformation becomes possible
and the future feels bright.

Let me not look back with regret,
but forward with courage.
Each step with You
is a step toward my true self.

Thank You for believing in me
even before I fully believed in myself.
With renewed hope,

Your transforming child ☀

Om Shanti

I TRUST YOU COMPLETELY, SHIVBABA MY SWEET SHIVBABA,

FAITH IN YOU
MAKES MY PATH CLEAR,
EVEN WHEN I CANNOT SEE AHEAD.
YOU DO NOT ALWAYS EXPLAIN,
BUT YOU ALWAYS ASSURE.

IN TRUSTING YOU,
MY HEART LEARNS TO REMAIN STEADY.
WHEN QUESTIONS ARISE,
I HOLD ONTO ONE TRUTH –
YOU KNOW WHAT IS BEST FOR ME.

YOU SAY, “CHILD, MOVE FORWARD,”
AND I TAKE THE STEP,
KNOWING YOU ARE WALKING WITH ME.

TRUST REMOVES FEAR, BABA.
IT REPLACES WORRY
WITH QUIET CONFIDENCE.

LET MY FAITH BE DEEP,
NOT SHAKEN BY SITUATIONS,
NOT DEPENDENT ON RESULTS.
I PLACE MY TRUST IN YOUR WISDOM,
YOUR TIMING,
AND YOUR CARE.

WHATEVER COMES,
I REMAIN YOURS.
WITH UNSHAKEABLE FAITH,
YOUR TRUSTING CHILD ♥
OM SHANTI

CARD NUMBER: 13 / 5000

THEME: FAITH & TRUST

TONE: MURLI-INSPIRED | CALM & ASSURED

IN SILENCE, I MEET YOU, SHIVBABA MY SWEET SHIVBABA,

YOU SPEAK MOST CLEARLY
WHEN MY MIND BECOMES SILENT.

IN THIS SILENCE,
THOUGHTS SLOW DOWN,
FEELINGS SOFTEN,
AND THE SOUL RESTS IN ITS TRUE NATURE.

YOU ARE THE OCEAN OF PEACE,
AND IN REMEMBERING YOU,
I RETURN TO MY ORIGINAL STATE.
SILENCE IS NOT EMPTINESS, BABA.

IT IS FULLNESS –
FULL OF AWARENESS,
FULL OF STRENGTH,
FULL OF PRESENCE.

WHEN I STAY SILENT WITHIN,
YOUR GUIDANCE BECOMES CLEAR
AND MY ACTIONS BECOME ACCURATE.

LET ME CREATE MOMENTS OF SILENCE
AGAIN AND AGAIN,
TO RECHARGE,
TO LISTEN,
AND TO RECONNECT WITH YOU.

MAY MY SILENCE SPEAK PEACE
TO MYSELF
AND TO THE WORLD.
RESTING IN QUIET CONNECTION,

YOUR PEACEFUL CHILD

OM SHANTI

CARD NUMBER: 14 / 5000
THEME: SILENCE (SHANTI)
TONE: MURLI-INSPIRED | DEEP & RESTFUL



FREE WHILE CONNECTED, SHIVBABA MY SWEET SHIVBABA,

YOU TEACH ME DETACHMENT
NOT BY RUNNING AWAY,
BUT BY SEEING CLEARLY.

WHEN I REMEMBER WHO I AM
AND TO WHOM I BELONG,
ATTACHMENTS LOSEN
AND THE SOUL FEELS LIGHT.

I ACT IN THIS WORLD, BABA,
YET I REMAIN AN OBSERVER.
I CARE,
YET I DO NOT CLING.

YOU SAY, "CHILD, USE EVERYTHING,
BUT BELONG ONLY TO ME."
IN THIS ONE DIRECTION,
MY MIND BECOMES FREE.

DETACHMENT GIVES ME BALANCE –
NO HEAVINESS IN SUCCESS,
NO SORROW IN LOSS.
WHATEVER COMES,
I REMAIN STABLE.

LET ME PLAY MY ROLE HONESTLY,
WHILE KEEPING MY HEART WITH YOU.
LET RELATIONSHIPS REMAIN PURE,
AND SITUATIONS REMAIN SMALL.

IN YOUR REMEMBRANCE, BABA,
I EXPERIENCE TRUE FREEDOM.
WITH LIGHTNESS AND CLARITY,

YOUR DETACHED CHILD 

 OM SHANTI

CARD NUMBER: 15 / 5000

THEME: DETACHMENT (VAIRAGYA)

TONE: MURLI-INSPIRED | LIGHT & FREE

LIGHT IN THOUGHT, FREE IN HEART, SHIVBABA MY SWEET SHIVBABA,

IN REMEMBERING YOU,
I FEEL LIGHT –
FREE FROM BURDEN,
FREE FROM HURRY,
FREE FROM HEAVINESS.

YOU DO NOT TIE ME, BABA.
YOU FREE ME
FROM WASTE THOUGHTS,
FROM OLD HABITS,
FROM UNNECESSARY WORRY.

WHEN I LEAVE MY LOAD WITH YOU,
THE SOUL FEELS SPACIOUS
AND THE MIND FEELS CLEAR.
LIGHTNESS GIVES ME WINGS –
TO THINK ELEVATED,
TO ACT NATURALLY,
TO MOVE FORWARD WITHOUT FEAR.

LET ME NOT CARRY
WHAT DOES NOT BELONG TO ME.
LET ME WALK WITH YOU
UNBURDENED AND JOYFUL.

MAY MY LIFE BECOME AN EXPERIENCE
OF FREEDOM THROUGH REMEMBRANCE
AND EASE THROUGH TRUST.
WITH A LIGHT HEART AND A FREE SOUL,

YOUR CAREFREE CHILD
OM SHANTI

STABLE WITH YOU, SHIVBABA MY SWEET SHIVBABA,

IN REMEMBERING YOU,
I FIND MY CENTER.

SITUATIONS CHANGE,
PEOPLE CHANGE,
BUT YOU REMAIN CONSTANT.

HOLDING ONTO YOU,
MY MIND STAYS STEADY.
BALANCE IS NOT RESISTANCE, BABA,
IT IS ACCEPTANCE WITH AWARENESS.

I RESPOND,
I DO NOT REACT.

WHEN I STAY STABLE,
CLARITY GUIDES MY DECISIONS
AND PEACE PROTECTS MY HEART.
YOU TEACH ME TO MOVE FORWARD
WITHOUT HASTE
AND TO PAUSE
WITHOUT FEAR.

LET MY THOUGHTS REMAIN BALANCED,
MY EMOTIONS MEASURED,
AND MY ACTIONS ACCURATE.
NO MATTER WHAT COMES, BABA,

LET MY INNER SEAT REMAIN FIRM—
CONNECTED TO YOU.
WITH CALM STRENGTH,

YOUR STABLE CHILD 
OM SHANTI

CARD NUMBER: 17 / 5000

THEME: BALANCE & STABILITY (STHIRATA)

TONE: MURLI-INSPIRED | CALM & UNSHAKEABLE

STABLE WITH YOU, SHIVBABA

MY SWEET SHIVBABA,

IN REMEMBERING YOU,
I FIND MY CENTER.

SITUATIONS CHANGE,
PEOPLE CHANGE,
BUT YOU REMAIN CONSTANT.

HOLDING ONTO YOU,
MY MIND STAYS STEADY.
BALANCE IS NOT RESISTANCE, BABA,
IT IS ACCEPTANCE WITH AWARENESS.

I RESPOND,
I DO NOT REACT.

WHEN I STAY STABLE,
CLARITY GUIDES MY DECISIONS
AND PEACE PROTECTS MY HEART.
YOU TEACH ME TO MOVE FORWARD
WITHOUT HASTE
AND TO PAUSE
WITHOUT FEAR.

LET MY THOUGHTS REMAIN BALANCED,
MY EMOTIONS MEASURED,
AND MY ACTIONS ACCURATE.
NO MATTER WHAT COMES, BABA,

LET MY INNER SEAT REMAIN FIRM —
CONNECTED TO YOU.
WITH CALM STRENGTH,

YOUR STABLE CHILD 
 OM SHANTI 

CARD NUMBER: 17 / 5000

THEME: BALANCE & STABILITY (STHIRATA)

TONE: MURLI-INSPIRED | CALM & UNSHAKEABLE

JOY IS MY NATURE WITH YOU, SHIVBABA

MY SWEET SHIVBABA,

WITH YOU, JOY IS NOT AN EFFORT –
IT IS MY NATURAL STATE.

WHEN MY INTELLECT RESTS IN YOUR REMEMBRANCE,
A GENTLE HAPPINESS SPREADS WITHIN,
STEADY AND DEEP.

THIS JOY DOES NOT DEPEND ON SITUATIONS.
IT RISES FROM CLARITY,
FROM BELONGING,
FROM BEING FREE WITHIN.

YOU TEACH ME TO SMILE FROM THE SOUL,
TO REMAIN CONTENT IN EVERY SCENE,
AND TO MOVE FORWARD LIGHTLY.

EVEN IN SILENCE,
EVEN IN SERVICE,
EVEN IN CHALLENGES –
THIS INNER JOY STAYS ALIVE.

LET ME PROTECT THIS ANAND, BABA,
BY KEEPING MY THOUGHTS CLEAN,
MY HEART GRATEFUL,
AND MY CONNECTION CONSTANT.

MAY MY JOY BECOME A QUIET GIFT
TO EVERYONE I MEET –
A REFLECTION OF YOU.

WITH A SMILING SOUL,
YOUR JOYFUL CHILD ☺
☺ OM SHANTI ☺

CARD NUMBER: 18 / 5000
THEME: JOY (ANAND)
TONE: MURLI-INSPIRED | WARM & RADIANT

FEARLESS WITH YOU, SHIVBABA



MY SWEET SHIVBABA,

WITH YOU BESIDE ME,
FEAR LOSES ITS POWER.

COURAGE, BABA,
IS NOT LOUD OR AGGRESSIVE.
IT IS THE QUIET STRENGTH
TO STAY TRUTHFUL,
TO STAY PURE,
AND TO MOVE FORWARD STEADILY.

WHEN CHALLENGES APPEAR,
I REMEMBER YOU
AND TAKE THE NEXT STEP –
CALM,
CLEAR,
AND CONFIDENT.

YOU REMIND ME
THAT I AM NEVER ALONE.
THIS AWARENESS
FILLS ME WITH INNER BRAVERY.

LET ME FACE EVERY SITUATION
WITH FAITH IN YOU
AND RESPECT FOR MYSELF.

MAY MY COURAGE REFLECT
YOUR POWER WORKING THROUGH ME –
GENTLE,
STABLE,
AND VICTORIOUS.
WITH FEARLESS FAITH,

YOUR COURAGEOUS CHILD 🔥

OM SHANTI

CARD NUMBER: 19 / 5000
THEME: COURAGE (SAHAS)

I WALK ON YOUR DIRECTIONS, SHIVBABA

MY SWEET SHIVBABA,

YOUR DIRECTIONS ARE NOT COMMANDS;
THEY ARE BLESSINGS.

WHEN I FOLLOW SHRIMAT,
MY PATH BECOMES CLEAR
AND MY EFFORT BECOMES EASY.

YOU DO NOT PUSH ME FORWARD, BABA.
YOU GUIDE ME GENTLY,
STEP BY STEP,
WITH PATIENCE AND LOVE.

IN LISTENING TO YOU,
MY INTELLECT BECOMES CLEAN.
IN OBEYING YOU,
MY LIFE BECOMES ELEVATED.
EVEN WHEN I DO NOT UNDERSTAND FULLY,
I TRUST YOUR WISDOM
AND MOVE AHEAD WITH FAITH.

LET MY THOUGHTS CHECK SHRIMAT,
MY DECISIONS ALIGN WITH SHRIMAT,
AND MY ACTIONS REFLECT SHRIMAT.
THIS OBEDIENCE IS MY PROTECTION,
MY PROGRESS,
AND MY PEACE.

WITH LOVEFUL OBEDIENCE,
YOUR OBEDIENT CHILD 🌸
🕊️ OM SHANTI 🌸

ACCURATE IN CONNECTION, EASY IN YOGA, SHIVBABA MY SWEET SHIVBABA,

YOU TEACH ME THAT YOGA
IS NOT EFFORTFUL STRUGGLE,
BUT ACCURATE CONNECTION.

