

All of us celebrated beloved BapDada's day of remembrance in the form of the avyakt month. Everywhere, there was a beautiful wave of tapasya. In order to make your own stage like that of BapDada, each one of you did your subtle checking to be free from bondage and experience liberation in life. Now, the month of February is especially for service. All over, everyone will celebrate the pure festival of the incarnation of Shiv Baba, the memorial of the Trimurti Maha Shiv Ratra, with a lot of pomp and splendour. Now, we have to hoist the flag in each one's heart: The Father of all, the Bestower of Liberation and Salvation, Liberation and Liberation-in-life, has been carrying out the great task of world transformation since 90 years. Now, that day is not far when all souls will be liberated from sorrow and peacelessness and return to their home, the land of liberation and then the golden age will begin. These golden moments of the confluence age of supersensuous joy and supreme bliss are also to be experienced now.

Baba's pure hopes are: when My children make themselves full with all the imperishable treasures, they should experience the stage of being constantly carefree emperors. Baba says: Children, always stay in the awareness of the three dots and continue to make yourself complete. The sign of completion is constant contentment. Always remain content at the confluence age and also make everyone content. This is the blessing BapDada is giving His children.

Again and again, BapDada has given His children the awareness of time. The present time of the confluence age is the time to sow the seeds of elevated actions for the whole cycle, it is the time to receive the instant fruit. For this, simply practise becoming stable in the bodiless stage in one second. Adopt the method of staying in constant remembrance. Throughout the day, you say "I" and "mine" many times, so when you say "I", remember "I am an elevated soul" and when you say "mine", remember "My Baba". This awareness will make you an easy yogi. Tell me, paying this attention, you are practising constantly staying on the pilgrimage of remembrance, are you not?

This time, it is the turn of Gujarat Zone to serve, and Gujarat is Madhuban's neighbour and everyone takes a lot of benefit of being so close. Brothers and sisters in large numbers have already arrived from Gujarat and many other places. Everyone is being refreshed very well. Achcha.

Lots of remembrance to all. Om shanti.

### **The sign of a soul full of Godly attainments – *Holiest, Highest and Richest*.**

Today, the World Transformer, BapDada has come to meet His companion children. He is seeing three special attainments on the forehead of each child – *holiest, highest and richest*. The *foundation* of this knowledge is *holy*, that is, to be pure. So, each child is *holiest*; purity is not just celibacy, but purity in thoughts, words, deeds, relationships and connections. Just see, you Godly Brahmin souls are the *holiest* in all three aspects of time – the beginning, the middle and the end. First of all, when souls reside in Paramdham, you are the *holiest* there. Then, when you come down in the beginning, you are the *holiest* souls in the deity form. The speciality of a *holiest* soul, that is, of a pure soul, is that of remaining completely pure while living with a family. Others too become pure, but the speciality of your purity is that impurity doesn't *touch* your mind or intellect even in your dreams. In the golden age, you souls are pure and your bodies are also pure. The purity of both the soul and the body of the deity souls is elevated purity. Just as you become the *holiest*, in the same way, you also become the *highest*. You are the highest of all Brahmin souls and you have become the children of the highest-on-high Father. In the beginning, in Paramdham, you are the

*highest*, that is, you reside with the Father. In the middle, too, you become worthy-of-worship souls. Such beautiful temples are built to you and you are worshipped with such discipline, with the right method. You deities are worshipped in the temples with the right method. Similarly, temples are built to others too, but only your deity form is worshipped with the right method. So, you are *holiest* and also the *highest*. Together with that you are also the *richest*. In the world it is said, “*richest in the world*”, but you elevated souls are the *richest* in the cycle. You are the *richest* throughout the cycle. Do you remember your treasures? How many treasures are you the masters of? The imperishable treasures that you attain in this one birth last for many births. No one else’s treasures last for many births. However your treasures are spiritual. The treasure of powers, the treasure of knowledge, the treasure of virtues, the treasure of elevated thoughts and the treasure of the present time – all of these treasures last for birth after birth. The treasures attained in one birth go with you because you have attained them from God, the Father, the Bestower of All Treasures. So, do you have the intoxication that your treasures are imperishable?