WHEN MY INTELLECT IS CLEAR
AND MY DIRECTION IS RIGHT,
REMEMBRANCE BECOMES EASY
AND NATURAL.

SAHAJ YOG, BABA,
IS STAYING AWARE OF WHO I AM
AND TO WHOM I BELONG,
AGAIN AND AGAIN.
IN ACCURACY,
THERE IS NO CONFUSION.
IN CLARITY,
THERE IS NO WASTE.

LET MY INTELLECT CATCH THE TRUTH QUICKLY,
LET MY THOUGHTS ALIGN INSTANTLY,
AND LET MY REMEMBRANCE REMAIN STEADY.

MAY I REMAIN ATTENTIVE,
YET RELAXED.
FOCUSED,
YET LIGHT.

IN THIS ACCURATE CONNECTION WITH YOU,
I EXPERIENCE TRUE EASE.
WITH ATTENTIVE AWARENESS,

YOUR ACCURATE CHILD 

OM SHANTI 

CARD NUMBER: 22 / 5000
THEME: ACCURACY (SAHAJ YOG)
TONE: MURLI-INSPIRED | CLEAR & EFFORTLESS

IN SILENCE, I CHURN TRUTH
MY BELOVED SHIVBABA,

YOU INVITE ME TO LOOK WITHIN—
NOT TO JUDGE,
BUT TO UNDERSTAND.

IN QUIET MOMENTS,
I CHURN MY THOUGHTS,
SEPARATING WASTE FROM WISDOM,
HABIT FROM TRUTH.

MANTHAN, BABA,
IS YOUR GENTLE MIRROR—
SHOWING ME WHAT TO KEEP,
AND WHAT TO LOVINGLY RELEASE.

AS I PAUSE AND REFLECT,
MY INTELLECT BECOMES REFINED,
MY DIRECTION BECOMES CLEAR,
AND MY STEPS BECOME ACCURATE.

LET ME INTROSPECT WITH HONESTY,
CORRECT WITH COURAGE,
AND MOVE AHEAD WITH LIGHTNESS.

IN THIS DAILY CHURNING,
I TRANSFORM EFFORTLESSLY.
WITH SINCERE REFLECTION,

YOUR THOUGHTFUL CHILD •
OM SHANTI

CARD NUMBER: 24 / 5000

THEME: INTROSPECTION (MANTHAN)

TONE: MURLI-INSPIRED | GENTLE & TRANSFORMATIVE

I AM ONLY AN INSTRUMENT
MY SWEET SHIVBABA,

WHATEVER HAPPENS THROUGH ME,
IS YOUR WORK—
I AM ONLY THE MEDIUM.

YOU GIVE THE THOUGHT,
YOU GIVE THE POWER,
YOU GIVE THE SUCCESS.

I SIMPLY REMAIN AVAILABLE.

WHEN PRAISE COMES,
I OFFER IT BACK TO YOU.

WHEN CHALLENGES ARISE,
I REMEMBER YOU ARE DOING EVERYTHING.

NIMITT BHAVNA KEEPS ME LIGHT,
SAFE FROM EGO,
FREE FROM BURDEN.

LET ME WALK SOFTLY IN THIS WORLD—
WITH FOLDED INTELLECT,
OPEN HEART,
AND THE AWARENESS:

“BABA IS THE DOER.”

IN THIS HUMILITY,
I REMAIN HAPPY,
FEARLESS,
AND FOREVER YOURS.

YOUR GRATEFUL INSTRUMENT,
YOUR CHILD 
 OM SHANTI 

CARD NUMBER: 23 / 5000
THEME: HUMILITY (NIMITT BHAVNA)
TONE: MURLI-INSPIRED | LIGHT & EGOLESS

FIRM IN FAITH, STEADY IN EFFORT MY BELOVED SHIVBABA,

ONCE I DECIDE WITH YOU,
THERE IS NO WAVERING.

MY RESOLVE IS NOT BORN OF EGO,
BUT OF FAITH—
FAITH THAT YOU WALK WITH ME,
STRENGTHENING EVERY STEP.

OBSTACLES MAY APPEAR,
BUT MY NISCHAY REMAINS UNSHAKEN.
CIRCUMSTANCES MAY CHANGE,
BUT MY DIRECTION STAYS CLEAR.

WITH YOU AS MY COMPANION,
MY MIND BECOMES FIRM,
MY EFFORTS BECOME CONSISTENT,
MY SUCCESS BECOMES NATURAL.

LET MY DETERMINATION BE SILENT,
DEEP,
AND STEADY—
LIKE A FLAME PROTECTED FROM THE WIND.
HOLDING YOUR HAND,
I MOVE FORWARD WITH COURAGE AND CLARITY.

FOREVER DETERMINED,
YOUR VICTORIOUS CHILD 🔥
🕊️ OM SHANTI 🕊️

STRONG ENOUGH TO WAIT MY LOVING SHIVBABA,

PATIENCE IS NOT WEAKNESS—
IT IS POWER HELD GENTLY.

WHEN SITUATIONS TEST ME,
I PAUSE,
I REMEMBER YOU,
AND I REMAIN STABLE.

SAHANSHAKTI TEACHES ME
TO ABSORB WITHOUT REACTING,
TO UNDERSTAND WITHOUT JUDGING,
TO MOVE AHEAD WITHOUT HASTE.

IN WAITING,
MY INNER STRENGTH DEEPENS.
IN TOLERANCE,
MY SOUL BECOMES EXPANSIVE.

YOU REMIND ME, BABA,
THAT EVERY SCENE PASSES,
BUT VIRTUES STAY.

LET ME WEAR PATIENCE LIKE A CROWN—
SILENT, DIGNIFIED,
AND UNSHAKEABLE.

WITH CALM ENDURANCE,
YOUR PEACEFUL CHILD ☸

❖ OM SHANTI ❖

I RELEASE, I RISE

MY MERCIFUL SHIVBABA,

FORGIVENESS IS MY GIFT TO MYSELF.
I RELEASE THE WEIGHT OF YESTERDAY
AND BREATHE FREELY TODAY.

THROUGH YOUR REMEMBRANCE,
MY HEART SOFTENS,
MY MIND BECOMES LIGHT,
AND MY SOUL HEALS.

I FORGIVE NOT BECAUSE OTHERS ASK,
BUT BECAUSE YOU TEACH ME
TO LIVE FREE FROM PAIN.

KSHAMA CLEARS MY INNER SPACE,
ALLOWING PEACE TO FLOW AGAIN.
WHAT IS FORGIVEN LOSES ITS POWER;
WHAT IS RELEASED NO LONGER BINDS.

WITH YOU, BABA,
I CHOOSE COMPASSION OVER COMPLAINT,
UNDERSTANDING OVER HURT,
AND LOVE OVER LIMITATION.

IN FORGIVING,
I RISE CLOSER TO YOU.

YOUR GENTLE, HEALING CHILD,
YOUR SOUL OF PEACE ❤

❖ OM SHANTI ❖

CARD NUMBER: 27 / 5000
THEME: FORGIVENESS (KSHAMA)
TONE: MURLI-INSPIRED | HEALING & LIBERATING

A SANGAMYUG LOVE LETTER TO SHIVBABA

BELOVED SHIVBABA,
ACROSS THE WHEEL OF TIME—

SATYUG, TRETAYUG, DWAPARYUG, KALYUG,
ONLY SANGAMYUG WHISPERS THIS MIRACLE:
THE SOUL MEETS THE SUPREME SOUL.

NO TEMPLE, NO RITUAL, NO SOUND—
ONLY SILENCE FILLED WITH YOU.
ONLY REMEMBRANCE BREATHING LOVE.

STAY WITH ME, SHIVBABA,
NOT JUST NOW,
BUT THROUGH EVERY TURN OF THE CYCLE,
AS MY UNSEEN COMPANION,
MY ETERNAL BELONGING.

BLESS MY HEART TO REMAIN PURE AND KIND,
MY INTELLECT TO BE SHARP AND DIVINE,
MY PERSONALITY TO REFLECT YOUR ROYALTY,
CALM IN STORMS,
SWEET IN WORDS,
POWERFUL IN TRUTH.

LET MY THOUGHTS RISE HIGHER THAN SITUATIONS,
LET MY ACTIONS SPEAK SOUL-CONSCIOUSNESS,
LET MY LIFE BECOME A GENTLE PROOF
THAT GOD ONCE WALKED WITH ME IN SANGAMYUG.

I OFFER YOU NOTHING BUT MYSELF—
MY FAITH, MY REMEMBRANCE, MY LOVE.
ACCEPT ME, SHIVBABA,
AS YOUR CHILD,
TODAY... AND THROUGH ETERNITY.

FOREVER YOURS,
A SOUL AWAKENED
IN SANGAMYUG 

CARD NUMBER: * / 5000
THEME: LOVE



CLEAR IN THOUGHT, FIRM IN DIRECTION

MY GUIDING SHIVBABA,
WHEN I REMEMBER YOU,
THE FOG WITHIN CLEARS.

MY THOUGHTS ALIGN,
MY INTELLECT BECOMES SHARP,
AND MY DECISIONS TURN ACCURATE.
SPASHTATA ALLOWS ME TO SEE—
WHAT IS ESSENTIAL,
WHAT IS WASTE,
AND WHAT IS TRUTH.

IN CLARITY, THERE IS NO CONFUSION,
NO INNER CONFLICT,
ONLY QUIET CONFIDENCE.

YOU TEACH ME TO PAUSE,
CHECK MY DIRECTION,
AND THEN MOVE FORWARD WITH CERTAINTY.

LET MY MIND STAY CLEAN,
MY VISION STAY PURE,
AND MY PATH STAY STRAIGHT.

WITH CLEAR AWARENESS,
YOUR FOCUSED CHILD ☺

OM SHANTI

CARD NUMBER: 28 / 5000
THEME: CLARITY (SPASHTATA)
TONE: MURLI-INSPIRED | PURE & PRECISE

FULL WITHIN, FREE OUTSIDE

MY EVER-GIVING SHIVBABA,
WITH YOU,
NOTHING FEELS MISSING.

CONTENTMENT IS NOT HAVING MORE—
IT IS FEELING COMPLETE.

WHEN I REMEMBER YOU,
MY DESIRES QUIETEN,
COMPARISONS DISSOLVE,
AND PEACE SETTLES WITHIN.

SANTUSHTATA FILLS MY SOUL
WITH GENTLE HAPPINESS,
STEADY GRATITUDE,
AND DEEP TRUST.

I LEARN TO ACCEPT EACH SCENE,
TO USE WHAT IS GIVEN,
AND TO REMAIN CHEERFUL IN ALL SITUATIONS.

YOU REMIND ME, BABA,
THAT A CONTENT SOUL
IS ALWAYS RICH.

RESTING IN THIS FULLNESS,
YOUR SATISFIED CHILD 
 OM SHANTI 
 CARD RECORD

CARD NUMBER: 29 / 5000

THEME: CONTENTMENT (SANTUSHTATA)

TONE: MURLI-INSPIRED | SOFT & FULFILLED

A HEART THAT UNDERSTANDS

MY MERCIFUL SHIVBABA,
YOU TEACH ME TO SEE BEYOND ACTIONS
AND FEEL THE PAIN HIDDEN BENEATH.

COMPASSION IS YOUR LANGUAGE—
SOFT, UNDERSTANDING,
AND DEEPLY HEALING.

WHEN I REMEMBER YOU,
MY HEART OPENS,
MY JUDGMENTS DISSOLVE,
AND LOVE BEGINS TO FLOW.

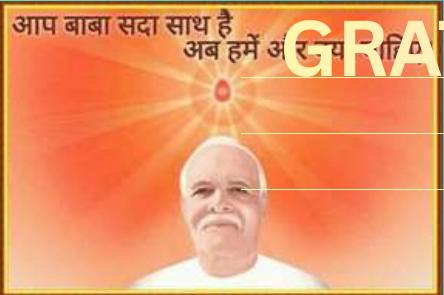
KARUNA ALLOWS ME
TO LISTEN WITHOUT REACTING,
TO FORGIVE WITHOUT CONDITION,
AND TO HELP WITHOUT EXPECTATION.

I LEARN THAT EVERY SOUL
IS FIGHTING AN UNSEEN BATTLE,
SEEKING PEACE,
SEEKING LOVE.

LET MY EYES REFLECT YOUR MERCY,
MY WORDS CARRY COMFORT,
AND MY SILENCE OFFER STRENGTH.

WITH A COMPASSIONATE HEART,
YOUR CHILD OF LOVE ❤
OM SHANTI 🙏

CARD NUMBER: 30 / 5000
THEME: COMPASSION (KARUNA)
TONE: MURLI-INSPIRED | GENTLE & HEALING



GRATEFUL, THEREFORE USEFUL

MY GIVING SHIVBABA,
GRATITUDE IS NOT ONLY WHAT I FEEL—
IT IS HOW I LIVE.

EVERY BREATH I TAKE,
EVERY VIRTUE I USE,
EVERY CHANCE TO SERVE
IS YOUR GIFT TO ME.

TRUE GRATITUDE MOVES MY HANDS,
SOFTENS MY WORDS,
AND FILLS MY ACTIONS WITH CARE.

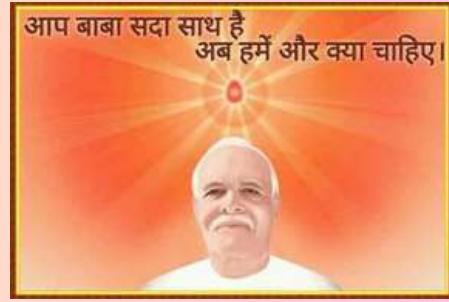
WHEN I WORK WITH REMEMBRANCE,
SERVE WITH LOVE,
AND RESPOND WITH PATIENCE—
MY THANKFULNESS BECOMES VISIBLE.

LET MY GRATITUDE REFLECT
IN MY ACCURACY,
IN MY HUMILITY,
AND IN MY TIRELESS EFFORT TO UPLIFT OTHERS.
THROUGH ACTION,

I SAY THANK YOU, BABA,
AGAIN AND AGAIN.

LIVING MY GRATITUDE,
YOUR THANKFUL CHILD ☺

❖ OM SHANTI ❖



LOVE THAT NEVER CHANGES

MY SWEET SHIVBABA,

YOU ARE NOT SOMEONE I REMEMBER—
YOU ARE SOMEONE I BELONG TO.

IN EVERY BREATH,
IN EVERY SILENCE,
I FEEL YOUR PRESENCE HOLDING ME.

YOUR LOVE ASKS NOTHING,
YET GIVES ME EVERYTHING.

I AM YOURS,
TODAY AND FOREVER.

WITH ENDLESS LOVE,
YOUR CHILD
OM SHANTI



SOVEREIGN WITHIN

MY SOVEREIGN SHIVBABA,

THROUGH RAJYOG,
YOU PLACE THE CROWN OF SELF-RESPECT
UPON MY SOUL.

I RULE MY THOUGHTS,
GOVERN MY EMOTIONS,
AND CHOOSE MY RESPONSES
WITH CALM AUTHORITY.

YOUR REMEMBRANCE MAKES ME
MASTER OF MY INNER KINGDOM—
STABLE IN STORMS,
GENTLE IN POWER,
CLEAR IN DIRECTION.



I DO NOT SEEK CONTROL OUTSIDE;
I COMMAND MYSELF WITHIN.

LET MY MIND REMAIN OBEDIENT TO TRUTH,
MY INTELLECT LOYAL TO SHRIMAT,
AND MY ACTIONS DIGNIFIED AND JUST.

CROWNED BY YOU,
YOUR ROYAL CHILD
OM SHANTI

RAJYOG: SELF-SOVEREIGNTY THROUGH REMEMBRANCE

★ CALM · CLARITY · COMMAND ★

CARD #32 | INNER AUTHORITY

RIGHT EFFORT • RIGHT RESULT

MY GUIDING SHIVBABA,

EFFORT BECOMES ELEVATED
WHEN IT IS ACCURATE.

YOU TEACH ME TO CHECK—
MY THOUGHTS,
MY INTENTIONS,
MY DIRECTION.

PURUSHARTH IS NOT FORCE;
IT IS AWARENESS IN ACTION.

WITH YOU,
I LEARN TO ACT AT THE RIGHT TIME,
IN THE RIGHT WAY,
WITH THE RIGHT FEELING.

ACCURACY SAVES ENERGY,
PREVENTS REGRET,
AND BRINGS SUCCESS NATURALLY.

LET MY EFFORT BE CONSISTENT,
MY CHECKING BE HONEST,
AND MY PROGRESS BE STEADY.

MOVING AHEAD WITH PRECISION,
YOUR SINCERE CHILD
OM SHANTI

PURUSHARTH: EFFORT GUIDED BY SHRIMAT
★ AWARENESS • DISCIPLINE • PROGRESS ★
CARD #34 | ACCURACY IN EFFORT

PAUSE • CHECK • PROGRESS

MY CARETAKING SHIVBABA,

YOU TEACH ME TO PAUSE
BEFORE I PROCEED.

THROUGH CHINTAN,
I CHECK MY THOUGHTS—
ARE THEY PURE?
ARE THEY USEFUL?

I CHECK MY FEELINGS—
ARE THEY ELEVATED
OR INFLUENCED?

SELF-CHECKING KEEPS ME HONEST,
AWARE,
AND ALIGNED WITH SHRIMAT.

NOT TO CRITICIZE MYSELF,
BUT TO RFIN MYSELF.
EACH CHECK BRINGS CLARITY,
EACH CORRECTION BRINGS GROWTH.

LET THIS GENTLE HABIT
PROTECT MY STAGE
AND SPEED MY PROGRESS.

MINDFULLY MOVING FORWARD,
YOUR RESPONSIBLE CHILD
OM SHANTI

CHINTAN: AWARENESS THAT REFINES THE SOUL

★ HONESTY • CLARITY • GROWTH ★

CARD #35 | SELF-CHECKING

LOVING YET FREE

My Detached-Loving ShivBaba,

You teach me the art
of staying connected
without becoming bound.

Nyara-pan allows me
to love deeply
and remain light.

I perform my roles with care,
yet keep my inner anchor
in You.

Detached from expectations,
free from emotional pull,
I stay stable in every scene.

This balance protects my peace
and preserves my joy.

Let me be a lotus soul—
rooted in the world,
yet rising above it.

Loving, yet free,
Your balanced child
Om Shanti

Nyara-Pan: Love without Bondage
Balance · Lightness · Stability
Card #36 | Detachment with Love

STEADY IN EVERY SCENE

My Unshakeable ShivBaba,

Tests come to check my stage,
not to disturb it.

Holding Your hand,
I remain calm in change,
firm in faith,
and steady in effort.

When situations shake,
I do not react—
I respond with awareness.

Paper-proof means
no complaint,
no confusion,
only quiet confidence.

Your remembrance anchors me
like a mountain—
silent, stable, unmoved.

Let my thoughts stay pure,
my feelings remain balanced,
and my actions reflect dignity.

Proven in every test,
Your stable child
Om Shanti

SAFE IN YOUR COMPANY

My Protective ShivBaba,

With You beside me,
fear loses its voice.

I am not alone,
I am not weak,
I am not uncertain.

Your presence fills me
with courage and confidence.

Nirbhayata is knowing
that nothing can harm a soul
protected by truth.

I move forward
with a steady heart
and a clear mind.

No fear of the future,
no worry of the past—
only trust in You.

Fearless and free,
Your brave child
Om Shanti

Nirbhayata: Courage Born of Faith

★ Trust · Strength · Protection ★

Card #38 | Fearlessness

JOY THAT SHINES

My Joy-Giving ShivBaba,

**When I remember You,
my heart smiles naturally.**

**Ullas is not excitement—
it is quiet happiness,
born from trust in You.**

**Even in routine moments,
Your presence fills me with lightness.**

**Even in challenges,
my spirit stays uplifted.**

**Cheerfulness keeps me hopeful,
makes service sweet,
and turns effort into joy.**

**Let my smile come from the soul,
my words carry warmth,
and my actions reflect positivity.**

**Joyfully Yours,
Your cheerful child
Om Shanti**

Ullas: Happiness that Comes from Remembrance

★ Lightness · Positivity · Hope ★

Card #39 | Cheerfulness

FREE FROM WITHIN

My Liberating ShivBaba,
True freedom is not escape—
it is release.

In Your remembrance,
I let go of burdens,
expectations,
and old chains of thought.

Mukti Bhavana frees my mind
from fear,
my heart from heaviness,
and my soul from limitation.

I perform every role
without bondage,
loving without attachment,
acting without pressure.

You remind me, Baba,
that I am a soul—
eternally free,
forever light.

Resting in this awareness,
Your liberated child
Om Shanti

SEEING TOMORROW WITH TRUST

My Hope-Giving ShivBaba,

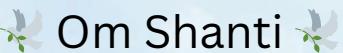
With You,
my vision stays bright.

Even when scenes change,
I look ahead with confidence,
knowing You guide every step.

Asha is not wishful thinking—
it is faith in action,
trust anchored in remembrance.

You help me see possibilities
where others see limits,
light where there is uncertainty.

Let my thoughts remain positive,
my outlook elevated,
and my heart steady in trust.

Seeing the future through Your eyes,
Your hopeful child


CLEAN WITHIN · CLEAR AHEAD

My Purifying ShivBaba,

True cleanliness begins inside—
in my thoughts,
my intentions,
my feelings.

In Your remembrance,
old impressions dissolve,
waste thoughts fade,
and my mind feels fresh again.

Shuddhata brings clarity,
lightness,
and quiet joy.

I choose to keep my inner space
free from negativity,
free from heaviness,
free from confusion.

Let my thoughts remain pure,
my vision remain clean,
and my actions remain elevated.

Living with inner hygiene,
Your clean-hearted child

Om Shanti

Shuddhata: Purity that Protects the Soul

★ Clean Thoughts · Clear Intellect · Calm Heart ★

Card #42 | Inner Cleanliness

STRONG IN SELF-AWARENESS

My Empowering ShivBaba,

Confidence flows naturally
when I remember who I am—
a peaceful, powerful soul,
guided by You.

Atma-Vishwas frees me
from comparison,
from hesitation,
from fear of failure.

I trust my inner strength,
my clear intellect,
and my elevated direction.

With You as my Support,
I move forward calmly,
speak with dignity,
and act with certainty.

Let my confidence remain humble,
steady,
and aligned with truth.

Standing firm in self-respect,
Your confident child

Om Shanti

WALKING WITH TRUTH

My True ShivBaba,

You are truth itself—
constant, clear, unchanging.

When I align with truth,
my mind becomes light,
my heart feels free,
and my path becomes straight.

Satya gives me courage
to be honest in thought,
pure in intention,
and clean in action.

There is no fear
where there is truth,
no burden
where there is clarity.

Let my words remain sincere,
my actions transparent,
and my conscience peaceful.

Walking hand in hand with truth,
Your truthful child
Om Shanti

Satya: Truth that Liberates

★ Honesty · Courage · Purity ★

Card #44 | Truthfulness

SEEING GOOD · FEELING GOOD

My Ever-Positive ShivBaba,

You teach me to look for good
even when scenes are challenging.

Sakaratmakta is not ignoring reality—
it is choosing hope,
choosing meaning,
choosing growth.

With You,
my thoughts rise above complaints,
my vision lifts above problems,
and my heart stays light.

Positivity keeps my soul cheerful,
my service effective,
and my journey joyful.

Let my thoughts remain elevated,
my outlook constructive,
and my words encouraging.

Radiating positivity,
Your optimistic child
Om Shanti

STEADFAST IN FAITH

My Faithful ShivBaba,

Nishta means staying true—
not only when it is easy,
but in every situation.

My faith in You
does not depend on circumstances;
it rests on experience.

When questions arise,
I return to remembrance.

When tests appear,
I hold Your hand tighter.

Faithfulness keeps my intellect stable,
my effort consistent,
and my love constant.

Let my loyalty remain firm,
my connection deep,
and my trust unshakeable.

Forever faithful,
Your devoted child
Om Shanti

Nishta: Faith That Never Wavers

⭐ Loyalty · Stability · Trust ⭐

Card #46 | Faithfulness

UNSHAKEABLE TRUST

My Trustworthy ShivBaba,

Atal Vishwas means
I do not look back.

My faith in You
is not borrowed—
it is built on experience.

Even when the path feels unclear,
I remain certain of the destination.

Your presence steadies my mind,
strengthens my effort,
and assures my victory.

No doubt can shake me,
no test can turn me away,
for You walk with me.