You have become easy yogis in order to attain these spiritual treasures. You accumulate the treasures with the power of remembrance. Also at this time you are carefree emperors who are full of all treasures. Do you have any worries? Do you? Because these treasures cannot be stolen by any thief; no king can eat (take) them, nor can water drown them and you are therefore carefree emperors. So, these treasures always stay in your awareness, do they not? And why is remembrance easy? The basis of having greater remembrance is relationship and attainment. The lovelier the relationship, the more natural your remembrance is because there is love in the relationship. Where there is love, it is not difficult to remember the one you love; in fact, it is difficult to forget that one. So, the Father has created the basis for all relationships. Do all of you experience yourselves to be easy yogis? Or, are you yogis who find it difficult? Is it easy? Or, is it sometimes easy and sometimes difficult? When you remember the Father with a relationship and with love, remembrance is not difficult. Also remember the attainments. The Bestower of All Attainments has given you all attainments. So, do you experience yourself to be full of all treasures? BapDada has also told you the easy way to accumulate the treasures. The way to attain all the imperishable treasures is: a dot. Just as perishable treasures increase by adding a zero, similarly, the method to accumulate the imperishable treasures is also a dot. There are the three dots – the soul is a dot, the Father is a dot, and whatever happens in the drama is a *full-stop*, that is, a dot. So, do you know how to apply a dot? What is the easiest punctuation mark to apply? It is to apply a dot. So, the soul is a dot, the Father is a dot and through this awareness your treasures automatically accumulate. By remembering the Dot in a second you receive so much happiness. All of these treasures are the right of your Brahmin life because to be a child means to have a right, and you especially have a right to the three relationships. You made God your Father, your Teacher and also your Satguru. Through these three relationships you attain sustenance, the study which is the *source of income*, and blessings from the Satguru. You receive the blessings so easily. It is a child’s birthright to receive blessings from the Father.

BapDada is *checking* every child’s account of accumulation. All of you should also *check* your account of accumulation at every moment. The method to check whether you have accumulated or not is: whatever actions you performed, you yourself should be content and whoever you performed that action with should also be content. If there is contentment in both, then you can understand that you have accumulated in your account. If there isn’t contentment in yourself or in the one with whom you performed that action, then you haven’t accumulated.

BapDada also continues to warn all of you children about the time. This present time of the confluence age is the most elevated of all throughout the whole cycle because it is this confluence age that is the time to sow the seeds of elevated actions. It is the time to attain the practical, instant fruit. Every *second* of the confluence is the most elevated of all. Can all of you become stable in the bodiless stage in one *second*?

BapDada has told you an easy method – adopt a method for constant remembrance. All of you speak two words throughout the day and you say those words many times. Those two words are “I” and “mine”. When you say the word “I”, the Father has given you the introduction, “I am a soul”. So, whenever you say the word “I”, then remember “I am a soul”. Do not think of “I” alone. Together with this think, “I am a soul”, because you know that you are an elevated soul, that you are a soul who is within Godly sustenance. And when you say the word “Mine”, who is “Mine”? “My Baba”, that is, God, the Father. So, whenever you say the words “I” and “Mine” then make this *addition*, “I, the soul”, and “My Baba”. The more you bring about the consciousness of “Mine” with the Father, the easier your remembrance will become because you never forget anything that is yours. Throughout the day you only remember the things that are yours. With this method you can easily become constant yogis. BapDada has made every child sit on the *seat* of self-respect. If you bring the *list* of self-respect into your awareness, it is such a long list. When you are stable in your self-respect there cannot be body consciousness. There will either be body consciousness or self-respect. The meaning of self-respect is to come from that place of elevated awareness, that is, the soul. So, are all of you stable in your self-respect? The more you are stable in your self-respect, the more natural it will be to give respect to others. It is so easy to remain stable in your self-respect.