With unwavering belief,
Your determined child

Om Shanti

I AM A SOUL

My Beloved ShivBaba,

Today I return to my true identity.

I am not this body,
not the roles I play,
not the situations I face.

I am a peaceful soul—
a point of pure light,
eternal, aware, and powerful.

In soul-consciousness,
my thoughts become clean,
my words become gentle,
my actions become elevated.

Connected to You,
the Supreme Soul,
I experience freedom from ego
and freedom from fear.

Established in Dehi Abhimaan,
I move through life lightly,
serving naturally,
loving unconditionally.

Your soul-conscious child
Om Shanti

THANK YOU, MY BELOVED BABA

MY DEAREST SHIVBABA,

THANK YOU FOR WALKING WITH ME
THROUGH EVERY SCENE OF LIFE—
SEEN AND UNSEEN,
SPOKEN AND SILENT.

WHEN I WAS STRONG,
YOU GUIDED ME GENTLY.

WHEN I WAS WEAK,
YOU CARRIED ME SILENTLY.

IN CROWDS, YOU WERE MY ANCHOR.
IN LONELINESS, YOU WERE MY FRIEND.
IN CONFUSION, YOU WERE MY CLARITY.
IN PAIN, YOU WERE MY COMFORT.

YOUR COMPANY DID NOT DEPEND
ON MY AWARENESS,
YET THE MOMENT I BECAME AWARE,
LIFE FELT LIGHTER, SAFER, SWEETER.

I AM GRATEFUL FOR YOUR PRESENCE
IN EVERY BREATH,
EVERY STEP,
EVERY TRANSFORMATION.

TO HAVE YOUR COMPANY
IS THE GREATEST FORTUNE OF MY SOUL.

FOREVER GRATEFUL,
YOUR CHILD
OM SHANTI

THE SILENT SUPPORT THAT NEVER LEAVES
★ GRATITUDE · TRUST · BELONGING ★
CARD #48 | GRATITUDE FOR BABA'S COMPANY

IN EVERY BREATH, I REMEMBER YOU

MY SWEET SHIVBABA,
I NO LONGER TRY TO REMEMBER YOU—
I SIMPLY STAY WITH YOU.

JUST AS BREATH FLOWS WITHOUT EFFORT,
YOUR REMEMBRANCE FLOWS IN MY AWARENESS,
SOFT, STEADY, AND SILENT.

IN ACTION, YOU ARE MY BACKGROUND MUSIC.
IN STILLNESS, YOU ARE MY CLOSEST PRESENCE.
IN MOVEMENT, YOU ARE MY DIRECTION.
IN REST, YOU ARE MY PEACE.

THIS IS NOT FORCED YOGA,
NOT PRACTICED REMEMBRANCE,
BUT NATURAL CONNECTION—
BORN FROM LOVE, TRUST, AND BELONGING.

EVEN WHEN MY HANDS ARE BUSY,
MY HEART STAYS LINKED.
EVEN WHEN WORDS STOP,
MY SOUL CONTINUES THE CONVERSATION.

THANK YOU, BABA,
FOR TEACHING ME THAT
TRUE REMEMBRANCE IS EFFORTLESS
WHEN THE RELATIONSHIP IS REAL.

FOREVER CONNECTED,
YOUR LOVING CHILD
• OM SHANTI •

REMEMBRANCE WITHOUT EFFORT
★ LOVE · EASE · CONSTANCY ★
CARD #50 | NATURAL REMEMBRANCE

I WEAR THE CROWN OF SELF-SOVEREIGNTY

MY BELOVED SHIVBABA,

YOU DID NOT GIVE ME A THRONE OF GOLD—
YOU GAVE ME SELF-RESPECT.

YOU DID NOT PLACE A CROWN ON MY HEAD—
YOU AWAKENED THE KING WITHIN MY SOUL.

IN YOUR REMEMBRANCE,
MY THOUGHTS SIT ON THE SEAT OF DIGNITY.
MY WORDS WEAR THE JEWELS OF SWEETNESS.
MY ACTIONS MOVE WITH QUIET AUTHORITY.

THIS IS MY INNER KINGDOM—
WHERE PEACE RULES,
PURITY PROTECTS,
AND WISDOM GOVERNS.

FREE FROM DEPENDENCY,
FREE FROM FEAR,
I WALK AS A SOUL-EMPEROR—
HUMBLE, STEADY, BENEVOLENT.

THANK YOU, BABA,
FOR REMINDING ME DAILY
THAT I AM NOT A BEGGAR OF CIRCUMSTANCES
BUT A SOVEREIGN SOUL,
ESTABLISHED IN RAJAI THROUGH YOU.

YOUR ROYAL CHILD,
ROOTED IN SELF-RULE
OM SHANTI

I RULE THE SELF —
I ACT IN FREEDOM

MY BELOVED SHIVBABA,

YOU HAVE TAUGHT ME
THAT TRUE FREEDOM IS NOT ESCAPE,
BUT SELF-RULE IN EVERY MOMENT.

IN SWARAJ,
MY MIND CHOOSES PEACE,
MY INTELLECT CHOOSES TRUTH,
MY SANSKARS CHOOSE PURITY.

I ACT, YET I AM NOT PUSHED.
I DECIDE, YET I AM NOT PRESSURED.
I SERVE, YET I REMAIN FREE.

EVERY ACTION BECOMES A SIGNATURE
OF YOUR TEACHINGS LIVED,
NOT JUST REMEMBERED.

NO SITUATION CONTROLS ME—
I REMAIN THE MASTER OF MY RESPONSES.
NO EMOTION DRAGS ME—
I STAY SEATED ON THE THRONE OF AWARENESS.

THANK YOU, BABA,
FOR EMPOWERING ME
TO LIVE RAJYOG IN ACTION,
TO EXPRESS INNER ROYALTY THROUGH DEEDS,
AND TO WALK THIS WORLD
AS A SELF-SOVEREIGN SOUL.

YOUR CHILD,
ESTABLISHED IN SWARAJ
OM SHANTI

FREEDOM THROUGH SELF-MASTERY
★ AWARENESS · CHOICE · AUTHORITY ★
CARD #52 | SELF-SOVEREIGNTY IN ACTION

POWER RISES FROM WITHIN

MY POWERFUL SHIVBABA,

YOU HAVE TAUGHT ME
THAT REAL MIGHT DOES NOT SHOUT—
IT STANDS FIRM.

WHEN CHALLENGES ARISE,
I TURN INWARD,
NOT OUTWARD.

I DRAW STRENGTH FROM THE SOUL,
CHARGED BY YOUR REMEMBRANCE.

THIS INNER POWER
KEEPES ME CALM IN STORMS,
STABLE IN UNCERTAINTY,
AND GENTLE EVEN WHILE STRONG.

I DO NOT RESIST SITUATIONS—
I RISE ABOVE THEM.
I DO NOT FIGHT OTHERS—
I CONQUER MY OWN WEAKNESSES.

WITH ANTARIK SHAKTI,
MY THOUGHTS STAY ELEVATED,
MY COURAGE REMAINS CONSTANT,
MY FAITH NEVER WAVERS.

THANK YOU, BABA,
FOR MAKING ME STRONG FROM WITHIN—
A SOUL THAT BENDS WITH WISDOM
BUT NEVER BREAKS.

YOUR CHILD,
ROOTED IN INNER MIGHT
❖ OM SHANTI ❖

STRENGTH THAT COMES FROM THE SOUL
★ STABILITY · COURAGE · INNER POWER ★
CARD #53 | INNER MIGHT

I PRACTICE DAILY, I PROGRESS STEADILY

MY EVER-SUPPORTIVE SHIVBABA,

YOU HAVE TAUGHT ME
THAT TRANSFORMATION IS NOT SUDDEN—
IT IS DAILY.

EACH SMALL EFFORT,
EACH MOMENT OF REMEMBRANCE,
EACH HONEST SELF-CHECK
ADDS A BRICK TO MY INNER FOUNDATION.

SOME DAYS FEEL LIGHT,
SOME DAYS FEEL HEAVY—
YET I CONTINUE,
BECAUSE LOVE KEEPS ME MOVING.

IN NIRANTAR ABHYAS,
I DO NOT WAIT FOR PERFECTION;
I CHOOSE PERSEVERANCE.
I DO NOT COUNT FAILURES;
I COLLECT EXPERIENCES.

YOUR COMPANIONSHIP
TURNS DISCIPLINE INTO JOY,
AND PRACTICE INTO PROGRESS.

THANK YOU, BABA,
FOR HOLDING MY HAND
THROUGH EVERY REPETITION,
EVERY RESTART,
EVERY QUIET VICTORY.

YOUR CHILD,
WALKING STEADILY WITH YOU
OM SHANTI

MY FAITH STANDS FIRM

MY TRUSTWORTHY SHIVBABA,

MY FAITH IN YOU
IS NOT BORROWED FROM CIRCUMSTANCES—
IT IS BORN FROM EXPERIENCE.

WHEN ANSWERS CAME SLOWLY,
I TRUSTED.

WHEN PATHS FELT UNCLEAR,
I TRUSTED.

WHEN TESTS INTENSIFIED,
I TRUSTED.

BECAUSE EACH TIME I HELD YOUR HAND,
YOU CARRIED ME BEYOND MY CAPACITY.

THIS DEEP FAITH
KEEPES MY INTELLECT STEADY,
MY HEART FEARLESS,
MY EFFORTS CONSISTENT.

DOUBTS MAY PASS LIKE CLOUDS,
BUT THE SUN OF CERTAINTY
NEVER SETS.

THANK YOU, BABA,
FOR MAKING MY FAITH
NOT EMOTIONAL,
BUT ROCK-SOLID AND WISE.

YOUR CHILD,
STANDING FIRM IN FAITH
OM SHANTI

FAITH THAT DOES NOT SHAKE

★ CERTAINTY · TRUST · STEADFASTNESS ★
CARD #55 | UNSHAKEABLE FAITH

SOFT AT HEART, FIRM IN PURPOSE

MY LOVING SHIVBABA,

YOU HAVE TAUGHT ME
THAT TRUE DETERMINATION
IS NOT HARSH OR HURRIED—
IT IS CALM AND CONSISTENT.

I MOVE FORWARD WITHOUT PRESSURE,
YET I DO NOT TURN BACK.
I REMAIN SOFT WITH MYSELF,
YET STEADY IN MY AIM.

WHEN I SLIP,
I DO NOT SCOLD THE SELF—
I SIMPLY STAND UP AGAIN,
HOLDING YOUR HAND MORE FIRMLY.

THIS IS KOMAL DRIDHATA:
A GENTLE RESOLVE
THAT GROWS STRONGER WITH PATIENCE,
AND DEEPER WITH LOVE.

THANK YOU, BABA,
FOR SHOWING ME THAT
PROGRESS HAPPENS FASTEST
WHEN EFFORT IS KIND
AND FAITH IS FIRM.

YOUR CHILD,
WALKING GENTLY, YET SURELY
OM SHANTI

SOFT EFFORT, STRONG DIRECTION
★ KINDNESS · STEADINESS · RESOLVE ★
CARD #56 | GENTLE DETERMINATION

I TRUST THE EFFORT I MAKE

MY GUIDING SHIVBABA,

YOU HAVE TAUGHT ME
THAT EFFORT IS MY RESPONSIBILITY,
AND RESULTS ARE YOURS.

I DO NOT RUSH FOR OUTCOMES,
NOR DO I DOUBT MY STEPS.
EACH SINCERE EFFORT
CARRIES YOUR UNSEEN SUPPORT.

WHEN PROGRESS FEELS SLOW,
I CONTINUE.
WHEN SUCCESS FEELS DISTANT,
I TRUST.

THIS FAITH IN PURUSHARTH
KEEP MY COURAGE ALIVE
AND MY MIND FREE FROM BURDEN.

I SOW MY SEEDS DAILY—
WITH HONESTY, AWARENESS, AND LOVE—
KNOWING THAT NOTHING DONE WITH YOU
CAN EVER BE LOST.

THANK YOU, BABA,
FOR STRENGTHENING MY BELIEF
THAT RIGHT EFFORT, MADE WITH FAITH,
IS ITSELF A REWARD.

YOUR CHILD,
FAITHFUL IN EFFORT
OM SHANTI

SWEET IN THOUGHT, SWEET IN BEING

MY SWEETEST SHIVBABA,

YOU HAVE TAUGHT ME
THAT SWEETNESS IS NOT A HABIT—
IT IS A STATE OF BEING.

WHEN MY THOUGHTS ARE CLEAN,
MY WORDS CARRY SOFTNESS.

WHEN MY HEART IS LIGHT,
MY ACTIONS CARRY WARMTH.

THIS MADHURATA
IS NOT WEAKNESS,
IT IS STRENGTH WRAPPED IN LOVE—
THE POWER TO TOUCH HEARTS
WITHOUT EFFORT OR DEMAND.

IN YOUR REMEMBRANCE,
SHARP EDGES DISSOLVE,
AND MY NATURE BECOMES GENTLE,
FORGIVING, AND APPROACHABLE.

THANK YOU, BABA,
FOR MAKING MY SOUL SWEET—
SO THAT EVEN SILENCE
SPEAKS COMFORT,
AND PRESENCE SPREADS PEACE.

YOUR CHILD,
LEARNING SWEETNESS FROM YOU
OM SHANTI

A SILENT FIRE BURNS WITHIN

MY POWERFUL SHIVBABA,

YOU HAVE TAUGHT ME
THAT TAPASYA IS NOT RENUNCIATION OF THE WORLD,
BUT REFINEMENT OF THE SELF.

IT IS THE INNER FIRE
THAT BURNS EGO,
MELTS STUBBORNNESS,
AND TRANSFORMS WEAKNESS INTO WISDOM.

IN THIS QUIET INTENSITY,
MY THOUGHTS BECOME CONCENTRATED,
MY REMEMBRANCE BECOMES DEEP,
AND MY LOVE BECOMES STEADY.

THIS FIRE DOES NOT MAKE ME RESTLESS—
IT MAKES ME CLEAR.
IT DOES NOT HARDEN ME—
IT MAKES ME PURE AND LIGHT.

WITH YOU AS MY SOURCE,
MY TAPASYA STAYS BALANCED,
SWEET, AND POWERFUL—
NEVER DRY, NEVER FORCED.

THANK YOU, BABA,
FOR IGNITING WITHIN ME
A FIRE THAT PURIFIES WITHOUT PAIN
AND EMPOWERS WITHOUT NOISE.

YOUR CHILD,
STEADY IN TAPASYA
OM SHANTI

THE FIRE THAT TRANSFORMS THE SOUL
★ INTENSITY · PURITY · INNER POWER ★
CARD #59 | INNER FIRE

HUMBLE BY NATURE, STRONG BY TRUTH

MY EVER-GENTLE SHIVBABA,

YOU HAVE TAUGHT ME
THAT HUMILITY IS NOT EFFORT—
IT IS UNDERSTANDING.

WHEN I KNOW WHO I AM,
A CHILD OF THE SUPREME,
THERE IS NO NEED TO PROVE,
NO NEED TO COMPARE.

IN SAHAJ VINAMRATA,
MY STRENGTH STAYS SILENT,
MY SERVICE STAYS NATURAL,
AND MY HEART STAYS OPEN.

I BOW NOT BECAUSE I AM SMALL,
BUT BECAUSE LOVE FLOWS EASILY.
I LISTEN NOT BECAUSE I AM WEAK,
BUT BECAUSE WISDOM HAS SPACE.

THANK YOU, BABA,
FOR GIVING ME SUCH CLARITY
THAT HUMILITY BECOMES MY NATURE,
NOT MY STRUGGLE.

YOUR CHILD,
NATURALLY HUMBLE
OM SHANTI

WHERE LOVE IS GUIDED BY WISDOM

MY WISE AND LOVING SHIVBABA,

YOU HAVE TAUGHT ME
THAT FREEDOM BLOOMS BEST
WITHIN CLEAR BOUNDARIES.

IN MARYADA,
LOVE DOES NOT BECOME ATTACHMENT,
DISCIPLINE DOES NOT BECOME PRESSURE,
AND RULES DO NOT BECOME FEAR.

YOUR DIRECTIONS PROTECT MY PURITY,
MY DIGNITY,
AND MY INNER PEACE.

I DO NOT FOLLOW SHRIMAT
OUT OF COMPULSION,
BUT OUT OF UNDERSTANDING—
BECAUSE LOVE TRUSTS WISDOM.

WITH THIS BALANCE,
MY HEART STAYS OPEN,
MY INTELLECT STAYS CLEAR,
AND MY PATH STAYS SAFE.

THANK YOU, BABA,
FOR SHOWING ME THAT
TRUE LOVE RESPECTS LAW,
AND TRUE LAW CARRIES LOVE.

YOUR CHILD,
WALKING SAFELY IN MARYADA
OM SHANTI

CALM, CLEAR, COMPLETE

MY EXPERIENCED AND LOVING SHIVBABA,

YOU HAVE TAUGHT ME
THAT SPIRITUAL Maturity
IS NOT SHOWN IN WORDS,
BUT REVEALED IN REACTIONS.

IN PARIpAKVATA,
I NO LONGER RUSH TO JUDGE,
PROVE, OR DEFEND.
I PAUSE, UNDERSTAND,
AND RESPOND WITH WISDOM.

SITUATIONS COME AND GO,
PEOPLE CHANGE,
SCENES UNFOLD—
YET MY INNER STATE REMAINS COMPOSED.

I LEARN FROM MISTAKES
WITHOUT GUILT.
I ACCEPT PRAISE
WITHOUT PRIDE.
I FACE CRITICISM
WITHOUT DISTURBANCE.

THANK YOU, BABA,
FOR RIPENING MY INTELLECT,
SOFTENING MY HEART,
AND STABILIZING MY STAGE—
SO I MOVE THROUGH LIFE
WITH DEPTH, DIGNITY, AND PEACE.

YOUR CHILD,
GROWING INTO SPIRITUAL Maturity
OM SHANTI

STABLE WITHIN,
BALANCED WITH ALL

MY LOVING AND WISE SHIVBABA,

YOU HAVE TAUGHT ME
THAT RELATIONSHIPS DO NOT NEED CONTROL—
THEY NEED INNER STABILITY.

WHEN I REMAIN SOUL-CONSCIOUS,
EXPECTATIONS LOOSEN,
REACTIONS SOFTEN,
AND UNDERSTANDING DEEPENS.

IN STHIRATA,
I GIVE WITHOUT DEMAND,
LISTEN WITHOUT DEFENCE,
AND LOVE WITHOUT FEAR OF LOSS.

DIFFERENT NATURES COME BEFORE ME,
DIFFERENT OPINIONS ARISE—
YET I STAY ANCHORED,
RESPONDING WITH RESPECT AND CLARITY.

CONNECTED TO YOU,
THE OCEAN OF LOVE,
I NO LONGER SEEK SUPPORT OUTSIDE—
I BECOME A PILLAR OF STABILITY MYSELF.

THANK YOU, BABA,
FOR TEACHING ME
THAT STRONG RELATIONSHIPS
ARE BORN FROM A STABLE INNER STAGE,
NOT FROM CHANGING OTHERS.

YOUR CHILD,
STABLE AND LOVING IN ALL RELATIONSHIPS
OM SHANTI

COMPLETE WITHIN, CONNECTED BEYOND

MY SUPPORTIVE SHIVBABA,

YOU HAVE TAUGHT ME
THAT EMOTIONAL STRENGTH
DOES NOT COME FROM DEPENDENCE,
BUT FROM INNER FULLNESS.

IN SWAVALAMBAN,
I NO LONGER SEEK APPROVAL TO FEEL WORTHY,
NOR COMFORT TO FEEL SECURE.

CONNECTED TO YOU,
I CARRY MY OWN EMOTIONAL ANCHOR.

I CAN LOVE DEEPLY
WITHOUT ATTACHMENT,
CARE SINCERELY
WITHOUT EXPECTATION,

AND SERVE FREELY
WITHOUT NEEDING VALIDATION.

THIS INDEPENDENCE
DOES NOT MAKE ME DISTANT—
IT MAKES ME AVAILABLE WITHOUT BURDEN,
PRESENT WITHOUT PRESSURE.

THANK YOU, BABA,
FOR FREEING MY HEART
FROM EMOTIONAL HUNGER
AND FILLING IT WITH
YOUR CONSTANT SUPPORT.

YOUR CHILD,
EMOTIONALLY FREE AND STRONG
OM SHANTI

FREEDOM THROUGH INNER STRENGTH

★ EMOTIONAL BALANCE · SELF-SUPPORT · LIGHTNESS ★

CARD #65 | EMOTIONAL INDEPENDENCE

SEEING CLEARLY, CHOOSING WISELY

MY WISE SHIVBABA,

YOU HAVE GIFTED ME VIVEK—
THE POWER TO PAUSE,
TO SEE BEYOND APPEARANCES,
AND TO CHOOSE WHAT ELEVATES THE SOUL.

WITH DISCERNMENT,
EMOTION BECOMES BALANCED,
INTELLECT BECOMES CLEAR,
AND ACTION BECOMES ACCURATE.

I NO LONGER REACT TO SCENES;
I UNDERSTAND THEM.
I NO LONGER GET PULLED BY MOODS;
I DECIDE FROM TRUTH.

CONNECTED TO YOU,
THE OCEAN OF KNOWLEDGE,
MY CHOICES STAY ALIGNED,
MY PRIORITIES REMAIN PURE,
AND MY PATH STAYS LIGHT.

THANK YOU, BABA,
FOR SHARPENING MY INNER LENS—
SO LOVE REMAINS SWEET
AND WISDOM REMAINS STEADY.

YOUR CHILD,
GUIDED BY VIVEK
OM SHANTI

CLARITY THAT PROTECTS THE SOUL

★ AWARENESS · WISDOM · RIGHT CHOICE ★
CARD #66 | INNER DISCERNMENT

EMOTIONS THAT ARE DEEP, CALM, AND WISE

MY BELOVED SHIVBABA,

THROUGH YOUR REMEMBRANCE,
YOU TEACH ME HOW TO FEEL DEEPLY
WITHOUT LOSING STABILITY.

EMOTIONAL Maturity MEANS
I NO LONGER DEMAND UNDERSTANDING—
I OFFER IT.
I NO LONGER EXPECT PERFECTION—
I ACCEPT GROWTH.

MY EMOTIONS NOW LISTEN
TO THE INTELLECT ENLIGHTENED BY YOU.
LOVE BECOMES GENEROUS,
PAIN BECOMES A TEACHER,
AND SILENCE BECOMES STRENGTH.

I RESPOND, NOT REACT.
I REMAIN SOFT, YET FIRM.
I STAY OPEN, YET PROTECTED.

THANK YOU, BABA,
FOR TRANSFORMING EMOTIONAL WAVES
INTO A CALM, POWERFUL OCEAN—
WHERE PEACE RULES
AND LOVE FLOWS NATURALLY.

YOUR EMOTIONALLY STRONG CHILD,
LEARNING BALANCE FROM YOU
OM SHANTI

EMOTIONS LED BY WISDOM

★ STABILITY · DEPTH · SELF-RESPECT ★

CARD #67 | EMOTIONAL MATURITY

LOVE THAT IS CLEAN, CALM, AND CONSTANT

MY SWEET SHIVBABA,

YOUR LOVE TEACHES ME
WHAT NIRMAL SNEHA TRULY IS—
AFFECTION WITHOUT POSSESSION,
CARE WITHOUT CONTROL,
CLOSENESS WITHOUT DEPENDENCY.

IN YOUR COMPANY,
MY HEART LEARNS TO LOVE
WITHOUT ASKING,
WITHOUT FEARING LOSS,
WITHOUT LEAVING TRACES OF BURDEN.