Do all of you remain happy? Those who remain happy themselves also make others happy. BapDada always says: Never lose your happiness throughout the day. Why? Happiness is such that, in just that happiness, there is *health*, there is *wealth* and you are also *happy*. If there isn’t happiness, life is without sweetness. It is of happiness that it is said: There is no treasure like happiness. No matter how many treasures you may have, if you haven’t got happiness, then you cannot attain anything from the treasures. It is of happiness that it is said: There is no nourishment like happiness. So *wealth* is happiness, *health* is happiness. Happy is said, and so you are *happy* anyway. So, there are all these three things in happiness. The Father has given you the treasure of imperishable happiness. Do not lose the Father’s treasures. So, do you always remain happy?

BapDada has given you the *homework* to remain happy and to distribute happiness because happiness is such that the more you distribute it the more it will increase. Have you experienced this? You have experienced this, have you not? If you distribute happiness, before distributing, it increases in you. When you please someone, you yourself become happy. So, have all of you done your *homework*? Have you? Those who have done it, raise your hands! Those who have done it – to remain happy, not to give reasons and excuses, but to be an embodiment of solutions - raise your hands! Now, you will not say that “this happened”, will you? Some children have written to BapDada with their *result*, saying to what percentage they remained OK. If you keep the aim, you automatically develop the qualifications for the aim. Achcha.

**It is the turn of Gujarat to serve:** It is good. BapDada is also pleased that the children are increasing their account of charity with a variety of methods. BapDada has already told you: Accumulate three accounts. One is the account of accumulation through your own efforts. The second one is the account of charity of making other souls content. Contentment accumulates in your account of charity. The third is the account of loving relationships in service with your mind and words. So check all three accounts. Nothing should be lacking in all three. So, will you claim *number one*? Claim *number one* in the account of accumulation. What are you going to do? You will perform wonders, will you not? Perform wonders and claim a number. It is fine. You can sit down. All of you always keep your mind busy because it is the mind that deceives you. It is the mind that has *tension*. It is the mind that wanders here and there. So to keep the mind busy means to become stable in your complete stage quickly. BapDada says: When you speak of the physical organs saying “mine”, when you say, “my hand”, you can control your hand, can you not? You are able to put your hand where you want and as you want. So, is the mind yours or do you belong to the mind? You are the masters of the mind, are you not? It is not, “I, the mind”, is it? The mind is not the king; the soul is the king. So, when you imbibe

*controlling power and ruling power*, your mind will become your best of all *number one* co-operative companion. Just try it and see. Simply become a master, a king.

**Double Foreigners:** Double foreigners, you don't forget your *original* foreign place, do you? Which place are you *originally* from? You remember that, do you not? This is why everyone calls you *double* foreigners. You are not just foreigners, but *double* foreigners. So, you probably don't ever forget your *sweet home*. Just as you are *double* foreigners, now do double service – with your mind and also with words. With the power of your mind create a spiritual attitude for all souls. Create an atmosphere. It is good that you come every season, in every *turn*. Everyone has this happiness. So continue to fly and make others fly. It is good. BapDada has seen in the result that you are now going fast in transforming yourself. So, the speed of self-transformation will increase the speed of world transformation. Achcha.

Do you remember BapDada's spiritual drill? (BapDada conducted drill.) Now, BapDada wants every child, whether old or new, little or senior – in fact, the little ones can quickly become like the Father – so now, your mind should become stable and concentrated wherever you want in a *second*. Constantly continue to perform this drill of concentration. Now, become a master of the mind in one second and become stable in the awareness of "I and my Baba are my world, and there is none other." Achcha.

To all the intense effort-making children everywhere, to the children who are the embodiments of experience of the flying stage with the wings of zeal and enthusiasm, to the children who always remain seated on their seat of self-respect, to the merciful and compassionate children who are always merciful and give souls of the world a drop of happiness and peace through the power of their mind, to the children who are always merged in the Father's love and seated on His heart-throne, BapDada's love, remembrance and namaste.

\*\*\* Om Shanti \*\*\*