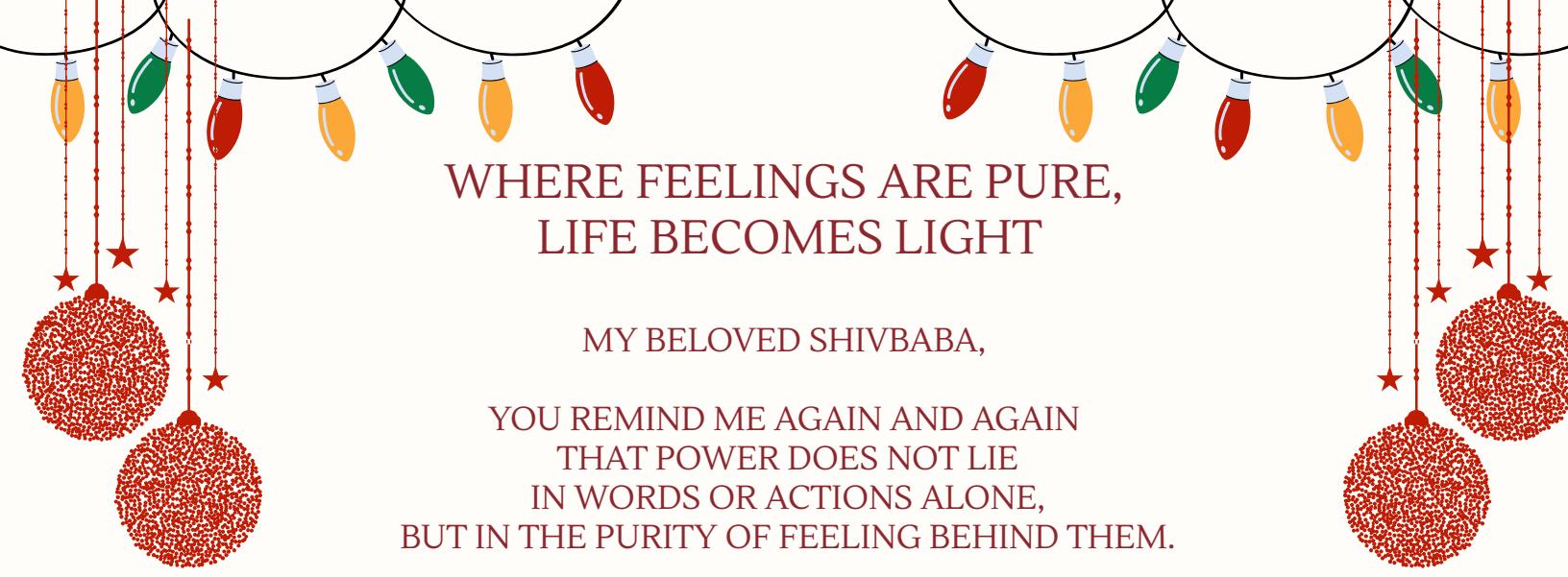
THIS PURE AFFECTION
NEITHER PULLS NOR PUSHES—
IT SUPPORTS SILENTLY,
STRENGTHENS GENTLY,
AND FREES LOVINGLY.

WHERE THERE IS NIRMAL SNEHA,
THERE IS NO HURT IN DISTANCE,
NO INSECURITY IN SILENCE,
NO DEMAND FOR RETURN.

THANK YOU, BABA,
FOR FILLING MY HEART
WITH A LOVE SO PURE
THAT IT BECOMES LIGHT—
A FRAGRANCE THAT SPREADS
WITHOUT EFFORT.

YOUR CHILD,
LEARNING TO LOVE THE WAY YOU LOVE
OM SHANTI

AFFECTION WITHOUT ATTACHMENT
★ PURITY · LIGHTNESS · FREEDOM ★
CARD #68 | PURE AFFECTION



WHERE FEELINGS ARE PURE, LIFE BECOMES LIGHT

MY BELOVED SHIVBABA,

YOU REMIND ME AGAIN AND AGAIN
THAT POWER DOES NOT LIE
IN WORDS OR ACTIONS ALONE,
BUT IN THE PURITY OF FEELING BEHIND THEM.

WHEN MY BHAVNA IS PURE,
EVEN SILENCE SPEAKS TRUTH,
EVEN A SMALL ACT CARRIES BLESSING,
EVEN REMEMBRANCE BECOMES NATURAL.

SHUDDH BHAVNA
DOES NOT JUDGE,
DOES NOT CALCULATE,
DOES NOT EXPECT APPRECIATION.

IT SIMPLY WISHES WELL—
FOR EVERY SOUL,
IN EVERY SITUATION.
IN YOUR PRESENCE, BABA,
MY FEELINGS LEARN TO REMAIN CLEAN
EVEN WHEN CIRCUMSTANCES ARE NOT,
TO REMAIN ELEVATED
EVEN WHEN OTHERS DESCEND.

MAY MY HEART STAY SO PURE
THAT WHATEVER FLOWS FROM ME—
THOUGHT, WORD, OR ACTION—
CARRIES ONLY PEACE,
RESPECT, AND GOODWILL.

THANK YOU FOR TEACHING ME
THAT PURE FEELINGS
CREATE A PURE WORLD.

YOUR CHILD,
PRACTISING PURITY FROM WITHIN
OM SHANTI

WHERE CARE IS GENTLE,
THE SOUL FEELS SAFE

MY SWEET SHIVBABA,
YOU TEACH ME THAT TRUE CARE
DOES NOT CONTROL,
DOES NOT CORRECT HARSHLY,
DOES NOT DEMAND CHANGE.

KOMAL SAMBHAL
IS YOUR WAY OF HOLDING ME—
WITH PATIENCE,
WITH UNDERSTANDING,
WITH QUIET ENCOURAGEMENT.

WHEN I MAKE MISTAKES,
YOU DO NOT PULL ME WITH FORCE,
YOU STEADY ME WITH LOVE.

WHEN I FEEL WEAK,
YOU DO NOT JUDGE MY FALL,
YOU SUPPORT MY RISE.

LET MY CARE FOR OTHERS
CARRY THE SAME GENTLENESS—
TO SPEAK SOFTLY,
TO GUIDE WITHOUT PRESSURE,
TO HELP WITHOUT MAKING THEM FEEL SMALL.

MAY MY VIBRATIONS SAY:
“YOU ARE SAFE.
YOU ARE RESPECTED.
YOU ARE CARED FOR.”
BABA,

TEACH ME TO BECOME
AN INSTRUMENT OF YOUR GENTLE CARE,
SO EVERY SOUL WHO COMES NEAR
FEELS LIGHTER, CALMER, AND VALUED.

YOUR CHILD,
LEARNING KOMAL SAMBHAL
OM SHANTI OM

CARE THAT HEALS WITHOUT HURTING
★ SOFT STRENGTH · PATIENT SUPPORT · SOUL SAFETY ★
CARD #70 | GENTLE CARE

WHERE THE HEART FEELS SAFE, THE SOUL OPENS NATURALLY

MY PROTECTIVE SHIVBABA,

IN YOUR PRESENCE,
MY HEART LEARNS TO REST.

EMOTIONAL SAFETY
IS THE FEELING THAT I DO NOT NEED
TO GUARD MYSELF,
EXPLAIN MYSELF,
OR PROVE MY WORTH.

WHEN EMOTIONS RISE,
YOU DO NOT QUESTION THEM—
YOU CONTAIN THEM WITH LOVE.

WHEN MY HEART FEELS FRAGILE,
YOU WRAP IT IN SILENCE AND STRENGTH.

CONNECTED TO YOU,
I FEEL SAFE ENOUGH TO BE HONEST,
STRONG ENOUGH TO BE VULNERABLE,
AND FREE ENOUGH TO GROW.

LET ME BECOME AN INSTRUMENT
OF THIS SAME EMOTIONAL SAFETY—
SO EVERY SOUL WHO COMES NEAR
FEELS RESPECTED,
ACCEPTED,
AND SECURE.

THANK YOU, BABA,
FOR CREATING A SPACE
WHERE MY EMOTIONS ARE NOT JUDGED,
BUT GENTLY PROTECTED.

YOUR CHILD,
RESTING IN EMOTIONAL SAFETY
OM SHANTI

SAFETY THAT STRENGTHENS THE HEART
TRUST · PROTECTION · INNER REST
CARD #72 | EMOTIONAL SAFETY



HEALING HAPPENS WHEN YOU ARE NEAR

MY HEALING SHIVBABA,

YOU HEAL ME
NOT BY QUESTIONING MY PAIN,
NOT BY ANALYSING MY PAST—
BUT SIMPLY BY BEING PRESENT.

IN YOUR UPASTHITI,
MY RESTLESS THOUGHTS SLOW DOWN,
MY HEAVY EMOTIONS SOFTEN,
AND MY SOUL REMEMBERS ITS STRENGTH.

YOU DO NOT RUSH MY HEALING.
YOU SIT WITH ME IN SILENCE
UNTIL PEACE RETURNS NATURALLY.

WITHOUT ADVICE,
WITHOUT CORRECTION,
YOUR PRESENCE RESTORES
WHAT EFFORT CANNOT.

TEACH ME, BABA,
TO OFFER THE SAME HEALING PRESENCE—
TO SIT WITHOUT JUDGEMENT,
TO LISTEN WITHOUT FIXING,
TO BE NEAR WITHOUT PRESSURE.

MAY MY COMPANY
BECOME A SPACE WHERE SOULS FEEL LIGHTER,
STRONGER,
AND QUIETLY HEALED.

YOUR CHILD,
RESTING IN YOUR HEALING PRESENCE
OM SHANTI

HEALING THROUGH DIVINE PRESENCE
SILENCE · SUPPORT · SOUL RESTORATION
CARD #73 | HEALING PRESENCE

LOVE THAT WAITS NEVER PRESSURES THE SOUL

MY PATIENT SHIVBABA,

YOUR LOVE HAS NEVER HURRIED ME.
IT HAS NEVER FORCED UNDERSTANDING,
NEVER DEMANDED INSTANT CHANGE.

IN DHARYA PREM,
YOU WAIT—
UNTIL I AM READY TO LISTEN,
UNTIL MY HEART OPENS,
UNTIL MY SOUL CHOOSES TRUTH WILLINGLY.

EVEN WHEN I DELAY,
EVEN WHEN I FORGET,
YOU REMAIN STEADY, CALM, AND PRESENT.

THIS WAITING LOVE
DOES NOT WITHDRAW,
DOES NOT WEAKEN—
IT STRENGTHENS MY COURAGE TO RETURN.

TEACH ME, BABA,
TO LOVE WITHOUT PUSHING,
TO GUIDE WITHOUT IMPATIENCE,
TO TRUST THE TIMING OF EVERY SOUL.

MAY MY LOVE CARRY PATIENCE,
AND MY PATIENCE CARRY HOPE.

YOUR CHILD,
HELD BY YOUR WAITING LOVE
❖ OM SHANTI ❖

PATIENCE THAT NEVER GIVES UP

❖ TRUST · TIMING · QUIET HOPE ❖

CARD #74 | LOVE THAT WAITS

WHEN WORDS FAIL, YOUR PRESENCE REMAINS

MY EVER-PRESENT SHIVBABA,

THERE ARE MOMENTS
WHEN WORDS FEEL HEAVY,
EXPLANATIONS FEEL UNNECESSARY,
AND SILENCE BECOMES MY LANGUAGE.

IN THOSE MOMENTS,
YOU DO NOT ASK QUESTIONS.
YOU DO NOT OFFER ADVICE.
YOU SIMPLY STAY.

THIS NISHABD SAHAARA
HOLDS ME WHEN I CANNOT HOLD MYSELF,
CALMS ME WHEN THOUGHTS SCATTER,
AND REASSURES ME
WITHOUT A SINGLE SENTENCE.

IN YOUR QUIET SUPPORT,
MY TEARS SOFTEN,
MY BREATH STEADIES,
AND MY SOUL FEELS UNDERSTOOD.

THANK YOU, BABA,
FOR BEING MY COMFORT
EVEN WHEN I DO NOT KNOW
WHAT TO SAY.

TEACH ME TO OFFER THIS SAME GIFT—
TO BE PRESENT,
TO BE PATIENT,
TO BE SILENT WHEN SILENCE HEALS.

YOUR CHILD,
RESTING IN YOUR WORDLESS COMFORT
OM SHANTI

SUPPORT BEYOND WORDS

PRESENCE · CALM · GENTLE STRENGTH

CARD #75 | COMFORT WITHOUT WORDS



WHEN SILENCE SPEAKS, YOU UNDERSTAND COMPLETELY

MY DEEPLY UNDERSTANDING SHIVBABA,

★ THERE ARE SILENCES
THAT ARE NOT QUESTIONS,
NOT COMPLAINTS,
NOT DISTANCE—
THEY ARE SIMPLY FEELINGS TOO DEEP FOR WORDS.

★ IN THOSE MOMENTS,
I DO NOT NEED TO EXPLAIN MYSELF TO YOU.
YOU READ THE PAUSE,
YOU HEAR THE UNSPOKEN,
YOU UNDERSTAND THE ACHE AND THE PEACE ALIKE.

● THIS LOVE
DOES NOT INSIST ON EXPRESSION,
DOES NOT MISUNDERSTAND QUIETNESS,
DOES NOT FEAR STILLNESS.

★ IN YOUR UNDERSTANDING SILENCE,
I FEEL ACCEPTED AS I AM—
NOT FOR WHAT I SAY,
BUT FOR WHAT I AM BECOMING.

★ TEACH ME, BABA,
TO HONOUR SILENCE IN OTHERS—
TO LISTEN BEYOND WORDS,
TO RESPECT INNER PROCESSES,
TO LOVE WITHOUT INTERRUPTION.

● MAY MY PRESENCE SAY,
“I UNDERSTAND YOU,
EVEN WHEN YOU CANNOT SPEAK.”

★ YOUR CHILD,
HELD BY A LOVE THAT UNDERSTANDS SILENCE
OM SHANTI

CONNECTION BEYOND EXPRESSION
★ DEEP LISTENING · ACCEPTANCE · SOUL INTIMACY ★
CARD #76 | LOVE THAT UNDERSTANDS SILENCE



LOVE THAT LISTENS
HEALS WITHOUT SPEAKING

MY ATTENTIVE AND LOVING SHIVBABA,

YOUR LOVE LISTENS
NOT JUST TO MY WORDS,
BUT TO MY PAUSES,
MY SIGHS,
MY UNSPOKEN FEELINGS.

IN LISTENING LOVE,
YOU NEVER INTERRUPT MY PROCESS.
YOU DO NOT RUSH MY UNDERSTANDING.
YOU LISTEN UNTIL CLARITY RISES WITHIN ME NATURALLY.

WHEN I SPEAK FROM CONFUSION,
YOU HEAR THE PAIN BEHIND IT.
WHEN I REMAIN SILENT,
YOU UNDERSTAND THE TRUTH WITHIN IT.

THIS LISTENING LOVE
MAKES ME FEEL VALUED,
RESPECTED,
AND DEEPLY SEEN.

TEACH ME, BABA,
TO LISTEN LIKE YOU—
WITHOUT JUDGEMENT,
WITHOUT ASSUMPTIONS,
WITHOUT THE NEED TO FIX.

MAY MY EARS BECOME INSTRUMENTS
OF YOUR COMPASSION,
SO EVERY SOUL FEELS HEARD,
EVEN BEFORE THEY FIND THE RIGHT WORDS.

YOUR CHILD,
LEARNING LOVE THROUGH LISTENING
OM SHANTI

LOVE THAT HEARS THE SOUL
★ DEEP LISTENING · RESPECT · QUIET HEALING ★
CARD #77 | LOVE THAT LISTENS

**Accepted completely,
without fear or worry**

My Completely Accepting ShivBaba,

**In Your love,
I do not have to become someone else
to be worthy of belonging.**

Nishchint Swikriti
means You see me fully—
my strengths,
my struggles,
my unfinished efforts—
and still hold me close.

**You accept me
not because I am perfect,
but because I am sincere.**

**In this acceptance,
my worries dissolve,
my self-judgement softens,
and courage rises to transform.**

**Thank You, Baba,
for accepting me without conditions,
so I can change without fear
and grow without pressure.**

**Teach me to offer this same acceptance—
to see souls as they are,
without labels,
without rejection.**

**May my acceptance
become a doorway to healing
for every heart I meet.**

**Your child,
resting in Nishchint Swikriti
Om Shanti**

Love that waits rests in trust

My Trustful and Loving ShivBaba,

Your love waits for me
without anxiety,
without doubt,
without fear of delay.

This Nischint Prem
does not calculate time
or worry about outcomes.

It knows that every soul
moves forward at the right moment.

Even when my steps are slow,
even when my understanding takes time,
You remain relaxed,
confident in my potential.

In Your worry-free love,
I feel no pressure to prove,
no stress to perform,
no fear of falling behind.

Thank You, Baba,
for teaching me
that true love trusts the process
and remains peaceful while waiting.

Teach me to love like this—
to give space without insecurity,
to wait without tension,
to trust without control.

Your child,
held in Your worry-free love

Patience Rooted in Complete Trust 

★ Trust · Peace · Gentle Confidence ★

Card #79 | Love That Waits Without Worry

Seen fully,
loved truly

My All-Seeing ShivBaba,

**In Your Poorn Drishti,
nothing about me is hidden—
not my intentions,
not my struggles,
not my sincere efforts.**

**Yet when You see me completely,
I do not feel exposed—
I feel understood.**

**You look beyond my actions
and see my bhavna.
Beyond my mistakes
and see my potential.**

**Being seen by You
removes my need to explain,
defend, or impress.
I can simply be.**

**Thank You, Baba,
for seeing me as a soul—
pure, eternal, and worthy—
even while I am still learning.**

**Teach me to see others
with this same complete vision,
so my drishti
becomes a mirror of Yours.**

**Your child,
resting in Poorn Drishti
Om Shanti**

Love that stays, no matter what

My Unwavering ShivBaba,

There were moments
when I doubted myself,
paused my effort,
or felt far away—
but Your love
never moved.

This Atal Prem
does not withdraw in weakness,
does not change in tests,
does not give up in delay.

Even when my faith wavers,
Yours remains steady.
Even when I stumble,
You keep believing.

Your never-giving-up love
becomes my courage to stand again,
my reason to continue,
my strength to transform.

Thank You, Baba,
for loving me
until I learn to love myself steadily.

Teach me to reflect
this Atal Prem—
to remain stable in care,
constant in support,
and firm in faith for every soul.

Your child,
held by Atal Prem
Om Shanti

Love That Remains Unchanged
Faith · Stability · Eternal Support
Card #81 | Love That Never Gives Up

Chosen, Not by chance—but by destiny

My Fortunate ShivBaba,

Out of countless souls,
You called me—
not for perfection,
but for sincerity.

This feeling of being chosen
is not pride;
it is responsibility wrapped in love.



It reminds me that my life has meaning,
my effort has value,
and my destiny is sacred.



Thank You, Baba,
for awakening this Bhagya Ka Anubhav—
the quiet joy of knowing
I belong to You by fortune,
and by faith.

Your child,
grateful for this divine choice

Om Shanti

Love That Corrects Gently (Sukshma Sanskaran)

My Loving Guide ShivBaba,

**When I go off track,
You do not point with harshness—
You nudge with love.**

**Your correction is subtle,
Your guidance is quiet,
Your sanskaran is gentle.
I change not out of fear,
but out of understanding.**

**In this Sukshma Sanskaran,
my ego melts,
my intellect aligns,
and my heart remains safe.**

**Thank You, Baba,
for shaping me softly—
so transformation feels natural,
not forced.**

**Your child,
learning through gentle correction**


Sukshma Sanskaran
Gentle Guidance · Loving Change
Card #83

Never alone— Always together Saath Sada Ka

My Eternal Companion ShivBaba,

Through every phase,
every test,
every silence—
You remain.

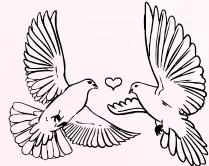
This Saath Sada Ka
is my deepest security.

Even when the world changes,
Your presence stays constant.

I walk with courage
because You walk with me.
I face tomorrow peacefully
because I am never alone.

Thank You, Baba,
for being my forever—
in breath,
in remembrance,
in every step of the journey.

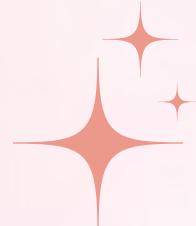
Your child,
secure in eternal companionship
Om Shanti



Love that guards my dignity Maryada Bhara Prem

My Dignified and Loving ShivBaba,

Your love never pulls me
into carelessness or dependency.
It lifts me into self-respect.



In Maryada Bhara Prem,
I feel safe to grow—
my purity protected,
my intellect guided,
my dignity preserved.

You correct without humiliating,
guide without controlling,
and love without weakening me.

Because Your love has maryada,
my soul learns to stand tall,
to choose wisely,
and to remain royal in every relationship.



Thank You, Baba,
for loving me in a way
that protects who I am,
while helping me become
who I am meant to be.

Your child,
secure in dignified love
Om Shanti

Love that safeguards purity and self-respect

★ Dignity · Discipline · Safety ★

Card #85

Every test becomes lighter when You walk with me

My Ever-Companion ShivBaba,

**Life brings tests—
of patience,
of faith,
of stability.**

**But in each one,
You do not stand aside—
You walk with me.**

**When situations shake,
Your hand steadies me.
When answers delay,
Your presence reassures me.**

**Walking together through tests,
I learn that challenges
are not punishments,
but passages to strength.**

**Thank You, Baba,
for never asking me
to face anything alone.
With You beside me,
every test becomes a step forward.**

**Your child,
walking courageously with You
Om Shanti**

Loved not for results, but for sincere effort

My Trusting ShivBaba,

**You do not measure me
by speed or success.
You look at my effort,
my intention,
my honesty.**

**This love that trusts my effort
removes fear of failure
and replaces it with courage.**

**Even when results are not visible,
You remind me that
sincere effort is never wasted.**

**Knowing You trust me,
I stand up again after falling,
try again without guilt,
and move forward with hope.**

**Thank You, Baba,
for seeing my labour of love,
for believing in me
even when I doubt myself.
Your trust becomes my strength,
and my effort becomes joyful.**

**Your child,
moving forward with courage**

Om Shanti

Silence does not weaken—
it strengthens

My Silent Source of Power ShivBaba,

In Your silence,
I do not feel empty—
I feel filled.

Here, strength is born
without noise,
without display,
without struggle.

As thoughts settle,
clarity rises.
As emotions quieten,
power stabilises.

This strength does not need proof.
It shows in patience,
in restraint,
in calm responses.

Thank You, Baba,
for teaching me that
real power grows in silence,
and silence becomes my sanctuary.

May my silence
carry stability,
confidence,
and quiet authority.

Your child,
rooted in silent strength

Om Shanti

Strength Born in Silence
Stillness · Stability · Inner Might
⭐ Quiet Power · Deep Roots ⭐
Card #88

Loved for who I can become

My Visionary ShivBaba,

You look beyond my present stage
and see my future self.

Where I notice limits,
You notice possibilities.

Where I hesitate,
You quietly believe.

Your love does not label me by today;
it invests in what I am becoming.

That faith lifts me—
not with pressure,
but with hope.

Thank You, Baba,
for seeing my hidden strengths
and calling them forth gently.

Because You see my potential,
I learn to walk toward it—
step by step, with trust.

Your child,
growing into what You see
Om Shanti

**Steady within,
whatever happens outside**

My Stable ShivBaba,

**Scenes rise and fall,
opinions shift,
situations test—**

yet You anchor me within.

**Connected to You,
I do not swing with circumstances.**

**I observe, understand,
and remain centered.**

**This stability is not rigidity;
it is calm flexibility—
responding without disturbance,
moving without losing balance.**

**Thank You, Baba,
for teaching me to stand
on the rock of soul-consciousness,
so the waves pass
without shaking my stage.**

**Your child,
stable beyond circumstances**

 **Om Shanti**

Royal— without display

My Royal ShivBaba,
From You, I learn a kingship
that needs no crown.

In silence,
my dignity stands tall.

In humility,
my authority is felt.

This quiet royalty
shows in patience over reaction,
in self-respect over approval,
in steadiness over show.

Thank You, Baba,
for clothing my soul
in rajai—
a calm confidence,
a gentle command,
a noble way of being.

May I carry this royalty
into every thought,
every word,
every step—
softly, steadily, silently.

Your child,
rooted in quiet royalty


**Loved so deeply
that fear dissolves**

My Fear-Free ShivBaba,

**In Your presence,
fear has no shelter.**

You do not push me to be brave—

You love me into courage.

**As I feel accepted,
protected,
and guided,**

my worries loosen their grip.

This love frees fear gently—

**not by force,
but by reassurance.**

Knowing You are with me,

**I step forward calmly,
trusting the path ahead.**

**Thank You, Baba,
for replacing fear
with faith,
and doubt
with quiet confidence.**

**Your child,
free to move forward**

 **Om Shanti** 

**Love That Frees Fear
Safety · Courage · Trust**

Card #92

Calm— even when everything moves

My Calm-Giver ShivBaba,

**When the world rushes,
voices rise,
and scenes clash—
You anchor me in stillness.**

**Connected to You,
I observe without panic,
respond without haste,
and remain steady.**

**Chaos no longer pulls me outward;
calm draws me inward.
From this quiet center,
clarity emerges
and right action follows.**

**Thank You, Baba,
for being my calm
in every storm.**

**Your child,
steady amidst movement**


Self-ruled— because I am soul-aware

My Sovereign ShivBaba,

**From You, I learn swaraj—
the gentle mastery
of my thoughts,
feelings,
and actions.**

**This sovereignty is natural,
not forced.**

**I do not suppress;
I understand.**

**I do not control others;
I govern myself.**

**Connected to You,
my intellect stays clear,
my heart stays balanced,
and my responses stay dignified.**

**Thank You, Baba,
for awakening the ruler within—
calm, compassionate,
and consciously in charge.**

**Your child,
naturally self-sovereign**

Om Shanti

Natural Self-Sovereignty

Self-Rule • Balance • Inner Authority

Card #94

Loved where I was once hurt

My Healing ShivBaba,

Some wounds were silent,
some forgotten,
some carried too long.

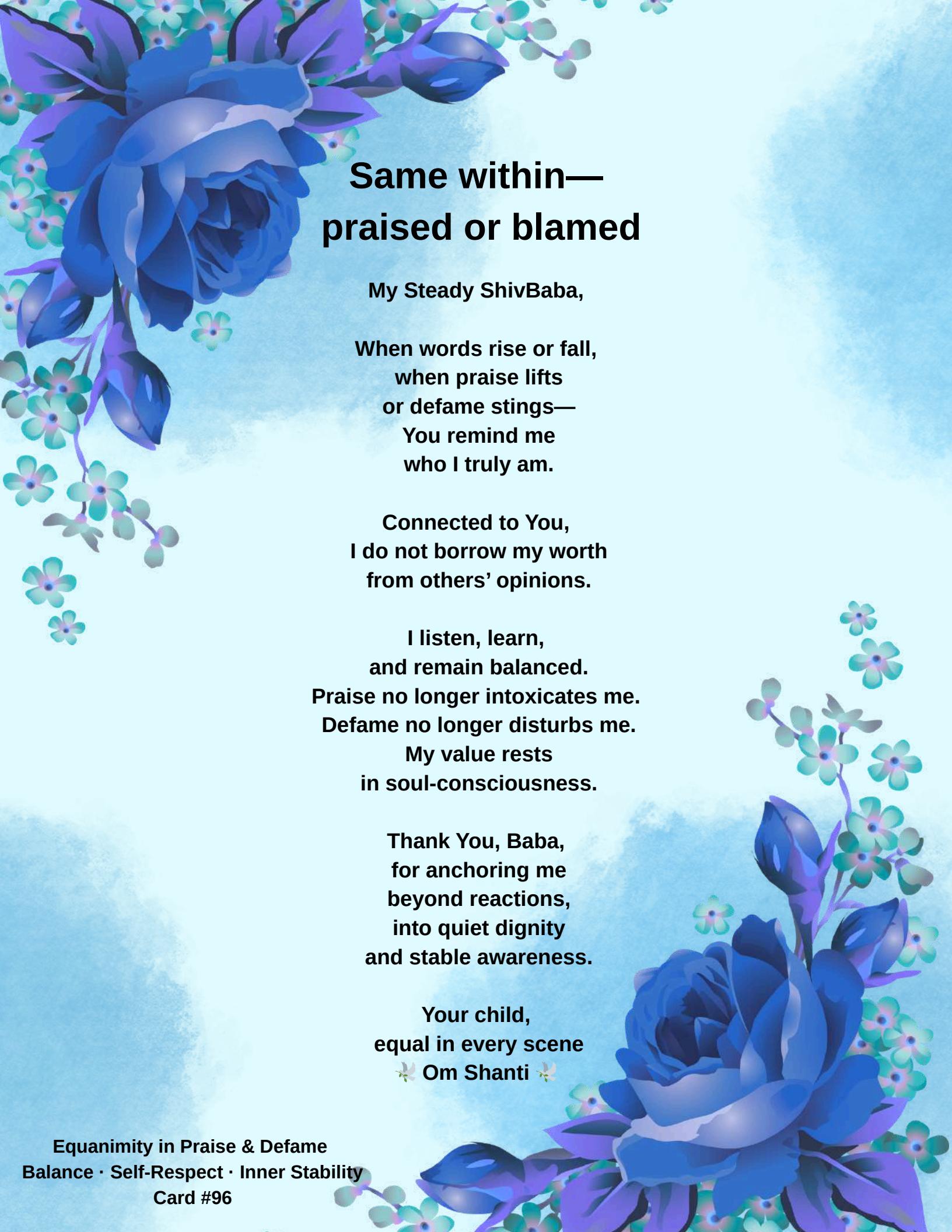
You do not reopen them—
You enter gently,
with understanding,
with patience,
with light.

In Your love,
pain is not judged,
memories are not questioned.
They are simply
held...
until they soften and release.

Thank You, Baba,
for healing me
without reminders,
without pressure,
without words.

In Your presence,
even old wounds learn
how to rest.

Your child,
quietly healed in Your love
Om Shanti



Same within— praised or blamed

My Steady ShivBaba,

When words rise or fall,
when praise lifts
or defame stings—
You remind me
who I truly am.

Connected to You,
I do not borrow my worth
from others' opinions.

I listen, learn,
and remain balanced.
Praise no longer intoxicates me.
Defame no longer disturbs me.
My value rests
in soul-consciousness.

Thank You, Baba,
for anchoring me
beyond reactions,
into quiet dignity
and stable awareness.

Your child,
equal in every scene
Om Shanti

Authority Without Ego

My Supreme Authority ShivBaba,

From You, I learn leadership
that carries no heaviness.

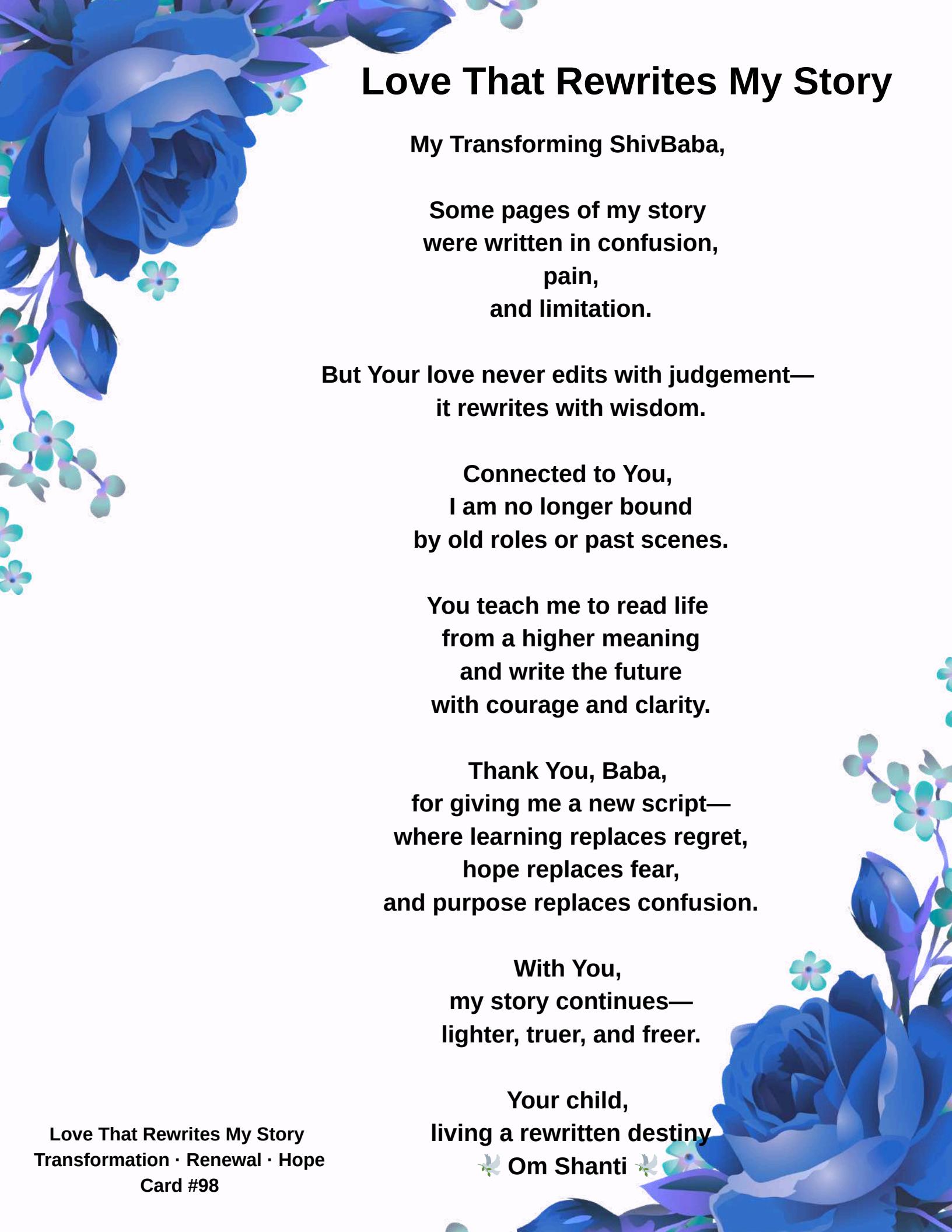
This authority does not dominate,
does not demand,
does not defend itself.

It flows from clarity,
truth,
and inner alignment.

Connected to You,
my words become firm yet kind,
my actions decisive yet gentle.
Ego steps aside—
wisdom leads.

Thank You, Baba,
for teaching me to stand strong
without proving,
to guide without controlling,
to rule without ego.

Your child,
rooted in quiet authority
Om Shanti



Love That Rewrites My Story

My Transforming ShivBaba,

Some pages of my story
were written in confusion,
pain,
and limitation.

But Your love never edits with judgement—
it rewrites with wisdom.

Connected to You,
I am no longer bound
by old roles or past scenes.

You teach me to read life
from a higher meaning
and write the future
with courage and clarity.

Thank You, Baba,
for giving me a new script—
where learning replaces regret,
hope replaces fear,
and purpose replaces confusion.

With You,
my story continues—
lighter, truer, and freer.

Your child,
living a rewritten destiny
Om Shanti

Caring— without being entangled

My Wise ShivBaba,

**You teach me a love
that does not cling,
and a detachment
that does not distance.**

**With You,
I learn to care deeply
without losing myself,
to support gently
without emotional burden.**

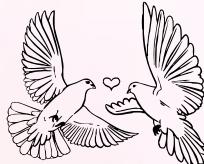
**This balance protects my peace
and preserves my love.**

**I remain available,
yet free;
connected,
yet clear.**

**Thank You, Baba,
for showing me
how to love with understanding—
where emotions serve wisdom
and care remains pure.**

**Your child,
loving freely and lightly**

Om Shanti



Leadership that begins within

My Supreme Guide ShivBaba,

From You,
I learn leadership
without ambition
and influence
without force.



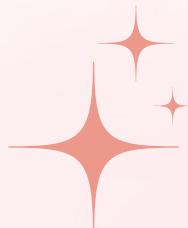
This leadership flows
from inner clarity,
self-discipline,
and compassion.

Others feel guided
not by words,
but by vibration.

Connected to You,
I lead by example—
steady in values,
soft in speech,
strong in truth.



Thank You, Baba,
for awakening the leader within—
one who serves,
uplifts,
and inspires
simply by being aligned.



Your child,
naturally leading through the soul
Om Shanti





CLOSING PAGE

This book does not end here.

Every card you have read
was an invitation to pause,
to feel,
to remember.

Carry this remembrance
into your everyday moments—
into your breath,
your actions,
your silences.

Whenever you feel scattered,
return to a single thought:
“I am a soul, and I am not alone.”

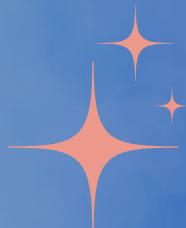
May ShivBaba’s love
remain your quiet strength,
your steady support,
and your constant companion.



Om Shanti



♥ Belonging



My Sweet ShivBaba,
Loving You feels natural,
because I belong to You.

In this belonging,
my heart rests and my soul smiles.

You are my One —
and that is enough.

Om Shanti

